

MASS FOR THE  
**4<sup>th</sup> Sunday in Ordinary Time**

**SATURDAY, JANUARY 31<sup>ST</sup> AT 5:00 PM  
SUNDAY, FEBRUARY 1<sup>ST</sup> AT 10:30 AM**

FOURTH SUNDAY IN ORDINARY TIME

HE WENT UP THE  
MOUNTAIN AND BEGAN  
**TO TEACH.**

— MATTHEW 5:1 —



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Our Lady of Perpetual Help Catholic Church  
Salem, Virginia

We are thankful that you are worshipping with us today!

*A nursery (staffed by a nursery coordinator and parent volunteers) is available during the 10:30 AM Sunday Mass for children ages 6 months to 3 years.*

*The nursery is located down the hall from the commons in the Family Life Center.*

*See an usher for directions to the restrooms or nursery, or to request a hearing assistance device.*



If you would like information about activities or joining our parish, please contact the office at 540-387-0491 or email us at [office@olphsalem.org](mailto:office@olphsalem.org) .

You can also visit our website [www.olphsalem.org](http://www.olphsalem.org) or find us on Facebook at [www.facebook.com/OLPHSalem](http://www.facebook.com/OLPHSalem).

If you would like make an electronic contribution to our weekly offertory collection or a special fund (such as capital improvement), you can use this QR code to reach our E-giving site. Donations can be made from a checking account, a savings account, or a credit card. Alternatively, you can go directly to the E-giving site using the following URL:

<https://www.osvhub.com/olphsalem/giving/funds/offertory/give>



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**PRELUDER (SUNDAY)****THE BEATITUDES**

Hillsong

Blessed are the poorest ones  
for heaven comes to where they are in You, in You.  
Blessed are the ones who mourn  
for comfort comes to find them all in You, in You.  
Those who seek will be made right;  
they will be filled and lifted high in You, in You.  
Blessed are the merciful  
for mercy will be shown to them by You, by You.

**CHORUS:**

O blessed are the ones who call Your name, and  
blessed are the ones You save. O You bless the pure in  
heart. We will see our God. We will see our God.

Those who long for making peace,  
they will be called the children of our God, of our God.  
Blessed are the meek for they receive the earth  
and all that's found in You, in You. (to CHORUS)

**BRIDGE:**

If just to know You, if just to love You:  
What more can I ask for? What more can I ask for?  
If just to know You, if just to love You:  
What more can I ask for? What more can I ask for?  
(to CHORUS)

Persecuted we will stand  
for our reward is heaven here and now, and still to come.

# INTRODUCTORY RITES

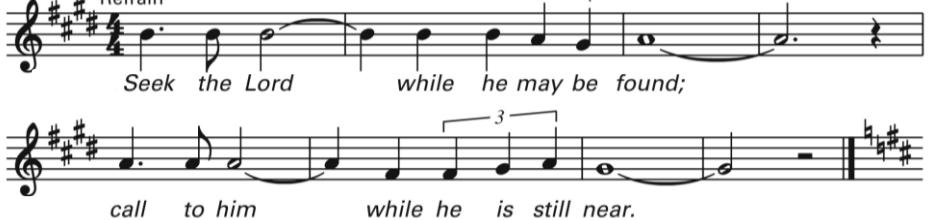
*(stand)*

## OPENING SONG

Refrain

**SEEK THE LORD**

O'Connor



1 To-day is the day and now the prop-er hour to for-  
2 As high as the sky is a-bove the earth, so  
3 'Find-ing the Lord, let us cling to him. His

1 sake our sin - ful lives and turn to the Lord.  
2 high a-bove our ways, the ways of the Lord.  
3 words, his ways lead us to life.

to Refrain

Text: Based on Isaiah 55:6-9. Text and music © 1975, 1996, Robert F. O'Connor, SJ, and OCP. All rights reserved.

## GREETING

Priest: In the name of the Father, and of the Son,  
+ and of the Holy Spirit.

