



ST. THÉRÈSE OF CARMEL

SUNDAY | NOVEMBER 2, 2025

MASS SCHEDULE

Saturday Vigil | 4:30 pm
Sunday | 9:00 am, 11:00 am, 5:30 pm
Chinese | 2:00 pm
(Mandarin/Cantonese)
Monday-Thursday | 7:30 am
Friday | 8:00 am

RECONCILIATION

Saturday | 3:00-4:00pm

ADORATION

Tuesday | 5:00-8:00 pm
Wednesday | 8:00-9:00 am

GET IN TOUCH

4355 Del Mar Trails Road
San Diego, CA 92130
858-481-3232
parishoffice@stocsd.org
www.sttheresecarmel.org

OFFICE HOURS

Monday- Thursday | 8:00am-3:00pm
Friday | 9:00am - 3:00pm
(Closed 12:00-1:00pm)

DEVOTIONAL HOURS

Monday-Friday | 7:30am-6:00pm

NOTRE DAME ACADEMY

858-509-2300 or www.ndasd.org



THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED

"And this is the will of the one who sent me, that I should not lose anything of what he gave me, but that I should raise it on the last day. For this is the will of my Father, that everyone who sees the Son and believes in him may have eternal life, and I shall raise him up on the last day." - Jn 6:39-40

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI

OUR MISSION

Our mission is to be a welcoming Catholic community by living our faith fully, sharing that faith freely, and transforming our world, discerning the will of God the Father, understood through the love of His Son Jesus Christ, empowered by the Holy Spirit.

The foundation of our parish life is praise, worship, and the sacraments. Strengthened by them, we strive to deepen our relationship with Christ and to meet the needs of others through a variety of ministries that include evangelization, education, spiritual enrichment and service to our growing community. Guided by the example of our patroness, St. Thérèse of Lisieux, "we seek to do small things well for the glory of God."

PRAYER AND READINGS



| November 2, 2025

PARISH CLERGY

PASTOR

Rev. Christopher Tozzi

DEACON/BAPTISM COORDINATOR

John Fanelle

ADMINISTRATION

PASTORAL ASSISTANT/ WEDDING DIRECTOR

Mary Lucena Stevens

BUSINESS MANAGER

Malou Palmore

BOOKKEEPING

Stephanie Decker

FUNERALS

Rev. Christopher Tozzi
Lyn Pflaum

RECEPTION/ COMMUNICATIONS

Vanessa Gramajo

FACILITIES & MAINTENANCE

Elias Damian
José Sanchez

MUSIC

DIRECTOR OF MUSIC

Catherine Marshall

CATECHESIS & PARISH LIFE

ELEM. FAITH FORMATION COORDINATOR

Britin Hanson

COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

YOUTH & YOUNG ADULT MINISTERS

Marisabel "Mari" Patteson
Priscilla Trastoy
Annalua Corwin

OCIA COORDINATOR

Karen Klause

GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

WEEKLY INTENTIONS AND READINGS

SATURDAY, 11/1 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM **SI** All Souls Day Novena

SUNDAY, 11/2 | THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED (ALL SOULS)

WISDOM 3:1-9, ROMANS 5:5-11, JOHN 6:37-40

9:00 AM **SI** All Souls Day Novena

11:00 AM **SI** All Souls Day Novena

5:30 PM **SI** All Souls Day Novena

MONDAY, 11/3 |

ROMANS 11:29-36, LUKE 14:12-14

7:30 AM **SI** All Souls Day Novena

TUESDAY, 11/4 | MEMORIAL OF SAINT CHARLES BORROMEO, BISHOP

ROMANS 12:5-16AB, LUKE 14:15-24

7:30 AM **SI** All Souls Day Novena

WEDNESDAY, 11/5 |

ROMANS 13:8-10, LUKE 14:25-33

7:30 AM **SI** All Souls Day Novena

THURSDAY, 11/6 |

ROMANS 14:7-12, LUKE 15:1-10

7:30 AM **SI** All Souls Day Novena

FRIDAY, 11/7 |

ROMANS 15:14-21, LUKE 16:1-8

8:00 AM **SI** All Souls Day Novena

SATURDAY, 11/8 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM **SI** All Souls Day Novena

NEXT SUNDAY, 11/9 | FEAST OF THE DEDICATION OF THE LATERAN BASILICA IN ROME

EZEKIEL 47:1-2, 8-9, 12, 1 CORINTHIANS 3:9C-11, 16-17, JOHN 2:13-22

9:00 AM **SI** All Souls Day Novena

11:00 AM **SI** All Souls Day Novena

5:30 PM **SI** All Souls Day Novena

The Commemoration of All the Faithful Departed (All Souls' Day)

November 2nd

O God, who willed that our Only
Begotten Son, having conquered death, should
pass over into the realm of heaven, grant, we
pray, to your

departed servants that, with the
mortality of this life overcome, they may gaze
eternally on you, their Creator and Redeemer.
Through our Lord Jesus Christ, our Son, who
lives and reigns with you in the unity of the
Holy Spirit, God, for ever and ever.





