



The Way of the Cross

Adapted from those by Saint Alphonsus De Liguori

Narrated by Fr. Chris Tozzi

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<https://sttheresecarmel.org/>

*Artwork rendered from the Bertucci Stations of the Cross.
The artist is thought to be the Italian painter Nicola Bertucci
who may have painted the images in the late 18th century. The
actual identity of the artist is unknown.*



The Way of the Cross

Adapted from those by Saint Alphonsus De Liguori

All:

***In the name of
the Father
and the Son
and the Holy Spirit.
Amen***

Father:

The Lord be with you.

All:

and with your Spirit.

All:

O my God, because You are so good, I am very sorry that I have sinned against You; and with the help of Your Grace, I will try not to sin again. Amen.

Please take a moment now to form an intention in your mind, for yourself, for others, to gain an indulgence, or perhaps for the souls in Purgatory.

An “Act of Contrition”



Preparatory Prayer

All:

My Lord Jesus Christ, You have made this journey to die for me with indescribable love, and I have so many times unworthily abandoned You. Though I may have failed at times to show it, I love You with my whole heart, and because I love You, I repent sincerely for ever having offended You. Pardon me, my God, and permit me to accompany You on this journey. You go to die for love of me; I wish also, my beloved Redeemer, to die for love of You. My Jesus, I will live and die always united to You.

Station 1 - Jesus is Condemned to Death

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider how Jesus, after having been scourged and crowned with thorns, was unjustly condemned by Pilate to die on the Cross.

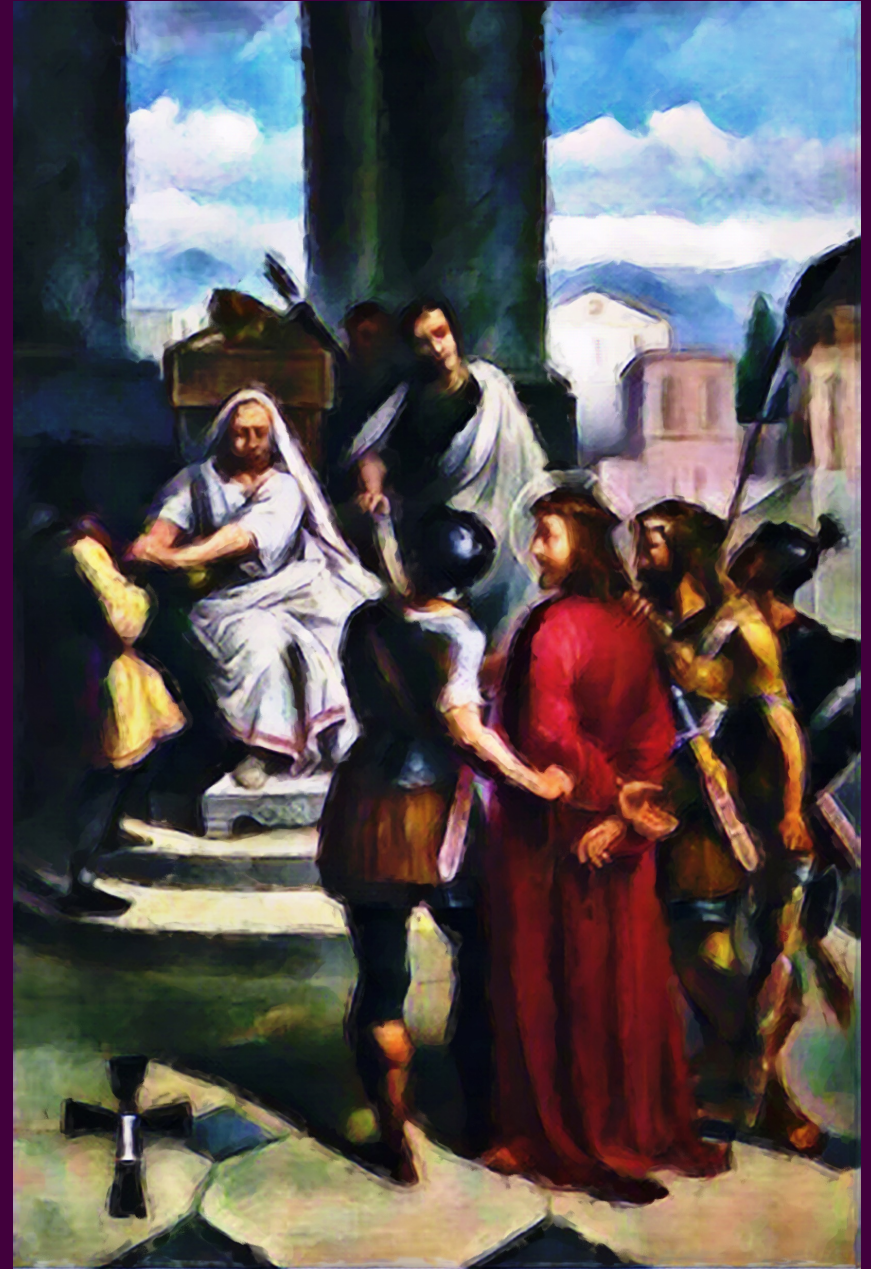
All: My adorable Jesus, it was not Pilate, no, it was my sins that condemned You to die. I beg You, by the merits of this sorrowful journey, to assist my soul in its journey towards eternity. I love You, my beloved Jesus; I repent with my whole heart for having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

