



ST. THÉRÈSE OF CARMEL

SUNDAY | NOVEMBER 16, 2025

MASS SCHEDULE

Saturday Vigil | 4:30 pm
Sunday | 9:00 am, 11:00 am, 5:30 pm
Chinese | 2:00 pm
(Mandarin/Cantonese)
Monday-Thursday | 7:30 am
Friday | 8:00 am

RECONCILIATION

Saturday | 3:00-4:00pm

ADORATION

Tuesday | 5:00-8:00 pm
Wednesday | 8:00-9:00 am

GET IN TOUCH

4355 Del Mar Trails Road
San Diego, CA 92130
858-481-3232
parishoffice@stocsd.org
www.sttheresecarmel.org

OFFICE HOURS

Monday– Thursday | 8:00am-3:00pm
Friday | 9:00am - 3:00pm
(Closed 12:00-1:00pm)

DEVOTIONAL HOURS

Monday-Friday | 7:30am-6:00pm

NOTRE DAME ACADEMY

858-509-2300 or www.ndasd.org



33RD SUNDAY IN ORDINARY TIME

"It will lead to your giving testimony. Remember, you are not to prepare your defense beforehand, for I myself shall give you a wisdom in speaking that all your adversaries will be powerless to resist or refute." - Lk 21:13-15

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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Who We Are

We are a welcoming Catholic community striving to do small things with great love for the glory of God, guided by the example of St. Thérèse of Lisieux.

How We Live

Nourished by the sacraments and united in the Eucharist, we recognize that the Kingdom of God is among us. We live and share the Gospel of Jesus Christ with humility, joy, and devotion.

Our Mission

Empowered by the Holy Spirit, we grow in holiness, support one another on the journey to Heaven, and form disciples through worship, prayer, education, and service—so that all may come to know God's love.

PRAYERS & READINGS

PARISH CLERGY

PASTOR

Rev. Christopher Tozzi

DEACON/BAPTISM COORDINATOR

John Fanelle

ADMINISTRATION

PASTORAL ASSISTANT

WEDDING DIRECTOR

Mary Lucena Stevens

BUSINESS MANAGER

Malou Palmore

BOOKKEEPING

Stephanie Decker

FUNERALS

Rev. Christopher Tozzi

Lyn Pflaum

RECEPTION & COMMUNICATIONS

Vanessa Gramajo

FACILITIES & MAINTENANCE

Elias Damian

José Sanchez

MUSIC

DIRECTOR OF MUSIC

Catherine Marshall

CATECHESIS & PARISH LIFE

ELEMENTARY FAITH FORMATION COORDINATOR

Britin Hanson

COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

YOUTH & YOUNG ADULT MINISTERS

Marisabel "Mari" Patteson

Priscilla Trastoy

Annalua Corwin

OCIA COORDINATOR

Karen Klause

GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

WEEKLY INTENTIONS AND READINGS

SATURDAY, 11/15 | SATURDAY VIGIL MASS (SEE SUNDAY READINGS)

4:30 PM † Mr. and Mrs. William Sam

SUNDAY, 11/16 | THIRTY-THIRD SUNDAY IN ORDINARY TIME

MALACHI 3:19-20A, 2 THESSALONIANS 3:7-12, LUKE 21:5-19

9:00 AM SI Missa Pro Populo

11:00 AM SI Missa Pro Populo

5:30 PM † Illuminada Lopez

MONDAY, 11/17 | MEMORIAL OF SAINT ELIZABETH OF HUNGARY, RELIGIOUS

1 MACCABEES 1:10-15, 41-43, 54-57, 62-63, LUKE 18:35-43

7:30 AM † Wendel Schultes

TUESDAY, 11/18

2 MACCABEES 6:18-31, LUKE 19:1-10

7:30 AM † Wilfredo Villegas

WEDNESDAY, 11/19

2 MACCABEES 7:1, 20-31, LUKE 19:11-28

7:30 AM † Eugenio Rana Flores, Jr.

