



ST. THÉRÈSE OF CARMEL

SUNDAY | NOVEMBER 23, 2025

MASS SCHEDULE

Saturday Vigil | 4:30 pm
Sunday | 9:00 am, 11:00 am, 5:30 pm
Chinese | 2:00 pm
(Mandarin/Cantonese)
Monday-Thursday | 7:30 am
Friday | 8:00 am

RECONCILIATION

Saturday | 3:00-4:00pm

ADORATION

Tuesday | 5:00-8:00 pm
Wednesday | 8:00-9:00 am

GET IN TOUCH

4355 Del Mar Trails Road
San Diego, CA 92130
858-481-3232
parishoffice@stocsd.org
www.sttheresecarmel.org

OFFICE HOURS

Monday– Thursday | 8:00am-3:00pm
Friday | 9:00am - 3:00pm
(Closed 12:00-1:00pm)

DEVOTIONAL HOURS

Monday-Friday | 7:30am-6:00pm

NOTRE DAME ACADEMY

858-509-2300 or www.ndasd.org



OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

He said, "Jesus, remember me when you come into your kingdom." He replied to him, "Amen, I say to you, today you will be with me in Paradise." - Lk 23:42-43

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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Who We Are

We are a welcoming Catholic community striving to do small things with great love for the glory of God, guided by the example of St. Thérèse of Lisieux.

How We Live

Nourished by the sacraments and united in the Eucharist, we recognize that the Kingdom of God is among us. We live and share the Gospel of Jesus Christ with humility, joy, and devotion.

Our Mission

Empowered by the Holy Spirit, we grow in holiness, support one another on the journey to Heaven, and form disciples through worship, prayer, education, and service—so that all may come to know God's love.

PRAYERS & READINGS

PARISH CLERGY

PASTOR

Rev. Christopher Tozzi

DEACON/BAPTISM COORDINATOR

John Fanelle

ADMINISTRATION

PASTORAL ASSISTANT

WEDDING DIRECTOR

Mary Lucena Stevens

BUSINESS MANAGER

Malou Palmore

BOOKKEEPING

Stephanie Decker

FUNERALS

Rev. Christopher Tozzi

Lyn Pflaum

RECEPTION & COMMUNICATIONS

Vanessa Gramajo

FACILITIES & MAINTENANCE

Elias Damian

José Sanchez

MUSIC

DIRECTOR OF MUSIC

Catherine Marshall

CATECHESIS & PARISH LIFE

ELEMENTARY FAITH FORMATION COORDINATOR

Britin Hanson

COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

YOUTH & YOUNG ADULT MINISTERS

Marisabel "Mari" Patteson

Priscilla Trastoy

Annalua Corwin

OCIA COORDINATOR

Karen Klause

GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

WEEKLY INTENTIONS AND READINGS

SATURDAY, 11/22 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Janetta Schultes

SUNDAY, 11/23 | THE SOLEMNITY OF OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

2 SAMUEL 5:1-3, COLOSSIANS 1:12-20, LUKE 23:35-43

9:00 AM SI Nancy & Michael Lane

11:00 AM SI Missa Pro Populo

5:30 PM SI Missa Pro Populo

MONDAY, 11/24 | MEMORIAL OF SAINT ANDREW DŨNG-LẠC, PRIEST, AND COMPANIONS, MARTYRS

DANIEL 1:1-6, 8-20, LUKE 21:1-4

7:30 AM † Luis Osorio Sr. & Alfredo Ballón-Landa

TUESDAY, 11/25

DANIEL 2:31-45, LUKE 21:5-11

7:30 AM † Feliza & Lita Lafrades & James Jones

WEDNESDAY, 11/26

DANIEL 5:1-6, 13-14, 16-17, 23-28, LUKE 21:12-19

7:30 AM † Helen Walter

THURSDAY, 11/27 | THANKSGIVING DAY

SIRACH 50:22-24, 1 CORINTHIANS 1:3-9, LUKE 17:11-19

9:00 AM SI Missa Pro Populo

FRIDAY, 11/28

DANIEL 7:2-14, LUKE 21:29-33

8:00 AM † Barbara White

SATURDAY, 11/29 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Robert Jordison

NEXT SUNDAY, 11/30 | FIRST SUNDAY OF ADVENT

ISAIAH 2:1-5, ROMANS 13:11-14, MATTHEW 24:37-44

9:00 AM † Eduardo X. Genato

11:00 AM SI Pope Leo XIV

5:30 PM SI Missa Pro Populo

OUR LORD JESUS CHRIST, KING OF THE UNIVERSE - NOVEMBER 23RD

Almighty ever-living God, whose will is to restore all things in your beloved Son, the King of the universe, grant, we pray, that the whole creation, set free from slavery, may render your majesty service and ceaselessly proclaim your praise. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.





