



Please use the QR Code below to **check-in** for the meeting and provide us with some important basic information for the year.

**Thank you
for checking
in with the
QR Code**



**We are so
happy you're
here!**



ST. THÉRÈSE
OF CARMEL

Confirmation Preparation 2025-26



Opening Prayer

Let's pray together!





ST. THÉRÈSE
OF CARMEL

Meet the new ministry team!

A Few of My Favorites

Mari

 **St. Mary Magdalene**

Reading 

Noah Kahan

 **Singing**

Mountains 

A Few of My Favorites

John

St. John the Apostle 

Fatherhood

 **Basketball**

Preaching 

Goofing Around

Music 

A Few of My Favorites

Annalua

 **St. Teresa of Calcutta**

Painting 

Coffee

 **Travel**

Beach 

REGISTRATION IS OPEN!



Please complete the online registration for your teen.

Teens need to be registered at the start of EACH year in order to be fully admitted into the program. Let us know if you have any difficulty.

SACRAMENT CERTIFICATES

We need Baptism & First Communion
Certificates for all YEAR 2 teens!

Please email to confirmation@stocsd.org

CONFIRMATION REQUIREMENTS



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1. *Attend* ALL **Confirmation Sessions**: 3 absences permitted
2. *Attend* **Sunday Mass** weekly
3. *Attend* **2 Life Nites** or **CALLED Nights** (or other approved options)
4. *Attend* **Retreat Experience**
5. *Attend* at least **1 XLT** event (this is a Talk & Adoration experience)
6. *Complete* **Prayer Sheet** (Year 1 & Year 2) due March 1st
7. *Parents Attend* **Parent Day** on March 22nd, 2025 during a Confirmation Session.
(Sponsors also attend for Year 2 teens - called "**Parent & Sponsors Day**" for Year 2)
8. *Complete* Volunteer **Service Hours**:
 Year 1: 6 Hours Total -all 6hrs in the church or 3 in the church and 3 in the community
 Year 2: 10 Hours Total -all 10hrs in the church or 5 in the church and 5 in the community

ADDITIONAL REQUIREMENTS FOR YEAR 2 ONLY

9. *Complete* Confirmation **Saint Report** (Year 2 only)
10. *Complete* **Sponsor Forms** (with sponsor certificates) due March 1st
11. *Turn in* **Sacrament Certificates** for Year 2 teens only (Baptism & FC)
12. *Parents, Sponsors, & Year 2 Teens Attend* **Confirmation Rehearsal Day** (TBD)

Prayer Sheet

Year 1 & Year 2 - learning basic prayers of our faith!

- Memorize the prayers on the Prayer Sheet. Recite the prayers to an Adult Leader and get them signed off. Take your time and go little by little. Do not feel like you have to memorize them all before getting them signed off. As you memorize a one or a few at a time, go to your adult leader to recite and get a signature throughout the year. Go at your own pace, no pressure! You have until March :)

Parent Day | Parent & Sponsor Day

Year 1 & Year 2 - learning basic prayers of our faith!

- Memorize the prayers on the Prayer Sheet. Recite the prayers to an Adult Leader and get them signed off. Take your time and go little by little. Do not feel like you have to memorize them all before getting them signed off. As you memorize a one or a few at a time, go to your adult leader to recite and get a signature throughout the year. Go at your own pace, no pressure! You have until March :)

YEAR 1 SERVICE HOURS

6 hours total

all 6 in our church
(preferred)

OR

3 in our church &
3 in the community

Must be completed by
March 1, 2025



YEAR 2 SERVICE HOURS

10 hours total

all 10 in our church
(preferred)

OR

5 in our church &
5 in the community

Must be completed by
March 1, 2025



"YEAR 1 AND 2" CONFIRMATION RETREAT

- Where: Whispering Winds, Julian, CA
- When: Dec 5-7, 2025
- Parent Drop Off; Teens return on buses
- Cost: TBD (Approx. \$300)

Permission Slips & more info to come!



YOUTH MASS ATTENDANCE

- Mass is the beautiful **sacrifice** and **celebration** God has gifted to us to **draw us closer to his heart**. This is why the Sunday weekly mass is a Catholic precept & obligation. If your family is not currently attending weekly mass, we highly encourage you to begin this wonderful practice as it is vital for ALL our spiritual lives.
- 5:30pm Sunday Mass is designated as our parish Youth & Young Adult friendly mass. **Confirmation teens are asked to attend this mass for each session**, & are encouraged to attend each week as well!
- **Teens will be asked to sign in each session**. Please communicate with us if you cannot be present for any reason.

Reverent Clothing for Mass / Sessions

Please come to the sessions dressed with reverence & modesty for Sunday Mass.