THURSDAY, 11/20

1 MACCABEES 2:15-29, LUKE 19:45-48

7:30 AM † Rita Sanglang

FRIDAY, 11/21 | MEMORIAL OF THE PRESENTATION OF THE BLESSED VIRGIN MARY

ZECHARIAH 2:14-17, MATTHEW 12:46-50

8:00 AM † Cindy Thompson

SATURDAY, 11/22 | SATURDAY VIGIL MASS (SEE SUNDAY READINGS)

4:30 PM † Janetia Schultes

NEXT SUNDAY, 11/23 | SOLEMNITY OF OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

2 SAMUEL 5:1-3, COLOSSIANS 1:12-20, LUKE 23:35-43

9:00 AM SI Nancy & Michael Lane

11:00 AM SI Missa Pro Populo

5:30 PM SI Missa Pro Populo

THIRTY-THIRD SUNDAY IN ORDINARY TIME NOVEMBER 16TH

Grant us, we pray, O Lord our God, the constant gladness of being devoted to you, for it is full and lasting happiness to serve with constancy the author of all that is good.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.





ST. THÉRÈSE OF CARMEL

Dear Parish Family,

This Advent, let us enter a time of renewal together as Parish Family as we join with the Blessed Virgin Mary and our patroness, St. Thérèse of the Child Jesus to prepare our hearts for Jesus.

Just as a flower has many petals yet one stem, the many dimensions of parish life share a single purpose: to say “yes” to God each day — as Mary did — and to do so with the humble trust and simplicity of St. Thérèse.

A Parish Novena of Dedication

To begin this journey, we will pray a **Nine-Day Rosary Novena** leading to the **Consecration of our Parish to the Blessed Virgin Mary**, under the spiritual guidance of St. Thérèse. Together, we seek to grow as a community that **prays with simplicity, serves with joy, and loves with trust** — walking the Little Way of holiness.

Novena Dates:

Begins: Vigil of the First Sunday of Advent

Concludes: Solemnity of the Immaculate Conception

Whether you pray at home or join us in church, your participation matters. Let us place our parish family under Mary's loving care and walk in the confidence of her maternal intercession.

Novena prayers: <https://www.sttheresecarmel.org/novena---marian-consecration>

In Christ,

Fr. Chris Tozzi

St. Thérèse of Carmel Parish

EMERGENCY: NEIGHBORS IN NEED

EMPTY SHELVES, GROWING NEED.



Catholic Charities is facing a critical food shortage
St. Thérèse of Carmel steps up to HELP!

HELP RESTOCK FOOD SHELVES!

- Bring non-perishable, shelf-stable food items
- Donate grocery store gift cards or funds



St. Thérèse of Carmel

is partnering with
Catholic Charities in their
Catholics Feed Forward campaign
to help restock food shelves for
families in urgent need.

**TOGETHER, we can ensure
that no neighbor goes hungry
this season.**



**ST. THÉRÈSE
OF CARMEL**



**Catholic
Charities**
DIOCESE OF SAN DIEGO

**A parish food drive
begins immediately,
and we need your help:**

**Please bring non-
perishable, shelf-stable
food items to the parish
office or the collection
bins in the narthex.**

**You can also donate grocery store gift
cards or financial contributions to
support emergency food purchases.**

**Learn more or make a direct donation at:
[https://ccdsd.org/feed-forward-
matthew-25/](https://ccdsd.org/feed-forward-matthew-25/)**

Prayer

Dear God, help me to be brave and tell other people about you.

Mission for the Week

Write down three things that scare you. Tell God about them. Ask God to help you.

Sharing the Gospel

Sometimes this world can be a scary place in which to live. Fighting, sickness, and storms can kill a lot of people. Jesus says that when those things happen around you, do not be afraid. Even when you die, you can still live forever with God. You have heaven to look forward to. When scary things happen around you, tell the people you love about Jesus. Tell them they can live forever with Jesus, too, so they don't need to be afraid.

Now color
the picture! →

Unscramble words from today's Gospel:

temple
stones
attack

starve
trial
faith

wisdom
betrayed
saved

tmepel

t e m p l e

fitha

stneso

widoms

atackt

btrayed

sarvet

sveda

tialr



FAITH FORMATION

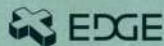
MIDDLE SCHOOLERS COME TO EDGE!

