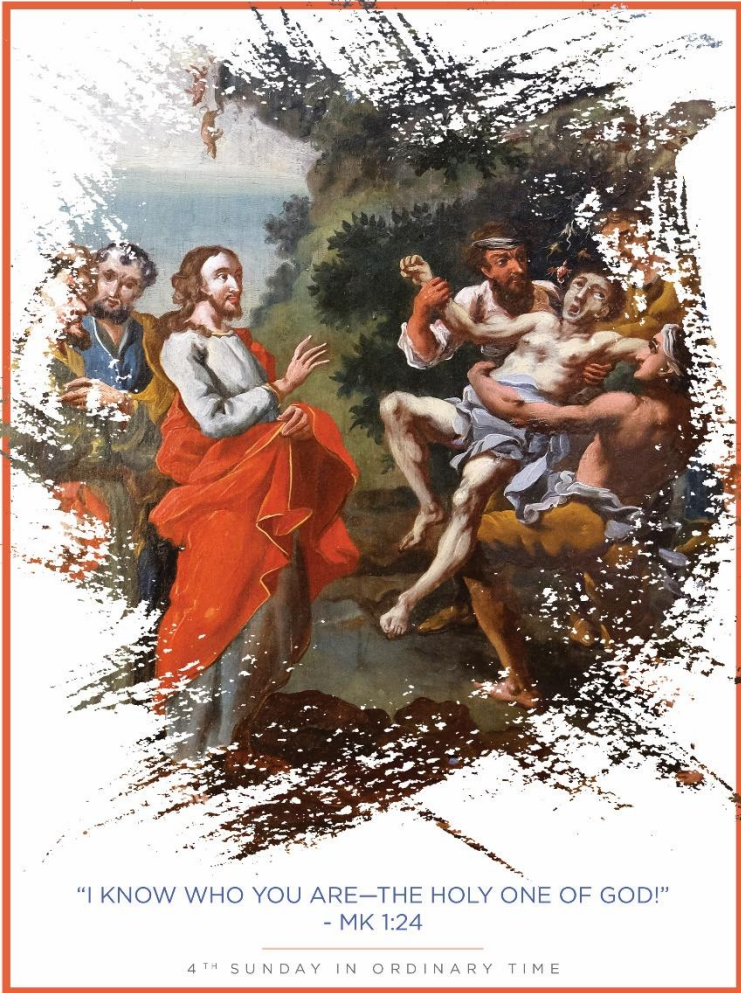


MASS FOR THE
4th Sunday in Ordinary Time

SATURDAY, JANUARY 27TH AT 5:00 PM

SUNDAY, JANUARY 28TH AT 10:30 AM



EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCD. ©LPI

Our Lady of Perpetual Help Catholic Church
Salem, Virginia

We are thankful that you are
worshipping with us today!

*A nursery (staffed by a nursery coordinator and
parent volunteers) is available during the 10:30 AM
Sunday Mass for children ages 6 months to 3 years.
The nursery is located down the hall from the
commons in the Family Life Center.*

*See an usher for directions to the nursery or restrooms,
or to request a hearing assistance device.*

If you would like information about
activities or joining our parish, please
contact the office at 540-387-0491 or
email us at office@olphsaalem.org.

You can also visit our website at
www.olphsaalem.org or find us on Facebook
at www.facebook.com/OLPHSalem.

