



ST. THÉRÈSE OF CARMEL

SUNDAY | DECEMBER 14, 2025

MASS SCHEDULE

Saturday Vigil | 4:30 PM
Sunday | 9:00 AM, 11:00 AM, 5:30 PM
Chinese | 2:00 PM
(Mandarin/Cantonese)
Monday-Thursday | 7:30 AM
Friday | 8:00 AM

RECONCILIATION

Saturday | 3:00-4:00 PM

ADORATION

Tuesday | 5:00-8:00 PM
Wednesday | 8:00-9:00 AM

GET IN TOUCH

4355 Del Mar Trails Road
San Diego, CA 92130
858-481-3232
parishoffice@stocsd.org
www.sttheresecarmel.org

OFFICE HOURS

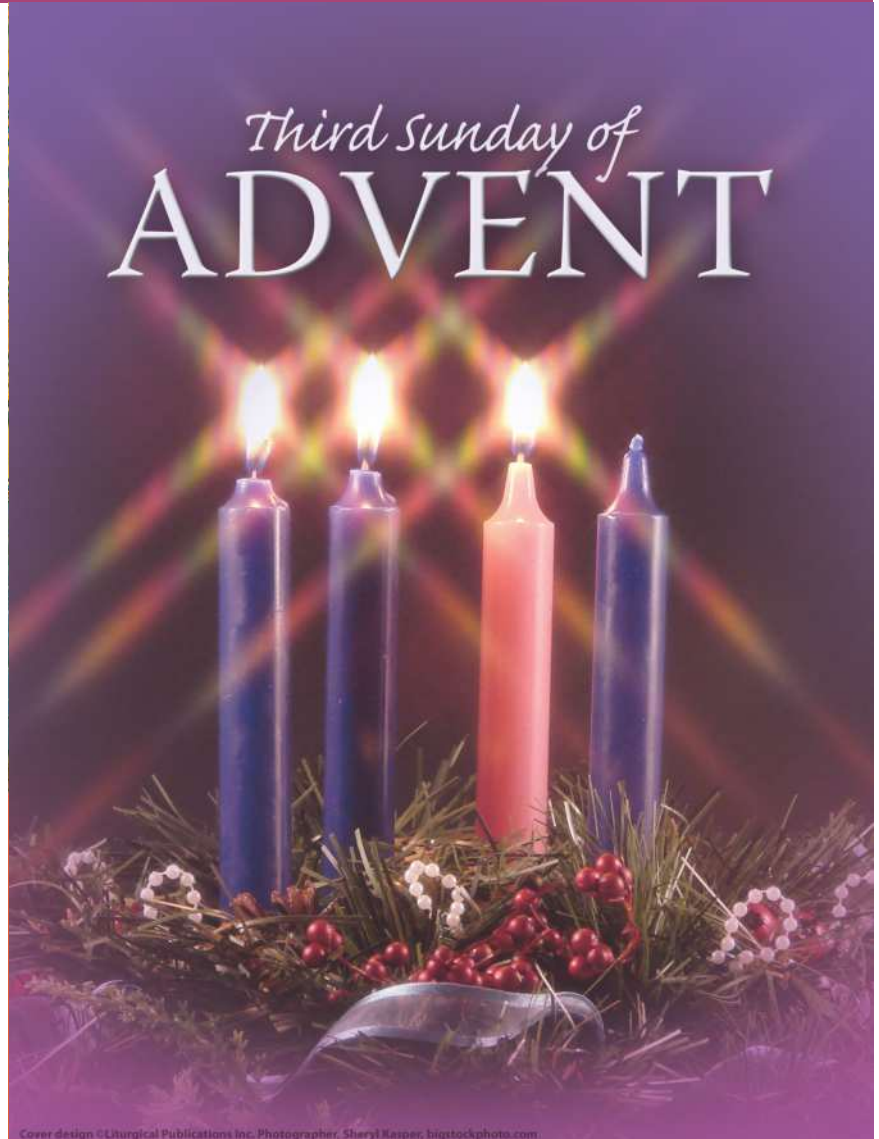
Monday- Thursday | 8:00 AM-3:00 PM
Friday | 9:00 AM-3:00 PM
(Closed 12:00-1:00 PM)

DEVOTIONAL HOURS

Monday-Friday | 7:30-6:00 PM

NOTRE DAME ACADEMY

858-509-2300 or www.ndasd.org



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Who We Are

We are a welcoming Catholic community striving to do small things with great love for the glory of God, guided by the example of St. Thérèse of Lisieux.