NEXT SESSION:
WEDNESDAY, NOV. 19TH
6:00 - 7:30 PM
LOCATION:
DEMPSEY SOCIAL CENTER



NDA Families:
No cost for
EDGE!
It is covered
with your
tuition.

INVITE
FRIENDS!



High School Teens



Join us for
Life Nites

6:30 - 8PM
(after 5:30pm mass)

Location: Dempsey
Social Center



November 30th
Diving in to the Bible

Scripture-themed
games and Talk on
how to navigate the
Bible

December 28th
**Christmas
Party & Service**

A joyful celebration
and opportunity to
give back



Hey, High Schoolers!



CALLED



Catholic And Living with Love Every Day

Wednesday evenings where we'll explore
ANY QUESTIONS
about faith and life in general.



Invite your friends!
All high school teens welcome.

NEXT SESSION

Wednesday,
Nov. 19th
7:30 pm - 8:30 pm
Dempsey Social
Center-Youth Room



Confirmation Sessions

Tonight: Nov. 16th

Next Session: Dec. 14th
YEAR 1

3:45 pm - 6:30 pm

YEAR 2

5:30 pm - 8:30 pm

These time frames include
Youth Mass from
5:30 pm - 6:30 pm.
Please arrive on time.



Scan the QR code to view the full calendar
and for more information on this year.



**THANKSGIVING
FAMILY MASS**

**Thursday, Nov. 27th
@ 9:00AM**

OFFICE CLOSED
NOV. 27TH
REOPEN
DEC. 1ST

STOCYAM NOVEMBER EVENTS

 *Young Adults* 
ST. THÉRÈSE OF CARMEL 18 - 39 are welcome!

Friendsgiving Potluck

THURSDAY, NOV. 20th
Dempsey Social Center
7:00 - 9:00 PM



Please bring a dish to share.



Mom's Ministry

ROSARY

**Tuesday, November 18th
at 12:00 PM**

**St. Thérèse of Carmel
Parish Grotto**

Join the moms for prayer,
followed by a playdate at
Del Mar Trails Park.

ALL ARE WELCOME!



Super Seniors!

Bernardo Winery
13330 Paseo Del Verano Norte
San Diego, CA 92128
**Wednesday, November 19th
at 11:30 AM**

- Wine Tasting
- Italian Restaurant
- Coffee Roasting
- Gelato & Sweets

**Carpool at Church Parking Lot at
11 AM Sharp**

**Call (858) 705-4635 to Sign up for
carpool**

RSVP by Flocknote or Parish Office



ST. THÉRÈSE
OF CARMEL

Sign up
here:



ADVENT FAITH SHARING GROUPS

1 Thessalonians 5:11 "Therefore, encourage one another and build one another up, as indeed you do."

Mom's Ministry

Thank you!

On behalf of the mothers in Mom's Ministry, we would like to extend our heartfelt thanks for your time, effort, and generous support during last month's bake sale. Thanks to your contributions, we successfully raised

\$609 in support of

Rachel's Women's Programs.

We truly appreciate your partnership and the difference you help us make in the lives of women in our community.



Community
Outreach:



Faith in Action

Join us this season as we live our faith through service:

- **Third Sunday of each month:** La Posada Men's Shelter—help prepare and deliver dinner
- **Thanksgiving Faith in Action Baskets** for families served by the CCHS Zak Myers Pantry
- **December 7:** Holiday Outreach Workshop
- **December:** Angel Trees—choose a tag and share Christmas joy

Your prayers, time, and generosity make Christ's love visible to those in need.