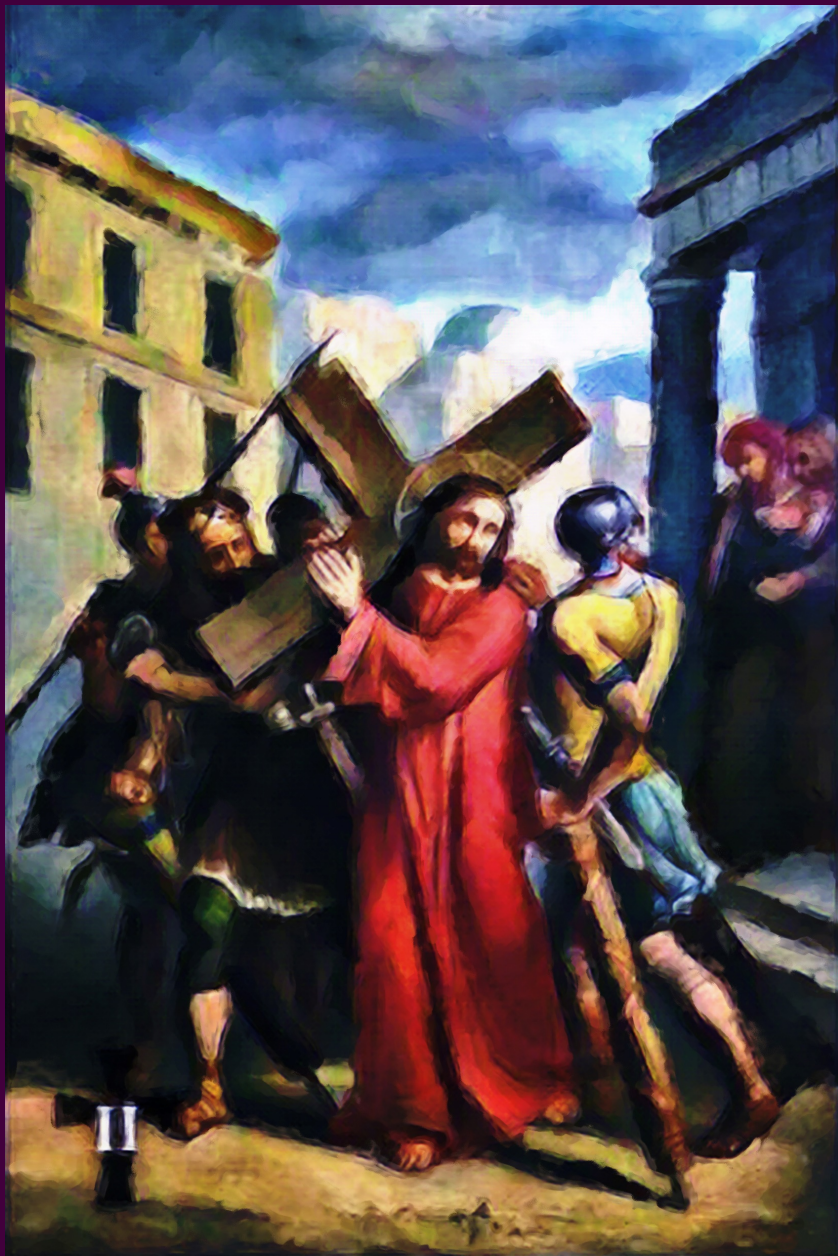
Our Father...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.





Station 2 - *Jesus Bears His Cross*

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider how Jesus, in making this journey with the Cross on His shoulders thought of us, and for us offered to His Father the death He was about to undergo.

All: My most beloved Jesus, I embrace all the tribulations You have destined for me until death. I beg You, by the merits of the pain You suffered in carrying Your Cross, to give me the necessary help to carry mine with perfect patience and resignation. I love You, Jesus my love; I repent of having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

Hail Mary...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.

Station 3 - Jesus Falls the First Time

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider this first fall of Jesus under His Cross. His flesh was torn by the scourges, His head crowned with thorns, and He had lost a great quantity of blood. He was so weakened that he could scarcely walk, and yet he had to carry this great load upon His shoulders. The soldiers struck Him brutally, and thus He fell several times on His journey.

