

SUNDAY | DECEMBER 7, 2025

MASS SCHEDULE

Saturday Vigil | 4:30 PM Sunday | 9:00 AM, 11:00 AM, 5:30 PM Chinese | 2:00 PM (Mandarin/Cantonese) Monday-Thursday | 7:30 AM Friday | 8:00 AM

RECONCILIATION

Saturday | 3:00-4:00 PM

ADORATION

Tuesday | 5:00-8:00 PM Wednesday | 8:00-9:00 AM

GET IN TOUCH

4355 Del Mar Trails Road San Diego, CA 92130 858-481-3232 parishoffice@stocsd.org www.sttheresecarmel.org

OFFICE HOURS

Monday- Thursday | 8:00 AM-3:00 PM Friday | 9:00 AM-3:00 PM (Closed 12:00-1:00 PM)

DEVOTIONAL HOURS

Monday-Friday | 7:30-6:00 PM

NOTRE DAME ACADEMY

858-509-2300 or www.ndasd.org

Who We Are

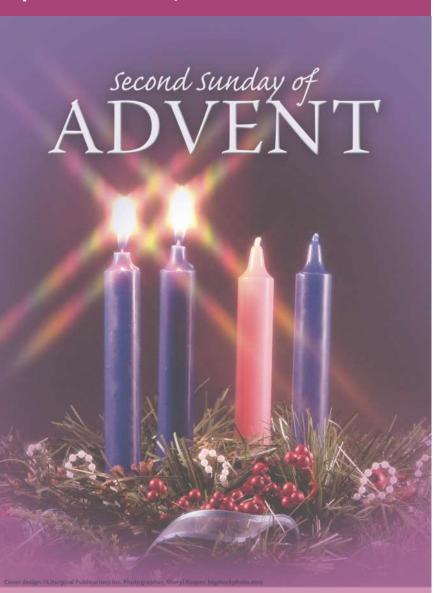
We are a welcoming Catholic community striving to do small things with great love for the glory of God, guided by the example of St. Thérèse of Lisieux.

How We Live

Nourished by the sacraments and united in the Eucharist, we recognize that the Kingdom of God is among us. We live and share the Gospel of Jesus Christ with humility, joy, and devotion.

Our Mission

Empowered by the Holy Spirit, we grow in holiness, support one another on the journey to Heaven, and form disciples through worship, prayer, education, and service—so that all may come to know God's love.



PRAYERS & READINGS

PARISH CLERGY

PASTOR

Rev. Christopher Tozzi

DEACON/BAPTISM COORDINATOR

Deacon John Fanelle

ADMINISTRATION

PASTORAL ASSISTANT WEDDING DIRECTOR

Mary Lucena Stevens

BUSINESS MANAGER

Malou Palmore

BOOKKEEPING

Stephanie Decker

FUNERALS

Rev. Christopher Tozzi Lyn Pflaum

RECEPTION & COMMUNICATIONS

Vanessa Gramajo

FACILITIES & MAINTENANCE

Elias Damian José Sanchez

MUSIC

DIRECTOR OF MUSIC

Catherine Marshall

CATECHESIS & PARISH LIFE

ELEMENTARY FAITH FORMATION COORDINATOR

Britin Hanson

COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

YOUTH & YOUNG ADULT MINISTERS

Marisabel "Mari" Patteson Priscilla Trastoy

Annalua Corwin

OCIA COORDINATOR

Karen Klause

GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

WEEKLY INTENTIONS AND READINGS

SATURDAY, 12/6 | SATURDAY VIGIL MASS (SEE SUNDAY READINGS)

4:30 PM † Joseph Quang Tran

SUNDAY, 12/7 | SECOND SUNDAY OF ADVENT ISAIAH 11:1-10, ROMANS 15:4-9, MATTHEW 3:1-12

9:00 AM SI Missa Pro Populo 11:00 AM † Concepción Trujillo 5:30 PM SI Missa Pro Populo

MONDAY, 12/8 | SOLEMNITY OF THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY

