

EXPLORE LENT

Explore Lent by Prayer, Fasting,
& Almsgiving

HIGHLIGHTS

This Week

**Penance Service, Alpha week 5,
Movie Clip Wednesday, *No Soup
for You!* Lenten Soup Social,
Movie - *Jesus Christ Superstar*
for High School, Stuff the Truck**

PRAYER

- ~ Spend a minimum of 15 minutes a day with God
- ~ Attend Mass on Sunday
- ~ Daily Mass
- ~ Adoration in the mornings M,TU,TH,F 6AM-8AM, W 4:30PM
- ~ Stations of the Cross
- ~ Confessions - TU -7:15Am, W- 5:30PM, SA -3PM
- ~ Praise and Worship W-7:00AM

FASTING

- ~ Start small by what you learned from the Fasting 101 talk
- ~ Try giving up one meal this week and use the time to pray or read the Bible
- ~ Join us at our Soup Social, March 23

ALMSGIVING

- ~ Stuff the Truck
- ~ Assistance Ministry Collection

SMALL GROUPS

- ~ Meetings throughout the week
- ~ Youth Group for High School
- ~ Not So Small Group for High School on Sundays

MONDAY, March 19

6:00AM - 8:00AM Eucharistic Adoration in the church - Stop by before going to work.

8:00AM Mass

Open Band Rehearsal - Will not meet tonight

6:00PM PENANCE SERVICE - If you haven't been to Confession in a while, our Church wants to welcome you back, and invites you to participate in this beautiful sacrament of healing.

TUESDAY, March 20

6:00AM - 8:00AM Eucharistic Adoration in the church

7:30AM Confessions - Stop by before work.

8:00AM Mass

6:00PM Alpha Course - Week 5

WEDNESDAY, March 21

7:00AM - 7:30 AM Praise and Worship in the church

4:00PM Eucharistic Adoration

5:15PM Confessions

6:00PM Mass

6:45PM Movie Clip Wednesday - TBA

7:00PM - 8:30PM Youth Group for High School Students- Come join us for a super laidback evening of food, fun, and friends in Holy Grounds!

THURSDAY, March 22

6:00AM - 8:00AM Eucharistic Adoration in the church

8:00AM Mass

7:30PM-9:00PM Join the choir for Lent. We will meet every Thursday night. Give it a try!

FRIDAY, March 23

FASTING DAY

6:00AM - 8:00AM Eucharistic Adoration in the church

8:00AM Mass

1:30 PM Stations of the Cross at OMOS with the DMCA students

6:00PM Stations of the Cross at OMOS - *Way of the Cross*

6:45PM NO SOUP FOR YOU! UNLESS... you join us for our second annual Lenten Soup Social in the parish hall. See more information located in this bulletin. Register at www.omostoday.com

6:45PM NSSG - Jesus Christ Superstar - All High School students welcome!

SATURDAY, March 24

3:00PM Confessions

4:00PM Stuff the Truck - Collection for families affected by homelessness. See this bulletin for more information.

4:00PM Mass

SIXTH SUNDAY OF LENT, March 25

PALM SUNDAY

Stuff the Truck - Collection for families affected by homelessness. See this bulletin for more information.

8:30AM Mass

9:45AM Not So Small Group - *Give Up Stress for Lent* - All high school students are invited between the Masses in Holy Grounds.

9:45AM Adult Religious Ed in the School

9:45aM k-2 egg hunt and other eggciting activities - parish hall

9:45AM Prayer Ministry in the Rectory

9:45AM - 12:30PM Coffee at Holy Grounds

9:45AM 3-8 Grades Religious Ed

11:00AM Mass (Nursery Available)