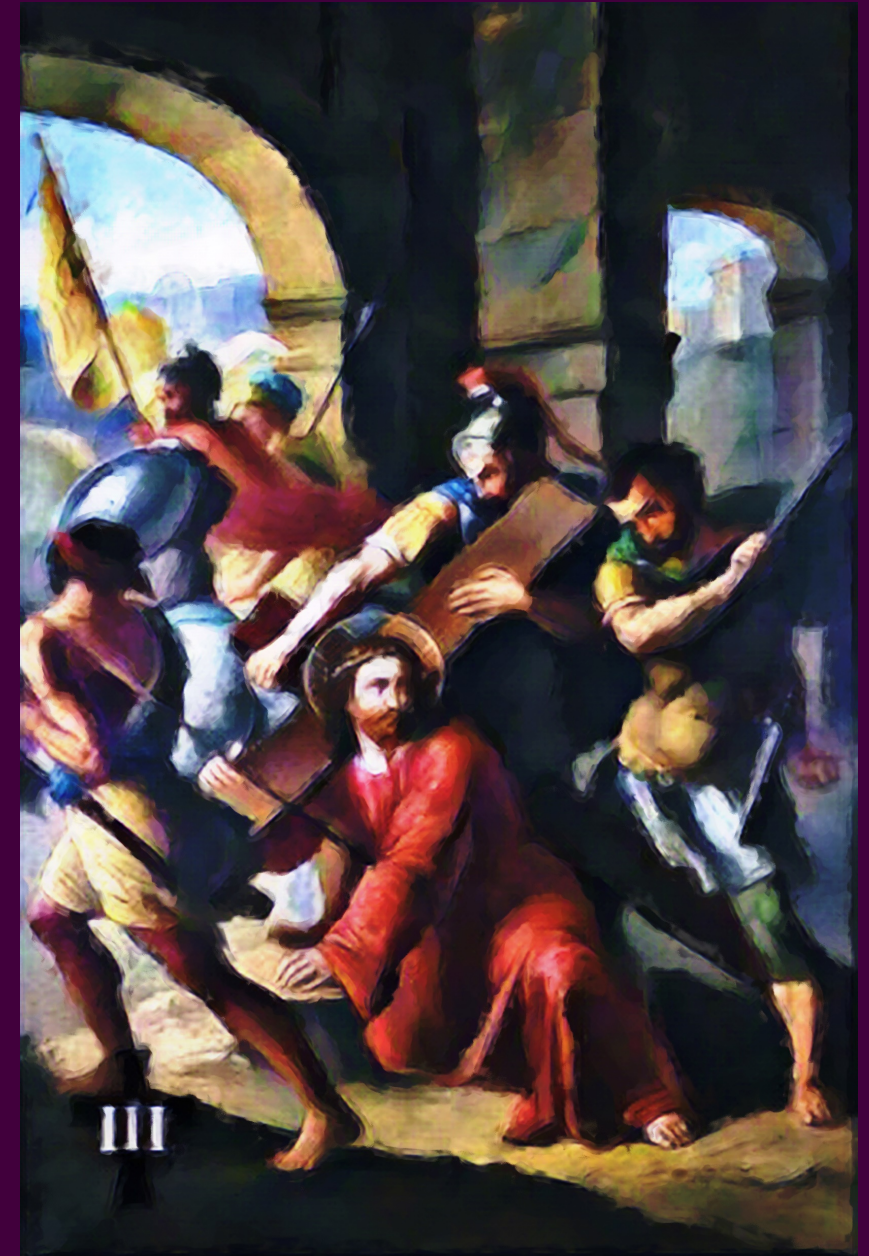
All: My beloved Jesus, it is not the weight of the Cross, but my sins, which have made You suffer so much pain. By the merits of this first fall, deliver me from the misfortune of falling into mortal sin. I love You, O my Jesus, with my whole heart; I repent of having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

Glory Be to the Father, ...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.





Station 4 - *Jesus Meets His Mother*

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider the meeting of the Son and the Mother, on this journey. Jesus and Mary looked at each other, and their looks became like arrows to wound those hearts which loved each other so tenderly.

All: My most loving Jesus, by the sorrow You experienced in this meeting, grant me the grace of a truly devoted love for Your most Holy Mother. And You, my Queen, who was overwhelmed with sorrow, obtain for me by your intercession a continual and tender remembrance of your Son's Passion. I love You, Jesus my love; I repent of ever having offended You. Never permit me to offend You again. Grant that I may love You always; and then do with me what You will..

Hail Mary...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.

Station 5 - Jesus is Helped by Simon

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider how the Jews, seeing that at each step Jesus from weakness was on the point of expiring, and fearing that He would die on the way, when they wished Him to die the disgraceful death of the Cross, forced Simon the Cyrenian to carry the Cross behind our Lord.