GENESIS 3:9-15, 20, EPHESIANS 1:3-6, 11-12, LUKE 1:26-38

7:30 AM SI Missa Pro Populo

TUESDAY, 12/9 ISAIAH 40:1-11, MATTHEW 18:12-14

7:30 AM SI Cora Jones

WEDNESDAY, 12/10 | ISAIAH 40:25-31, MATTHEW 11:28-30

7:30 AM SI The Vu Family

THURSDAY, 12/11 ISAIAH 41:13-20, MATTHEW 11:11-15

7:30 AM SI Karen Pacelli

FRIDAY, 12/12 | FEAST OF OUR LADY OF GUADALUPE ZECHARIAH 2:14-17 OR REVELATION 11:19A; 12:1-6A, 10AB, LUKE 1:26-38 8:00 AM SI Judy Byun

SATURDAY, 12/13 | SATURDAY VIGIL MASS (SEE SUNDAY READINGS)

4:30 PM + Brother Bertram Coleman

NEXT SUNDAY, 12/14 | THIRD SUNDAY OF ADVENT ISAIAH 35:1-6A, 10, JAMES 5:7-10, MATTHEW 11:2-11

9:00 AM † Robert Gindt 11:00 AM SI Missa Pro Populo 5:30 PM SI Missa Pro Populo

SECOND SUNDAY OF ADVENT - DECEMBER 7TH

Almighty and merciful God, may no earthly undertaking hinder those who set out in haste to meet your Son, but may our learning of heaven wisdom gain us admittance to his company. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.



PARISH LIFE



Dec 6-7 Weekend

- · Dec 6: First Saturday Devotion
- . Dec 6: Parish Breakfast with Santa
- · Dec 7: Pancake Breakfast & Backpack Event
- · Dec 7: Parish Blood Drive
- Dec 8: (Monday): Mass: 7:30 AM, Noon, 5:30 PM
 Feast of the Immaculate Conception.
 Consecration of our Parish to the Blessed Virgin Mary

Dec 12-14 Weekend

- Dec 12: Mass, 5:30PM, Feast of Our Lady of Guadalupe
- · Dec 12: 6:30 PM Light of Life Gala
- · Holy Land Items for Sale after all Masses
- Dec 17: 7-9 PM: Parish Reconciliation Service
- Dec 18: 7-8 PM: Advent Evening of Music & Prayer: The Joyful Mysteries

Dec 20-21 Weekend

• Dec 20: 6:30PM: Simbang Gabi Mass & Reception

Dec 24-25: Christmas: Mass Schedule on Website

Dec 24-25: Christmas Masses - see schedule below & website

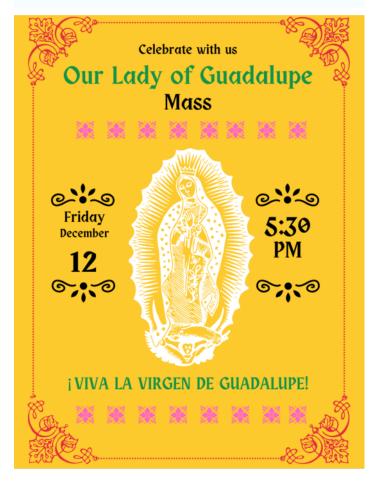
Please check the website for calendar updates.

SOLEMNITY OF THE

IMMACULATE CONCEPTION

We joyfully conclude our
Parish Rosary Novena
and consecrate our parish to Mary







PARISH LIFE

Angel Trees

Fully loaded by

November 29th until December 14th.

Please attach the angel to your unwrapped gift and return it no later than December 14th.



ON SALE! AFTER DEC 13-14 MASSES



Beautiful hand-made olive wood religious articles made by Catholic families in Bethlehem and Jerusalem will be on sale.



The **Sacrament of Reconciliation** is Christ's gift of mercy,

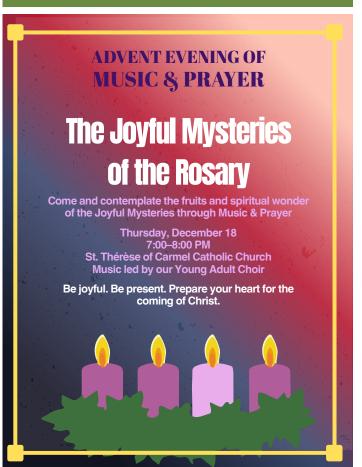
healing, and restoration.

As we prepare our hearts for the coming of Jesus at Christmas, we invite you to return to the Lord's peace. Whether you come to Confession regularly or it has been many years, this is a beautiful opportunity to experience God's forgiveness.