ST. THÉRÈSE OF CARMEL

Dear Parish Family,

This Advent, let us enter a time of renewal together as Parish Family as we join with the Blessed Virgin Mary and our patroness, St. Thérèse of the Child Jesus to prepare our hearts for Jesus.

Just as a flower has many petals yet one stem, the many dimensions of parish life share a single purpose: to say “yes” to God each day — as Mary did — and to do so with the humble trust and simplicity of St. Thérèse.

A Parish Novena of Dedication

To begin this journey, we will pray a **Nine-Day Rosary Novena** leading to the **Consecration of our Parish to the Blessed Virgin Mary**, under the spiritual guidance of St. Thérèse. Together, we seek to grow as a community that **prays with simplicity, serves with joy, and loves with trust** — walking the Little Way of holiness.

Novena Dates:

Begins: Vigil of the First Sunday of Advent

Concludes: Solemnity of the Immaculate Conception

Whether you pray at home or join us in church, your participation matters. Let us place our parish family under Mary’s loving care and walk in the confidence of her maternal intercession.

Novena prayers: <https://www.sttheresecarmel.org/novena---marian-consecration>

In Christ,

Fr. Chris Tozzi

St. Thérèse of Carmel Parish



ST. THÉRÈSE
OF CARMEL

STOC Calendar

November

December

Nov 22-23 Weekend

- 11/22: Divine Mercy at Our Lady of Mount Carmel Parish

Nov 27 (Thursday)

- 11/27: Thanksgiving Mass @ 9 AM

Nov 29-30 Weekend - Advent Begins

- 11/29-30: Advent Begins - Parish Angel Tree Begins
- 11/30: Parish Novena Begins

Please check the website for the latest calendar information.

Dec 6-7 Weekend

- 12/5 First Friday
- 12/6 First Saturday
- 12/6: Parish Breakfast with Santa
- 12/7: Pancake Breakfast & Backpack Event
- 12/7: Parish Blood Drive
- 12/8: Immaculate Conception Mass: 7:30 AM, 12, 5:30 PM
- 12/8: Parish Consecration to Our Lady

Dec 12-14 Weekend

- 12/12: Our Lady of Guadalupe Mass - 8 AM & 5:30 PM
- 12/12: Light of Life Gala
- 12/13-14: Holy Land Items for Sale
- 12/17: Parish Reconciliation Service
- 12/18: The Joyful Mysteries, A Musical Reflection

Dec 20-21 Weekend

- 12/20: Simbang Gabi Mass & Reception

Dec 24-25 - Christmas

Christmas Mass Schedule on Website

- 12/24: Family Concert before 4 PM Mass
- 12/24: Christmas Concert before 10 PM Mass



ANNUAL OCIA BLOOD DRIVE

See you on December 7th!

SUNDAY, DECEMBER 7TH
7:30 AM - 1:00 PM

Location: In the parking lot of St. Thérèse of Carmel

You can sign-up online at
www.sandiegobloodbank.org

Walk-in's Welcome!

Thank you for taking time to
donate blood and making a
difference to help save a life!

See you next Sunday!

FAITH FORMATION

Hey, High Schoolers!



CALLED

Catholic And Living with Love Every Day

Wednesday evenings where we'll explore
ANY QUESTIONS
about faith and life in general.



Invite your friends!
All high school teens welcome.

NEXT SESSION

Wednesday,
Dec. 10th

7:30 pm - 8:30 pm
Dempsey Social
Center-Youth Room



Upcoming Confirmation Sessions

Dec. 14th & Jan. 4th

YEAR 1

3:45 pm - 6:30 pm

YEAR 2

5:30 pm - 8:30 pm

These time frames include
Youth Mass from
5:30 pm - 6:30 pm.
Please arrive on time.



Scan the QR code to view the full calendar
and for more information on this year.

MIDDLE SCHOOLERS COME TO EDGE!

NEXT SESSION:

WEDNESDAY, DEC. 3RD
6:00 - 7:30 PM

LOCATION:

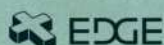
DEMPSEY SOCIAL CENTER



NDA Families:

No cost for
EDGE!
It is covered
with your
tuition.

**INVITE
FRIENDS!**



High School Teens



Join us for Life Nites

6:30 - 8PM
(after 5:30pm mass)

Location: Dempsey
Social Center



December 28th
Christmas
Party & Service

A joyful celebration
and opportunity to
give back

January 11th
Dead End

A discussion on the
Fall and the impact
of original sin



STOCYAM NOVEMBER EVENTS



Young Adults

18 - 39 are welcome!