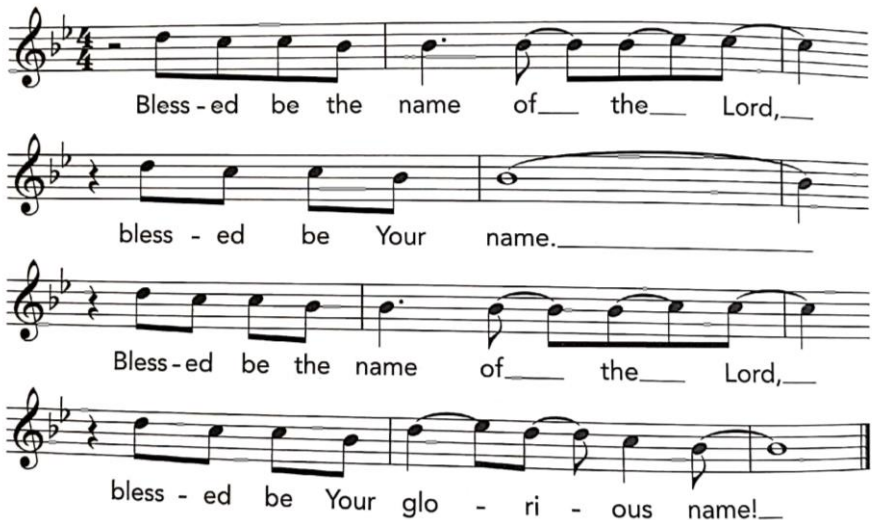
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Verse 1:

Blessed be Your name in the land that is plentiful.
 Where Your streams of abundance flow, blessed be Your name.
 Blessed be Your name when I'm found in the desert place.
 Though I walk through the wilderness, blessed be Your name.

Pre-Chorus: Every blessing You pour out, I'll turn back to praise.
 When the darkness closes in, Lord, still I will say:

Chorus:



Verse 2:

Blessed be Your name when the sun's shining down on me.
 When the world's all as it should be, blessed be Your name.
 Blessed be Your name on the road marked with suffering.
 Though there's pain in the offering, blessed be Your name.
 (to Pre-Chorus)

Bridge:

You give and take away. You give and take away.
 My heart will choose to say: "Lord, blessed be Your name."
 (to Chorus)

INTRODUCTORY RITES

(stand)

OPENING SONG PRAISE TO YOU, O CHRIST OUR SAVIOR Farrell

Refrain



Praise to you, O Christ, our Sav-ior, Word of the Fa-ther, call-ing us to life;
Son of God who leads us to free-dom: glo-ry to you, Lord Je-sus Christ!

Verses



1. You are the Word who calls us out of dark-ness; you are the
2. You are the one whom proph-ets hoped and longed for; you are the
1. Word who leads us in - to light; you are the Word who
2. one who speaks to us to - day; you are the one who
1. brings us through the des - ert: glo - ry to you, Lord Je-sus Christ!
2. leads us to our fu - ture: glo - ry to you, Lord Je-sus Christ!

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GREETING

Priest: In the name of the Father, and of the Son,
+ and of the Holy Spirit.

People: Amen

Priest: The Lord be with you. *(or other greeting)*

People: And with your spirit.

PENITENTIAL ACT

Priest/Deacon: (invocation) Lord, have mercy.

People: Lord, have mercy.

Priest/Deacon: (invocation) Christ, have mercy.

People: Christ, have mercy.

Priest/Deacon: (invocation) Lord, have mercy.

People: Lord, have mercy.

Priest: May almighty God have mercy on us, forgive us our sins,
and bring us to everlasting life.

People: Amen

GLORIA

Glo - ry to God in the high - est, and on earth peace to

peo - ple of good will. We praise you, we bless you, we a -

dore you, we glo-ri-fy you, we give you thanks for your great glo -

ry. Lord God, heav-en-ly King, O God, al-might - y

Fa - ther. Lord Je - sus Christ, On - ly be-got - ten Son,

Lord God, Lamb of God, Son of the Fa - ther you

take a-way the sins of the world, have mer - cy on us; you

take a-way the sins of the world, re - ceive our prayer; you are

seat-ed at the right hand of the Fa - ther, have mer-cy on us. For

you a-lone are the Ho-ly One, you a-lone are the Lord,

you a-lone are the most high Je - sus Christ, with the Ho - ly



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COLLECT (OPENING PRAYER)

Priest: Let us pray.

(We pause to offer our silent intentions to God.)

... God, forever and ever.

People: Amen.

(sit)

THE LITURGY OF THE WORD

FIRST READING: Deuteronomy 18:15-20

Lector: The Word of the Lord.

People: Thanks be to God.

RESPONSORIAL PSALM: Psalm 95



The English translation of the Psalm Response from the *Lectionary for Mass*
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SECOND READING: 1 Corinthians 7:32-35

Lector: The Word of the Lord.

