

MASS FOR THE  
1<sup>st</sup> *Sunday of Lent*

SATURDAY, FEBRUARY 21<sup>ST</sup> AT 5:00 PM  
SUNDAY, FEBRUARY 22<sup>ND</sup> AT 10:30 AM

FIRST SUNDAY OF LENT

**FASTED**  
FOR 40 DAYS.

— MATTHEW 4:2 —



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Our Lady of Perpetual Help Catholic Church  
Salem, Virginia

We are thankful that you are worshipping with us today!

At the 5:00 PM Vigil Mass on Saturday, we welcome Father David Stanfill as our celebrant.

*A nursery (staffed by a nursery coordinator and parent volunteers) is available during the 10:30 AM Sunday Mass for children ages 6 months to 3 years.*

*The nursery is located down the hall from the commons in the Family Life Center.*

*See an usher for directions to the restrooms or nursery, or to request a hearing assistance device.*



If you would like information about activities or joining our parish, please contact the office at 540-387-0491 or email us at [office@olphsalem.org](mailto:office@olphsalem.org).

You can also visit our website [www.olphsalem.org](http://www.olphsalem.org) or find us on Facebook at [www.facebook.com/OLPHSalem](http://www.facebook.com/OLPHSalem).

If you would like make an electronic contribution to our weekly offertory collection or a special fund (such as capital improvement), you can use this QR code to reach our E-giving site. Donations can be made from a checking account, a savings account, or a credit card. Alternatively, you can go directly to the E-giving site using the following URL:

<https://www.osvhub.com/olphsalem/giving/funds/offertory/give>



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# INTRODUCTORY RITES

*(stand)*

## ENTRANCE ANTIPHON



When he calls on me, I will an - swer him; I  
will de - liv - er him and give him glo - ry, I will  
grant him length of days.

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## GREETING

Priest: In the name of the Father, and of the Son,  
+ and of the Holy Spirit.

People: Amen

Priest: The Lord be with you. (*or other greeting*)

People: And with your spirit.

## PENITENTIAL ACT

Priest: Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

People: I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
(*strike breast*)      *through my fault, through my fault,*  
                            *through my most grievous fault;*  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

Priest: May almighty God have mercy on us,  
forgive us our sins, and bring us to everlasting life.

People: Amen.

*Cantor*

*All*

Ky - ri - e, e - le - i - son. Ky - ri - e, e - le - i - son.

*Cantor*

*All*

Chri - ste, e - le - i - son. Chri - ste, e - le - i - son.

*Cantor*

*All*

Ky - ri - e, e - le - i - son. Ky - ri - e, e - le - i - son.

Steven C. Warner  
Music © 1960, 2010, WLP

### COLLECT (OPENING PRAYER)

Priest: Let us pray. (*We pause to offer our silent intentions to God.*)  
... God, forever and ever.

People: Amen.

*(sit)*

## THE LITURGY OF THE WORD

### FIRST READING: Genesis 2:7-9, 3:1-7

Lector: The Word of the Lord.

People: Thanks be to God.

### RESPONSORIAL PSALM: Psalm 51

Be merciful, O Lord, for we have sinned, we have sinned.

The English translation of the Psalm Response from the *Lectionary for Mass*  
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### SECOND READING: Romans 5:12-19

Lector: The Word of the Lord.

People: Thanks be to God.

*(stand)*

## GOSPEL ACCLAMATION



Glory to you, Word of God, Lord Jesus Christ!

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Music: Charles Gardner © 1992, 1993, World Library Publications.

Priest/Deacon: The Lord be with you.

**People: And with your spirit.**

Priest/Deacon: A reading from the Holy Gospel according to Matthew.

**People: Glory to you, O Lord.**

**GOSPEL:** Matthew 4:1-11

Priest/Deacon: The Gospel of the Lord.

**People: Praise to you, Lord Jesus Christ**

*(sit)*

## HOMILY

*(stand)*

## PROFESSION OF FAITH – THE NICENE CREED

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.

For us men and for our salvation  
he came down from heaven,

*(bow)* and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,

and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and  
glorified, who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

#### PRAYER OF THE FAITHFUL

Deacon/Lector:... let us pray to the Lord.

People: **Lord, hear our prayer.**

## THE LITURGY OF THE EUCHARIST

*(sit)*

OFFERTORY SONG      **JESUS TEMPTED IN THE DESERT**

1. Jesus, tempted in the desert, lonely, hungry, filled with dread: "Use your pow'r," the tempter tells him: "Turn these barren rocks to bread." "Not alone by bread," he answers, "can the human heart be filled. Only by the Word that calls us is our deepest hunger stilled."
2. Jesus, tempted at the temple, high above its ancient wall: "Throw yourself from lofty turret; angels wait to break your fall." Jesus shuns such empty marvels, feats that fickle crowds request: "God, whose grace protects, preserves us, we must never vainly test."
3. Jesus, tempted on the mountain by the lure of vast domain: "Fall before me! Be my servant! Glory, fame, you're sure to

gain!" Jesus sees the dazzling vision, turns his eyes another way: "God alone deserves our homage. God alone will I obey."