19TH ANNUAL

Holiday Outreach

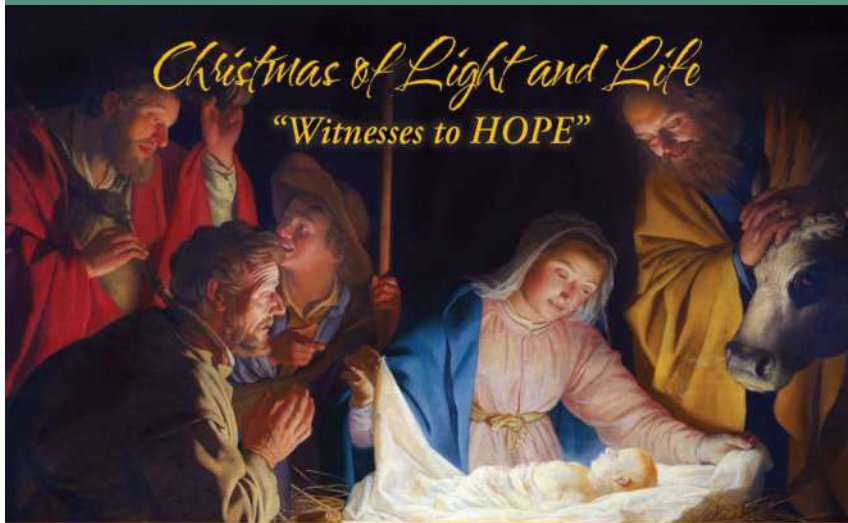
Pick up Donation Bag - Return w/Attached Requests

Help Bring Christmas to our Brothers & Sisters in Need!

Donate: Adopt-A-Family Gifts or Bulk Items for Shelters

**Volunteer: Nov- Dec & STOC Workshop
Dec 7th at our Table outside after all
Masses or Contact Jo: (858) 336-9967**





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Order Tickets/Event Updates at:
www.kofcbringlight.org
or call Greg at (858) 622-1188 or
Steve at (619) 515-3267




ORDER TICKETS NOW!
FRIDAY DECEMBER 12, 2025



Rev. James Bankston
KEYNOTE SPEAKER
Pastor — Holy Angels BCC



Father Chris Tozzi
HOST of Light and Life
Pastor, St. Thérèse of Carmel



Chris Wamsley, Pres. Knights of Columbus
**HONORARY LIGHT AND LIFE
CHRISTMAS EVENT CHAIR**
San Diego Chapter 2025-26



Stephen Beuerle
MASTER OF CEREMONIES
Co-Founder, Light and Life



Pierre Charnasson
AUCTIONEER
Christmas of Light and Life Benefit

Feast of Our Lady of Guadalupe Mass	5:30 PM
Registration/Social Hour	6:00 PM
Dinner and Silent Auction	6:30 PM
Live Auction	7:00 PM
PRC Partner Updates	7:30 PM
Keynote Presentation and Appeal	7:45 PM
Closing Prayer	8:30 PM

STOC Calendar November

Nov 15-16 Weekend

- 11/16: Confirmation Classes

Nov 22-23 Weekend

- 11/22: Divine Mercy at
Our Lady of Mount Carmel Parish

Nov 27 (Thursday)

- 11/27: Thanksgiving Mass @ 9 AM

Nov 29-30 Weekend - Advent Begins

- 11/29-30: Advent Begins -
Parish Angel Tree Begins



NATIONAL NEEDS COLLECTION

Next weekend's 2025
Collection for National
Needs will support:

- Black & Indian Missions
- Catholic Home Missions
- Catholic Communication Campaign
- Campaign for Human Development
- The Catholic University of America

Contribute Here:





CATHOLIC FRANCE PILGRIMAGE

Fr. Pat Kiernan Spiritual Director

Come join a small group from St Thérèse of Carmel Parish on a Spiritually Rewarding, Fun, Cultural Experience

**10 Days – 8 Nights (Four Hotels)
Depart April 14th and Return April 23rd
\$3,655 Land Only
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Private Mass, Breakfast and Dinner Every Day

**Limited Space Available
\$300 Deposit to Register**

Full Payment Required by January 2026

**For Information and Reservations,
Contact Andrea Joines
Telephone: 1-317-574-4191 – Email:
ajoines@tektonministries.org**

**For Detailed Itinerary or to Book online
visit <https://www.tektonministries.org>**

SACRAMENT & MINISTRY INFORMATION

Baptism at St. Thérèse of Carmel

**We welcome new members
into the Body of Christ!**

Community Baptisms are held
after the 11 a.m. Mass.

