

# Make-Up Packet for Day 8 of our 2023 Elementary Summer Religion Program

Our Lady of Lourdes Roman Catholic Church ✠ Erath, Louisiana

## Opening Prayer:

- Review **The Sign of the Cross**
  - It isn't an air prayer! We should touch our forehead, chest, left shoulder, and right shoulder with intent as we pray the words, "In the name of the Father, the Son, and the Holy Spirit." We put our hands together in "praying hands" posture as we say, "Amen."
- Review **The Act of Contrition**
  - If necessary, campers in Grades 2-5 should review (memorize this prayer again) in our Prayer Center! They will use it when they go to Confession on Day 10!

O, my God,  
I am heartily sorry for having offended Thee,  
and I detest all my sins  
because of Thy just punishment.  
But most of all, because they offend Thee, my God,  
Who art all good and deserving of all my love.  
I firmly resolve, with the help of Thy grace,  
to sin no more and to avoid the near occasion of sin.  
Amen.

## Bible Story for Day 8: Jonah and the Big Fish

- **Bible Point:** God has a plan for each one of us.
- **Bible Verse:** "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." ~ *Jeremiah 29:11*
- What is a **prophet**? (*The word "prophet" means "mouthpiece." A prophet is a person chosen by God to relay His message to the people. God tells him/her where to go, what to do, and what to say, and the prophet obeys Him.*)
- Over a period of thousands of years, God has chosen a few men to serve as prophets. On Day 7, we learned about Elijah, one of God's greatest prophets. Today, we'll learn about Jonah.
- Watch a short **YouTube video (approximately 12 minutes long)** for children about [\*Jonah and the Whale\*](#).
- Read the passage from Scripture: *Jonah, Chapters 1-4*

### Jonah's Disobedience and Flight. (Jonah, Chapter 1)

<sup>1</sup>The word of the LORD came to Jonah, son of Amittai: <sup>2</sup>Set out for the great city of Nineveh, and preach against it; for their wickedness has come before me. <sup>3</sup>But Jonah made ready to flee to Tarshish, away from the LORD. He went down to Joppa, found a ship going to Tarshish, paid the fare, and went down in it to go with them to Tarshish, away from the LORD.

<sup>4</sup>The LORD, however, hurled a great wind upon the sea, and the storm was so great that the ship was about to break up. <sup>5</sup>Then the sailors were afraid and each one cried to his god. To lighten the ship for themselves, they threw its cargo into the sea. Meanwhile, Jonah had gone down into the hold of the ship, and lay there fast asleep.

<sup>6</sup>The captain approached him and said, "What are you doing asleep? Get up, call on your god! Perhaps this god will be mindful of us so that we will not perish."

<sup>7</sup>Then they said to one another, "Come, let us cast lots to discover on whose account this evil has come to us." So they cast lots, and the lot fell on Jonah.

<sup>8</sup>They said to him, "Tell us why this evil has come to us! What is your business? Where do you come from? What is your country, and to what people do you belong?"

<sup>9</sup>"I am a Hebrew," he replied; "I fear the LORD, the God of heaven, who made the sea and the dry land."

<sup>10</sup>Now the men were seized with great fear and said to him, "How could you do such a thing!" They knew that he was fleeing from the LORD, because he had told them.

<sup>11</sup>They asked, "What shall we do with you, that the sea may calm down for us?" For the sea was growing more and more stormy.

<sup>12</sup>Jonah responded, "Pick me up and hurl me into the sea and then the sea will calm down for you. For I know that this great storm has come upon you because of me."

<sup>13</sup>Still the men rowed hard to return to dry land, but they could not, for the sea grew more and more stormy.

<sup>14</sup>Then they cried to the LORD: "Please, O LORD, do not let us perish for taking this man's life; do not charge us with shedding innocent blood, for you, LORD, have accomplished what you desired." <sup>15</sup>Then they picked up Jonah and hurled him into the sea, and the sea stopped raging.

<sup>16</sup>Seized with great fear of the LORD, the men offered sacrifice to the LORD and made vows.