People: Amen

Priest: The Lord be with you. (or other greeting)

People: And with your spirit.

## PENITENTIAL ACT

Priest: Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

People: I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
(strike breast) through my fault, through my fault,  
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

Priest: May almighty God have mercy on us, forgive us our sins,  
and bring us to everlasting life.

People: Amen.

Priest: Lord, have mercy.

People: Lord, have mercy.

Priest: Christ, have mercy.

People: Christ, have mercy.

Priest: Lord, have mercy.

People: Lord, have mercy.

## GLORIA



1 Glo - ry to God in the high - est, and on earth peace to  
2 peo - ple of good will. We praise you, we bless you, we a -  
3 dore you, we glo-ri-fy you, we give you thanks for your great glo -  
4 ry. Lord God, heav-en-ly King, O\_\_ God, al-might - y  
5 Fa - ther. Lord Je - sus Christ, On - ly be-got - ten Son,  
6 Lord God, Lamb of God, Son of the Fa - ther \_\_\_\_\_ you  
7 take a-way the sins of the world, have mer - cy on us; you  
8 take a-way the sins of the world, re - ceive our prayer; you are

seat-ed at the right hand of the Fa-ther, have mer-cy on us. For  
 you a-lone are the Ho-ly One, you a-lone are the Lord,  
 you a-lone are the most high Je-sus Christ, with the Ho-ly  
 Spir-it, in the glo-ry of God the Fath-er. A-men, a-men, a-  
 men, a-men, a-men, a-men, a-men, a-men, a-men.

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### COLLECT (OPENING PRAYER)

Priest: Let us pray.

*(We pause to offer our silent intentions to God.)*

... God, forever and ever.

People: Amen.

*(sit)*

## THE LITURGY OF THE WORD

**FIRST READING:** Zephaniah 2:3; 3:12-13

Lector: The Word of the Lord.

**People: Thanks be to God.**

**RESPONSORIAL PSALM:** Psalm 146

R. Blessed are the poor in spir-it; the king-dom of heav-en is theirs!

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## SECOND READING: 1 Corinthians 1:26-31

Lector: The Word of the Lord.

People: Thanks be to God.

*(stand)*

### GOSPEL ACCLAMATION



Al - le - lu - ia,      Al - le - lu - ia!      Al - le - lu - ia,  
Al-le-lu-ia!      Al-le-lu-ia,      Al-le-lu-ia,      Al - le - lu - ia!

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Priest/Deacon: The Lord be with you.

People: And with your spirit.

Priest/Deacon: A reading from the Holy Gospel  
according to Matthew.

People: Glory to you, O Lord.

### GOSPEL: Matthew 5:1-12

Priest/Deacon: The Gospel of the Lord.

People: Praise to you, Lord Jesus Christ

*(sit)*

### HOMILY



*(stand)*

## PROFESSION OF FAITH – THE NICENE CREED

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.

For us men and for our salvation  
he came down from heaven,

*(bow)* **and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.**

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.

He ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified, who  
has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

## PRAYER OF THE FAITHFUL

Deacon/Lector:.... let us pray to the Lord.

People: **Lord, hear our prayer. *(sit)***

# THE LITURGY OF THE EUCHARIST

## OFFERTORY SONG

Verses 1-3

## BLEST ARE THEY

Haas

1. Blest are they, the poor in spirit,  
2. Blest are they, the lowly,  
3. Blest are they, who show ones,  
mercy,  
theirs is the kingdom of God.  
they shall inherit the earth.  
mercy shall be theirs.  
Blest are they, who are full of sorrow,  
Blest are they, who are hungry and thirst,  
Blest are they, the pure of heart,  
they shall be consoled.  
they shall have their fill.  
they shall see God!

Refrain

Re - joice and be glad! Bless-ed are you,  
ho - ly are you! Re - joice and be glad!  
Yours is the king-dom of God!