First Friday, November 7: JOIN US



ST. THÉRÈSE
OF CARMEL

The First Friday Devotion to the Sacred Heart of Jesus invites us each month to honor Jesus in the Eucharist:

Mass: 8 AM

Adoration: Come and Spend Time with the Lord

- Morning: Immediately following Mass until 12 noon
 - Rosary after Mass before the Blessed Sacrament
- Evening: 7 PM-8 PM

Honor His infinite love, receive His promises of grace, and pledge to live more fully as His disciples.



ST. THÉRÈSE
OF CARMEL

November

- 11/1: First Saturday
- 11/2: Confirmation Classes
- 11/7: First Friday
- 11/8: Parish Women's Retreat
- 11/16: Confirmation Classes
- 11/22: Divine Mercy at Our Lady of Mount Carmel Parish
- 11/27: Thanksgiving Mass @ 9 AM
- 11/29-30: Advent Begins - Parish Angel Tree Begins

Please check the website for the latest calendar information.

STOC Calendar

December

- 12/5 First Friday
- 12/6 First Saturday
- 12/6: Parish Breakfast with Santa
- 12/7: Pancake Breakfast & Backpack Event
- 12/7: Parish Blood Drive
- 12/8: IMMACULATE CONCEPTION MASS: 7:30 AM, 12, 5:30 PM
- 12/12: Our Lady of Guadalupe Mass - 8AM & 5:30 PM
- 12/12: Light of Life Gala
- 12/13-14: Holy Land Items for Sale
- 12/14: Confirmation Classes
- 12/17: Parish Reconciliation Service
- 12/18: Musical Meditation on Joyful Mysteries
- 12/20: Simbang Gabi Mass & Reception
- 12/24: Family Concert before 4:30 PM Mass
- 12/24: Christmas Concert before 10 PM Mass



Sign
Up Using
the QR
Code
Below



ADVENT FAITH SHARING GROUPS

1 Thessalonians 5:11 "Therefore, encourage one another and build one another up, as indeed you do."



ST. THÉRÈSE
OF CARMEL



19TH ANNUAL

Holiday Outreach

Make Christmas Happen for Those in Need
Pick up & return donation bag with items requested.

Sign up at table after Mass*

Need: Adopt-A-Family Gifts

or Bulk Items for Shelters

Volunteer your time

***Or contact Jo Fisher: (858) 336-9967**



26th Annual Divine Mercy Conference Saturday, November 22nd, 2025

Conference Hours:
8:30am - 5:30pm
Rosary 8:30am
Closing Mass 6:00pm

Celebrant for
closing Mass:
Fr. Anthony Saroki

Guest Speakers/Singers:



Fr. Chris Alar, MIC



Fr. Donald Calloway, MIC



Fr. Wade Menezes



Pastor
Fr. Anthony Saroki



Donna Lee
Music Ministry



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Our Lady of Mt. Carmel

13541 Stoney Creek Rd., San Diego, CA 92129

For more information call Carol:

(619) 276-6637

Register on-line only: www.SDDivinemeracy.com

STOCYAM NOVEMBER EVENTS



ST. THÉRÈSE
OF CARMEL

Young Adults

18 - 39 are welcome!



Faith & Fellowship Nights and the Women's Book Club will be in the Youth Room within Dempsey Social Center. Friendsgiving will be in Dempsey Social Center.

6 THURS	Faith & Fellowship Night 7:00 - 9:00 PM
10 MON	Women's Book Club 6:30 - 9:00 PM
13 THURS	Faith & Fellowship Night 7:00 - 9:00 PM
15 SAT	Monthly Outing TBA
20 THURS	Friendsgiving Potluck 7:00 - 9:00 PM

Join us for faith and fun-filled community!



