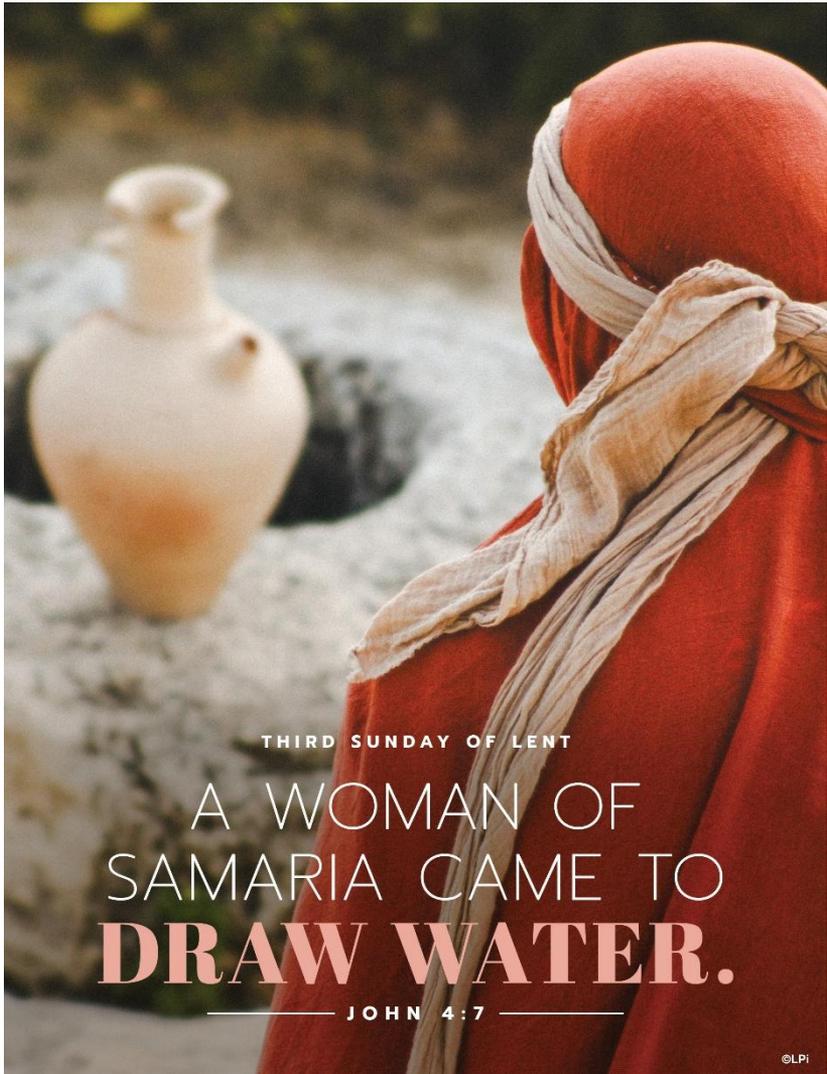


MASS FOR THE  
**3<sup>rd</sup> Sunday in Lent**

**SATURDAY, MARCH 7<sup>TH</sup> AT 5:00 PM**

**SUNDAY, MARCH 8<sup>TH</sup> AT 10:30 AM**



THIRD SUNDAY OF LENT

A WOMAN OF  
SAMARIA CAME TO  
**DRAW WATER.**

— JOHN 4:7 —

©LPI

Our Lady of Perpetual Help Catholic Church  
Salem, Virginia

We are thankful that you are  
worshipping with us today!

*A nursery (staffed by a nursery coordinator and parent volunteers) is available during the 10:30 AM Sunday Mass for children ages 6 months to 3 years. The nursery is located down the hall from the commons in the Family Life Center.*

*See an usher for directions to the restrooms or nursery, or to request a hearing assistance device.*



If you would like information about activities or joining our parish, please contact the office at 540-387-0491 or email us at [office@olphsaalem.org](mailto:office@olphsaalem.org).

You can also visit our website [www.olphsaalem.org](http://www.olphsaalem.org) or find us on Facebook at [www.facebook.com/OLPHSalem](http://www.facebook.com/OLPHSalem).



If you would like make an electronic contribution to our weekly offertory collection or a special fund (such as capital improvement), you can use this QR code to reach our E-giving site. Donations can be made from a checking account, a savings account, or a credit card. Alternatively, you can go directly to the E-giving site using the following URL:

<https://www.osvhub.com/olphsaalem/giving/funds/offertory/give>

To donate to the **2026 Annual Diocesan Appeal**, go to <https://richmondcatholicfoundation.org/giving/annual-diocesan-appeal/> or use this QR code. For questions about your gift, please call GiveCentral at 833-716-2612.



