



# ST. THÉRÈSE OF CARMEL

**SUNDAY | DECEMBER 28, 2025**

## **MASS SCHEDULE**

Saturday Vigil | 4:30 PM  
Sunday | 9:00 AM, 11:00 AM, 5:30 PM  
Chinese | 2:00 PM  
(Mandarin/Cantonese)  
Monday-Thursday | 7:30 AM  
Friday | 8:00 AM

## **RECONCILIATION**

Saturday | 3:00-4:00 PM

## **ADORATION**

Tuesday | 5:00-8:00 PM  
Wednesday | 8:00-9:00 AM

## **GET IN TOUCH**

4355 Del Mar Trails Road  
San Diego, CA 92130  
858-481-3232  
parishoffice@stocsd.org  
www.sttheresecarmel.org

## **OFFICE HOURS**

Monday- Thursday | 8:00 AM-3:00 PM  
Friday | 9:00 AM-3:00 PM  
(Closed 12:00-1:00 PM)

## **DEVOTIONAL HOURS**

Monday-Friday | 7:30-6:00 PM

## **NOTRE DAME ACADEMY**

858-509-2300 or [www.ndasd.org](http://www.ndasd.org)

O COME  
LET US  
*Adore*  
HIM.



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## **Who We Are**

We are a welcoming Catholic community striving to do small things with great love for the glory of God, guided by the example of St. Thérèse of Lisieux.

## **How We Live**

Nourished by the sacraments and united in the Eucharist, we recognize that the Kingdom of God is among us. We live and share the Gospel of Jesus Christ with humility, joy, and devotion.

## **Our Mission**

Empowered by the Holy Spirit, we grow in holiness, support one another on the journey to Heaven, and form disciples through worship, prayer, education, and service—so that all may come to know God's love.

# PRAYERS & READINGS

## PARISH CLERGY

### PASTOR

Rev. Christopher Tozzi

### DEACON/BAPTISM COORDINATOR

Deacon John Fanelle

## ADMINISTRATION

### PASTORAL ASSISTANT

### WEDDING DIRECTOR

Mary Lucena Stevens

### BUSINESS MANAGER

Malou Palmore

### BOOKKEEPING

Stephanie Decker

### FUNERALS

Rev. Christopher Tozzi

### RECEPTION & COMMUNICATIONS

Vanessa Gramajo

### FACILITIES & MAINTENANCE

Elias Damian

José Sanchez

## MUSIC

### DIRECTOR OF MUSIC

Catherine Marshall

## CATECHESIS & PARISH LIFE

### ELEMENTARY FAITH FORMATION COORDINATOR

Britin Hanson

### COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

### YOUTH & YOUNG ADULT MINISTERS

Marisabel "Mari" Patteson

Priscilla Trastoy

Annalua Corwin

### OCIA COORDINATOR

Karen Klause

### GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

## WEEKLY INTENTIONS AND READINGS

### SATURDAY, 12/27 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Amelia Gadi

### SUNDAY, 12/28 | FEAST OF THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

SIRACH 3:2-6, 12-14, COLOSSIANS 3:12-21, MATTHEW 2:13-15, 19-23

9:00 AM † Suzette Gindt

11:00 AM SI Missa Pro Populo

5:30 PM SI Missa Pro Populo

### MONDAY, 12/29 | THE FIFTH DAY IN THE OCTAVE OF CHRISTMAS

1 JOHN 2:3-11, LUKE 2:22-35

7:30 AM † Yolanda & Diego Villalobos

### TUESDAY, 12/30 | THE SIXTH DAY IN THE OCTAVE OF CHRISTMAS

1 JOHN 2:12-17, LUKE 2:36-40

7:30 AM † Justino Gamino

### WEDNESDAY, 12/31 | THE SEVENTH DAY IN THE OCTAVE OF CHRISTMAS

1 JOHN 2:18-21, JOHN 1:1-18

7:30AM † Ginger Grogan

### THURSDAY, 1/1 | SOLEMNITY OF MARY, THE HOLY MOTHER OF GOD, THE OCTAVE DAY OF THE NATIVITY OF THE LORD

NUMBERS 6:22-27, GALATIANS 4:4-7, LUKE 2:16-21

9:00 AM SI Missa Pro Populo

### FRIDAY, 1/2 | MEMORIAL OF SAINTS BASIL THE GREAT AND GREGORY NAZIANZEN, BISHOPS AND DOCTORS OF THE CHURCH

1 JOHN 2:22-28, JOHN 1:19-28

8:00 AM † Janet Flynn

### SATURDAY, 1/3 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Edward Richard Krasovic

### NEXT SUNDAY, 1/4 | THE EPIPHANY OF THE LORD

ISAIAH 60:1-6, EPHESIANS 3:2-3A, 5-6, MATTHEW 2:1-12

9:00 AM SI Missa Pro Populo

11:00 AM SI Cristina & Malia Maquera and Jeannette Dariano

5:30 PM SI Missa Pro Populo

## FEAST OF THE HOLY FAMILY - DECEMBER 28TH

O God, who were pleased to give us the shining example of the Holy Family, graciously grant that we may imitate them in practicing the virtues of family life and in the bonds of charity, and so, in the joy of your house, delight one day in eternal rewards. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.