Mom's Ministry

HAPPY HOUR



**Thursday,
November 13th
at 7pm**



ST. THÉRÈSE
OF CARMEL

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3745 Paseo Pl
Ste 800
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92130**

HALLOWEEN CANDY COLLECTION FOR THE POOR

PLEASE

CONSIDER DONATING ANY HALLOWEEN CANDY TO
CASA DE LOS POBRES (HOUSE OF POOR)
IN MEXICO.

NOVEMBER 1ST - 9TH

DROP - OFF:

CHURCH ENTRYWAY

OUTSIDE NDA

FAITH FORMATION OFFICES



PARISH GUILD INVITES YOU ALL!

Thanksgiving Celebration!

"THANKFUL FOR THE LOVE THAT NEVER RUNS OUT"

SPECIAL SPEAKER:

FATHER MATT VASQUEZ WAS
BORN AND RAISED IN BRAWLEY,
CA. HE WAS ORDAINED A PRIEST
FOR THE DIOCESE OF SAN DIEGO
ON JUNE, 2ND, 2023. HE
CURRENTLY SERVES AS
ASSOCIATE PASTOR AT GOOD
SHEPHERD PARISH AND AS
CHAPLAIN AT CATHEDRAL
CATHOLIC HIGH SCHOOL.



NOVEMBER 9, 2025 10:15 AM

**BRING ANY THANKSGIVING DISH TO
SHARE TO OUR GUILD FAMILY!**

**St. Thérèse of Carmel,
Dempsey Social Center**

Super Seniors!

Bernardo Winery

**13330 Paseo Del Verano Norte
San Diego, CA 92128**

**Wednesday, November 19th
at 11:30 AM**

- Wine Tasting
- Italian Restaurant
- Coffee Roasting
- Gelato & Sweets

**Carpool at Church Parking Lot at
11 AM Sharp**

**Call (858) 705-4635 to Sign up for
carpool**

RSVP by Flocknote or Parish Office



FAITH FORMATION

| November 2, 2025



Confirmation Sessions

TONIGHT: Nov. 2nd

Next Session: Nov. 16th

YEAR 1

3:45 pm - 6:30 pm

YEAR 2

5:30 pm - 8:30 pm

These time frames include
Youth Mass from
5:30 pm - 6:30 pm.
Please arrive on time.



Scan the QR code to view the full calendar
and for more information on this year.

MIDDLE SCHOOLERS COME TO EDGE!

Location: Dempsey Social Center

NEXT SESSION:

**WEDNESDAY, NOV. 5TH
6:00 - 7:30 PM**



NDA Families:
No cost for
EDGE! It is
covered with
your tuition.

Any & all
middle school
youth
can attend.
Invite friends!



Hey, High Schoolers!



CALLED



Catholic And Living with Love Every Day

Wednesday evenings where we'll explore
ANY QUESTIONS
about faith and life in general.



Invite your friends!
All high school teens welcome.

NEXT SESSION

Wednesday,
Nov. 5th

7:30 pm - 8:30 pm
Dempsey Social
Center-Youth Room



High School Teens



Join us for Life Nites



Location:
Dempsey
Social
Center
6:30 - 8PM
(after
5:30pm
mass)

November 9th XLT - Talk & Adoration

Talk on the First 3 Commandments and
Adoration w/Praise & Worship



November 30th Diving in to the Bible

Scripture-themed games and Talk on how
to navigate the Bible





Community Outreach:



Faith in Action

Join us this season as we live our faith through service:

- **Third Sunday of each month:** La Posada Men's Shelter—help prepare and deliver dinner
- **Thanksgiving Faith in Action Baskets** for families served by the CCHS Zak Myers Pantry
- **December 7:** Holiday Outreach Workshop
- **December:** Angel Trees—choose a tag and share Christmas joy

Your prayers, time, and generosity make Christ's love visible to those in need.

Bereavement Group

"Grief is not just pain, grief is love."
-David Kessler

Our Bereavement Group supports those grieving the loss of a loved one.

Join us **Thursday 11/6 and 11/13 at 10 am**
Dempsey Social Center

Study scripture, share stories, and pray.
The group will resume weekly starting
Jan. 8, 2026.

Contact the Parish Office
if you need more
information.