People: Thanks be to God.

(stand)

GOSPEL ACCLAMATION



from *Mass of Adoration* by p.g. huston © 2016. Lyrics used by permission of the International Commission on English in Liturgy. Published with the approval of the Committee on Divine Worship, United States Conference of Catholic Bishops. All rights reserved. Reprinted with permission of the composer.

Priest/Deacon: The Lord be with you.

People: And with your spirit.

Priest/Deacon: A reading from the Holy Gospel according to Mark.

People: Glory to you, O Lord.

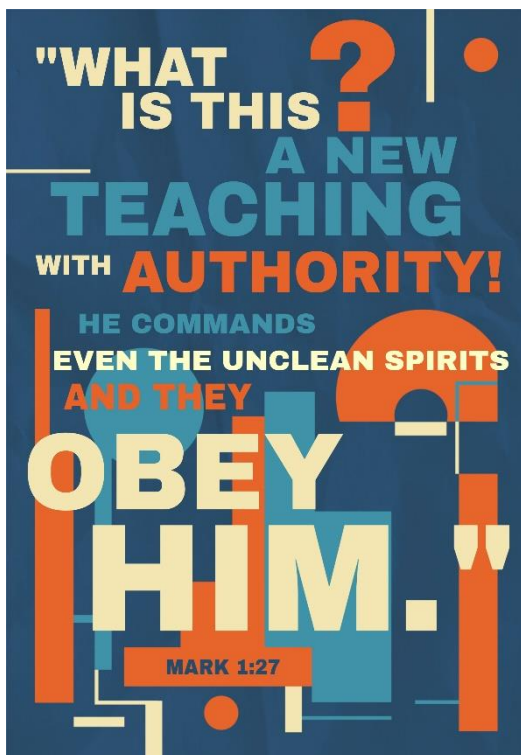
GOSPEL: Mark 1:21-28

Priest/Deacon: The Gospel of the Lord.

People: Praise to you, Lord Jesus Christ

(sit)

HOMILY



(stand)

PROFESSION OF FAITH – THE NICENE CREED

**I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.**

**For us men and for our salvation
he came down from heaven,
(bow) ***and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.*****

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified, who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.**

PRAYER OF THE FAITHFUL

Deacon/Lector: ... let us pray to the Lord.

People: Lord, hear our prayer.

(sit)

THE LITURGY OF THE EUCHARIST

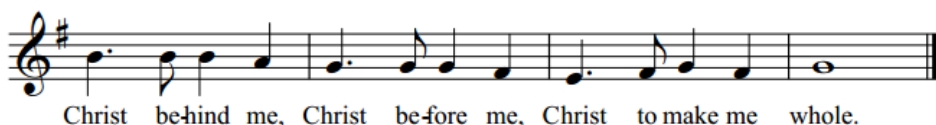
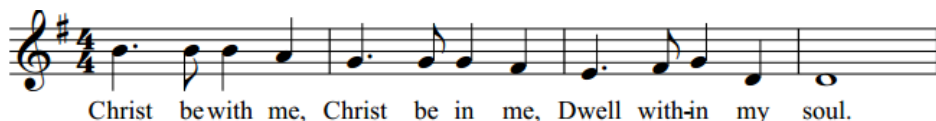
Today's second collection is for Respect Life.

Thank you for your generosity.

OFFERTORY SONG

DWELL WITHIN MY SOUL

Kauffman



1. Hear, oh Lord, my cry. Be gracious and answer me. Your face, oh Lord, do I seek. Do not hide your face from me.
2. In my troubled days, he will shelter me. He will conceal me under cover, and set me on a high place.
3. I believe I shall see the goodness of the Lord. I will wait on the Lord, and take courage.
4. One thing I ask the Lord, to dwell within his house. To live inside, yes, all my days, and behold his beauty.

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(stand)

Priest: Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

People: **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

Priest: *(prayer over the offerings)*

People: **Amen.**

PREFACE DIALOGUE

Priest: The Lord be with you.

People: And with your spirit.

Priest: Lift up your hearts.