**Merry Christmas  
&  
Happy New Year!**

OFFICE CLOSED  
AFTERNOON OF  
DEC. 24TH  
REOPEN  
JAN. 5TH



**Solemnity  
of the Holy Mother of God  
January 1, 2026  
9:00 AM**



# STOC CALENDAR

*January 2026*



**Jan 1 (Thursday)**

- **9:00 AM:** Solemnity of Mary, the Holy Mother of God. Parish Mass.

**Jan 3-4 Weekend: Epiphany of the Lord**

- **Jan 2:** First Friday: Mass 8:00 AM; Adoration 8:30 AM - Noon; 7-8 PM
- **Jan 3:** First Saturday: 7:30 AM Confession, 9:00 AM Mass followed by Rosary
- **Jan 4:** Confirmation Classes

**Jan 17-18 Weekend**

- **Jan 18: Following the 11 AM Mass:** Community Baptism

**Jan 22 (Thursday)**

- **5:30 PM:** Blessing of Expectant Parents & Liturgy for the Protection of the Unborn

**Jan 24-25 Weekend**

- Catholic Schools Week
- **Jan 25:** Confirmation Classes

**Jan 31-Feb 1 Weekend**

- **Feb 1 (Sunday):** XLT Worship Night

**Please check the website for calendar updates.**

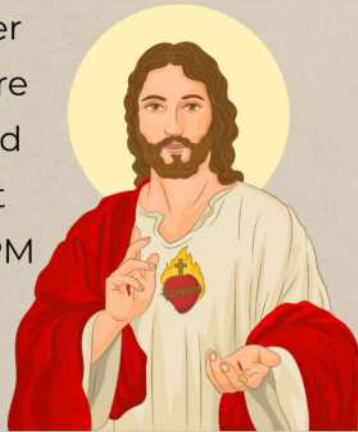


## First Friday, January 2: JOIN US

**Mass:** 8 AM

**Adoration:** Come and Spend Time  
with the Lord (Church)

- Morning: Immediately following  
Mass until 12 noon
  - Rosary after  
Mass before  
the Blessed  
Sacrament
- Evening: 7-8 PM



## FIRST SATURDAY DEVOTION



- 7:30 am Confession available
- 9:00 AM Mass and Prayers to  
Our Lady of Perpetual Help
- 9:45-10:15 AM Five decades  
of the Rosary plus prayers  
for Pope Leo
- Fifteen minutes of  
meditation on the mysteries  
of the Rosary

JOIN US JANUARY 3



**ST. THÉRÈSE  
OF CARMEL**

## Lectio: The Case for Jesus

Discover the historical and biblical evidence  
for Jesus' divinity in this compelling study.



Join us for a 9-week Bible Study, The Case for Jesus, led by acclaimed presenter Brant Pitre of the Augustine Institute. Together, we will explore the historical and biblical evidence for Jesus' divinity, strengthening both our faith and understanding.

### Dates:

January 15–February 13  
& April 16–May 8

### Options:

Thursdays 7:00–8:30 PM (Zoom), or  
Fridays 9:00–11:00 AM (Parish Hall)

### Registration:

\$30 – Register online or at the  
Parish Office by January 14

### Questions?

Growing in Faith – Carlie Ward  
cward@stocsd.org

**All are welcome. Come and  
journey with us in faith.**

# Blessing of Expectant Parents

Save the Date:  
22 Jan 2026, 5:30pm

Protection of Life Liturgy  
Come Join Us for this Celebration of  
God's Wonderful Gift of Life

## STOCYAM JANUARY EVENTS



ST. THÉRÈSE  
OF CARMEL

# Young Adults

18 - 39 are welcome!

Location: Youth Room within

Dempsey Social Center, Dempsey Social Center for Dance  
Night



08  
THURS

Faith & Fellowship Night  
7:00 - 9:00 PM

15  
THURS

Faith & Fellowship Night  
7:00 - 9:00 PM

17  
SAT

Country Swing & Line Dancing  
6:00 PM

22  
THURS

Faith & Fellowship Night  
7:00 - 9:00 PM

29  
THURS

Faith & Fellowship Night  
7:00 - 9:00 PM

Join us for faith and fun-filled community!