ADORATION SCHEDULE

Tuesday Exposition | 5:00 PM - 8:00 PM
Wednesday Exposition | 8:00 AM - 9:00 AM
(following daily Mass)
Adoration on First Friday of every month
8:30 AM - 12:00 PM



OUR LADY OF FATIMA Devotion

Host Family:

10/26—11/2:

Laura Quirch

11/2—11/9: Frank & Elizabeth Furnari



ROSARY PRAYER GROUP

Come & Pray the Rosary with us at St. Anne's Chapel
Monday – Thursday, 8 AM
Friday – following the 8 AM Mass
St. Anne's Chapel



BEREAVEMENT GROUP

Thursdays 10:00-11:00 AM

For more information contact the
Parish Office at
parishoffice@stocsd.org.



HEALING PRAYER MINISTRY

Available after the following
Masses:

Sunday, 11/2 after the 5:30PM
Mass

Saturday, 11/8 after the 4:30PM Mass



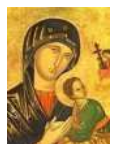
KNIGHTS OF COLUMBUS

The Knights of Columbus is an international Catholic family fraternal service organization with over 1.8 million members in 15,000 local councils. Last year Knights donated over 70 million volunteer hours and \$170 million to charitable and benevolent causes, sponsoring projects to benefit their church, councils, communities, culture of life, families and youth.



OUR LADY OF PERPETUAL HELP NOVENA

Our Lady of Perpetual
Help Novena prayed on
Wednesdays following the
7:30 AM Mass!



COMMUNITY INFORMATION

| November 2, 2025



Mass Intention Calendar

January—March 2026 Openings

3 Mass intention requests per person, per calendar period *

Options:

2 weekday intentions & 1 Sunday intention or 3 weekday intentions

* Subject to change.

Call the parish office to make a request.

GLUTEN FREE HOSTS

If you prefer a gluten free host, you are welcome to bring your own to Mass. See the sacristan for assistance.

ONLINE GIVING

Scan the QR code below to sign up for online giving!

You can make a one time donation or you can sign up to give weekly.



THANK YOU FOR YOUR
CONTINUED SUPPORT AND
FAITHFUL GIVING!
MANY BLESSINGS, FR. CHRIS

PRAY FOR ONE ANOTHER

James 5:16

Please include in your prayers those in our parish family that are sick or homebound. Contact the Parish Office (parishoffice@stocsd.org) to add or remove from this list.

Lisa Carney-Carmichael	Virgina McDeed
John Carrion	Jack McGuire
Sabrina Cheung	Abdo Mouannes
Teresa Cox	Carol Nowak
Cathy Daly	Dorothy Nuss
Dan Daly	Mary Olvera
Allison Demmler	Mauro Pacelli
Charles Dorthalina	Wendy Papera
Angela DeCaro	Leonor Pierce
Lawrence D'Souza	Jeanne Pirolli
Albert Espinola	Fr. Larry Purcell
Fernanda Esteves	Emily Schiller-Reeder
Stacey Farley	Kimia Saki
LaVerne Franke	Elaine Schlunt
Felix Galasan	Richard Shannon
Ellen Gallego	Romaine Sullivan
Jake Garcia Sr	Marjorie Slankard
Jonathan Garvey	Jamie Stevenson
Ted Gutierrez	Emilia Teotico
Brian Hawkins	Tamatha Thomas
Mateus Hemmingson	Diana Todaro
Catherine Anne	Mytu Tran
Emilia Javier	Luverne Travis
Chuck Kirby	Cathleen Yang
MJ Lane	Edly Villanueva
Nga Thu Le	Alex Yiu
Tuan Anh Le	Joe Vondrachek
Mary Librizzi	David Yorck
Mark Lotz	Binh Vu
Mary Marshall	Thao Vuong
Cecilia Martin	

SAFE IN OUR DIOCESE

The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit safeinourdiocese.org for more information.

STEWARDSHIP

10/26/2025

Basket: \$12,259

Envelope: \$4,467

Online: \$8,917

SDCCC: \$290

Total: \$25,933

Weekly Expenses: \$28,372

Thank you for your continued support
and faithful giving!

Many Blessings, Fr. Chris

SACRAMENT & MINISTRY INFORMATION

| November 2, 2025



BAPTISM

Baptism is a Community Celebration where we the faith community of St Thérèse of Carmel welcome new members.

Below is our schedule for "Community" baptisms. "Community" baptisms occur after the 11am mass (Approximately 12:15PM). If this is the first child, both parents are required to attend the Baptismal Class. Below is our schedule for baptismal classes. The baptism classes are held via Zoom at 7:30pm. Email Deacon John to register for the Baptism Class:

jfanelle@stocsd.org Godparents are strongly encouraged to attend a class either at St. Thérèse or at their own parish. Check out our website under Sacraments for more information about scheduling a baptism and Godparent Requirements.