Come and encounter the gentle mercy of Christ and the deep peace only He can give. WED, DEC 17

7-9 PM

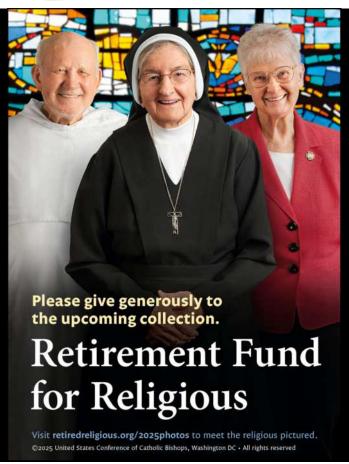
"Be reconciled to God."
— 2 Corinthians 5:20



PARISH LIFE



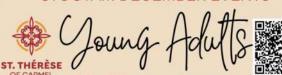






FAITH FORMATION





18 - 39 are welcome!

Location: Youth Room within Dempsey Social Center.

11 THURS

Faith & Fellowship Night 7:00 - 9:00 PM

18 THURS Musical Meditation on Joyful Mysteries & Christmas Party 7:00 - 9:00 PM

Join us for faith and fun-filled community!

Hey, High Schoolers!



CALLED



Catholic And Living with Love Every Day

Wednesday evenings where we'll explore ANY QUESTIONS about faith and life in general.



NEXT SESSION

Wednesday,

Dec. 10th

7:30 pm - 8:30 pm Dempsey Social Center-Youth Room



Upcoming Confirmation Sessions

Dec. 14th & Jan. 4th

3:45 pm - 6:30 pm

YEAR 2

5:30 pm - 8:30 pm

These time frames include Youth Mass from 5:30 pm - 6:30 pm. Please arrive on time.



Scan the QR code to view the full calendar and for more information on this year.

MIDDLE SCHOOLERS COXE TO EDGE (

NEXT SESSION:

WEDNESDAY, DEC. 10TH 6:00 - 7:30 PM LOCATION:

DEMPSEY SOCIAL CENTER



NDA Families: No cost for

EDGE!
It is covered with your

tuition.

INVITE FRIENDS!







SACRAMENT & MINISTRY INFORMATION

Baptism at St. Thérèse of Carmel

We welcome new members into the Body of Christ!

Community Baptisms are held after the 11 a.m. Mass.

Please visit the website for Baptism dates each month.

Parents are required to register as Parishioners. Classes are held once a month @ 7:30 PM via Zoom. See the website for the class dates.

If this is your first child, both parents must attend a Baptism Preparation Class.

Godparents are encouraged to attend a class here or at their own parish.

To learn more or schedule a Baptism, obtain forms, or register for the Baptismal Class, please visit the website or contact the parish office (858) 481-3232 or email Deacon John at jfanelle@stocsd.org

Holy Matrimony

If you would like to celebrate your wedding at St. Thérèse of Carmel, please start your planning and preparation at least nine months before your desired wedding date.

Please contact Mary Lucena Stevens @ mlucena@stocsd.org or call 858-481-3232.

Sacramental Preparation

Youth: Preparation for Reconciliation, Eucharist, and Confirmation through our faith formation programs. Please see website for more information.

Adults: We welcome those Interested in learning more about Becoming a Catholic. For more Information on OCIA, Order of Christian Initiation for Adults, please contact Karen Klause on the website or call the Parish Office @ 858-481-3232.

PRAY FOR ONE ANOTHER

Please pray for our parishioners that are sick or homebound.

Contact the Parish Office to add or remove names from the list.

Lisa Carney-Carmichael John Carrion Carol Carney **Doug Casey** Sabrina Cheung Teresa Cox Cathy Daly Dan Daly Charles Dorthàlina Angela DeCaro Lawrence D'Souza Albert Espinola Fernanda Esteves Stacey Farley Felix Galasan Ellen Gallego Jake Garcia Sr Jonathan Garvey Donna Giles **Ted Gutierrez Brian Hawkins** Mateus Hemmingson Catherine Anne Emilia Javier Chuck Kirby MJ Lane Nga Thu Le Tuan Anh Le Mark Lotz Mary Marshall Cecilia Martin Virgina McDeed

Jack McGuire Abdo Mouannes Carol Nowak **Dorothy Nuss** Gladys Olson **Terry Olson** Mary Olvera Mauro Pacelli Wendy Papera Leonor Pierce Jeanne Pirolli Fr. Larry Purcell **Emily Schiller-Reeder** Anthony Savello Elaine Schlunt Alec Schmall Richard Shannon Romaine Sullivan Marjorie Slankard **Emilia Teotico** Tamatha Thomas Diana Todaro Mytu Tran Luverne Travis Edly Villanueva Joe Vondrachek Binh Vu Thao Vuong David Wissehr David Yorck

Cathleen Yang Alex Yiu

GLUTEN FREE HOSTS

You are welcome to bring your own gluten free host to Mass.