- When we face temptation's power, lonely, struggling, filled with dread, Christ, who knew the tempter's hour, come and be our living bread. By your grace, protect, preserve us, lest we fall, your trust betray. Yours, above all other voices, be the Word we hear, obey.

*(stand)*

**Priest:** Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

**People:** **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

**Priest:** *(prayer over the offerings)*

**People:** **Amen.**

#### PREFACE DIALOGUE

**Priest:** The Lord be with you. **People:** And with your spirit.

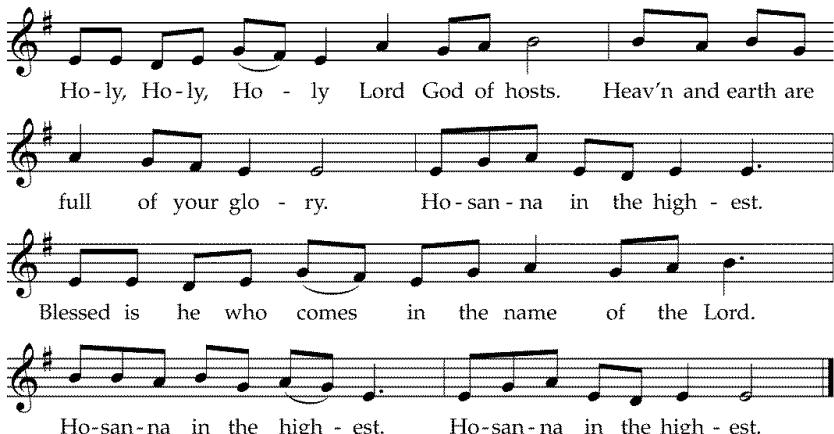
**Priest:** Lift up your hearts. **People:** We lift them up to the Lord.

**Priest:** Let us give thanks to the Lord our God.

**People:** **It is right and just.**

#### PREFACE

#### SANCTUS from "Mass of Charity and Love"



Ho-ly, Ho-ly, Ho - ly Lord God of hosts. Heav'n and earth are  
full of your glo - ry. Ho-san-na in the high - est.  
Blessed is he who comes in the name of the Lord.  
Ho-san-na in the high - est. Ho-san-na in the high - est.

*(kneel)*

## MEMORIAL ACCLAMATION *from "Mass of Charity and Love"*

We pro - claim your Death, O Lord, and pro - fess your  
Res - ur - rec - tion un - til you come a - gain.

## GREAT AMEN *from "Mass of Charity and Love"*

A - men, a - men, a - men.

*(stand)*

## OUR FATHER

**People:** Our Father, who art in heaven,  
hallowed be thy name; thy kingdom come;  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

**Priest:** Deliver us, Lord ... coming of our Savior, Jesus Christ.

**People:** For the kingdom, the power, and the glory are  
yours, now and forever.

## SIGN OF PEACE

**Priest:** The peace of the Lord be with you always.

**People:** And with your spirit.

**Priest/Deacon:** Let us offer each other the sign of peace.

## LAMB OF GOD *from "Mass of Charity and Love"*

Lamb of God, you take a-way the sins of the world, have mer - cy on us.

Lamb of God, you take a-way the sins of the world, grant us peace.

Steven C. Warner  
Music © 1960, 2010, WLP

*(kneel)*

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

People: **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**



*Catholics who are prepared to receive the Eucharist are invited forward to receive Communion at this time. If you are Catholic but not prepared to receive the Eucharist, or if you are not Catholic, we invite you to come forward with your arms crossed over your chest, and we will share a short prayer with you.*

#### COMMUNION ANTIphon

One does not live by bread a - lone, but by  
ev-ery word that comes forth from the mouth of God.

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#### COMMUNION SONG

#### ON EAGLES' WINGS

Joncas

Verse 1

1. You who dwell in the shel-ter of the Lord, who a - bide in his  
1. shad-ow for life, say to the Lord: "My ref-uge, my rock in whom I trust!"

to Refrain

Refrain

And he will raise you up on ea - gle's wings, bear you on the

breath of dawn, make you to shine like the

to Verses (last time to Coda)  $\oplus$

sun, and hold you in the palm of his hand.

