

*Creator of my Life,
Renew me: bring me to new
life in you.*

*Touch me and make me feel
whole again.*

*Help me to see your love
in the passion, death and
resurrection of your son.*

*Help me to observe Lent
in a way that allows me to
celebrate that love.*

*Prepare me for these weeks of
Lent as I feel both deep sorrow
for my sins and your undying
love for me. Amen*

*Dear Lord,
I know you receive what is in
my heart.*

*Let me be inspired by your
words and by the actions of
your son, Jesus.*

*Guide me to make sacrifices
this Lent with greater atten-
tion to you and to those
around me.*

*Help me to believe that you
will grant me this because of
the sacrifice Jesus made for
me.*

Amen



*Lord,
I know how much you love
me.*

*It's hard for me to feel it some-
times, but I know your love is
always with me.*

*Help me to use your love as a
way to persevere in my Lenten
intentions.*

*I am weak, but I know with
your help, I can use these
small sacrifices in my life to
draw closer to you.*

Amen



*Walk
in the
light
of the
Lord*
see John 5:19-21

*Almighty and Everlasting God,
You have given the human race
Jesus Christ our Savior as
a model of humility.
He fulfilled Your Will by
becoming Man and giving
His life on the Cross.
Help us to bear witness to You
by following His example
of suffering
And make us worthy to share in
His Resurrection.
We ask this through
our Lord Jesus Christ, Your Son.*

*L
E
N
T
Turn away
from us*