

MASS FOR THE
14th Sunday in Ordinary Time

SATURDAY, JULY 4TH AT 5:00 PM

SUNDAY, JULY 5TH AT 10:30 AM



14TH SUNDAY IN ORDINARY TIME

**“Come to me, all you who labor and are burdened,
and I will give you rest.” - Mt 11:28-30**

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

**Our Lady of Perpetual Help Catholic Church
Salem, Virginia**

We are thankful that you are
worshipping with us today!

*A nursery (staffed by a nursery coordinator and
parent volunteers) is available during the 10:30 AM
Sunday Mass for children ages 6 months to 3 years.*

*The nursery is located down the hall from the
commons in the Family Life Center.*

*See an usher for directions to the restrooms or nursery,
or to request a hearing assistance device.*



If you would like information
about activities or joining our
parish, please contact the office at
540-387-0491 or email us at
office@olphsaalem.org.

You can also visit our website
www.olphsaalem.org
or find us on Facebook at
www.facebook.com/OLPHSalem.

If you would like make an electronic contribution
to our weekly offertory collection or a special fund
(such as capital improvement), you can use this QR
code to reach our E-giving site. Donations can be
made from a checking account, a savings account,
or a credit card. Alternatively, you can go directly
to the E-giving site using the following URL:



<https://www.osvhub.com/olphsaalem/giving/funds/offertory/give>

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Verse 1

Light of the world, You stepped down into darkness.
 Opened my eyes, let me see.
 Beauty that made this heart adore You.
 Hope of a life spent with You.

Refrain



Here I am to wor - ship, here I am to
 bow down, here I am to say that You're my God. —
 You're all to - geth - er love - ly, al - to - geth - er
 wor - thy, al - to - geth - er won - der - ful to me. —

Verse 2

King of all days, oh so highly exalted.
 Glorious in heaven above.
 Humbly, You came to the earth You created.
 All for love's sake, became poor.

Bridge

And I'll never know how much it cost to see my sin upon that cross.
 And I'll never know how much it cost to see my sin upon that cross.

INTRODUCTORY RITES

(stand)

GATHERING SONG I HEARD THE VOICE OF JESUS SAY



1. I heard the voice of Je - sus say, "Come
2. I heard the voice of Je - sus say, "Be -
3. I heard the voice of Je - sus say, "I



un - to me and rest; Lay down, O wea - ry
hold, I free - ly give The liv - ing wa - ter;
am this dark world's light; Look un - to me, your



one, lay down Your head up - on my breast." I
thirst - y one, Stoop down, and drink, and live." I
morn shall rise, And all your day be bright." I



came to Je - sus as I was, So
came to Je - sus, and I drank Of
looked to Je - sus, and I found In



wea - ry, worn, and sad; I found in him a
that life - giv - ing stream; My thirst was quenched, my
him my star, my sun; And in that light of



rest - ing place, And he has made me glad.
soul re - lived, And now I live in him.
life I'll walk Till trav - 'ling days are done.

GREETING

Priest: In the name of the Father, and of the Son, +
and of the Holy Spirit.

People: Amen.

Priest: The Lord be with you. *(or other greeting)*

People: And with your spirit.

PENITENTIAL ACT

Priest: Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

People: I confess to almighty God

and to you, my brothers and sisters,

that I have greatly sinned,

in my thoughts and in my words,

in what I have done and in what I have failed to do,

(strike breast) **through my fault, through my fault,
through my most grievous fault;**

therefore I ask blessed Mary ever-Virgin,

all the Angels and Saints,

and you, my brothers and sisters,

to pray for me to the Lord our God.

Priest: May almighty God have mercy on us, forgive us our sins,
and bring us to everlasting life.

People: Amen.

Priest: Lord, have mercy. **People: Lord, have mercy.**

Priest: Christ, have mercy. **People: Christ, have mercy.**

Priest: Lord, have mercy. **People: Lord, have mercy.**

GLORIA from "A New Mass for Congregations"



Glo-ry to God in the high - est, and on earth peace to peo-ple of good



will. We praise you, we bless you, we a - dore you, we



glo-ri - fy you, we give you thanks for your great glo - ry,

Lord God, heav'n-ly King, O God, al-might-y Fa-ther.

Lord Je-sus Christ, On-ly Be-got-ten Son, Lord God,

Lamb of God, Son of the Fa-ther, you take a-way the

sins of the world, have mer-cy on us; you

take a-way the sins of the world, re-ceive our

prayer; you are seat-ed at the right hand of the

Fa-ther, have mer-cy on us.

