

Your Sponsor A School Report

Chizungulire, Chirazulu, Southern Malawi

Sponsored by St John XXIII Church

mary's
meals



Thank you for changing lives!

mary's
meals

You're doing something amazing! By providing a daily meal for every child in your chosen school, you're giving young people in one of the world's poorest countries the chance to gain an all-important education, without the distraction of hunger.

Without your support, these children could be working in fields, begging on street corners, or even scavenging among the garbage just to survive.

It is thanks to the generosity of people like you that Mary's Meals has gone from feeding just 200 children in Malawi in 2002, to providing more than **ONE MILLION** children across 15 different countries with a life-changing meal every school day.

Thank you for giving so generously to Mary's Meals and choosing to sponsor an entire school. We're very excited to share with you this report on your project!



About Mary's Meals

A quick reminder about Mary's Meals and our approach...

- Mary's Meals is a simple idea that works – by providing a daily meal in a place of education, chronically poor children are attracted into the classroom where they can gain a basic education that provides an escape route from poverty.
- Mary's Meals began in 2002 when our founder, Magnus MacFarlane-Barrow, visited Malawi during a famine and met a mother dying from AIDS. When he asked her eldest son, Edward, what his dreams were in life, he replied simply: "To have enough food to eat and to go to school one day."
- Our vision is that every child receives one daily meal in their place of education, and that all those who have more than they need share with those who lack even the most basic things.



About Mary's Meals

- The average global cost of feeding a child for a whole school year with Mary's Meals is just £13.90 / €15.60 / \$19.50.
- Mary's Meals feeds 1,230,171 children in 15 different countries around the world every school day.
- Research shows that schools which serve Mary's Meals have higher enrolment, better attendance and improved academic performance.
- We are committed to keeping overhead costs low – at least 93% of donations are spent on our charitable work.
- Mary's Meals is a grassroots global movement. Without passionate, motivated volunteers, our work would not be possible.



About Mary's Meals

- Mary's Meals is owned and run by local communities, who cook and serve the meals. We have more than 80,000 volunteers in Malawi alone.
- Wherever possible, our meals are made with locally grown food, which helps to boost the local economy.
- Our global headquarters is run from a shed in a remote part of the Scottish Highlands.
- Mary's Meals is named after Mary, the mother of Jesus, who brought up her own child in poverty.
- Mary's Meals is a non-denominational charity which consists of, respects and reaches out to people of all faiths and none.



Mary's Meals in Malawi

Malawi is one of the world's poorest countries, with one in four people living in extreme poverty. It is also one of the worst hit by HIV and AIDS. More than a million children in Malawi have been orphaned by the disease.

Malawi was the first country to benefit from Mary's Meals and it remains our largest programme country. Today, Mary's Meals are served to 928,551 children in Malawi every school day. With your help, we're providing meals to 30% of all primary school aged children across the country!

Philip, 8, who lives with his grandparents, is one of them. Thanks to the food he receives from Mary's Meals, Philip is thriving. It gives him plenty of energy to learn and play.

He told us: "I am becoming healthy because I eat the porridge. Phala helps me to work hard in class."



Mary's Meals in Malawi

In Malawi, more than 80% of people are smallholder farmers, who grow the food they eat on small pieces of land and depend on seasonal rains to water their crops.

When the country recently suffered the worst drought in 35 years, these farming families were among the worst hit. Rains did not fall, harvests failed and families were left with nothing to eat.

In these troubled times, the guarantee of a daily meal in a place of education became far more than just a powerful incentive to come to school. For children like 12-year-old Eveless, who's family only harvested 2 bags of maize last year, it was a vital lifeline.

She told us: "The phala gives me nutrients and makes me healthy and strong. If there was no phala many kids would've been weak at school."

Thankfully, the situation in Malawi is improving, but for many families, Mary's Meals remains an important safety net.