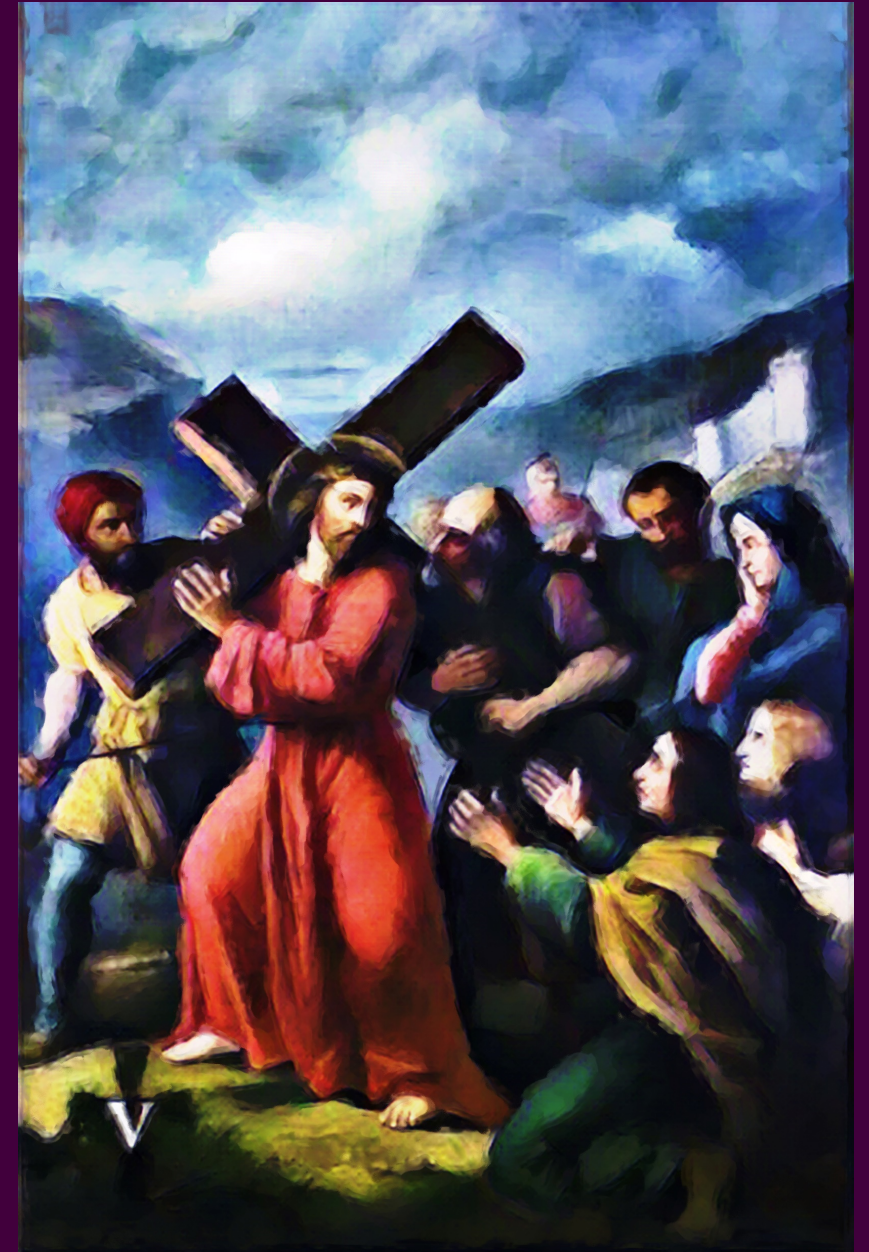
All: My most sweet Jesus, I will not refuse the Cross, as the Cyrenian did; I accept it; I embrace it. I accept in particular the death You have destined for me; with all the pains that may accompany it; I unite it to Your death, I offer it to You. You died for love of me; I will die for love of You, and to please You. Help me by Your grace. I love You, Jesus my love; I repent of having offended You. Never permit me to offend You again. Grant that I may love You always; and then do with me what You will.

Our Father...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.





Station 6 - *Veronica Wipes the Face of Jesus*

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider how sweet Veronica, seeing Jesus so afflicted, and bathed in sweat and blood, presented Him with a towel, with which He wiped His adorable face, leaving on it the impression of His Holy Countenance.

ALL: My most beloved Jesus, Your face was beautiful before, but on this journey, it has lost all its beauty, and wounds and blood have disfigured it. Alas, my soul also was once beautiful, when it received Your grace in Baptism; but I have disfigured it since by my sins; You alone, my Redeemer, can restore it to its former beauty. Do this by Your Passion, O Jesus. I repent of having offended You. Never permit me to offend You again. Grant that I may love You always; and then do with me what You will.

Glory be to the Father...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.

Station 7 - Jesus Falls a Second Time

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider the second fall of Jesus under the Cross—a fall which renews the pain of all the wounds of the head and members of our afflicted Lord.