How We Live

Nourished by the sacraments and united in the Eucharist, we recognize that the Kingdom of God is among us. We live and share the Gospel of Jesus Christ with humility, joy, and devotion.

Our Mission

Empowered by the Holy Spirit, we grow in holiness, support one another on the journey to Heaven, and form disciples through worship, prayer, education, and service—so that all may come to know God's love.

PRAYERS & READINGS

PARISH CLERGY

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Deacon John Fanelle

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COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

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Marisabel "Mari" Patteson

Priscilla Trastoy

Annalua Corwin

OCIA COORDINATOR

Karen Klause

GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

WEEKLY INTENTIONS AND READINGS

SATURDAY, 12/13 | SATURDAY VIGIL MASS (SEE SUNDAY READINGS)

4:30 PM † Brother Bertram Coleman

SUNDAY, 12/14 | THIRD SUNDAY OF ADVENT ISAIAH 35:1-6A, 10, JAMES 5:7-10, MATTHEW 11:2-11

9:00 AM † Robert Gindt

11:00 AM SI Missa Pro Populo

5:30 PM SI Missa Pro Populo

MONDAY, 12/15

NUMBERS 24:2-7, 15-17A, MATTHEW 21:23-27

7:30 AM SI Jan & Butch Housholder

TUESDAY, 12/16

ZEPHANIAH 3:1-2, 9-13, MATTHEW 21:28-32

7:30 AM † Francis Xavier Mung Bui

WEDNESDAY, 12/17

GENESIS 49:2, 8-10, MATTHEW 1:1-17

7:30 AM † Ken Franke

THURSDAY, 12/18

JEREMIAH 23:5-8, MATTHEW 1:18-25

7:30 AM SI Stephan Osorio

FRIDAY, 12/19

JUDGES 13:2-7, 24-25A, LUKE 1:5-25

8:00 AM † Dorothy & Robert Gibney

SATURDAY, 12/20 | SATURDAY VIGIL MASS (SEE SUNDAY READINGS)

4:30 PM † Kenneth Tollefson

NEXT SUNDAY, 12/21 | FOURTH SUNDAY OF ADVENT ISAIAH 7:10-14, ROMANS 1:1-7, MATTHEW 1:18-24

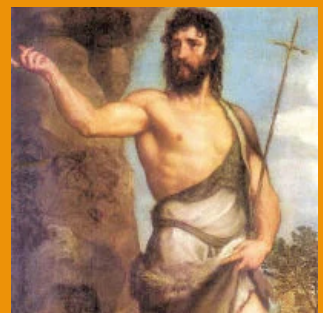
9:00 AM † Mass for the Recently Departed

11:00 AM SI Missa Pro Populo

5:30 PM SI Missa Pro Populo

THIRD SUNDAY OF ADVENT - DECEMBER 14TH

God, who see how your people faithfully await the feast of the Lord's Nativity, enable us, we pray, to attain the joys of so great a salvation and to celebrate them always with solemn worship and glad rejoicing. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.



Parish Reconciliation

WED, DEC 17

7-9 PM

SERVICE

The Sacrament of Reconciliation

is Christ's gift of mercy and peace. As we prepare for Christmas, whether you come often or haven't in years, return to God's forgiveness and healing.

"Be reconciled to God." — 2 Corinthians 5:20

ADVENT EVENING OF MUSIC & PRAYER

The Joyful Mysteries of the Rosary

Come and contemplate the fruits and spiritual wonder of the Joyful Mysteries through Music & Prayer

Thursday, December 18
7:00-8:00 PM

St. Thérèse of Carmel Catholic Church
Music led by our Young Adult Choir

Be joyful. Be present. Prepare your heart for the coming of Christ.