Please visit the website for Baptism dates
each month.

Parents are required to register as Parishioners.
Classes are held on the first Tuesday of each
month @ 7:30 PM via Zoom.

If this is your first child, both parents must
attend a Baptism Preparation Class.

Godparents are encouraged to attend a class
here or at their own parish.

To learn more or schedule a Baptism, obtain
forms, or register for the Baptismal Class,
please visit the website or contact the parish
office (858) 481-3232 or email Deacon John @
jfanelle@stocsd.org

Holy Matrimony

If you would like to celebrate your wedding
at St. Thérèse of Carmel, please start your
planning and preparation at least nine
months before your desired wedding date.

Please contact Mary Lucena Stevens @
mlucena@stocsd.org or call 858-481-3232.

Sacramental Preparation

Youth: Preparation for Reconciliation,
Eucharist, and Confirmation through our faith
formation programs. Please see website for
more information.

Adults: We welcome those Interested in
learning more about Becoming a Catholic.
For more Information on OCIA , Order of
Christian Initiation for Adults, please contact
Karen Klause on the website or call the Parish
Office @ 858-481-3232.

PRAYERS

PRAY FOR ONE ANOTHER

Please pray for our parishioners that are sick or homebound.

Contact the Parish Office to add or remove names from the list.

Lisa Carney-Carmichael
Bill McDonnell
Sabrina Cheung
Gail McDonnell
Teresa Cox
Jack McGuire
Cathy Daly
Carol Nowak
Dan Daly
Dorothy Nuss
Allison Demmler
Mary Olvera
Charles Dorthalina
Mauro Pacelli
Angela Decaro
Wendy Papera
Lawrence D'Souza
Leonor Pierce
Albert Espinola
Jeanne Pirolli
Stacey Farley
Fr. Larry Purcell
LaVerne Franke
Emily Schiller-Reeder
Felix Galasan
Elaine Schlunt
Ellen Gallego
Richard Shannon
Jake Garcia Sr

Romaine Sullivan
Jonathan Garvey
Jamie Stevenson
Ted Gutierrez
Emilia Teotico
Brian Hawkins
Tamatha Thomas
Mateus Hemmingson
Diana Todaro
Emilia Javier
Mytu Tran
Chuck Kirby
Luvere Travis
MJ Lane
Cathleen Yang
Nga Thu Le
Edly Villanueva
Tuan Anh Le
Alex Yiu
Mary Librizzi
Joe Vondrachek
Mark Lotz
David Yorck
Mary Marshall
Binh Vu
Cecilia Martin
Thao Vuong
Virgina McDeed

GLUTEN FREE HOSTS

You are welcome to bring your own gluten free host to Mass.

Place in the Pyx at the credence table, or see the Sacristan at Mass.

Prayer is the heart of our relationship with God

Adoration Schedule

Be still before the Lord

Tuesday Evening: 5:00 PM-8:00 PM

Wednesday Morning: 8:00 AM-9:00

Rosary Prayer Group

Meets after daily Mass

Monday-Thursday 8 AM

Friday: 8:30 AM

St. Anne's Chapel

DEVOTIONS

First Friday Devotion to the Sacred Heart of Jesus

Mass: 8 AM; Rosary following Mass

Adoration: 8:30 AM- 12 noon

Evening Adoration: 7 PM-8 PM

First Saturday Devotion to our Lady

7:30 AM Confessions available

9:00 AM Mass & Prayers

to Our Lady of Perpetual Help

9:45-10:15 AM Rosary plus pray

for Pope Leo XIV

Meditate on the mysteries of the Rosary

Our Lady of Fatima

Host Family:

11/9-11/16: Pat & Kristi Hayes

11/16 - 11/23: Ernie & Frida Pangilinan

Healing Prayer Group

Sunday, **11/16** after the **9AM** Mass

Saturday, **11/22** after the **4:30PM** Mass

CALLED TO SERVE

Mass Intentions

Now Open: January-March 2026

Up to 3 Mass Intentions requests for each calendar period.
Stop by the Parish Office.