### **Jonah's Prayer. (Jonah, Chapter 2)**

<sup>1</sup>But the LORD sent a great fish to swallow Jonah, and he remained in the belly of the fish three days and three nights. <sup>2</sup>Jonah prayed to the LORD, his God, from the belly of the fish: <sup>3</sup>Out of my distress I called to the LORD, and he answered me; from the womb of Sheol, I cried for help, and you heard my voice. . . . <sup>8</sup>My prayer came to you in your holy temple. <sup>9</sup>Those who worship worthless idols abandon their hope for mercy. <sup>10</sup>But I, with thankful voice, will sacrifice to you; What I have vowed I will pay: deliverance is from the LORD. <sup>11</sup>Then the LORD commanded the fish to vomit Jonah upon dry land.

### **Jonah's Obedience and the Ninevites' Repentance. (Jonah, Chapter 3)**

<sup>1</sup>The word of the LORD came to Jonah a second time: <sup>2</sup>Set out for the great city of Nineveh, and announce to it the message that I will tell you. <sup>3</sup>So Jonah set out for Nineveh, in accord with the word of the LORD. Now Nineveh was an awesomely great city; it took three days to walk through it.

<sup>4</sup>Jonah began his journey through the city, and when he had gone only a single day's walk announcing, "Forty days more and Nineveh shall be overthrown," <sup>5</sup>the people of Nineveh believed God; they proclaimed a fast and all of them, great and small, put on sackcloth.

<sup>6</sup>When the news reached the king of Nineveh, he rose from his throne, laid aside his robe, covered himself with sackcloth, and sat in ashes. <sup>7</sup>Then he had this proclaimed throughout Nineveh: "By decree of the king and his nobles, no man or beast, no cattle or sheep, shall taste anything; they shall not eat, nor shall they drink water. <sup>8</sup>Man and beast alike must be covered with sackcloth and call loudly to God; they all must turn from their evil way and from the violence of their hands. <sup>9</sup>Who knows? God may again repent and turn from his blazing wrath, so that we will not perish."

<sup>10</sup>When God saw by their actions how they turned from their evil way, he repented of the evil he had threatened to do to them; he did not carry it out.

### Jonah's Anger and God's Reproof. (Jonah, Chapter 4)

<sup>1</sup>But this greatly displeased Jonah, and he became angry. <sup>2</sup>He prayed to the LORD, "O LORD, is this not what I said while I was still in my own country? This is why I fled at first toward Tarshish. I knew that you are a gracious and merciful God, slow to anger, abounding in kindness, repenting of punishment. <sup>3</sup>So now, LORD, please take my life from me; for it is better for me to die than to live."

<sup>4</sup>But the LORD asked, "Are you right to be angry?"

<sup>5</sup>Jonah then left the city for a place to the east of it, where he built himself a hut and waited under it in the shade, to see what would happen to the city.

<sup>6</sup>Then the LORD God provided a gourd plant. And when it grew up over Jonah's head, giving shade that relieved him of any discomfort, Jonah was greatly delighted with the plant. <sup>7</sup>But the next morning at dawn God provided a worm that attacked the plant, so that it withered. <sup>8</sup>And when the sun arose, God provided a scorching east wind; and the sun beat upon Jonah's head till he became faint. Then he wished for death, saying, "It is better for me to die than to live."

<sup>9</sup>But God said to Jonah, "Do you have a right to be angry over the gourd plant?" Jonah answered, "I have a right to be angry—angry enough to die." <sup>10</sup>Then the LORD said, "You are concerned over the gourd plant which cost you no effort and which you did not grow; it came up in one night and in one night it perished. <sup>11</sup>And should I not be concerned over the great city of Nineveh, in which there are more than a hundred and twenty thousand persons who cannot know their right hand from their left, not to mention all the animals?"

