

## LENTEN HOPE RETREAT

### Personal Reflection Questions: Talk 4

What glimmers of hope did you feel as you listened to this talk?

In what ways have you experienced resilience in your life: how have you bounced back from some of the hard things you have faced? What has helped you to bounce back?

When you look back, what has been one example of a painful hurt that God has been able to transform into a blessing for yourself or others over the course of time? How did you cooperate with that happening?

What does God say to you when you look at Him looking at you?

What is one way that I could think or act differently as a result of hearing this talk?