Welcome Home

WE ENCOUNTER CHRIST HERE,
IN THE EUCHARIST,
IN ONE ANOTHER,
AND IN THE LIFE WE SHARE TOGETHER.
JOIN US FOR CHRISTMAS.

Mass Schedule:

December 24:

3:30 PM Youth Choir Preludes
4:00 PM Children's Mass
6:30 PM Men's Ensemble Preludes
7:00 PM Mass
9:00 PM STOC Choir Christmas Concert
10:00 PM Vigil Mass

December 25:

9:00 AM
11:00 AM

COME. STAY. WORSHIP.

PARISH LIFE

STOCYAM DECEMBER EVENTS



ST. THÉRÈSE
OF CARMEL

Young Adults

18 - 39 are welcome!



THURSDAY, DEC 18TH

7-8
PM

Musical Meditations
on the Joyful Mysteries

8-9
PM

Young Adult
Christmas Party

LOCATIONS

Musical Meditations: Church

Christmas Party: Youth Room

ON SALE!

AFTER DEC 13-14 MASSES



Beautiful hand-made olive wood religious articles made by Catholic families in Bethlehem and Jerusalem will be on sale.



Save the Date

Liturgy for Protection of
the Unborn and Blessing
of Expectant Parents

Wednesday, Jan 22, 2026
at 5:30pm



ST. THÉRÈSE
OF CARMEL



Join Us for Simbang Gabi!

All are welcome to
celebrate this beloved
Filipino tradition

Saturday, December 20
Mass at 6:30 PM

Followed by a festive reception
with Filipino dishes and
Christmas carols.

Come experience Filipino Hospitality

Super Seniors!

Come celebrate Noel!

Wed., December 17 at 11:30AM

\$20 for event

Please bring a toy for Toys for Tots

**Enjoy fellowship with lunch,
fun games, prizes**

**Sparkling wine, soda and sangria
will be provided**

**RSVP by December 15th
via Flocknote
or Parish office**



**Please give generously to
the upcoming collection.**

Retirement Fund for Religious

Visit retiredreligious.org/2025photos to meet the religious pictured.

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CATHOLIC FRANCE PILGRIMAGE

Fr. Pat Kiernan Spiritual Director

**Come join a small group from St Thérèse of
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**For Information and Reservations,
Contact Andrea Joines
Telephone: 1-317-574-4191 – Email:
ajoines@tektonministries.org**

**For Detailed Itinerary or to Book online
visit <https://www.tektonministries.org>**

FAITH FORMATION

Confirmation Sessions

Tonight: Dec. 14th

Next Session: Jan. 4th

YEAR 1

3:45 pm - 6:30 pm

YEAR 2

5:30 pm - 8:30 pm

These time frames include
Youth Mass from
5:30 pm - 6:30 pm.
Please arrive on time.



Scan the QR code to view the full calendar
and for more information on this year.

Hey, High Schoolers!



CALLED



Catholic And Living with Love Every Day

Wednesday evenings where we'll explore
ANY QUESTIONS
about faith and life in general.



Invite your friends!
All high school teens welcome.

NEXT SESSION

Wednesday,

Jan. 7th

7:30 pm - 8:30 pm

Dempsey Social
Center-Youth Room



MIDDLE SCHOOLERS COME TO EDGE!

NEXT SESSION:

WEDNESDAY, DEC. 17TH

6:00 - 7:30 PM

LOCATION:

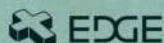
DEMPSEY SOCIAL CENTER



NDA Families:

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It is covered
with your
tuition.

**INVITE
FRIENDS!**



High School Teens



Join us for
Life Nites

6:30 - 8PM
(after 5:30pm mass)

Location: Dempsey
Social Center



**December 28th
Christmas
Party & Service**

CANCELLED

**January 11th
Christmas
Party & Service**

A joyful celebration
and opportunity to
give back



Welcome & Congratulations

to Our Catechumens
& Candidates

Last weekend, on December 6, our parish joyfully celebrated the **Rite of Acceptance and Welcoming**. Please join us in congratulating and warmly supporting those who have taken this important step in their journey of faith.