#### • Read/discuss:

- At first, Jonah was willing to help God, but he didn't want to follow God's instructions. He would have preferred not to help God with this situation at all! Have you ever felt like God was calling you to do something that you really didn't want to do? *(Many of us have felt that way at some point in our lives, but by reading these stories from Scripture, we should trust God enough to agree to do it!)*
- Even when Jonah decided not to go to Nineveh, God had a plan to help Jonah change his mind—and the path of his journey—to go to Nineveh. *(Sometimes, God puts conversations with people or things that we can read in specific spots along our faith journey while we're trying to follow Him and His ways—especially when we get distracted or want to do things "our way" instead of His way. Do we accept those "Holy Spirit moments/encounters" as though God is tugging on our sleeve, trying to make us turn around to find our way back to Him?)*
- When Jonah finally walked through the city of Nineveh, sharing news of God and His plans to destroy everything and everyone in the city, the people and their king trusted an "enemy's" word that His God was going to cause something horrible to happen to them! They immediately began to **repent** *(ask forgiveness; change their ways)*. They did this even though they hadn't known much or anything about God before Jonah's arrival! As part of their repentance, they wore **sackcloth** *(a rough cloth like burlap; it was very uncomfortable and scratched the skin) and covered themselves in ashes (more irritation on the skin)*. They made sacrifices and did things that were uncomfortable to serve as a penance for what they had been doing!
- After Jonah finally did what God wanted him to do, Jonah found a place where he could sit, wait, and watch for the upcoming destruction of Nineveh. He figured that the people from Nineveh weren't going to continue being repentant—that they would return to their old habits and that God would destroy them all—and he was angry when it didn't happen!
- What did God do to help Jonah learn a lesson from all of this? *(God provided shade from a gourd plant that grew and quickly died, and plenty of heat from the sun to make Jonah uncomfortable. God helped Jonah realize that, even though Jonah hadn't worked at all to grow the plant, he had benefitted from it—and he was angry when it was taken away. Shouldn't God be upset if something He had created—like the people of Nineveh—had to be destroyed? Of course! He wanted to give them the opportunity to repent and live rather than be destroyed—and Jonah was the person—the prophet—for that job!)*

- Even though Jonah tried to do things the way he wanted to do them, God’s Divine Plan kept turning him back towards the mission he needed to accomplish. God will do that for us, too. He will put people and conversations in our path from time to time. Sometimes, He will put words for us to read in front of our eyes and, when we choose to follow our own path, we tend to mess things up along our journey towards Heaven. How long we continue to try to do things “our way” often determines just how “messed up” our lives will become, but God always provides a “helping hand” or lesson now and then to help us get back on track. *(Here’s the big question in our faith journey: Will we accept that helping hand or lesson when it is presented to us? Will we continue to allow our lives to spiral out of control just because we want to do what we want to do or will we make an effort to do what God wants us to do?)*

## Review Prayer Responses:

- We introduced this topic to the campers in our June 2021 summer program and will continue to remind them often in the future!
- There are moments when, after praying with a group of people, the prayer leader will mention a saint’s name and the rest of the group responds with a request for prayers or for help.
- Most of the time, we simply respond with the phrase “Pray for us.” Using the saints we learned about in recent summer religion programs, here are a few examples:
  - Our Lady of Lourdes, *pray for us.*
  - Our Lady of Guadalupe, *pray for us.*
  - Our Lady of Fatima, *pray for us.*
  - St. Paul, *pray for us.*
  - St. Therese of Lisieux, *pray for us.*
  - St. Francis of Assisi, *pray for us.*
  - St. John the Evangelist, *pray for us.*
  - St. Peter, *pray for us.*
  - St. Patrick, *pray for us.*
  - St. Katharine Drexel, *pray for us.*
  - St. Anthony of Padua, *pray for us.*
  - St. Jude, *pray for us.*
  - St. Rita of Cascia, *pray for us.*
  - St. Teresa of Calcutta, *pray for us.*
  - Servant of God Charlene Richard, *pray for us.*
  - Blessed Carlo Acutis, *pray for us.*
- However, in two specific cases, we reply with a different response.
  - Our Lady of Prompt Succor, *hasten to help us.* *(“Prompt” means “quick.” “Succor” is a Latin word which means “help.” When we call upon Mary as Our Lady of Prompt Succor, we are requesting “quick help” from her!)*
  - Sacred Heart of Jesus, *have mercy on us.* *(Jesus is the King of the Universe, the Son of God, the Second Person of the Holy Trinity. He is the one who suffered and died on the cross to give us a chance to get our souls into Heaven once God opened the gates of Heaven to receive Him into Heaven after He rose from the dead. We don’t ask for His prayers. Instead, we ask for His mercy and His forgiveness for the sins we commit every day.)*
- This year, we added one more prayer response: **The Miraculous Medal**
  - O Mary, conceived without sin, *pray for us who have recourse to Thee.*
    - *Regarding the phrase “conceived without sin”: As Grades 1-2 read and discuss their catechism lessons during the summer program, they learn/review the fact that Mary is the Immaculate Conception. The Catholic faith teaches us that, because God desired to have a pure vessel as the mother of His Son, we believe that Mary was born without the stain of Adam and Eve’s Original Sin. She was conceived without sin!*
    - *Regarding the phrase “who have recourse to Thee”: We can set a course—often called a path or a plan—for a specific journey, including our faith journey towards eternal life with God in Heaven.*