- Modesty - this does not mean our bodies are bad, but they are actually SO GOOD that we cover them to honor the beautiful mystery of each person.
- Sunday Best - our clothes express something about value. Show God how much you value you him by even what you wear.
- If your body is a temple of God, what clothes might express that your temple is ready for worship?

Please avoid these types of clothing: sweats, spaghetti straps, strapless, tank tops, short dresses or skirts, short shorts, flip flops.

Please be sure to cover bellies, shoulders and back.

YEAR 2 DINNERS

ALL Year 2 families are asked to help provide dinners.
-Please sign up at least once this year!





**ST. THÉRÈSE
OF CARMEL**

**HIGH SCHOOL
YOUTH MINISTRY!**

Open to ALL teens



LIFE NITE

Sunday's after
5:30PM Mass
(not on Confirmation days)

- Socials
- Christ-Centered Talks
- Service Nights
- connect with Christ centered friends

FUN FUN FUN

LOCATION: Dempsey Social Hall



Life Nites

Open to all High Schoolers (grades 9 - 12)
Bring your friends to STOCYM!



Activities will include:

- ❖ social time
- ❖ faith discussions & experiences
- ❖ service opportunities
- ❖ worship

Join us in
Dempsey Hall on
Sundays
from 6:30 - 8PM
(after 5:30pm mass)



P.S. We have snacks!



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2025-2026 Life Nites Calendar

Life Nites

(Select Sundays from 6:30 - 8 PM)

January | 11th

September | 14th & 28th

(Sept. 28th XLT - Praise and Worship Night)

February | 1st *(Feb. 1st XLT - Praise and Worship Night, especially for ALL Confirmation Teens: Y1 & Y2)*

October | 12th & 26th

(Oct. 12th - Visiting Carlo Acutis Exhibition in Dempsey Parish Hall)

March | 1st & 15th *(Mar. 1st XLT - Praise and Worship Night)*

November | 9th & 30th

(Nov. 9th XLT - Praise and Worship Night)

April | 19th

December | 28th *(Xmas Party)*

May | 31st *(Final Potluck Party)*

Catholic And Living with Love Every Day

Select Wednesdays of the Year

7:30-8:30pm

Social Time & Deeper Conversation!

Ask any and all questions about faith & life as we explore together, seeking truth and God in all things





CALLED



Catholic And Living with Love Every Day

Hey, High Schoolers!

Do you know everything there is to know about your faith? About life? Probably not! But that's why we're all here!

Join us for our new **CALLED** nights: evenings where we'll explore **ANY QUESTIONS** you have about faith and life in general.

Select
Wednesdays
7:30 pm - 8:30 pm
Dempsey Hall



Scan the QR code to see the full schedule & more youth ministry details.

Enjoy exploring and searching for truth alongside your friends!
All High School teens welcome.



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CALLED Schedule

2025-2026

Select Wednesdays from 7:30 - 8:30PM

9/24 - WEEK 1

10/8 - WEEK 2

-(CARLO ACUTIS EXHIBITION WEEK)

10/22 - WEEK 3

11/5 WEEK 4

11/19 WEEK 5

12/10 WEEK 6

1/7 WEEK 7

1/21 WEEK 8

2/11 WEEK 9

2/25 WEEK 10

3/11 WEEK 11

3/25 WEEK 12

4/22 WEEK 13

5/6 WEEK 14

5/20 WEEK 15

6/3 WEEK 16

Final Details

Youth Ministry Conduct Forms - we need one signed per teen

- forms are in folders

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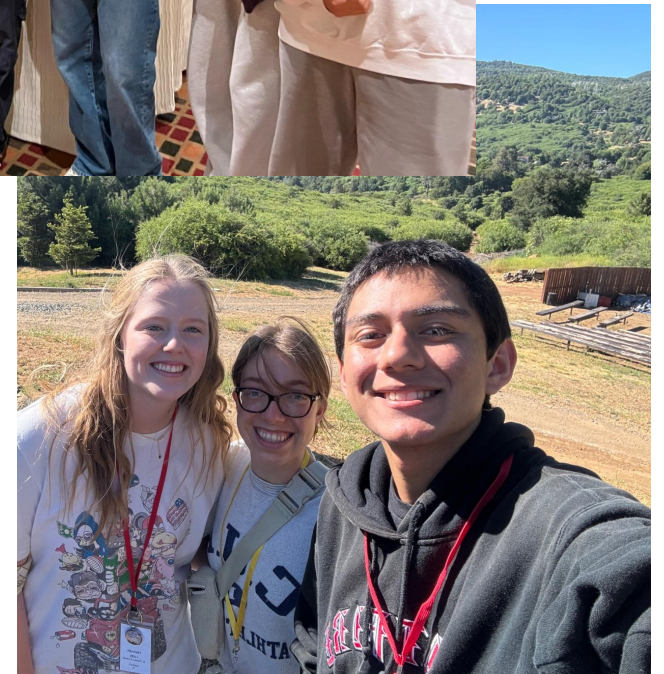
Cell Phones - At Confirmation - phones collected
-other youth ministry events (life nites, etc.), phones are okay!