Baptism Schedule

Baptism Class 7:30pm Via Zoom	Community Baptism After 11am Mass (approx. 12:15pm)
Tuesday, 4 November 2025	Sunday, 16 November 2025
Tuesday, 9 December 2025	Sunday, 21 December 2025
Tuesday, 6 January 2026	Sunday, 18 January 2026
Tuesday, 3 February 2026	Sunday, 15 February 2026
Tuesday, 3 March 2026	Sunday, 15 March 2026
Tuesday, 7 April 2026	Sunday, 26 April 2026
Tuesday, 5 May 2026	Sunday, 17 May 2026
Tuesday, 2 June 2026	Sunday, 21 June 2026
Tuesday, 7 July 2026	Sunday, 19 July 2026
Tuesday, 4 August 2026	Sunday, 16 August 2026

GETTING MARRIED?



If you would like to celebrate your wedding at St. Thérèse of Carmel, please call the parish office at (858) 481-3232 or email [Mary Lucena Stevens](mailto:Mary.Lucena.Stevens) to obtain information and to start making your arrangements, **at least nine months in advance of your proposed date.**

UPDATED RECORDS

If you have moved, received a new phone number or email, please contact the Parish Office to update your profile!

CALLED TO SERVE

LITURGY

- **Called to Serve:**
Altar Servers, Lectors, Musicians, Eucharistic Ministers, Hospitality
- **Liturgical Music:**
Offering varied musical styles to enrich worship

PRAYER

- **Eucharistic Adoration:**
Rest in Jesus' true presence & love
- **Liturgy of the Hours:**
Sanctify the day with psalms & Scripture
- **Marian Devotions:**
Rosary, First Saturdays, Our Lady of Fatima devotions drawing closer to Christ through his Blessed Mother
- **Healing Prayer:**
Experience Christ's mercy & peace

FAITH FORMATION

- **Notre Dame Academy:**
Catholic education, preschool-8th grade
- **Children & Teens:**
Faith formation & sacramental prep: Baptism, Reconciliation, First Communion, Confirmation
- **Adults:**
Bible studies, Small Faith Sharing groups, Retreats
- **Order of Christian Initiation of Adults (OCIA):**
OCIA is not just a class, but a journey of conversion and formation to prepare for the sacraments and active membership in the Catholic Church

PARISH LIFE

- **Welcome Committee:**
Register, connect, and belong
- **Young Adults (18-39):**
Grow in faith, friendships, service, and fun
- **Mom's Ministry:**
Faith, friendship, & support at every stage
- **Parish Guild:**
Fellowship, prayer, & service rooted in Christ
- **Knights of Columbus:**
Catholic men (18+) serving in charity, unity, and fraternity
- **Super Seniors (50+):**
Monthly friendship, fun, & community
- **Ministry to the Sick & Bereaved:**
Bringing Christ's comfort & presence
- **Filipino & Chinese Catholics:**
Celebrate and support faith traditions
- **Community Outreach:**
Food & clothing drives, care kits, parish service, pro-life ministry

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San Diego, CA

Jeanne A. Shannon, C.P.A.
jeanne@sdtac.com

Jeremiah S. Marquard, C.P.A.
jeremy@sdtac.com

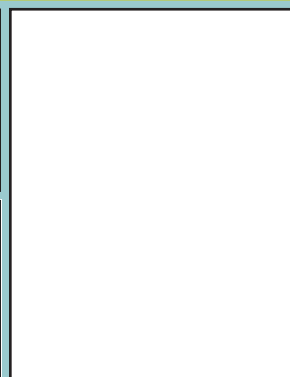
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Jon Cunningham, CPA & STOC Parishioner

Cunningham.cpa (858) 771-3845

Cunningham
Certified Public Accountant

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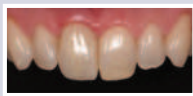
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single crown to replace missing tooth,
no other teeth veneered or treated*



Stephen Hutton, DMD, MS, MPH

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- Diplomate International Congress of Oral Implantologists
- Certified LANAP Clinician (Laser Periodontal & Implant Regeneration)



Peter Nordland, DMD, MS

- Board Certified Periodontist
- Fellow American Academy of Esthetic Dentistry
- President International Society of Periodontal Plastic Surgeons

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