No events this
week.

**HAPPY
THANKSGIVING!**

See you in December!



19TH ANNUAL

Holiday Outreach

**Pick up Donation Bag - Return w/Attached
Requests**

**Help Bring Christmas to our Brothers &
Sisters in Need!**

**Donate: Adopt-A-Family Gifts or Bulk Items
for Shelters**

**Volunteer: Nov- Dec & STOC Workshop
Dec 7th at our Table outside after all
Masses or Contact Jo: (858) 336-9967**



Community
Outreach:



Faith in Action

Join us this season as we live our faith
through service:

- **Third Sunday of each month:** La Posada Men's Shelter—help prepare and deliver dinner
- **Thanksgiving Faith in Action Baskets** for families served by the CCHS Zak Myers Pantry
- **December 7:** Holiday Outreach Workshop
- **December:** Angel Trees—choose a tag and share Christmas joy

Your prayers, time, and generosity make
Christ's love visible to those in need.



ST. THÉRÈSE
OF CARMEL

Sign up
here:

**ADVENT
FAITH SHARING
GROUPS**



1 Thessalonians 5:11 "Therefore,
encourage one
another and build one another
up, as indeed you do."



CATHOLIC FRANCE PILGRIMAGE

Fr. Pat Kiernan Spiritual Director

Come join a small group from St Thérèse of Carmel Parish on a Spiritually Rewarding, Fun, Cultural Experience

**10 Days – 8 Nights (Four Hotels)
Depart April 14th and Return April 23rd
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ajoines@tektonministries.org**

**For Detailed Itinerary or to Book online
visit <https://www.tektonministries.org>**

SACRAMENT & MINISTRY INFORMATION

Baptism at St. Thérèse of Carmel

**We welcome new members
into the Body of Christ!**

Community Baptisms are held
after the 11 a.m. Mass.

Please visit the website for Baptism dates
each month.

Parents are required to register as Parishioners.
Classes are held on the first Tuesday of each
month @ 7:30 PM via Zoom.

If this is your first child, both parents must
attend a Baptism Preparation Class.

Godparents are encouraged to attend a class
here or at their own parish.

To learn more or schedule a Baptism, obtain
forms, or register for the Baptismal Class,
please visit the website or contact the parish
office (858) 481-3232 or email Deacon John @
jfanelle@stocsd.org

Holy Matrimony

If you would like to celebrate your wedding
at St. Thérèse of Carmel, please start your
planning and preparation at least nine
months before your desired wedding date.

Please contact Mary Lucena Stevens @
mlucena@stocsd.org or call 858-481-3232.

Sacramental Preparation

Youth: Preparation for Reconciliation,
Eucharist, and Confirmation through our faith
formation programs. Please see website for
more information.

Adults: We welcome those Interested in
learning more about Becoming a Catholic.
For more Information on OCIA , Order of
Christian Initiation for Adults, please contact
Karen Klause on the website or call the Parish
Office @ 858-481-3232.

PRAYERS

PRAY FOR ONE ANOTHER

Please pray for our parishioners that are sick or homebound.

Contact the Parish Office to add or remove names from the list.

Lisa Carney-Carmichael
John Carrion
Carol Carney
Sabrina Cheung
Teresa Cox
Cathy Daly
Dan Daly
Charles Dorthalina
Angela DeCaro
Lawrence D'Souza
Albert Espinola
Fernanda Esteves
Stacey Farley
LaVerne Franke
Felix Galasan
Ellen Gallego
Jake Garcia Sr
Jonathan Garvey
Ted Gutierrez
Brian Hawkins
Mateus Hemmingson
Catherine Anne
Emilia Javier
Chuck Kirby
MJ Lane
Nga Thu Le
Tuan Anh Le
Mark Lotz
Mary Marshall
Cecilia Martin

Virginia McDeed
Jack McGuire
Abdo Mouannes
Carol Nowak
Dorothy Nuss
Gladys Olson
Terry Olson
Mary Olvera
Mauro Pacelli
Wendy Papera
Leonor Pierce
Jeanne Pirolli
Fr. Larry Purcell
Emily Schiller-Reeder
Anthony Savello
Elaine Schlunt
Alec Schmall
Richard Shannon
Romaine Sullivan
Marjorie Slankard
Emilia Teotico
Tamatha Thomas
Diana Todaro
Mytu Tran
Luverne Travis
Cathleen Yang
Edly Villanueva
Alex Yiu
Joe Vondrachek
David Yorck
Binh Vu
Thao Vuong
David Wissehr

GLUTEN FREE HOSTS

You are welcome to bring your own gluten free host to Mass.