Verses 4, 5

4. Blest are they, who seek peace;  
5. Blest are you, who suffer hate;

they are the be - chil - dren of of God. me. Re -

Blest are they who suf - fer in the faith, the  
glad, yours is the king - dom;

glo - ry of for God all is to theirs.  
shine see. D.S.

Text: Matthew 5:3-12; David Haas, b.1957

Tune: David Haas, b.1957; vocal arr. by David Haas, b.1957, Michael Joncas, b.1951

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### *(stand)*

**Priest:** Pray, brothers and sisters, that my sacrifice and yours  
may be acceptable to God, the almighty Father.

**People:** **May the Lord accept the sacrifice at your hands**  
**for the praise and glory of his name,**  
**for our good and the good of all his holy Church.**

**Priest:** *(prayer over the offerings)*

**People:** Amen.

### PREFACE DIALOGUE

**Priest:** The Lord be with you.

**People:** **And with your spirit.**

**Priest:** Lift up your hearts.

**People:** **We lift them up to the Lord.**

**Priest:** Let us give thanks to the Lord our God.

**People:** **It is right and just.**

### PREFACE

## **SANCTUS** from "Mass of Communion"

Ho - ly, ho - ly, ho - ly Lord God of  
hosts. Heav-en and earth are full of your  
glo - ry. Ho-san-na in the high - est.  
Bless-ed is he who comes in the name of the Lord. Ho-  
san-na in the high - est. Ho-san-na in the high - est.

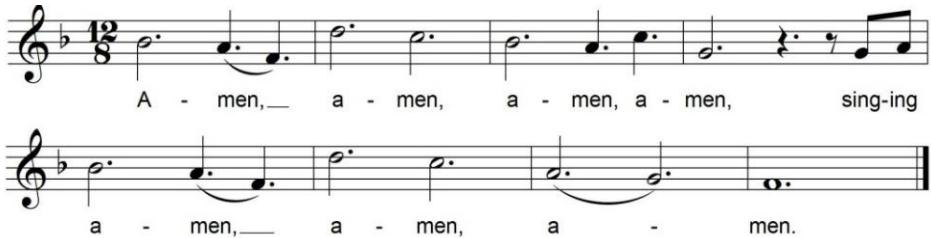
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*(kneel)*

## **MEMORIAL ACCLAMATION**

When we eat this bread and drink this cup, we pro-claim your  
death, O Lord, un-til you come a-gain, O Lord, un-til you  
come a - gain, O Lord, un-til you come a - gain.

## GREAT AMEN



A - men, a - men, a - men, a - men, sing-ing  
a - men, a - men, a - men.

## (stand)

### OUR FATHER

People: Our Father, who art in heaven,  
hallowed be thy name; thy kingdom come;  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

Priest: Deliver us, Lord ... coming of our Savior, Jesus Christ.

People: For the kingdom, the power, and the glory are yours, now  
and forever.

### SIGN OF PEACE

Priest: The peace of the Lord be with you always.

People: And with your spirit.

Priest/Deacon: Let us offer each other the sign of peace.

### LAMB OF GOD *from "Mass of Communion"*



Lamb of God, you take a-way the sins of the world, mi-se-re-re  
no - bis. Lamb of God, you take a-way the sins of the world,  
do-na no-bis pa - cem. Do-na no-bis pa - cem.

*(kneel)*

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

People: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.



*Catholics who are prepared to receive the Eucharist are invited forward to receive Communion at this time. If you are Catholic but not prepared to receive the Eucharist, or if you are not Catholic, we invite you to come forward with your arms crossed over your chest, and we will share a short prayer with you.*

## COMMUNION SONG      AT THE TABLE OF JESUS

Refrain

At the ta - ble of Je-sus we are nour - ished and fed      By the

bless - ing cup and heav-en's liv - ing bread.      At the

ta - ble of Je - sus earth and heav - en are wed.      To a

hun - gry world, by our God we are led.