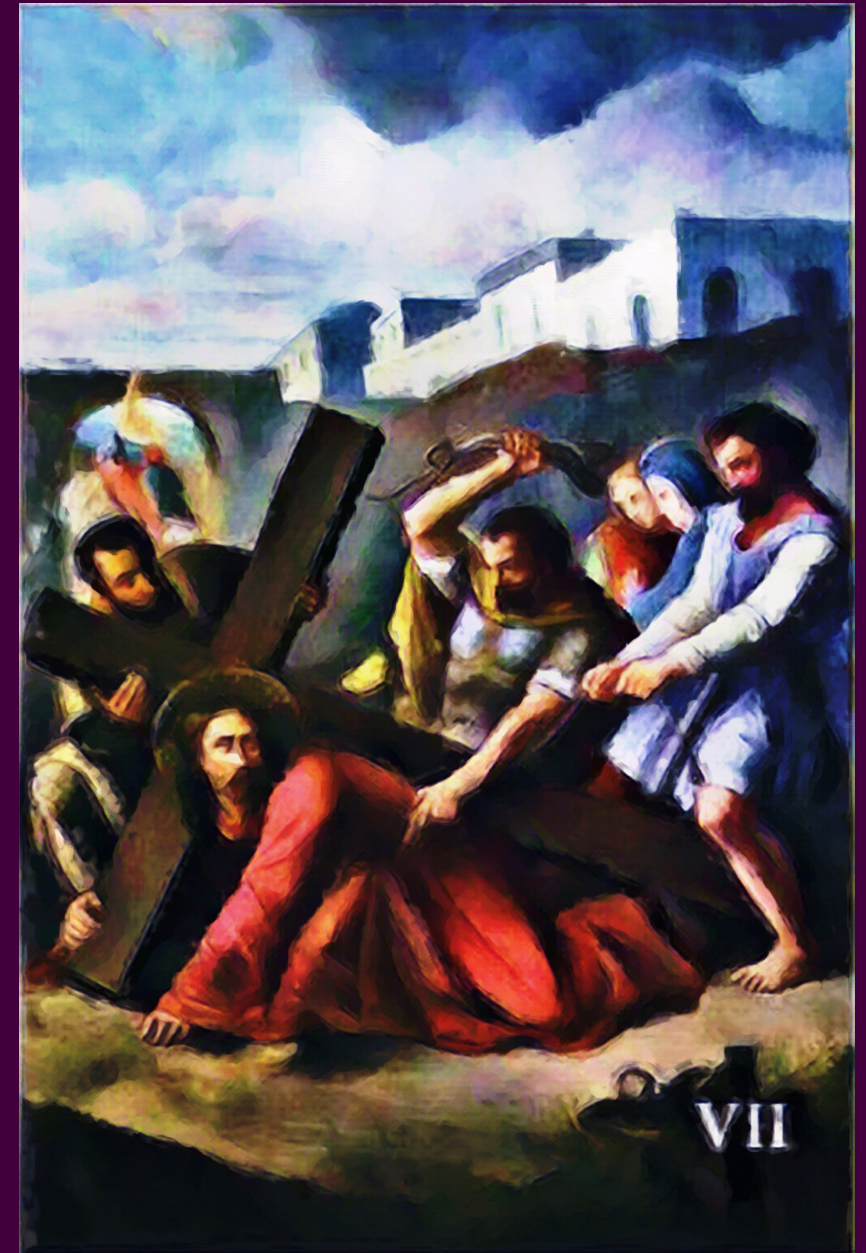
All: My most gentle Jesus, how many times have You pardoned me, and how many times have I fallen again, and begun again to offend You! Oh, by the merits of this new fall, give me the necessary help to persevere in Your grace until death. Grant that in all temptations which assail me I may always commend myself to You. I love You, Jesus my love; I repent of having offended You. Never permit me to offend You again. Grant that I may love You always; and then do with me what You will.

Our Father...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.





Station 8 - *Jesus Speaks to the Women*

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider how those women wept with compassion at seeing Jesus in such a pitiable state, streaming with blood, as He walked along. But Jesus said to them: Weep not for Me, but for your children.

All: My Jesus, laden with sorrows, I weep for the offences I have committed against You, because of the pains they have deserved, and still more because of the displeasure they have caused You, who have loved me so much. It is Your love, more than the fear of hell, which causes me to weep for my sins. My Jesus, I love You more than myself; I repent of having offended You. Never permit me to offend You again. Grant that I may love You always; and then do with me what You will.

Hail Mary...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.

Station 9 - Jesus Falls a Third Time

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider the third fall of Jesus Christ. His weakness was extreme, and the cruelty of His executioners, who tried to hasten His steps, was excessive when He had scarcely strength to move.

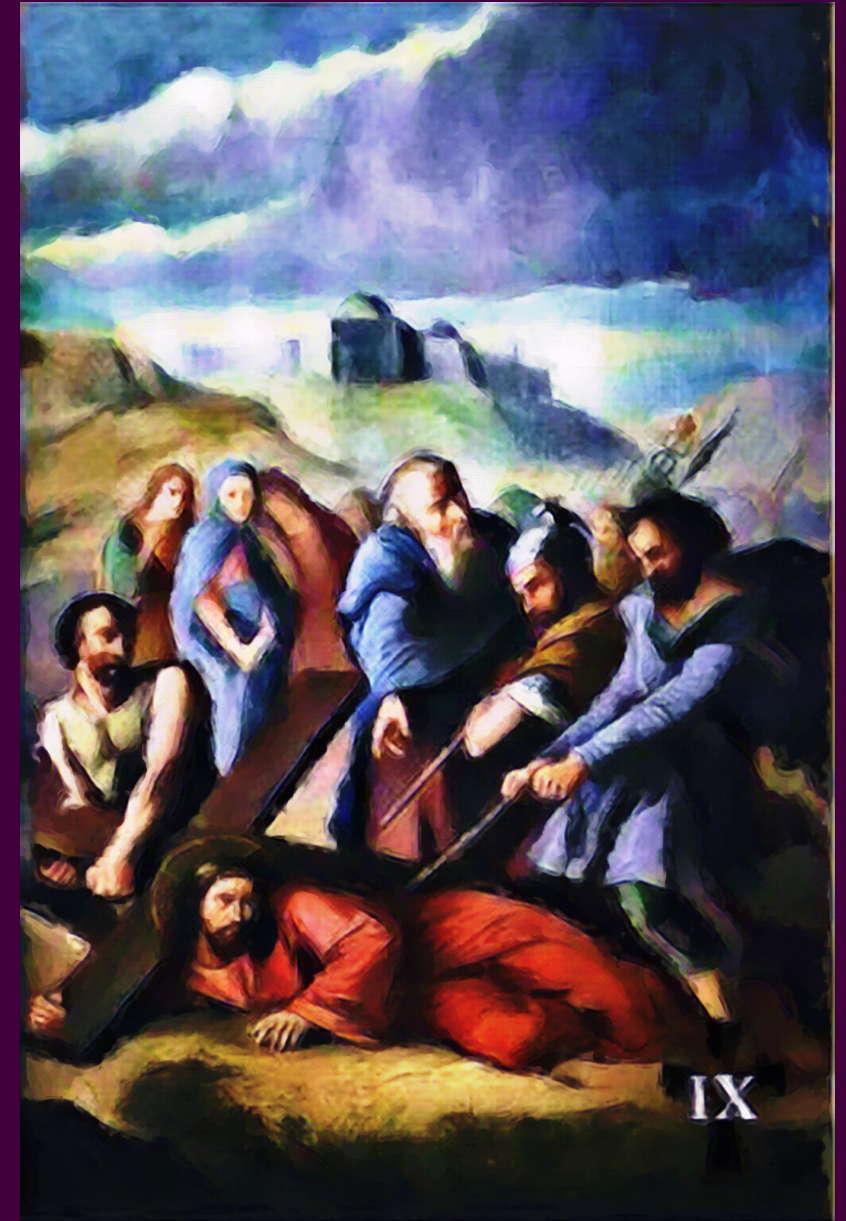
All: My outraged Jesus, by the merits of the weakness You suffered in going to Calvary, give me strength, sufficient to conquer all human admiration, and all my wicked passions, which have led me to despise Your friendship. I love You, Jesus my love, with my whole heart; I repent of having offended You. Never permit me to offend You again. Grant that I may love You always; and then do with me what You will.