Let us keep them in our prayers as they continue their preparation to enter the Catholic Church at the Easter Vigil on April 4. May the Holy Spirit guide and strengthen them each day.



Catechumens

Monika DeSilva • Janae Gilford • Lindsey Schroeder • Isaiah Tigler • Isabel Tran
Randy Tran • Andrew Wheeler
Chase Whitton • Jordan Wilson

Candidates

Hannah Clark • Michelle Franks • Sydney Romero • Kara Spencer • Brook Wilson
Eric Wingate

SACRAMENT & MINISTRY INFORMATION

Baptism at St. Thérèse of Carmel

**We welcome new members
into the Body of Christ!**

Community Baptisms are held
after the 11 a.m. Mass.

Please visit the website for Baptism dates
each month.

Parents are required to register as Parishioners.
Classes are held once a month @ 7:30 PM via
Zoom. See the website for the class dates.

If this is your first child, both parents must
attend a Baptism Preparation Class.

Godparents are encouraged to attend a class
here or at their own parish.

To learn more or schedule a Baptism, obtain
forms, or register for the Baptismal Class,
please visit the website or contact the parish
office (858) 481-3232 or email Deacon John at
jfanelle@stocsd.org

Holy Matrimony

If you would like to celebrate your wedding at
St. Thérèse of Carmel, please start your
planning and preparation at least nine months
before your desired wedding date.

Please contact Mary Lucena Stevens @
mlucena@stocsd.org or call 858-481-3232.

Sacramental Preparation

Youth: Preparation for Reconciliation, Eucharist,
and Confirmation through our faith formation
programs. Please see website for more
information.

Adults: We welcome those Interested in
learning more about Becoming a Catholic.
For more Information on OCIA , Order of
Christian Initiation for Adults, please contact
Karen Klause on the website or call the Parish
Office @ 858-481-3232.

PRAYERS

PRAY FOR ONE ANOTHER

Please pray for our parishioners that are sick or homebound.

Contact the Parish Office to add or remove names from the list.

Lisa Carney-Carmichael
Carol Carney
Doug Casey
Sabrina Cheung
Teresa Cox
Cathy Daly
Dan Daly
Charles Dorthàlina
Angela DeCaro
Lawrence D'Souza
Albert Espinola
Fernanda Esteves
Stacey Farley
Felix Galasan
Ellen Gallego
Jake Garcia Sr
Jonathan Garvey
Donna Giles
Ted Gutierrez
Brian Hawkins
Mateus Hemmingson
Catherine Anne
Emilia Javier
Chuck Kirby
MJ Lane
Nga Thu Le
Tuan Anh Le
Mark Lotz
Mary Marshall
Cecilia Martin
Virgina McDeed
Salud (Sally) Macalma

Jack McGuire
Abdo Mouannes
Carol Nowak
Dorothy Nuss
Gladys Olson
Terry Olson
Mary Olvera
Mauro Pacelli
Wendy Papera
Leonor Pierce
Jeanne Pirolli
Fr. Larry Purcell
Emily Schiller-Reeder
Anthony Savello
Elaine Schlunt
Alec Schmall
Richard Shannon
Romaine Sullivan
Marjorie Slankard
Emilia Teotico
Tamatha Thomas
Diana Todaro
Mytu Tran
Luverne Travis
Edly Villanueva
Joe Vondrachek
Binh Vu
Thao Vuong
David Wissehr
David Yorck
Cathleen Yang
Alex Yiu

GLUTEN FREE HOSTS

You are welcome to bring your own gluten free host to Mass.

Place in the Pyx at the credence table, or see the Sacristan at Mass.

