

# **CHOOSE A CONFIRMATION SAINT** **RESEARCH - REFLECT - PRAY - WRITE**

**(at least 250 words)** - Due March 1st

- The Saint is your spiritual companion for life
- It could be your baptismal name (if baptized with the Saint name)
- It could be a saint that is special to you or your family
- It could be a saint that shares a special day with you i.e. your birthday is on their feast day
- It could be a Saint, that is a patron of one of your hobbies or interests
- You must choose a saint, or blessed recognized by the Catholic Church
- Ask your mom, dad, sponsor, sibling, grandparent, godparent, Confirmation Catechist etc. which saint they chose and why to help give you ideas
- Take this choice to prayer and see which saint God leads you
- Google patron Saint of what your interests are.  
Example... the patron Saint of sports, the patron Saint of authors, the patron Saint of Teachers, the patron Saint of Nurses .

## **Why pick a Saint for Confirmation**

Throughout Scripture, in the Old and New Testament, we read how God, in calling a person to a special task, would change the name of the person. Abram became Abraham, Jacob became Israel, Simon became Peter, and Saul became Paul. Each one of us is special to God, and our name is special too.

Scripture addresses us the same way.

“But now, says the Lord, fear not for I have redeemed you; I have called you by Name, you are mine.” (Isaiah 43:1)

“The sheep hear my voice, I call them by name, and they follow me.” (John 10:3)

When Abram was called to lead his people to believe in one God, his name was changed to Abraham. Similarly, in the New Testament Simon’s name was changed to Peter meaning “rock” because he was to become the rock upon which Jesus founded his Church.

These men and women are great examples for us on how to live our lives. You are called to Sainthood!

## **THE SAINT REPORT**

Once you choose a Saint, prepare a report like you're having a conversation with someone about the life of the Saint you have chosen. It should summarize the major facts, virtues, accomplishments, and their special relationship with God. This isn't a collection of facts, but how you plan to continue to take inspiration and example from your Saint's life. This Saint will be the Saint you will ask for intercession aka ask them to pray for you or someone you love or a situation you need help with. Please submit reports by **March 1st.**

### **What to include in your Saint report...**

The Saint Name, Feast Day and when the Saint was officially proclaimed a Saint or Beatified.

What is your Saint a Patron Saint of?

Where and when did your Saint live and what is their family background?

What drew your Saint to Christ and the Church?

What did your Saint do that was remarkable and brought him/her to Sainthood including the contributions made to the church and society?

What obstacles or adversaries did your Saint overcome?

What aspects of this person's life attracted you to them and why are you choosing them to be your Saint?

How can this Saint be a role model for Christians today?