Glory be to the Father...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.





Station 10 - *Jesus is Stripped of His Garments*

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider the violence with which the executioners stripped Jesus. His inner garments adhered to His torn flesh, and they dragged them off so roughly that the skin came with them. Comfort our Savior so cruelly treated, and say to Him:

All: My innocent Jesus, by the merits of the torment You felt, help me to strip myself of all affection for the things of earth, in order that I may place all my love in You, who art so worthy of my love. I love You, O Jesus, with my whole heart; I repent of having offended You. Never permit me to offend You again. Grant that I may love You always; and then do with me what You will.

Our Father...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.

Station 11 - Jesus is Nailed to the Cross

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider how Jesus, after being thrown on the Cross extended His hands, and offered to His Eternal Father the sacrifice of His death for our redemption and ultimate salvation. These brutes fastened Him with nails, and then, raising the Cross, allowed Him to die with anguish on this scandalous gallows.

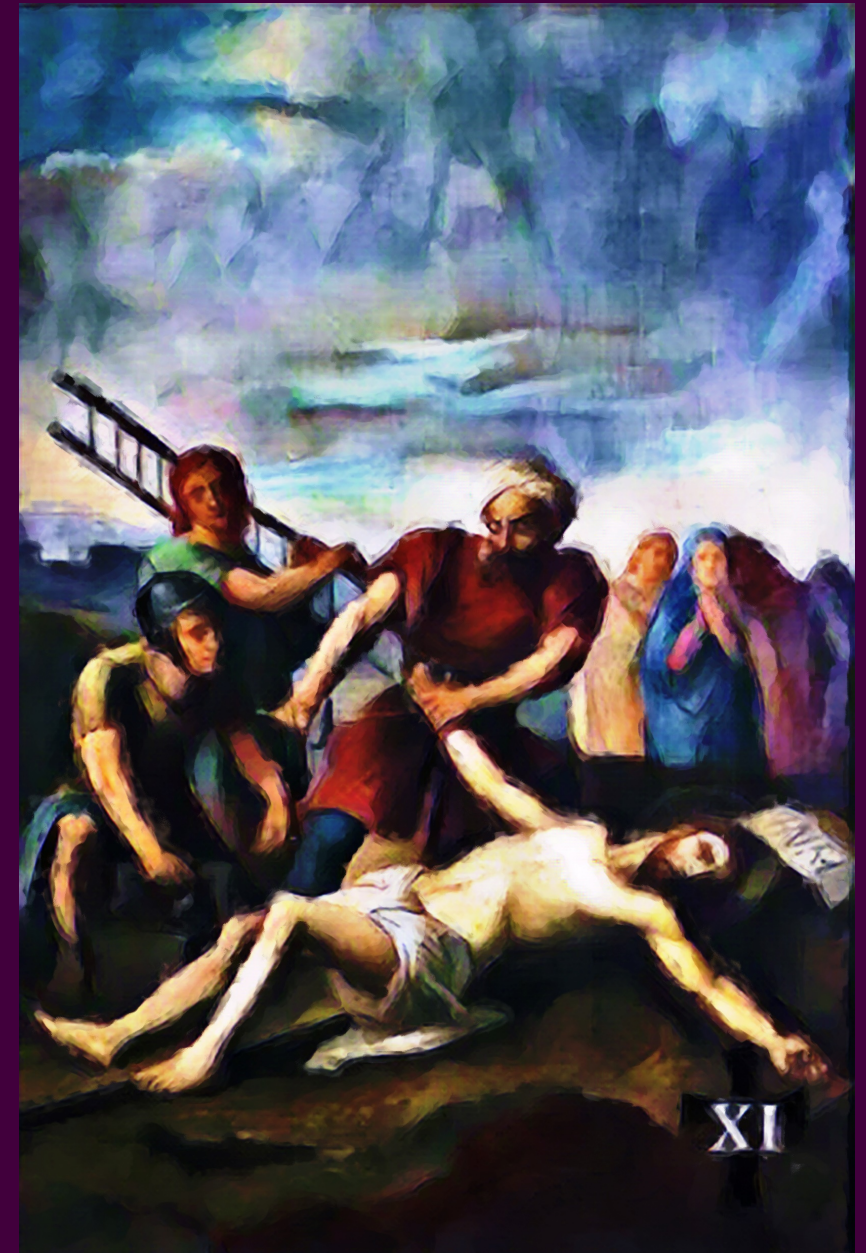
All: My Jesus! loaded with contempt, nail my heart to Your feet, that it may ever remain there, to love You, and never abandon You again. I love You more than myself; I repent of having offended You. Never permit me to offend You again. Grant that I may love You always; and then do with me what You will.