Safe Environment Forms - Safe Environment training will be presented during our first session. Paperwork has been provided to families in their orientation packets (folders)

STAY CONNECTED

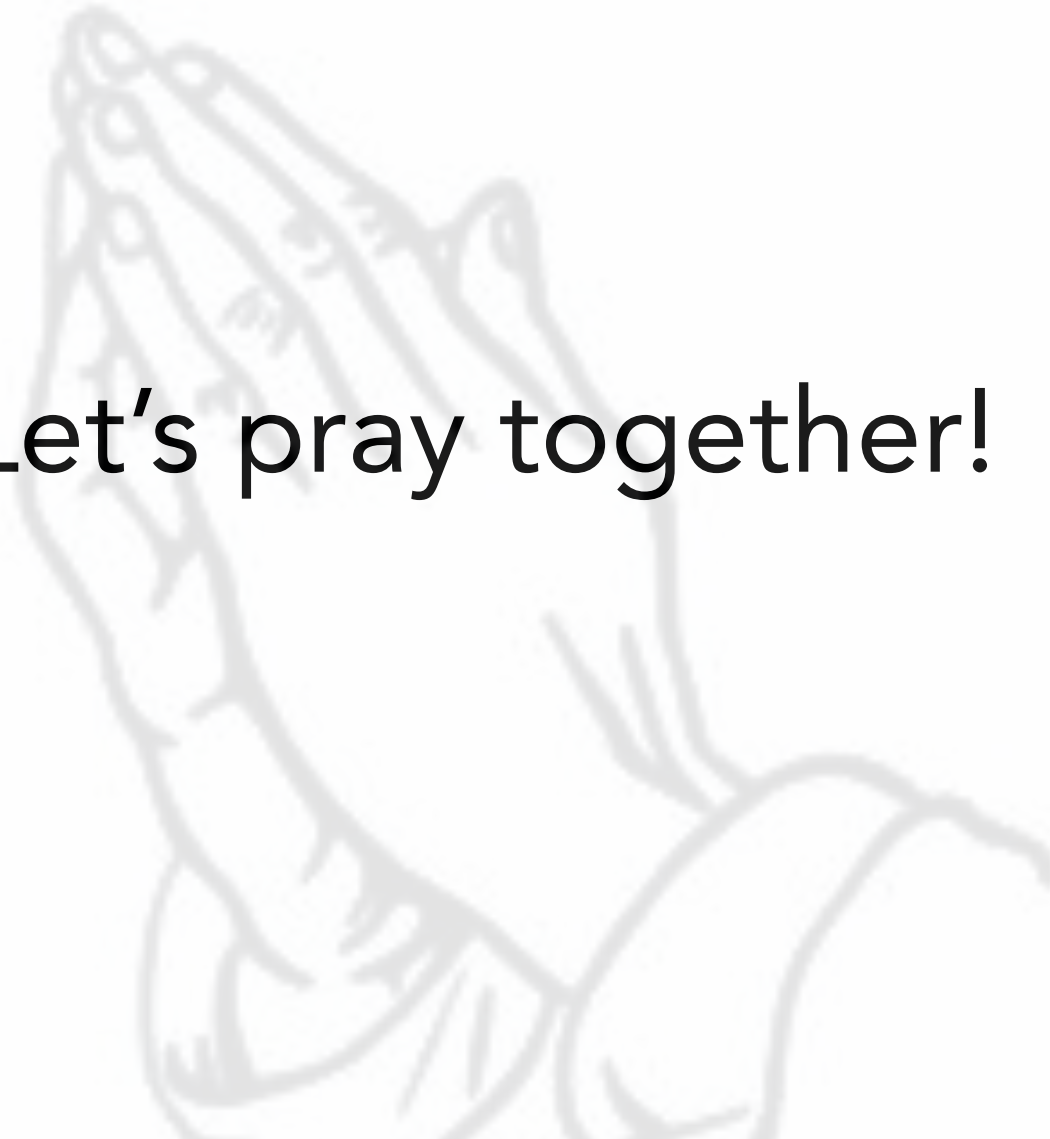
Instagram:
@stocym

Parish Web Pages: sttheresecarmel.org
Confirmation
Youth Ministry



Closing Prayer

Let's pray together!



Thank you for coming!

We are looking forward to a great
year!