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# INTRODUCTORY RITES

*(stand)*

## ENTRANCE ANTIPHON

When I prove my ho - li - ness a - mong you, I will  
gath - er you from all the for - eign lands; and  
I will pour clean wa - ter up - on you and  
cleans you from all your im - pu - ri - ties, and I will  
give you a new spir - it, says the Lord.

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Music © 2020, Steve Angrisano, Sarah Hart, and Curtis Stephan. Published by OCP. All rights reserved.

## GREETING

Priest: In the name of the Father, and of the Son,  
+ and of the Holy Spirit.

**People: Amen**

Priest: The Lord be with you. *(or other greeting)*

**People: And with your spirit.**

## PENITENTIAL ACT

Priest: Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

**People: I confess to almighty God**

**and to you, my brothers and sisters,**

**that I have greatly sinned,**

**in my thoughts and in my words,**

**in what I have done and in what I have failed to do,**

*(strike breast)* **through my fault, through my fault,  
through my most grievous fault;**

therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

Priest: May almighty God have mercy on us,  
forgive us our sins, and bring us to everlasting life.

People: Amen.

*Cantor* *All*  
Ky - ri - e, e - le - i - son. Ky - ri - e, e - le - i - son.  
*Cantor* *All*  
Chri - ste, e - le - i - son. Chri - ste, e - le - i - son.  
*Cantor* *All*  
Ky - ri - e, e - le - i - son. Ky - ri - e, e - le - i - son.

Steven C. Warner  
Music © 1960, 2010, WLP

### COLLECT (OPENING PRAYER)

Priest: Let us pray. (*We pause to offer our silent intentions to God.*)  
... God, forever and ever.

People: Amen.

(*sit*)

## THE LITURGY OF THE WORD

FIRST READING: Exodus 17:3-7

Lector: The Word of the Lord.

People: Thanks be to God.

RESPONSORIAL PSALM: Psalm 95

R. If to-day you hear his voice, hard-en not your hearts.

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**SECOND READING:** Romans 5:1-2, 5-8

Lector: The Word of the Lord.

**People: Thanks be to God.**

*(stand)*

**GOSPEL ACCLAMATION**



Glo-ry to you, Word of God, Lord Je-sus Christ!

Text © 1969, 1981, 1997, ICEL. All rights reserved. Used with permission.  
Music: Charles Gardner © 1992, 1993, World Library Publications.

Priest/Deacon: The Lord be with you.

**People: And with your spirit.**

Priest/Deacon: A reading from the Holy Gospel according to John.

**People: Glory to you, O Lord.**

**GOSPEL:** John 4:5-42

Priest/Deacon: The Gospel of the Lord.

**People: Praise to you, Lord Jesus Christ**

*(sit)*

**HOMILY**

**THE FIRST SCRUTINY (SUNDAY)**

*A scrutiny is defined as a searching study or an examination. The OCIA Scrutinies are “set forth to purify minds and hearts, to fortify against temptations, to convert intentions, and to awaken the will, so the elect may cling more closely to Christ and pursue more vigorously their desire to love God.” (OCIA 141)*



*(stand)*

**PROFESSION OF FAITH – THE NICENE CREED**

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.**

**For us men and for our salvation  
he came down from heaven,  
*(bow)* **and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.****

**For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.**

**He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and  
glorified, who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.**

**PRAYER OF THE FAITHFUL**

**Deacon/Lector:...** let us pray to the Lord.

**People: Lord, hear our prayer.**

# THE LITURGY OF THE EUCHARIST

(sit)

## OFFERTORY SONG COME YOU SINNERS, POOR AND NEEDY

### Verses



1. Come, you sin - ners, poor and need - y,  
2. Come, you thirst - y, come, and wel - come,  
3. Come, you wea - ry, heav - y lad - en,



weak and wound - ed, sick and sore,  
God's free boun - ty glo - ri - fy:  
lost and ru - ined by the fall;



Je - sus, Son of God, will save you,  
True be - lief and true re - pen - tance,  
if you tar - ry till you're bet - ter,



full of pit - y, love, and pow'r.  
ev - 'ry grace that brings you nigh.  
you will nev - er come at all.

### Refrain



I will a-rise and go to Je - sus,



he will em-brace me in his arms;



in the arms of my dear Sav - ior,



oh, there are ten thou - sand charms.

*(stand)*

Priest: Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

**People:** **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

Priest: *(prayer over the offerings)*

**People:** **Amen.**

### PREFACE DIALOGUE

Priest: The Lord be with you. **People:** **And with your spirit.**

Priest: Lift up your hearts. **People:** **We lift them up to the Lord.**

Priest: Let us give thanks to the Lord our God.

**People:** **It is right and just.**

### PREFACE

#### SANCTUS *from "Mass of Charity and Love"*

Ho-ly, Ho-ly, Ho - ly Lord God of hosts. Heav'n and earth are  
full of your glo - ry. Ho-san-na in the high - est.  
Blessed is he who comes in the name of the Lord.  
Ho-san-na in the high - est. Ho-san-na in the high - est.