Keep Your Parish Profile Up to Date

If you have changed home, email address, or phone number please contact the Parish office.

Safe In Our Diocese

WE TAKE YOUR SAFETY SERIOUSLY

Report Sexual Abuse @ 858-490-8353 or visit safeinourdiocese.org for more information.

Stewardship

Date: 11/9/2025

Basket: \$5,547

Envelope: \$6,945

Online: \$14,438

SDCCC: \$740

Total: \$27,670

Average Weekly Expenses: \$28,372

ONLINE GIVING

Your generosity keeps our parish strong in faith and service.

Online giving is a simple, secure way to support St. Thérèse anytime, anywhere helping us plan and focus more on ministry, not administration.



Thank you for your continued support and faithful giving!
Many blessings,

Fr. Chris

LITURGY

• Called to Serve:

Altar Servers, Lectors, Musicians, Eucharistic Ministers, Hospitality

• Liturgical Music:

Offering varied musical styles to enrich worship

PRAYER

• Eucharistic Adoration:

Rest in Jesus' true presence & love

• Liturgy of the Hours:

Sanctify the day with psalms & Scripture

• Marian Devotions:

Rosary, First Saturdays, Our Lady of Fatima devotions drawing closer to Christ through Mary

• Healing Prayer:

Experience Christ's mercy & peace

FAITH FORMATION

• Notre Dame Academy:

Catholic education, preschool-8th grade

• Children & Teens:

Faith formation & sacramental prep: Baptism, Reconciliation, First Communion, Confirmation

• Adults:

Bible studies, Faith Sharing Groups, Retreats

• Order of Christian Initiation of Adults:

OCIA is the pathway for adults interested in full communion with the Catholic Church

PARISH LIFE

• Welcome Committee:

Register, connect, and belong

• Young Adults (18-39):

Grow in faith, friendships, service, and fun

• Mom's Ministry:

Faith, friendship, & support at every stage

• Parish Guild:

Fellowship, prayer, & service rooted in Christ

• Knights of Columbus:

Catholic men (18+) serving in charity, unity, and fraternity

• Super Seniors (50+):

Monthly friendship, fun, & community

• Ministry to the Sick

Bringing Christ's comfort & presence

• Bereavement Ministry:

Support for those grieving the loss of a loved one

• Filipino & Chinese Catholics:

Celebrate and support faith traditions

• Community Outreach:

Food & clothing drives, care kits, parish service, pro-life ministry

For more information visit the website or contact the Parish Office



poinsettia sale

SUPPORTING OUR 8th GRADERS' TRIP TO WASHINGTON DC

Choose between:

Classic 6" diameter pot - Red or White with gold foil: 15.00

Large 10" diameter pot - Red, White, or Combo with gold foil: 30.00



Scan and place your order before
November 30th, and pick up your
poinsettias on **Sunday, December 7th,**
at the Dempsey Social Hall foyer after
the 9 AM, 11 AM and 5:30 PM Masses.



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www.SDTAC.com
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5230 Carroll Canyon Rd.
Ste 102
San Diego, CA

Jeanne A. Shannon, C.P.A.
jeanne@sdtac.com

Jeremiah S. Marquard, C.P.A.
jeremy@sdtac.com

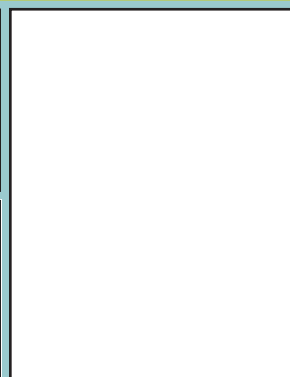
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Jon Cunningham, CPA & STOC Parishioner

Cunningham.cpa (858) 771-3845

Cunningham
Certified Public Accountant

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Manager • monthly wine dinners
• pizza • to-go menu

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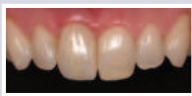
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