For you a-lone are the Ho-ly One, you a-lone are the Lord,

you a-lone are the Most High, Je-sus Christ, with the Ho-ly Spir-it,

in the glo-ry of God the Fa-ther. A - men.

Text: ICEL, © 2010

Music: *A New Mass for Congregations*, Carroll T. Andrews, revised by Ronald F. Krisman © 1970, 2011, GIA Publications, Inc.

COLLECT (OPENING PRAYER)

Priest: Let us pray. *(We pause to offer our silent intentions to God.)*
 ... God, forever and ever. **People: Amen.**

(sit)

THE LITURGY OF THE WORD

FIRST READING: Zechariah 9:9-10

Lector: The Word of the Lord.

People: Thanks be to God.

RESPONSORIAL PSALM: Psalm 145



I will praise your name for ev - er, my
king and my God.

The English translation of the Psalm Response from the *Lectionary for Mass*
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SECOND READING: Romans 8:9, 11-13

Lector: The Word of the Lord.

People: Thanks be to God.

(stand)

GOSPEL ACCLAMATION



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Music: *Mass of Remembrance*, Marty Haugen, © 1987, GIA Publications, Inc.

Deacon: The Lord be with you. **People: And with your spirit.**

Deacon: A reading from the Holy Gospel according to Matthew.

People: Glory to you, O Lord.

GOSPEL: Matthew 11:25-30

Priest/Deacon: The Gospel of the Lord.

People: Praise to you, Lord Jesus Christ.

(sit)

HOMILY

(stand)

PROFESSION OF FAITH – THE NICENE CREED

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.**

**For us men and for our salvation
he came down from heaven,**

(bow) ***and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.***

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.**

**He ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified, who has spoken through the prophets.**

I believe in one, holy, catholic and apostolic Church.

**I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.**

PRAYER OF THE FAITHFUL

Deacon/Lector:... let us pray to the Lord.

People: Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

(sit)

OFFERTORY SONG

BE NOT AFRAID

Dufford

Verse 1



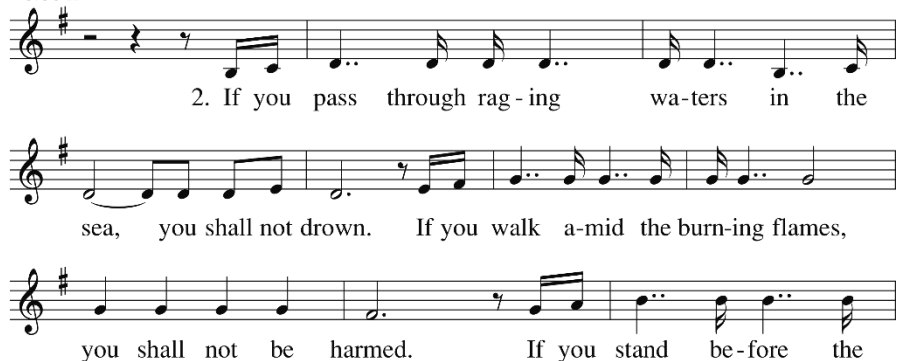
1. You shall cross the bar-ren des-ert, but you shall not die of thirst. You shall wan-der far in safe-ty though you do not know the way. You shall speak your words in for-eign lands and all will un-der-stand. You shall see the face of God and live.

Refrain



Be not a - fraid. I go be - fore you al - ways.
Come, fol-low me, and I will give you rest.

Verse 2



2. If you pass through rag - ing wa-ters in the sea, you shall not drown. If you walk a-mid the burn-ing flames, you shall not be harmed. If you stand be-fore the

pow'r of hell and death is at your side,
know that I am with you through it all. **D.S.**

Verse 3

3. Bless-ed are your poor, for the king-dom shall be
theirs. Blest are you that weep and mourn, for
one day you shall laugh. And if wick-ed tongues in-
sult and hate you all be-cause of me,
bless-ed, bless-ed are you! **D.S.**

Text: Isaiah 43:2-3, Luke 6:20ff; Bob Dufford, SJ, b.1943
Tune: Bob Dufford, SJ, b.1943; acc. by Theophane Hytrek, OSF, 1915-1992
© 1975, 1978, Robert J. Dufford, SJ, and OCP

(stand)

Priest: Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

People: **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

Priest: *(prayer over the offerings)* **People: Amen.**

PREFACE DIALOGUE

Priest: The Lord be with you. **People:** **And with your spirit.**

Priest: Lift up your hearts. **People:** **We lift them up to the Lord.**

Priest: Let us give thanks to the Lord our God.