*(kneel)*

#### MEMORIAL ACCLAMATION *from "Mass of Charity and Love"*

We pro - claim your Death, O Lord, and pro - fess your  
Res - ur - rec - tion un - til you come a - gain.

**GREAT AMEN** from "Mass of Charity and Love"



*(stand)*

**OUR FATHER**

**People:** Our Father, who art in heaven,  
hallowed be thy name; thy kingdom come;  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

**Priest:** Deliver us, Lord ... coming of our Savior, Jesus Christ.

**People:** For the kingdom, the power, and the glory are  
yours, now and forever.

**SIGN OF PEACE**

**Priest:** The peace of the Lord be with you always.

**People:** And with your spirit.

**Priest/Deacon:** Let us offer each other the sign of peace.

**LAMB OF GOD** from "Mass of Charity and Love"



*(kneel)*

**Priest:** Behold the Lamb of God, behold him who takes away  
the sins of the world. Blessed are those called to the  
supper of the Lamb.

**People:** Lord, I am not worthy that you should enter  
under my roof, but only say the word and my  
soul shall be healed.



*Catholics who are prepared to receive the Eucharist are invited forward to receive Communion at this time. If you are Catholic but not prepared to receive the Eucharist, or if you are not Catholic, we invite you to come forward with your arms crossed over your chest, and we will share a short prayer with you.*

### COMMUNION ANTIPHON

For an - y - one who drinks it, says the Lord, the  
wa - ter I shall give will be - come in him a spring  
well-ing up to e - ter - nal life.

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### COMMUNION SONG

### THE CROSS OF JESUS

O'Brien

1. Come, O God, re - new your peo - ple, We who long to  
2. Deep with - in cre - ate a new heart; Melt a - way the  
3. In the dark - ness that sur - rounds us We have lost you  
4. Call us forth to walk in jus - tice. Res - cue us from

see your face. Strength - en hearts that have grown fee - ble;  
win - ter chill. Help us now to make a new start,  
from our sight. E - ven though your love has found us,  
sin and grave. Through the pow - er of your Spir - it,

Fill our lives with truth and grace. On - ly you can  
Help us now to know your will. Washed in wa - ters  
We em - brace the powers of night. Scat - ter now our  
Breathe in us the breath that saves. Strength - en us in

win our free - dom; On - ly you can bring us  
of for - giv - ness, Cleansed in wa - ters of new  
deep - est dark - ness. Guide our hearts in - to the  
our com - mun - ion, One in Word and cup and

peace. On - ly in the cross of Je - sus  
birth, Lead us to the cross of Je - sus,  
light. Join us to the cross of Je - sus.  
bread. Here with - in the cross of Je - sus,

Will the cap - tives find re - lease.  
Bring - ing life to all the earth.  
Help us set our liv - ing right.  
All who hun - ger will be fed.

Text: Francis Patrick O'Brien, b.1958  
Tune: Francis Patrick O'Brien, b.1958  
© 1996, GIA Publications, Inc.



*After the priest or deacon has purified the vessels, he will move to the front of the altar. If you are distributing the Eucharist to those who are sick or homebound, please come forward to receive your pyx at this time. Thank you for caring for those in our community who cannot join us.*

**POST-COMMUNION SONG LIBERA NOS Sullivan-Whitaker**

\*Lí - be - ra nos, sal - va nos,  
O Lord, our God, we turn to you.

Je - su Chri - ste Dó - mi - ne.  
In you a - lone is our sal - va - tion.

Lí - be - ra nos, sal - va nos,  
O Lord, our God, we turn to you.

Je - su Chri - ste, Dó - mi - ne.  
In you a - lone is our sal - va - tion.

*(stand)*

**PRAYER AFTER COMMUNION**

Priest: ...through Christ our Lord. **People: Amen**

*(sit)*

**ANNOUNCEMENTS**

# THE CONCLUDING RITE

*(stand)*

**BLESSING AND DISMISSAL**

Priest: The Lord be with you. **People: And with your spirit.**

Priest: *(final blessing)* **People: Amen.**

Priest: May almighty God bless you, the Father, and the Son,  
**+** and the Holy Spirit. **People: Amen.**

Priest/Deacon: Go in peace. *(or other dismissal)*

**People: Thanks be to God.**

**CLOSING SONG**

**TURN**

Callanan



Turn, turn, turn us, O liv-ing God. Turn, turn,



turn us to be saved. Change our hearts of clay, mold us



now, make us yours to-day. Turn us and we will be saved.

*Cantor or Solo*

*All*



Turn us, O liv - ing God,

*Cantor or Solo*

*All*

*Cantor or Solo*



turn us to be saved.

*All*

**D.C.**



Turn us, O liv-ing God, turn us and we will be saved.