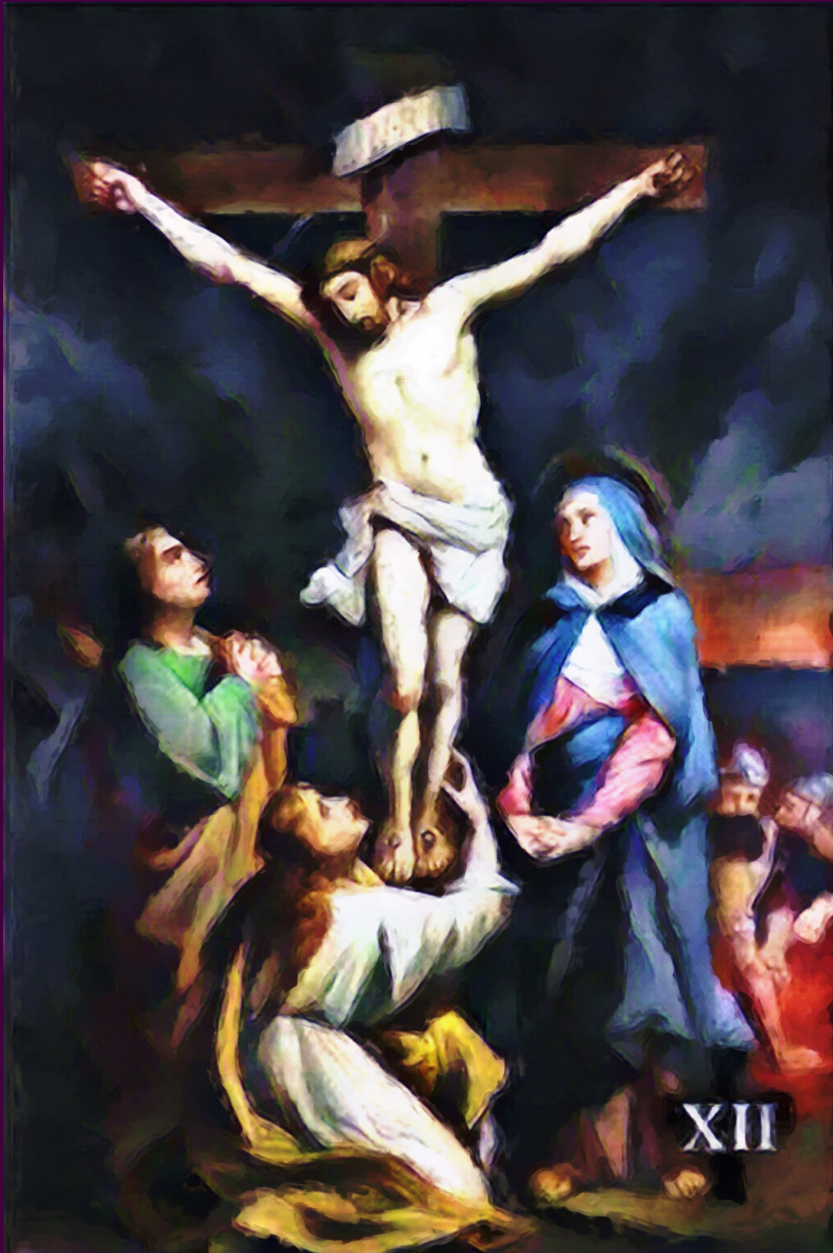
Hail Mary...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.





Station 12 - *Jesus Dies on the Cross*

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider how Jesus, after his three hours' of Agony on the Cross, consumed at length with anguish, abandons Himself to the weight of His body, bows His head, and dies.

All: O my dying Jesus, I kiss devoutly the Cross on which You died for love of me. I have merited by my sins to die a miserable death; but Your death is my hope. By the merits of Your death, give me the grace to die, embracing Your feet, and burning with love for You. I yield my soul into Your hands. I love You with my whole heart; I repent of ever having offended You. Never permit me to offend You again. Grant that I may love You always; and then do with me what You will.

Glory be to the Father...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.

Station 13 - Jesus is Taken Down from the Cross

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider how, after the death of our Lord, two of His disciples, Joseph and Nicodemus, took Him down from the Cross, and placed Him in the arms of His afflicted Mother, who received Him with inexpressible tenderness, and pressed Him to her bosom.