## Bereavement Group

*"Grief is not just pain, grief is love."*

*David Kessler's*

Grieving the loss of a loved one takes time and support. Our Bereavement Group offers a caring space to share stories, pray together, and reflect on Scripture. Join us every Thursday at 10 AM, starting January 8, in the Multipurpose Room.



# FAITH FORMATION

## Upcoming Confirmation Sessions

**Jan. 4th & Jan. 25th**

**YEAR 1**

**3:45 pm - 6:30 pm**

**YEAR 2**

**5:30 pm - 8:30 pm**

These time frames include  
Youth Mass from  
5:30 pm - 6:30 pm.  
Please arrive on time.



Scan the QR code to view the full calendar  
and for more information on this year.

**Hey, High Schoolers!**



**CALLED**



**Catholic And Living with Love Every Day**

Wednesday evenings where we'll explore  
**ANY QUESTIONS**  
about faith and life in general.



Invite your friends!  
All high school teens welcome.

**NEXT SESSION**

Wednesday,  
**Jan. 7th**

7:30 pm - 8:30 pm  
Dempsey Social  
Center-Youth Room



## High School Teens

*Join us for  
Life Nites*

6:30 - 8PM  
(after 5:30pm mass)

Location: Dempsey  
Social Center



**January 11th  
Christmas  
Party & Service**

*A joyful celebration and opportunity  
to give back*



## MIDDLE SCHOOLERS COME TO EDGE!

**NEXT SESSION:**

**WEDNESDAY, JAN. 7TH  
6:00 - 7:30 PM**

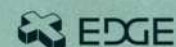
**LOCATION:**

**DEMPSEY SOCIAL CENTER**



**NDA Families:**  
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# CATHOLIC FRANCE PILGRIMAGE

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ajoines@tektonministries.org  
For more info visit: tektonministries.org

## SACRAMENT & MINISTRY INFORMATION

### **Baptism at St. Thérèse of Carmel**

**We welcome new members  
into the Body of Christ!**

Community Baptisms are held  
after the 11 a.m. Mass.

Please visit the website for Baptism dates  
each month.

Parents are required to register as Parishioners.  
Classes are held once a month @ 7:30 PM via  
Zoom. See the website for the class dates.

If this is your first child, both parents must  
attend a Baptism Preparation Class.

Godparents are encouraged to attend a class  
here or at their own parish.

To learn more or schedule a Baptism, obtain  
forms, or register for the Baptismal Class,  
please visit the website or contact the parish  
office (858) 481-3232 or email Deacon John at  
jfanelle@stocsd.org

### **Holy Matrimony**

If you would like to celebrate your wedding at  
St. Thérèse of Carmel, please start your  
planning and preparation at least nine months  
before your desired wedding date.

Please contact Mary Lucena Stevens @  
mlucena@stocsd.org or call 858-481-3232.

### **Sacramental Preparation**

**Youth:** Preparation for Reconciliation, Eucharist,  
and Confirmation through our faith formation  
programs. Please see website for more  
information.

**Adults:** We welcome those Interested in  
learning more about Becoming a Catholic.  
For more Information on OCIA , Order of  
Christian Initiation for Adults, please contact  
Karen Klause on the website or call the Parish  
Office @ 858-481-3232.



# PRAYERS

## PRAY FOR ONE ANOTHER

**Please pray for our parishioners that are sick or homebound.**

Contact the Parish Office to add or remove names from the list.

Lisa Carney-Carmichael  
Carol Carney  
Doug Casey  
Sabrina Cheung  
Teresa Cox  
Cathy Daly  
Dan Daly  
Charles Dorthàlina  
Angela DeCaro  
Lawrence D'Souza  
Albert Espinola  
Fernanda Esteves  
Stacey Farley  
Felix Galasan  
Ellen Gallego  
Jake Garcia Sr  
Jonathan Garvey  
Donna Giles  
Ted Gutierrez  
Brian Hawkins  
Mateus Hemmingson  
Catherine Anne  
Emilia Javier  
Chuck Kirby  
MJ Lane  
Nga Thu Le  
Tuan Anh Le  
Mark Lotz  
Mary Marshall  
Cecilia Martin  
Virgina McDeed  
Salud (Sally) Macalma

Jack McGuire  
Abdo Mouannes  
Carol Nowak  
Dorothy Nuss  
Gladys Olson  
Terry Olson  
Mary Olvera  
Mauro Pacelli  
Wendy Papera  
Leonor Pierce  
Jeanne Pirolli  
Fr. Larry Purcell  
Emily Schiller-Reeder  
Anthony Savello  
Elaine Schlunt  
Alec Schmall  
Richard Shannon  
Romaine Sullivan  
Larry Sukay  
Emilia Teotico  
Tamatha Thomas  
Diana Todaro  
Mytu Tran  
Luverne Travis  
Edly Villanueva  
Joe Vondrachek  
Binh Vu  
Thao Vuong  
David Wissehr  
David Yorck  
Cathleen Yang  
Alex Yiu

## GLUTEN FREE HOSTS

**You are welcome to bring your own gluten free host to Mass.**

Place in the Pyx at the credence table, or see the Sacristan at Mass.