People: We lift them up to the Lord.

Priest: Let us give thanks to the Lord our God.

People: It is right and just.

PREFACE

SANCTUS *from "Mass of Communion"*

Ho - ly, ho - ly, ho - ly Lord God of
hosts. Heav-en and earth are full of your
glo - ry. Ho-san-na in the high - est.
Bless-ed is he who comes in the name of the Lord. Ho-
san-na in the high - est. Ho-san-na in the high - est.

(kneel)

MEMORIAL ACCLAMATION



When we eat this bread and drink this cup, we pro-claim your
death, O Lord, un-til you come a - gain, O Lord, un-til you
come a - gain, O Lord, un-til you come a - gain.

GREAT AMEN



A - men, — a - men, a - men, a - men, sing-ing
a - men, — a - men, a - men.

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(stand)

OUR FATHER

People: Our Father, who art in heaven,
hallowed be thy name; thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Priest: Deliver us, Lord ... coming of our Savior, Jesus Christ.

People: For the kingdom, the power, and the glory are
yours, now and forever.

SIGN OF PEACE

Priest: The peace of the Lord be with you always.

People: And with your spirit.

Priest/Deacon: Let us offer each other the sign of peace.

LAMB OF GOD *from "Mass of Communion"*



The musical score is written on three staves in G major (one sharp) and 4/4 time. The first staff contains the melody for "Lamb of God, you take a-way the sins of the world, mi-se-re-re". The second staff continues with "no - bis. Lamb of God, you take a-way the sins of the world,". The third staff concludes with "do-na no-bis pa - cem. Do-na no-bis pa - cem." The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes.

Lamb of God, you take a-way the sins of the world, mi-se-re-re

no - bis. Lamb of God, you take a-way the sins of the world,

do-na no-bis pa - cem. Do-na no-bis pa - cem.

(kneel)

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

People: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.



Catholics who are prepared to receive the Eucharist are invited forward to receive Communion at this time. If you are Catholic but not prepared to receive the Eucharist, or if you are not Catholic, we invite you to come forward with your arms crossed over your chest, and we will share a short prayer with you.

COMMUNION SONG BREAD OF LIFE FROM HEAVEN Haugen



Bread of life from heav-en, your blood and bod - y giv-en, we



eat this bread and drink this cup un - til you come a - gain.



- | | | | |
|----------|---------------|------------------------------|------------|
| 1. Break | now the bread | of Christ's sac - ri - fice; | Giv - ing |
| 2. Seek | not the food | that will pass a - way; | Set your |
| 3. Love | as the One | who, in love for you, | Gave him - |
| 4. Take | in the light | that will nev - er dim, | Taste the |
| 5. Dwell | in the One | who now dwells in you; | Make your |
| 6. Drink | of this cup | and de - clare his death; | Eat this |



thanks,	hun - gry ones	gath - er 'round.	Eat	all of you,	and be
hearts	on the food	that en - dures.	Come,	learn the true	and the
self	for the life	of the world.	Come	to the One	who is
life	that is strong - er	than death.	Live	in the One	who will
home	in the life - giv - ing	Word.	Know	on - ly Christ,	Ho - ly
bread	and be - lieve	Eas - ter morn;	Trust	his re - turn	and, with



sat - is - fied;	in Christ's pres - ence	the loaves	will a - bound.
liv - ing way,	that the full - ness	of life	may be yours.
food for you,	that your hun - ger	and thirst	be no more.
come and then	raise you up	at the last	with the blest.
One of God,	and be - lieve	in the truth	you have heard.
ev - 'ry breath,	praise the One	in whom you	are re - born.

Text: Based on John 6; adapt. by Susan R. Briehl, b.1952; Spanish by Jaime Cortez, b.1963
Tune: Argentine folk melody; adapt. and verses by Marty Haugen, b.1950
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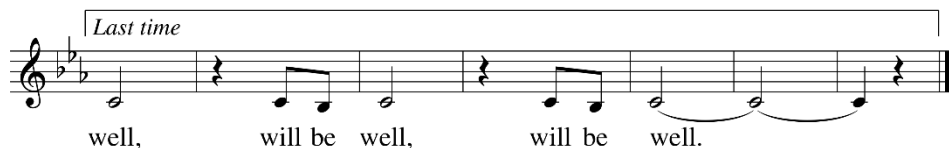


After the priest or deacon has purified the vessels, he will move to the front of the altar. If you are distributing the Eucharist to those who are sick or homebound, please come forward to receive your pyx at this time. Thank you for caring for those in our community who cannot join us.