People: **It is right and just.**

PREFACE

SANCTUS from "Mass of Light"

Ho - ly, Ho - ly, Ho - ly Lord
God of hosts. Heav-en and earth are full of your
glo - ry. Ho - san - na in the high - est.
Bless-ed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho -
san - na in the high - est.

The musical score is written on a single treble clef staff with a key signature of one sharp (F#) and a time signature of 6/8. It consists of seven lines of music. The lyrics are placed below the notes. The score includes various rhythmic values such as quarter, eighth, and sixteenth notes, as well as rests. There are also some time signature changes, notably to 3/8 and back to 6/8.

Text: ICEL, © 2010
Music: *Mass of Light*, David Haas, © 1988, 2010, GIA Publications, Inc.

(kneel)

MEMORIAL ACCLAMATION from "Mass of Light"

When we eat this Bread and drink this Cup,
we pro-claim your Death, O Lord, un-til you come,
un-til you come a - gain.

The musical score is written on a single treble clef staff with a key signature of one sharp (F#) and a time signature of 6/8. It consists of three lines of music. The lyrics are placed below the notes. The score includes various rhythmic values such as quarter, eighth, and sixteenth notes, as well as rests. There are also some time signature changes, notably to 3/8 and back to 6/8.

Text: ICEL, © 2010
Music: *Mass of Light*, David Haas, © 1988, 2010, GIA Publications, Inc.

GREAT AMEN from "Mass of Light"

A - men, a - men, a - men, a - men.

Music: *Mass of Light*, David Haas, © 1988, GIA Publications, Inc.

(stand)

OUR FATHER

People: Our Father, who art in heaven,
 hallowed be thy name; thy kingdom come;
 thy will be done on earth as it is in heaven.
 Give us this day our daily bread;
 and forgive us our trespasses
 as we forgive those who trespass against us;
 and lead us not into temptation,
 but deliver us from evil.

Priest: Deliver us, Lord ... coming of our Savior, Jesus Christ.

People: For the kingdom, the power, and the glory are yours, now and forever.

SIGN OF PEACE

Priest: The peace of the Lord be with you always.

People: And with your spirit.

Priest: Let us offer each other the sign of peace.

LAMB OF GOD from "Mass of Remembrance"

Lamb of God, you take a-way the sins of the world: have mer-cy on us. world: grant us peace, grant us peace.

Music: *Mass of Remembrance*, Marty Haugen, © 1987, GIA Publications, Inc.

(kneel)

Priest: Behold the Lamb of God,
 behold him who takes away the sins of the world.
 Blessed are those called to the supper of the Lamb.

All: **Lord, I am not worthy
 that you should enter under my roof,
 but only say the word and my soul shall be healed.**



Catholics who are prepared to receive the Eucharist are invited forward to receive Communion at this time. If you are Catholic but not prepared to receive the Eucharist, or if you are not Catholic, we invite you to come forward with your arms crossed over your chest, and we will share a short prayer with you.

COMMUNION SONG **IN REMEMBRANCE OF YOU** **Tate**



1. Je - sus, hope for all, teach us to be -
 2. Je - sus, Son of God, you are liv - ing
 3. Je - sus, Lamb of God, bear - er of our



1. lieve. Reach us, hope for all, _____ in
 2. Word. Teach us, Son of God, _____ to
 3. sin, Free us, Lamb of God; _____ come



1. wa - ter, wine, and wheat. _____
 2. share what we have heard. _____
 3. heal us from with - in. _____

REFRAIN



Gath - ered at ta - ble, gath - ered in love, food for the jour - ney



sent from a - bove. Strength - en and feed us in all that we do,

gath - ered at ta - ble in re - mem - brance of you.

To Verses | *Final*

you. Gath - ered at ta - ble

in re - mem - brance of you.

2

Paul A. Tate
Text and music © 1997, WLP



After the priest or deacon has purified the vessels, he will move to the front of the altar. If you are distributing the Eucharist to those who are sick or homebound, please come forward to receive your pyx at this time. Thank you for caring for those who cannot join us.

POST-COMMUNION SONG

ALL WILL BE WELL

Warner

All will be well, and all will be well, all

To repeat

man - ner of things will be well.

Last time

well, will be well, will be well.

(stand)

PRAYER AFTER COMMUNION

Priest: ...through Christ our Lord. **People: Amen.**

(sit)

ANNOUNCEMENTS

THE CONCLUDING RITE

(stand)

BLESSING AND DISMISSAL

Priest: The Lord be with you.