Place in the Pyx at the credence table, or see the Sacristan at Mass.

Prayer is the heart of our relationship with God

Adoration Schedule

Be still before the Lord

Tuesday Evening: 5 PM- 8 PM Wednesday Morning: 8 AM- 9 AM

Rosary Prayer Group

Meets after daily Mass Monday-Thursday 8 AM Friday: 8:30 AM St. Anne's Chapel

DEVOTIONS

First Friday Devotion to the Sacred Heart of Jesus

Mass: 8 AM; Rosary following Mass Adoration: 8:30 AM- 12 noon Evening Adoration: 7 PM-8 PM

First Saturday Devotion to our Lady

7:30 AM Confessions available 9 AM Mass & Prayers to Our Lady of Perpetual Help 9:45-10:15 AM Rosary plus pray for Pope Leo XIV Meditate on the mysteries of the Rosary

Our Lady of Fatima

Host Family:

11/30-12/7: Lydia Genato 12/7-12/14: Alice Tran

Healing Prayer Group

Sunday, 12/7 after the 5:30PM Mass Saturday, 12/13 after the 4:30PM Mass

CALLED TO SERVE

Mass Intentions

Now Open: January-March 2026 Up to 3 Mass Intentions requests for each calendar period. Stop by the Parish Office.

Keep Your Parish Profile Up to Date

If you have changed home, email address, or phone number please contact the Parish office.

Safe In Our Diocese

WE TAKE YOUR SAFETY SERIOUSLY

Report Sexual Abuse @ 858-490-8353 or visit **safeinourdiocese.org** for more information.

Stewardship

Date 11/23/2025
Basket \$11,782
Envelope \$4,147
Online \$12,159
SDCCC \$287
Total \$28,375

Average Weekly Expenses: \$28,372

ONLINE GIVING

Your generosity keeps our parish strong in faith and service.

Online giving is a simple, secure way to support St. Thérèse anytime, anywhere helping us plan and focus more on ministry, not administration.



Thank you for your continued support and faithful giving! Many blessings,

Fr. Chris

LITURGY

Called to Serve:

Altar Servers, Lectors, Muscians, Eucharistic Ministers, Hospitality

Liturgical Music:

Offering varied musical styles to enrich worship

PRAYER

Eucharistic Adoration:

Rest in Jesus' true presence & love

Liturgy of the Hours:

Sanctify the day with psalms & Scripture

Marian Devotions:

Rosary, First Saturdays, Our Lady of Fatima devotions drawing closer to Christ through Mary

Healing Prayer:

Experience Christ's mercy & peace

FAITH FORMATION

Notre Dame Academy:

Catholic education, preschool-8th grade

Children & Teens:

Faith formation & sacramental prep: Baptism, Reconciliation, First Communion, Confirmation

· Adults:

Bible studies, Faith Sharing Groups, Retreats

Order of Christian Initiation of Adults:

OCIA is the pathway for adults interested in full communion with the Catholic Church

PARISH LIFE

• Welcome Committee:

Register, connect, and belong

Young Adults (18–39):

Grow in faith, friendships, service, and fun

Mom's Ministry:

Faith, friendship, & support at every stage

• Parish Guild:

Fellowship, prayer, & service rooted in Christ

Knights of Columbus:

Catholic men (18+) serving in charity, unity, and fraternity

Super Seniors (50+):

Monthly friendship, fun, & community

Ministry to the Sick

Bringing Christ's comfort & presence

Bereavement Ministry:

Support for those grieving the loss of a loved one

• Filipino & Chinese Catholics:

Celebrate and support faith traditions

• Community Outreach:

Food & clothing drives, care kits, parish service, pro-life ministry

For more information visit the website or contact the Parish Office



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Jon Cunningham, CPA & STOC Parishioner

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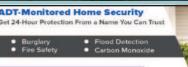
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