**Prayer is the heart of our relationship with God**

### Adoration Schedule

**Be still before the Lord**

Tuesday Evening: 5 PM- 8 PM

Wednesday Morning: 8 AM- 9 AM

### Rosary Prayer Group

Meets after daily Mass

Monday-Thursday 8 AM

Friday: 8:30 AM

St. Anne's Chapel

## DEVOTIONS

### Our Lady of Perpetual Help Novena

Prayed on Wednesdays following the 7:30 AM Mass

### First Friday Devotion to the Sacred Heart of Jesus

Mass: 8 AM; Rosary following Mass

Adoration: 8:30 AM- 12 noon

Evening Adoration: 7 PM-8 PM

### First Saturday Devotion to our Lady

7:30 AM Confessions available

9 AM Mass & Prayers

to Our Lady of Perpetual Help

9:45-10:15 AM Rosary plus pray

for Pope Leo XIV

Meditate on the mysteries of the Rosary

### Our Lady of Fatima

**Host Family:**

**12/21-12/28:** Cristoforo Fornaro

**12/2-1/4:** Corazon Jones

### Healing Prayer Group

**Sunday, 12/27** No Healing Prayer

**Sunday, 1/4** after the **5:30PM** Mass



# CALLED TO SERVE

## Mass Intentions

**Now Open:** January-March 2026

Up to 3 Mass Intentions requests for each calendar period.  
Stop by the Parish Office.

## Keep Your Parish Profile Up to Date

If you have changed home, email address, or phone number please contact the Parish office.

## Safe In Our Diocese

**WE TAKE YOUR SAFETY SERIOUSLY**

Report Sexual Abuse @ 858-490-8353  
or visit [safeinourdiocese.org](https://safeinourdiocese.org) for more information.

## Stewardship

**Date** 12/14/2025

**Basket** \$10,436

**Envelope** \$5,166

**Online** \$12,836

**SDCCU** \$267

**Total** \$28,705

**Average Weekly Expenses** \$28,372

## ONLINE GIVING

**Your generosity keeps our parish strong in faith and service.**

Online giving is a simple, secure way to support St. Thérèse anytime, anywhere helping us plan and focus more on ministry, not administration.



**Thank you for your continued support and faithful giving!**  
**Many blessings,**

**Fr. Chris**

## LITURGY

### • Called to Serve:

Altar Servers, Lectors, Musicians, Eucharistic Ministers, Hospitality

### • Liturgical Music:

Offering varied musical styles to enrich worship

## PRAYER

### • Eucharistic Adoration:

Rest in Jesus' true presence & love

### • Liturgy of the Hours:

Sanctify the day with psalms & Scripture

### • Marian Devotions:

Rosary, First Saturdays, Our Lady of Fatima devotions drawing closer to Christ through Mary

### • Healing Prayer:

Experience Christ's mercy & peace

## FAITH FORMATION

### • Notre Dame Academy:

Catholic education, preschool-8th grade

### • Children & Teens:

Faith formation & sacramental prep: Baptism, Reconciliation, First Communion, Confirmation

### • Adults:

Bible studies, Faith Sharing Groups, Retreats

### • Order of Christian Initiation of Adults:

OCIA is the pathway for adults interested in full communion with the Catholic Church

## PARISH LIFE

### • Welcome Committee:

Register, connect, and belong

### • Young Adults (18-39):

Grow in faith, friendships, service, and fun

### • Mom's Ministry:

Faith, friendship, & support at every stage

### • Parish Guild:

Fellowship, prayer, & service rooted in Christ

### • Knights of Columbus:

Catholic men (18+) serving in charity, unity, and fraternity

### • Super Seniors (50+):

Monthly friendship, fun, & community

### • Ministry to the Sick

Bringing Christ's comfort & presence

### • Bereavement Ministry:

Support for those grieving the loss of a loved one

### • Filipino & Chinese Catholics:

Celebrate and support faith traditions

### • Community Outreach:

Food & clothing drives, care kits, parish service, pro-life ministry

**For more information visit the website or contact the Parish Office**

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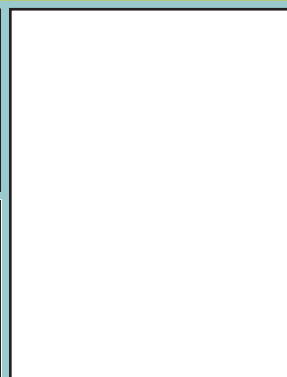
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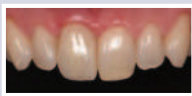
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**Peter Nordland, DMD, MS**

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