Your sponsorship details

School name: Chizungulire Primary School, Chiradzulu, Southern Malawi

Sponsored by: St John XXIII Church

Country



Malawi

Enrolment



430 pupils

216 boys

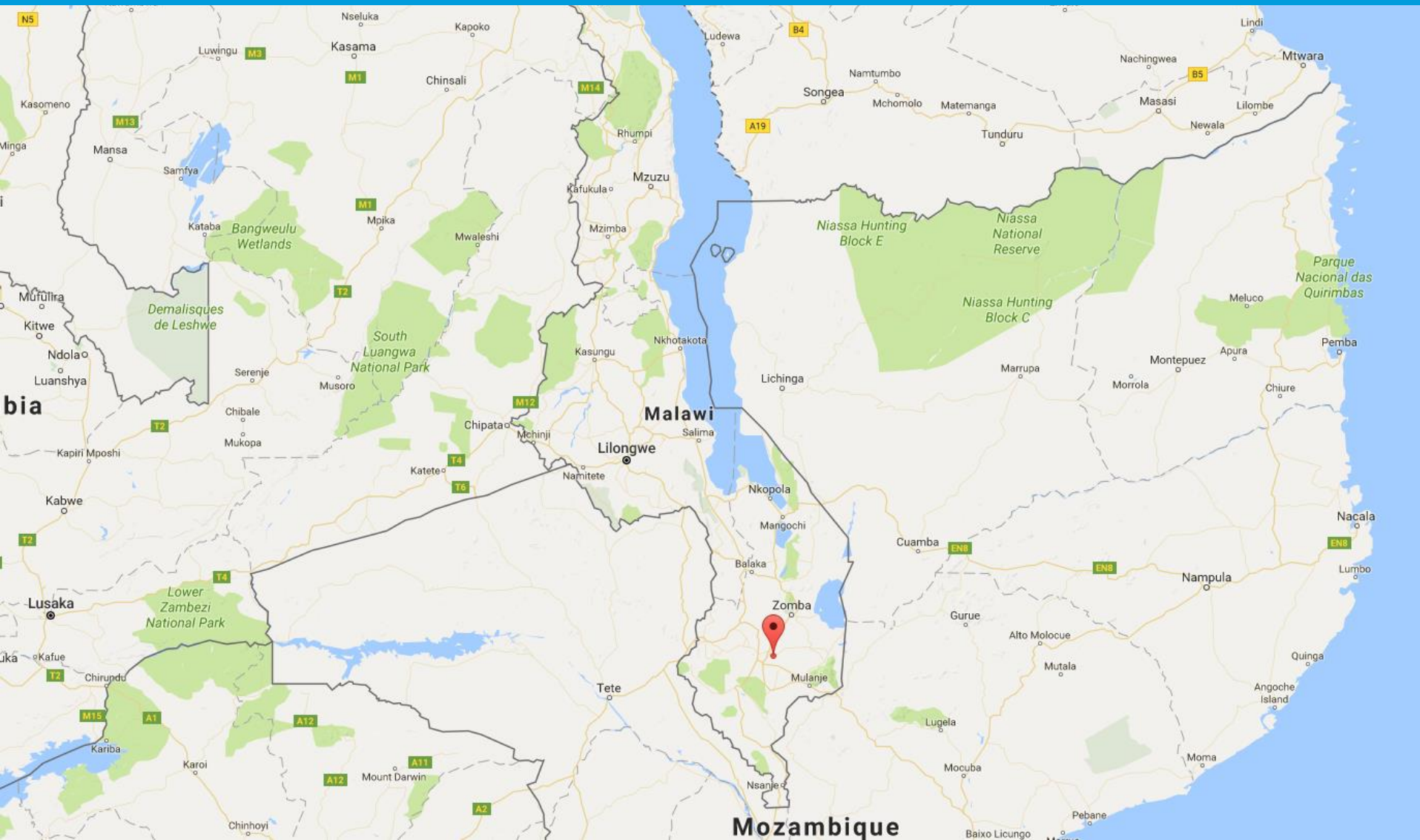
214 girls

Meal



Vitamin-enriched
maize porridge

Location of your school



About your school

Chizungulire Primary School now has 430 pupils enrolled, including 216 boys and 214 girls. Mary's Meals first began feeding in the school in 2011. The children at Chizungulire Primary School range from Standards 1 to 8.

There are 5 permanent classrooms at the school and the kitchen doubles up as a classroom when it is not being used for feeding.

Chizungulire Primary School's pupils are taught by a total of 7 teachers. The school's water source is a borehole in the school grounds which is very close to the kitchen and there are 10 pit latrine toilets on site which are split evenly between the boys and girls.



“I live close to the school and I walk only for at least 10 Minutes. I do not eat anything when going to school. I find food at school. The volunteers cook porridge that I eat as breakfast. When I eat porridge, I feel good because I get hungry in the morning. I get full and learn well.”

- Mike Chapako, Age 12, Grade 4

“I wake up at 5am and bath then eat breakfast that I cook myself. I cook porridge. This porridge is just a mixture of Maize flour and water but at school I eat rich porridge. It has Soya and nutrients that help my body to have strength for learning and walking. It is delicious.”

– Flora Marko, Age 13, Grade 4

“Porridge is encouraging learners to come to school and learn. They come in large numbers. Children come to school willingly. When children eat, the whole environment changes.”

– Eluby Phiri, Teacher, Chizungulire Primary School

The sign at your school

Chizungulire Primary School and Community
provide Mary's Meals to the children here
thanks to the generous support of
St. John XXIII, Cedar Rapids, Iowa





Photos from your school

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meals





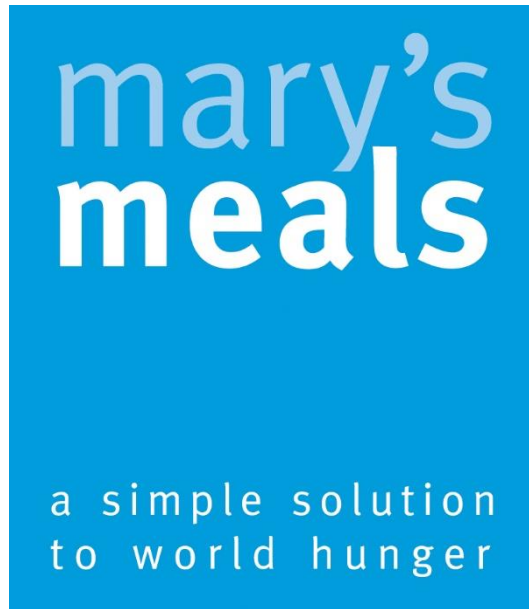




Thank you so much!

mary's
meals





To find out more about Mary's
Meals or to contact our team,
please visit:

www.marysmeals.org