*If/When we somehow fall away from the course—or path or plan—we can make the decision to take a step or two back, searching for “**recourse**” which is defined as “**a source of help in a difficult situation.**” Mary is always willing to pray for us and help us get back on track on our faith journey. She wants to help us prepare our souls for Heaven. All we need do is ask for her help: “Pray for us who have recourse to Thee.”)*

**In today’s Bible Theater:** Our Bible Theater volunteers put on a game show skit related to a story line similar to Jonah and the Whale.

**Today’s Catechism Lessons:** Students in Grades 2-5 should have already received these textbooks. If necessary, they may borrow a textbook from our office. If a Grade 1 student doesn’t have access to a blue/white textbook yet (possibly from an older sibling or friend), he/she may borrow one from our office. *(Students typically receive/use their blue/white First Communion textbooks in Sacramental Prep classes in Grade 2 and bring them home just before receiving the Sacrament of Eucharist (Holy Communion). The red/white textbook is usually distributed to students in Grade 3 Sunday Sessions.)*

Grade	Textbook	Please read and discuss these lessons:
1	Blue/white F.C. textbook	Lesson 8 (Sacraments of Baptism and Confirmation) and Supplementary Lesson regarding Accidents & Choices; Being Sorry
2	Blue/white F.C. textbook	Lesson 9 (Sacrament of Penance) and Lesson 10 (How to Make a Good Confession) Distribute an Examination of Conscience to help campers prepare for Confession.
3	Red/white B.C. textbook	Lesson 31 (Confession) and Lesson 32 (How to Make a Good Confession) Distribute an Examination of Conscience to help campers prepare for Confession.
4	Red/white B.C. textbook	
5	Red/white B.C. textbook	

### Closing Prayer:

- Review **The Sign of the Cross**
  - It isn’t an air prayer! We should touch our forehead, chest, left shoulder, and right shoulder with intent as we pray the words, “In the name of the Father, the Son, and the Holy Spirit.” We put our hands together in “praying hands” posture as we say, “Amen.”
- Recite **Glory Be**
  - **Text:** Glory be to the Father, to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

## Dear Parent/Guardian:

Thank you for taking time to work through this packet with your child!

Please **sign** the **next** page of this packet  
as proof that Day 8’s work has been made up

and **mail or deliver** it to Mrs. Frances at our church office.

She will make the necessary notes on your child’s attendance record  
and will file the signature sheet in your family’s registration folder.

Please complete this page and return it to our Church Parish Office as soon as possible so Mrs. Frances can update our records to indicate that you have helped your child read/discuss the Bible stories and Catechism lessons that would have been introduced and discussed on **Day 8** of our **2023** Summer Religion Program.

My child, \_\_\_\_\_, in **2022-23** grade level \_\_\_\_\_, and I have read and discussed the enclosed Bible stories and catechism lesson(s) for **Day 8** of our 2023 Elementary Summer Religion Program.

**NOTE:** Instructions for accessing all videos on YouTube and/or Formed.org are provided in this make-up packet.

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Parent/Guardian's Printed Name

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Parent/Guardian's Signature

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Date