Verses

1. Where love and char - i - ty are found There God is a - mong us; God's

2. Now, as we gath-er all as one, Di - vi - sion is end - ed, com -

3. Joined with the an-gels and the saints, Be - hold-ing God's glo - ry and

good - ness a - bounds. As Christ gath - ers man - y as one,  
 mun - ion be - gun. Let fear, an - ger, ha - tred now end.  
 tast - ing God's grace, We'll sing praise in God's ho - ly place,

Let our hearts be glad and re - flect God's love.  
 Let us dwell in love as our God in - tends.  
 And with heav - en's hosts we'll come face to face.

D.C.

Text: Based on *Ubi Caritas*; Tony E. Alonso, b.1980

Tune: SIMPLE GIFTS, Irregular with refrain; Joseph Brackett, Jr., 1797-1882; arr. by Marty Haugen, b.1950

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*After the priest or deacon has purified the vessels, he will move to the front of the altar. If you are distributing the Eucharist to those who are sick or homebound, please come forward to receive your pyx at this time. Thank you for caring for those in our community who cannot join us.*

**POST-COMMUNION SONG**

**LORD JESUS CHRIST**

Berthier

Lord Je - sus Christ, your light shines with - in us.

Let not my doubts nor my dark - ness speak to me.

Lord Je - sus Christ, your light shines with - in us.

Let my heart al - ways wel - come your love.

Text: Psalm 139

Tune: Jacques Berthier, 1923-1994

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*(stand)*

**PRAYER AFTER COMMUNION**

**Priest:** ...through Christ our Lord.

**People:** Amen

*(sit)*

**ANNOUNCEMENTS**

## THE CONCLUDING RITE

*(stand)*

**BLESSING AND DISMISSAL**

**Priest:** The Lord be with you.

**People:** And with your spirit.

**Priest:** May almighty God bless you, the Father, and the Son,  
+ and the Holy Spirit.

**People:** Amen.

**Priest/Deacon:** Go in peace. *(or other dismissal)*

**People:** Thanks be to God.

## CLOSING SONG

## LEAD ME, LORD

Becker

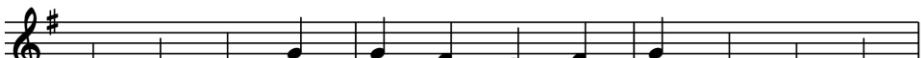
Verses



1. Bless - ed are the poor in spir - it, long - ing for their  
 2. Bless - ed are the mer - ci - ful, for mer - cy shall be  
 3. Blest are they who through their life-times sow the seeds of



1. Lord, for God's com - ing king - dom shall be theirs.  
 2. theirs, and the pure in heart shall see their God.  
 3. peace, all will call them chil - dren of the Lord.



1. Bless - ed are the sor - row - ing, for they shall be con -  
 2. Blest are they whose hun - ger on - ly ho - li - ness can  
 3. Blest are you, though per - se - cu - ted in your ho - ly



1. soled, and the meek shall come to rule the world.  
 2. fill, for I say they shall be sat - is - fied.  
 3. life, for in heav - en, great is your re - ward.

Refrain



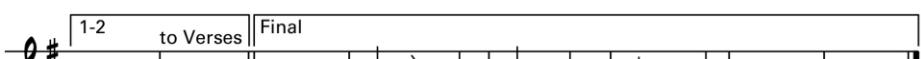
Lead me, Lord, lead me, Lord, by the light of truth to



seek and to find the nar - row way. Be my way;



be my truth; be my life, my Lord, and lead me, Lord, to -



1-2  
day.

to Verses

Final

day.

And lead me, Lord, to - day.

Text: Matthew 5:3-12; 7:7, 13; John 14:6. Text and music © 1987, John D. Becker.  
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*Note: Sunday's choral arrangement is by Mark Hayes.*

**UPDATE: Father Kyle's Lunch and Learn on the Sacrament of Reconciliation has been postponed until Sunday, March 1<sup>st</sup>.**