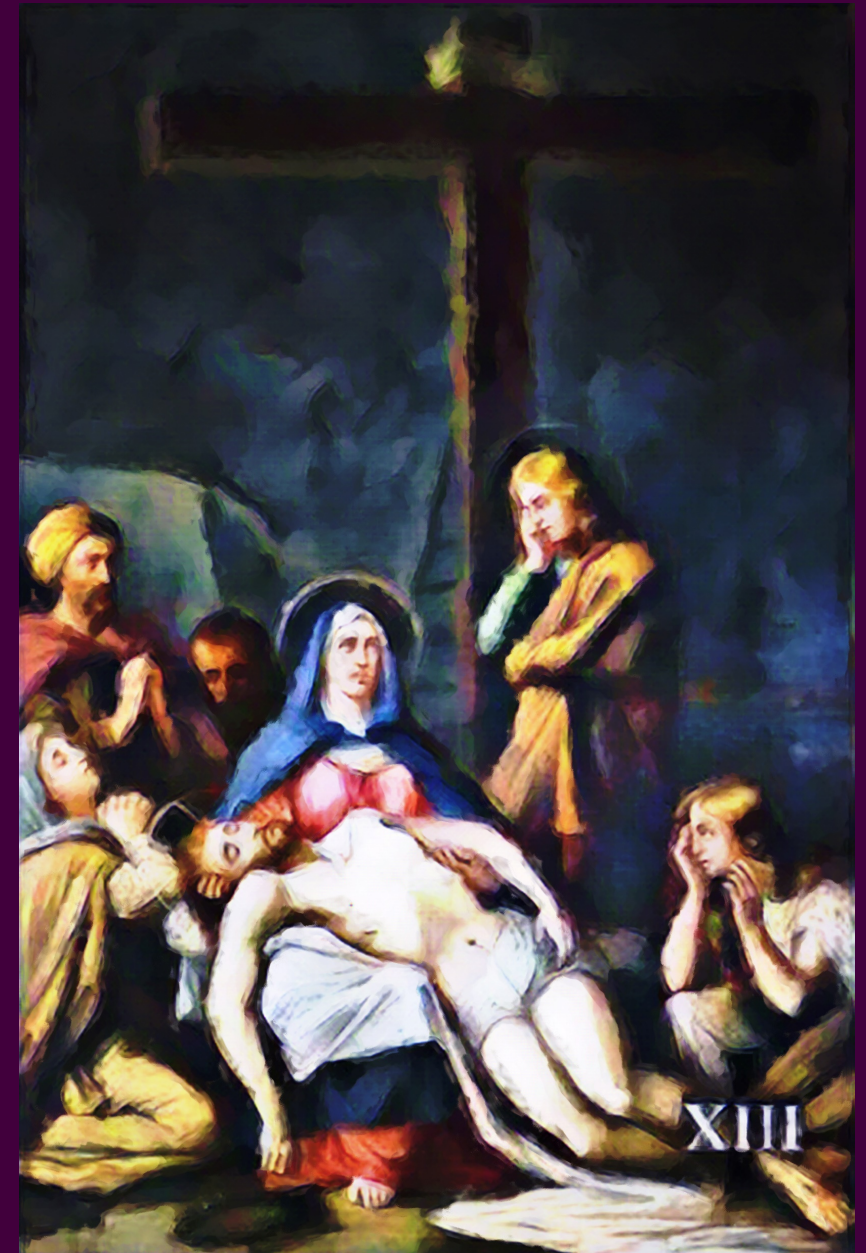
All: O Mother of sorrow, for the love of this Son, accept me for your servant, and pray to Him for me. And You, my Redeemer, since You died for me, permit me to love You; for I long for You, and nothing more. I love You, my Jesus, and I repent of ever having offended You. Never permit me to offend You again. Grant that I may love You always; and then do with me what You will.

Hail Mary...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.





Station 14 - *Jesus is Placed in the Tomb*

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider how the disciples carried the body of Jesus to bury it, accompanied by His holy Mother, who arranged it in the sepulchre with her own hands. They then closed the tomb, and all withdrew.

All: Oh, my buried Jesus, I kiss the stone that enclosed Your tomb. But You rose again on the third day. I beg you, by Your resurrection, make me rise glorious with You on the last day, to be always united with You in heaven, to praise You and love you forever. I love You, and I repent of ever having offended You. Never permit me to offend You again. Grant that I may love You always; and then do with me what You will.

Our Father...

Fr: Dear Jesus, You go to die for the very love of sinners. Let us accompany you; for we wish to die with You.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.

Station 15 - Jesus rises from the dead and ascends to the Father

Fr: We adore You, O Christ, and we bless You.

All: Because by Your holy Cross, You have redeemed the world.

Fr: Consider, after the death of our Lord, His Glorious Resurrection on the third day, how he appeared to Mary Magdalene, to the Apostles, to His Mother, and after 40 days ascends to take his place at the Father's right hand. Consider how the resurrection of Jesus changed the lives of His followers and how it can and will change our lives, if we let it.

All: I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.



Station 15 - Jesus rises from the dead and ascends to the Father

Continued:

He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins, and I look forward to the resurrection of the dead and the life of the world to come.

Amen.

Glory be the Father...

Fr: Dear Jesus, You chose to die for the very love of sinners. Let us accompany you; both into your death and into your resurrection.

Fr: Have mercy on us, O Lord.

All: Have mercy on us.





The Way of the Cross

Adapted from those by Saint Alphonsus De Liguori

Father:

The Lord be with you.

All: and with your Spirit.

Father:

May almighty God Bless
you, in the name of the
Father, and the Son, and the
Holy Spirit.

All: Amen

Father: Go in Peace!

All: Thanks be to God!



The Way of the Cross

Thank you for praying with us!

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