



## NEWS RELEASE

FOR IMMEDIATE RELEASE  
July 25, 2022

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### ***“EXALT”***

On Friday, July 29, 2022, St. Thérèse of Carmel Catholic Church (4355 Del Mar Trails Road, San Diego, CA 92130) will host ***“Exalt”*** an evening of prayer and praise, intended to cultivate a “Culture of Worship.” Fellowship will begin with a light dinner at 6:30 PM in the parish’s Dempsey Center, with praise & worship, a witness, and Adoration beginning at 7:00 PM.

**Worship will be led by Catherine Marshall and Nicky Knuff** who direct worship at St. Thérèse of Carmel Catholic Church. Catherine serves the Church as the parish director of music and leads the parish’s praise and worship band. Nicky works as youth minister to St. Charles Borromeo Parish in Loma Portal and serves as assistant director of the St. Thérèse praise and worship band. Catherine and Nicky are a truly gifted ministers and musicians who are grateful for the gift of music and work tirelessly in the hope of helping others discover the love of Christ through the joy of praise and worship.

**Christian Witness to be given by Harrison Trubitt** who serves as the director of youth and young adult ministries for St. Thérèse of Carmel Catholic Church and as the Southern California Representative for “LifeTeen.” His message is grounded in the philosophy that we are here to serve, to teach our youth and young adults to develop a personal relationship with Christ, and to build a Christian community that fosters a “Culture of Worship.”

This event promises to be a tremendous opportunity to sing praise to our Lord, and to help our youth and young adults to connect with Him both Spiritually and in and through the experience of everyday life. Praise and worship of our Lord Jesus Christ is not reserved to our Youth and Young Adults and so all are welcome.

Please see <https://www.sttheresecarmel.org/exalt> for more information or to contact the parish.