Place in the Pyx at the credence table, or see the Sacristan at Mass.

Prayer is the heart of our relationship with God

Adoration Schedule

Be still before the Lord

Tuesday Evening: 5:00 PM-8:00 PM

Wednesday Morning: 8:00 AM-9:00

Rosary Prayer Group

Meets after daily Mass

Monday-Thursday 8 AM

Friday: 8:30 AM

St. Anne's Chapel

DEVOTIONS

First Friday Devotion to the Sacred Heart of Jesus

Mass: 8 AM; Rosary following Mass

Adoration: 8:30 AM- 12 noon

Evening Adoration: 7 PM-8 PM

First Saturday

Devotion to our Lady

7:30 AM Confessions available

9:00 AM Mass & Prayers

to Our Lady of Perpetual Help

9:45-10:15 AM Rosary plus pray

for Pope Leo XIV

Meditate on the mysteries of the Rosary

Our Lady of Fatima

Host Family:

11/16-11/23: Ernie & Frida Pangilinan

11/23-11/30: J.C. Mauricia

Healing Prayer Group

Saturday, 11/22 after the **4:30 PM** Mass

Sunday, 12/7 after the **5:30 PM** Mass

CALLED TO SERVE

Mass Intentions

Now Open: January-March 2026

Up to 3 Mass Intentions requests for each calendar period.
Stop by the Parish Office.

Keep Your Parish Profile Up to Date

If you have changed home, email address, or phone number please contact the Parish office.

Safe In Our Diocese

WE TAKE YOUR SAFETY SERIOUSLY

Report Sexual Abuse @ 858-490-8353 or visit safeinourdiocese.org for more information.

Stewardship

Date: **11/16/2025**

The breakdown of contributions is not available this week. We will update you the weekend of **11/30/2025**.

ONLINE GIVING

Your generosity keeps our parish strong in faith and service.

Online giving is a simple, secure way to support St. Thérèse anytime, anywhere helping us plan and focus more on ministry, not administration.



Thank you for your continued support and faithful giving!
Many blessings,

Fr. Chris

LITURGY

• Called to Serve:

Altar Servers, Lectors, Musicians, Eucharistic Ministers, Hospitality

• Liturgical Music:

Offering varied musical styles to enrich worship

PRAYER

• Eucharistic Adoration:

Rest in Jesus' true presence & love

• Liturgy of the Hours:

Sanctify the day with psalms & Scripture

• Marian Devotions:

Rosary, First Saturdays, Our Lady of Fatima devotions drawing closer to Christ through Mary

• Healing Prayer:

Experience Christ's mercy & peace

FAITH FORMATION

• Notre Dame Academy:

Catholic education, preschool-8th grade

• Children & Teens:

Faith formation & sacramental prep: Baptism, Reconciliation, First Communion, Confirmation

• Adults:

Bible studies, Faith Sharing Groups, Retreats

• Order of Christian Initiation of Adults:

OCIA is the pathway for adults interested in full communion with the Catholic Church

PARISH LIFE

• Welcome Committee:

Register, connect, and belong

• Young Adults (18-39):

Grow in faith, friendships, service, and fun

• Mom's Ministry:

Faith, friendship, & support at every stage

• Parish Guild:

Fellowship, prayer, & service rooted in Christ

• Knights of Columbus:

Catholic men (18+) serving in charity, unity, and fraternity

• Super Seniors (50+):

Monthly friendship, fun, & community

• Ministry to the Sick

Bringing Christ's comfort & presence

• Bereavement Ministry:

Support for those grieving the loss of a loved one

• Filipino & Chinese Catholics:

Celebrate and support faith traditions

• Community Outreach:

Food & clothing drives, care kits, parish service, pro-life ministry

For more information visit the website or contact the Parish Office

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Jeremiah S. Marquard, C.P.A.
jeremy@sdtac.com

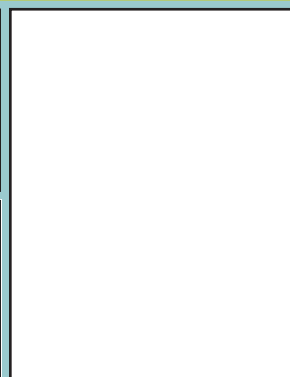
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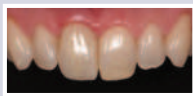
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Peter Nordland, DMD, MS

- Board Certified Periodontist
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Large 10" diameter pot - Red, White, or Combo with gold foil: 30.00



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November 30th, and pick up your
poinsettias on **Sunday, December 7th,**
at the Dempsey Social Hall foyer after
the 9 AM, 11 AM and 5:30 PM Masses.