**Prayer is the heart
of our relationship
with God**

Adoration Schedule

Be still before the Lord

Tuesday Evening: 5 PM- 8 PM

Wednesday Morning: 8 AM- 9 AM

Rosary Prayer Group

Meets after daily Mass

Monday-Thursday 8 AM

Friday: 8:30 AM

St. Anne's Chapel

DEVOTIONS

First Friday Devotion to the Sacred Heart of Jesus

Mass: 8 AM; Rosary following Mass

Adoration: 8:30 AM- 12 noon

Evening Adoration: 7 PM-8 PM

**First Saturday
Devotion to our Lady**

7:30 AM Confessions available

9 AM Mass & Prayers

to Our Lady of Perpetual Help

9:45-10:15 AM Rosary plus pray

for Pope Leo XIV

Meditate on the mysteries
of the Rosary

Our Lady of Fatima

Host Family:

12/7-12/14: Alice Tran

12/14-12/21: Kathleen Snyder

Healing Prayer Group

Saturday, 12/13 after the **4:30PM** Mass

Sunday, 12/21 after the **9:00AM** Mass

CALLED TO SERVE

Mass Intentions

Now Open: January-March 2026
Up to 3 Mass Intentions requests for each calendar period.
Stop by the Parish Office.

Keep Your Parish Profile Up to Date

If you have changed home, email address, or phone number please contact the Parish office.

Safe In Our Diocese

WE TAKE YOUR SAFETY SERIOUSLY
Report Sexual Abuse @ 858-490-8353
or visit safeinourdiocese.org for more information.

Stewardship

Date 11/30/2025	Date 12/7/2025
Basket \$5,559	Basket \$12,520
Envelope \$10,175	Envelope \$5,149
Online \$7,996	Online \$17,700
SDCCC \$367	SDCCC \$2,748
Total \$24,097	Total \$38,117
Average Weekly Expenses: \$28,372	Average Weekly Expenses: \$28,372

ONLINE GIVING

Your generosity keeps our parish strong in faith and service.

Online giving is a simple, secure way to support St. Thérèse anytime, anywhere helping us plan and focus more on ministry, not administration.



Thank you for your continued support and faithful giving!
Many blessings,

Fr. Chris

LITURGY

- **Called to Serve:**
Altar Servers, Lectors, Musicians, Eucharistic Ministers, Hospitality
- **Liturgical Music:**
Offering varied musical styles to enrich worship

PRAYER

- **Eucharistic Adoration:**
Rest in Jesus' true presence & love
- **Liturgy of the Hours:**
Sanctify the day with psalms & Scripture
- **Marian Devotions:**
Rosary, First Saturdays, Our Lady of Fatima devotions drawing closer to Christ through Mary
- **Healing Prayer:**
Experience Christ's mercy & peace

FAITH FORMATION

- **Notre Dame Academy:**
Catholic education, preschool-8th grade
- **Children & Teens:**
Faith formation & sacramental prep: Baptism, Reconciliation, First Communion, Confirmation
- **Adults:**
Bible studies, Faith Sharing Groups, Retreats
- **Order of Christian Initiation of Adults:**
OCIA is the pathway for adults interested in full communion with the Catholic Church

PARISH LIFE

- **Welcome Committee:**
Register, connect, and belong
- **Young Adults (18-39):**
Grow in faith, friendships, service, and fun
- **Mom's Ministry:**
Faith, friendship, & support at every stage
- **Parish Guild:**
Fellowship, prayer, & service rooted in Christ
- **Knights of Columbus:**
Catholic men (18+) serving in charity, unity, and fraternity
- **Super Seniors (50+):**
Monthly friendship, fun, & community
- **Ministry to the Sick**
Bringing Christ's comfort & presence
- **Bereavement Ministry:**
Support for those grieving the loss of a loved one
- **Filipino & Chinese Catholics:**
Celebrate and support faith traditions
- **Community Outreach:**
Food & clothing drives, care kits, parish service, pro-life ministry

For more information visit the website or contact the Parish Office

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Jeanne A. Shannon, C.P.A.
jeanne@sdtac.com

Jeremiah S. Marquard, C.P.A.
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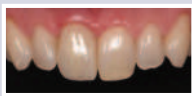
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Peter Nordland, DMD, MS

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- Fellow American Academy of Esthetic Dentistry
- President International Society of Periodontal Plastic Surgeons

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