POST-COMMUNION SONG

ALL WILL BE WELL

Warner



Text: *The Revelations of Divine Love*, Julian of Norwich; adapt. by Steven C. Warner, b.1954
Tune: Steven C. Warner, b.1954
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(stand)

PRAYER AFTER COMMUNION

Priest: ...through Christ our Lord.

People: Amen

(sit)

ANNOUNCEMENTS

THE CONCLUDING RITE

(stand)

BLESSING AND DISMISSAL

Priest: The Lord be with you.

People: And with your spirit.

Priest: May almighty God bless you, the Father, and the Son,
+ and the Holy Spirit.

People: Amen.

Priest/Deacon: Go in peace. *(or other dismissal)*

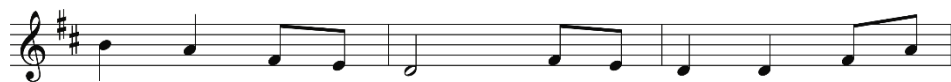
People: Thanks be to God.

CLOSING SONG

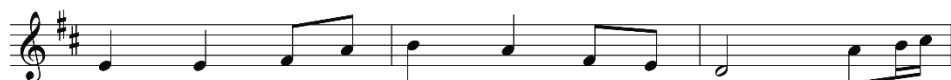
GOD, WE PRAISE YOU



1. God, we praise you! God, we bless you! God, we
 3. Je - sus Christ, the King of glo - ry, Ev - er -
 4. Christ, at God's right hand vic - to - rious, You will



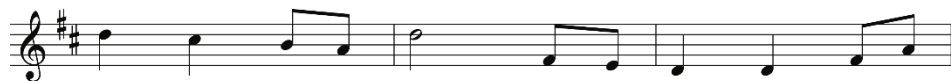
name you sov-'reign Lord! Might - y King whom an - gels
 last - ing Son of God, Hum - ble was your vir - gin
 judge the world you made; Lord, in mer - cy help your



wor - ship, Fa - ther, by your Church a - dored: All cre -
 moth - er, Hard the lone - ly path you trod: By your
 ser - vants For whose free - dom you have paid: Raise us



a - tion shows your glo - ry, Heav'n and
 cross is sin de - feat - ed, Hell con -
 up from dust to glo - ry, Guard us



earth draw near your throne, Sing - ing "Ho - ly, ho - ly,
 front - ed face to face, Heav - en o - pened to be -
 from all sin to - day; King en - throned a - bove all



ho - ly, Lord of hosts, and God a - lone!"
 liev - ers, Sin - ners jus - ti - fied by grace.
 prais - es, Save your peo - ple, God, we pray.

Text: Based on the *Te Deum*; Christopher M. Idle, b.1938, © 1982, The Jubilate Group (admin. by Hope Publishing Company)

Tune: NETTLETON, 8 7 8 7 D; Wyeth's *Repository of Sacred Music*, 1813

LOOKING AHEAD...



It's time to return your blessed palms to be burned. You can drop them off in the basket in the Commons. Traditionally, burned palms create the ashes for Ash Wednesday, which is on Wednesday, February 14th this year.

The OLPH Women's Club will host their annual Spaghetti Dinner on Sunday, February 4th. Get your tickets right after Mass today. Tickets will NOT be available at the door.



Candlemas will be celebrated at the 12 Noon Mass on Friday, February 2nd. We will bless the candles used in our liturgies throughout the year, and you are also invited to bring your prayer candles from home for a blessing.

The Feast of St. Blaise is on February 3rd. Our priest and deacons will offer a blessing of the throats following Masses on Saturday, February 3rd and Sunday, February 4th.