## Verse 2

2. The snare of the fowl-er will nev-er cap-ture you, and fam-i-ne will bring

2. you no fear: un-der his wings your ref-uge, his faith-ful-ness your shield. to Refrain

## Verse 3

3. You need not fear the ter-ror of the night, nor the ar-row that flies by

3. day; though thou-sands fall a - bout you, near you it shall not come. to Refrain

## Verse 4

4. For to his an-gels he's giv-en a com-mand to

4. guard you in all of your ways; up - on their hands they will

4. bear you up, lest you dash your foot a - gainst a stone. to Refrain

 $\oplus$  Coda

And hold you, hold you in the palm of his hand.

Text: Based on Psalm 91. Text and music © 1979, OCP. All rights reserved.



*After the priest or deacon has purified the vessels, he will move to the front of the altar. If you are distributing the Eucharist to those who are sick or homebound, please come forward to receive your pyx at this time. Thank you for caring for those in our community who cannot join us.*

## POST-COMMUNION SONG

SATURDAY:

## LIBERA NOS

Sullivan-Whitaker

\*Lí - be - ra nos,  
O Lord, our God,  
sal - va nos,  
we turn to you.  
Je - su Chri - ste,  
In you a - lone Dó - mi - ne.  
—  
Lí - be - ra nos,  
O Lord, our God,  
sal - va nos,  
we turn to you.  
Je - su Chri - ste,  
In you a - lone Dó - mi - ne.

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SUNDAY:

## MERCY

Boersma/Courtney

I dare not lift my guilty eyes. I hide my lips in trembling shame.  
And in the darkness of my soul, I shrink from your rekindling flame.  
Kyrie eleison, kyrie eleison, have mercy.

In mercy cover me with grace and blot out my iniquity.  
Renew my heart and wash me clean; grant with Your pardon, purity.  
Kyrie eleison, kyrie eleison, have mercy.

In equal measure of Your love, You promise mercy.  
Tender compassion to the one who seeks Your face.  
A broken heart, a fainting soul,  
together cry for your forgiveness and Your grace.

Against You only have I sinned. My deeds are evil in Your sight.  
Of Your forgiveness let me sing, and in my singing take delight.  
Kyrie eleison, kyrie eleison, have mercy. Have mercy. Have mercy.

Lyrics by Susan Bentall Boersma. Music by Craig Courtney. © 2015 by Beckenhorst Press, Inc. All rights reserved.

*(stand)*

## PRAYER AFTER COMMUNION

Priest: ...through Christ our Lord. **People: Amen**

(sit)

## ANNOUNCEMENTS

# THE CONCLUDING RITE

(stand)

### BLESSING AND DISMISSAL

Priest: The Lord be with you. **People: And with your spirit.**

Priest: (final blessing) **People: Amen.**

Priest: May almighty God bless you, the Father, and the Son,  
+ and the Holy Spirit.

**People: Amen.**

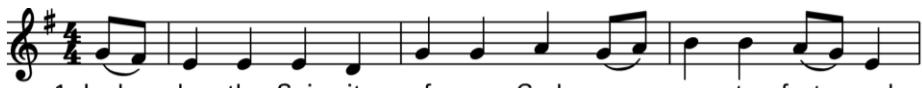
Priest/Deacon: Go in peace. (or other dismissal)

**People: Thanks be to God.**

### CLOSING SONG

### LED BY THE SPIRIT

Hurd



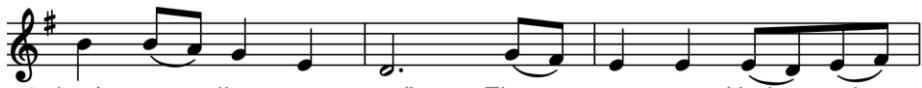
1. Led by the Spir - it of our God, we go to fast and  
2. Led by the Spir - it, we con - front temp - ta - tion face to  
3. Led by the Spir - it, now draw near the wa - ters of re -



1. pray With Christ in - to the wil - der - ness; we join his  
2. face, And know full well we must re - ly on God's re -  
3. birth With hearts that long to wor - ship God in spir - it



1. pas - chal way. "Rend not your gar - ments, rend your hearts. Turn  
2. deem - ing grace. On bread a - lone we can - not live, but  
3. and in truth. "Who - ev - er drinks the drink I give shall



1. back your lives to me." Thus says our kind and  
2. nour - ished by the Word We seek the will of  
3. nev - er thirst a - gain." Thus says the Lord who



1. gra - cious God, whose reign is lib - er - ty.  
2. God to do: this is our drink and food.  
3. died for us, our Sav - ior, kin and friend.

Text: CMD; based on Joel 2:12-13; Matthew 4:1-4; Mark 1:12-15; John 4:5-42; Bob Hurd, © 1996, Bob Hurd.  
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