

LENTEN HOPE RETREAT

Personal Reflection Questions: Talk 1

What is an example of a wishful thinking type of hope that was fulfilled in my life?

What has been the biggest disappointment/wishful thinking hope that did not come true in my life?
How has it impacted me?

What are decisions I make that are empowered by and in keeping with the theological virtue of hope?

What gets in the way of my cooperating with/resting in the theological virtue of hope in my life?

When something good happens, how do I tend to remember it? What lessons do I tend to take from it?
How do I celebrate it?

When something bad happens in my life, how do I tend to remember it? What lessons do it take from it? Are there others who can help me put it in perspective?

What is one way that I could think or act differently as a result of hearing this talk?