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## CURSILLO

pronounced "KUR-SEE-O"

As your faith gets challenged in our pluralistic world ask yourself...

- Do you want to live your faith in your daily life?
- Do you desire a Christian community with which to share your faith journey?
- Do you want to be more confident in sharing your faith with our secular world?
- Do you wish to enrich your relationship with God?

If you answer "yes" to these questions, Cursillo will help you develop, live, and share your spirituality in today's society.

In our struggle to live in the secular world we are challenged to be Christian, not just on Sundays, but in all that we are and all that we do. The Cursillo Movement provides the support and growth we need to enrich our relationship with God.

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## ABOUT CURSILLO IN THE BLUE RIDGE VA REGION....

- Cursillo weekends are held at a variety of retreat locations in the Roanoke, Virginia area with easy access for the areas from Covington to Danville.
- The retreat facilities provide a quiet and relaxing setting for your Cursillo Weekend.
- Weekends start on Thursday evening and end on Sunday evening.
- Transportation to and from your Cursillo weekend will be arranged by your sponsor.

**For more information contact....**

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**or visit our webpage at**

<http://www.olphsalem.org/cursillo>

## THE CURSILLO

An Encounter with Christ



A Method to Find, Form, and  
Sustain Lay Leadership for  
Christ and His Church.

Cursillo Movement  
Diocese of Richmond

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## Cursillo Is Based On A Method...

Cursillo enables you to:

- expand your prayer life
- have an ongoing study program
- share your faith

It provides a two-part method to help sustain and nurture you.


**Group Reunion:** Informal gatherings of three to five people who meet regularly to share their faith and to support each other in their spiritual life.

**Ultreya:** Monthly gatherings of Group Reunions. They share experiences, pray together, and socialize. Cursillistas share their spirituality and gain insight and ideas that can enhance their Christian life.


## It begins with a Weekend...

A three day weekend helps you experience your Catholic faith and encourages a spiritual life that is filled with joy, laughter, and enthusiasm. You are invited to seek an enriched relationship with God within the framework of a Christian Community.

Catholic parishes throughout the diocese host these weekends. Beginning Thursday evening through Sunday afternoon a team of Catholic lay people and spiritual advisors will talk and lead discussions emphasizing:

- the meaning of Grace and the Sacraments
  - the need for prayer
  - ways of living our life in union with God
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## If you want to participate...

To attend a Cursillo Weekend you must have a sponsor who is an active Cursillista. A sponsor is responsible for preparing you for the weekend, establishing you in a Group Reunion where you live or work, and introducing you to the Ultreya in your area.

Catholic Cursillo does not hold co-ed weekends. Separate weekends are held for men and women.


You will receive the Sacraments of Reconciliation and Eucharist which are an integral part of the Catholic Cursillo.

Due to the intensity of the Weekend, persons recently divorced, grieving the loss of a loved one, or hurting for whatever reason, should wait for a less stressful time before applying.

## We are challenged...

The Cursillo is an encounter with Christ. Cursillo promotes a spiritual revitalization of our world. The transference of Christ's values to others in our family, school, workplace, etc. is the Christianization that Cursillo promotes. Cursillo develops in adult Christians a consciousness of their power and mission to become leaders in the work of Christian renewal, while sustaining them through Christian community.

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## History and Purpose of Cursillo....

The full name for Cursillo is "Cursillo de Cristiandad".

Cursillo, which started in Majorca, Spain in the 1940's, is a movement of the laity within the Catholic Church.

The word Cursillo means "little lesson" or "short course" in Christian living.

The founders were dedicated in helping Catholics to know Christ better. Their intention, then and now, was to give the laity a renewed spirituality and a clearer understanding of how Christ can work through them.

The movement came to the United States in 1957 with a Cursillo weekend in Waco, Texas, and was conducted entirely in Spanish.

The Cursillo Movement and its Method have been endorsed by the Catholic Church.

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