People: And with your spirit.

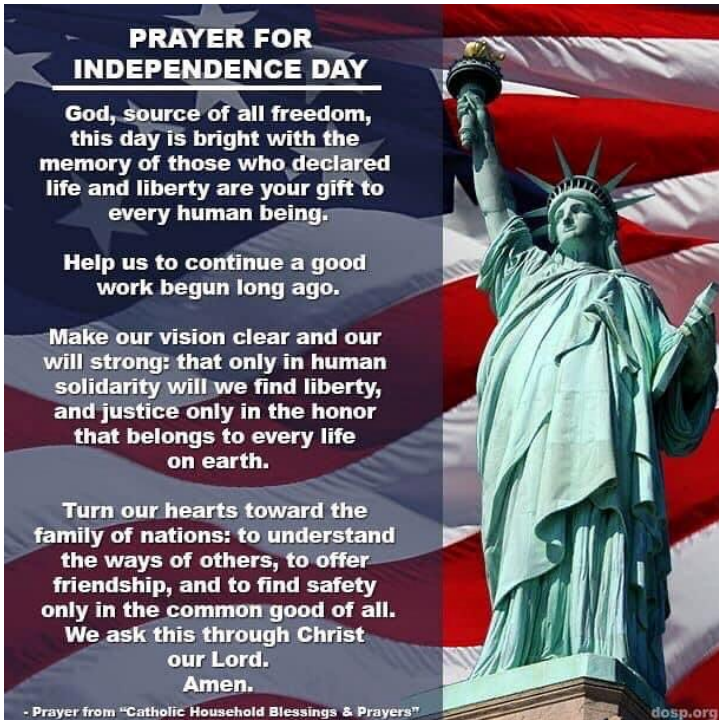
Priest: *(final blessing)*

People: Amen.

Priest: May almighty God bless you, the Father, and the Son,
+ and the Holy Spirit. **People: Amen.**

Priest/Deacon: Go in peace. *(or other dismissal)*

People: Thanks be to God.



**PRAYER FOR
INDEPENDENCE DAY**

God, source of all freedom,
this day is bright with the
memory of those who declared
life and liberty are your gift to
every human being.

Help us to continue a good
work begun long ago.

Make our vision clear and our
will strong: that only in human
solidarity will we find liberty,
and justice only in the honor
that belongs to every life
on earth.

Turn our hearts toward the
family of nations: to understand
the ways of others, to offer
friendship, and to find safety
only in the common good of all.
We ask this through Christ
our Lord.
Amen.

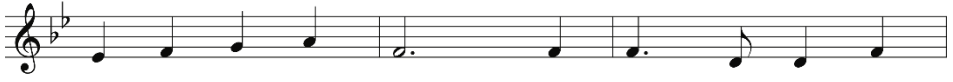
- Prayer from "Catholic Household Blessings & Prayers" dosp.org

CLOSING SONG

AMERICA THE BEAUTIFUL



1. O beau - ti - ful for spa - cious skies, For
 2. O beau - ti - ful for pil - grim feet, Whose
 3. O beau - ti - ful for he - roes proved In
 4. O beau - ti - ful for pa - triot dream That



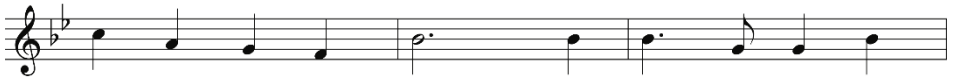
am - ber waves of grain, For pur - ple moun - tain
 stern, im - pas - sioned stress A thor - ough - fare for
 lib - er - at - ing strife, Who more than self their
 sees be - yond the years Thine al - a - bas - ter



maj - es - ties A - bove the fruit - ed plain! A -
 free - dom beat A - cross the wil - der - ness! A -
 coun - try loved, And mer - cy more than life! A -
 cit - ies gleam, Un - dimmed by hu - man tears! A -



mer - i - ca! A - mer - i - ca! God
 mer - i - ca! A - mer - i - ca! God
 mer - i - ca! A - mer - i - ca! May
 mer - i - ca! A - mer - i - ca! God



shed his grace on thee, And crown thy good with
 mend thine ev - 'ry flaw, Con - firm thy soul in
 God thy gold re - fine, Till all suc - cess be
 shed his grace on thee, And crown thy good with



broth - er - hood From sea to shin - ing sea.
 self - con - trol, Thy lib - er - ty in law.
 no - ble - ness, And ev - 'ry gain di - vine.
 broth - er - hood From sea to shin - ing sea.