## Reflection on the Parts of the Body of Christ

Head/Brain: Jesus/Pope/Bishop/Pastor

<u>Hands:</u> those who reach out to others, and especially for those who reach out to others in service of others.

<u>Shoulders:</u> those who help others carry their burdens.

Feet: those who walk with others in their hard times.

Nose: Those with special gifts of prophesy

Ears: those with gifts of discernment, of being able to hear the voice of God.

Legs: the missionaries who take Jesus' love and truth to new places

<u>Stomach/intestines:</u> catechists and faith formation teachers and others who, often in obscurity, feed the faith to others, especially the young.

<u>Blood vessels and the muscles:</u> those who work behind the scenes to take care of the things that need to be taken care of in a parish

<u>Eyes:</u> of the Body of Christ are those who can see potential in others, and or can see a vision for a parish's future in the particular context in which the parish is located.

Nerves: those who are able to connect people with one another.

<u>Heart:</u> those who have a special ability to understand other people and respond to them with love.

<u>Breasts:</u> those who have the gift of nurturing, of offering hope to others when they are discouraged by nourishing their souls with what they need.

<u>Arms:</u> those who encourage, who give strength and impart courage to others when they are down, or when they are tempted to stray.

<u>Mouth:</u> those who, through gifts of speaking, are able to proclaim the truth in ways that inspire others to goodness and to fulfill their potential.

<u>Lungs</u>: those who are able to breathe life into ideas and make them become a reality. White blood cells: those with the ability to refute false teachings and ungodly influences from the world.

<u>Kidneys:</u> those who have the ability to remove negativity from a situation and direct those around them to greater purity. The

<u>Backbone</u>: those who give generously of their time, talent and treasure in a way that keeps the Church standing.

<u>Back (more generally):</u> those who give your physical labor to the parish community. <u>Bottom of the digestive tract:</u> those with the gift and courage to say the things that need to be said, who speaks sometimes yucky truths even when they are unpopular, but spoken from a plr. The corresponding part in the Body of Christ, I would suggest, is what one finds

<u>Face:</u> We are all part of the Face for we were all created in God's image, and His image is most impressed on our faces. Furthermore, to those in our daily lives who know we are Catholic, we are the face of Catholicism, even the face of Christianity to them.

Reproductive Organs: We all share in the reproductive organs as we are all called to be missionary disciples who bring new life to the Church by bringing others to God