

Lesson Plan

Objectives

Process

Materials

Invite, 10 minutes

The Holy Trinity Page 81

- 🎧 **Psalm 29:2** Pray the opening prayer.
- 📖 **Matthew 28:19–20** Reflect prayerfully on the Word.
- Discuss What Do You Wonder questions.

🎧 **Optional Activity**
Chapter Poem:
“Nightlight”

Discover, 35 minutes

Helping Others Pages 82–83

- Understand that God asks us to be friends with one another, to be nice and help each other when in need

God Is Love Pages 84–85

- Identify Jesus as the Son of God who shows us the way to his Father
- Appreciate that God the Father loves us so much he sent his only Son to be with us
- Describe the Holy Trinity as God the Father, God the Son, and God the Holy Spirit, the one God in three Divine Persons

- Explain that God wants us to care for others.
- Read “The Lion and the Mouse” and discuss the questions.
- **Share Your Faith Activity** Name what Lion learned.
- **Catholic Faith Words** Son of God, God the Father, Holy Trinity
- Explain that God sent Jesus to Earth to show people his love.
- 🎧 **John 14:8–9** Proclaim “The Way to the Father.”
- Explain the Holy Trinity as one God in three Divine Persons.
- **Connect Your Faith Activity** Trace the word *Trinity*.

☐ pencils
• **Optional Activity**
Lion and Mouse

☐ pencils
☐ index cards
• **Optional Activity**
The Holy Trinity
☐ Activity Master 4
(Page 81E)

Live, 15 minutes

Our Catholic Life Pages 86–87

- Explain that Jesus teaches us about God’s love.
- ★ Circle *Father*, *Son*, and *Holy Spirit* in the text.
- **People of Faith** Learn about Saint Patrick.
- **Live Your Faith Activity** Trace letters to identify each Divine Person of the Holy Trinity.

Prayer of Praise Page 88

- Practice making the Sign of the Cross with the children.
- 🎧 Rehearse “The Sign of the Cross.”
- Follow the order of prayer.

☐ pencils

🎧 Download “The Sign of the Cross.”

Family + Faith Page 89

Point out that the Catholic Families page provides chapter highlights, information on how first graders understand faith concepts, and family prayer.

Chapter Review Page 90

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Lesson Plan, Grade 1 - Chapter 4

October 02 2025

Preparation

- Lesson Plan
- Activity Master

Invite

- Catechist Edition Instruction

Preparation

Lesson Plan

File: G1_C4_LP.pdf

Activity Master

File: G1_C4_AM.pdf

Invite

Catechist Edition Instruction

Invite

Let Us Pray

Invite the children to gather in the prayer space and make the Sign of the Cross. Choose a child to be the leader. Read aloud the Psalm verse from a Bible. Prompt the children's response.

Have the children move out of the prayer space and back to their seats.

Explain that when we pray the Sign of the Cross, we are showing that we belong to God—the Father, Son, and Holy Spirit.

Say: When we were baptized we were called by name, to show God's great love to everyone. God calls us by name to show his love in this world. Let's listen to a reading from the Gospel of Matthew.

God's Word

Guide the children through the process of Scripture reflection.

- Invite them to close their eyes, be still and open their minds and hearts to what God is saying to them in this passage.
- Proclaim the Scripture.
- Ask: What did you hear God say to you today?

- Invite volunteers to share.

What Do You Wonder?

Say: Each of us was given a special name by which we are called.

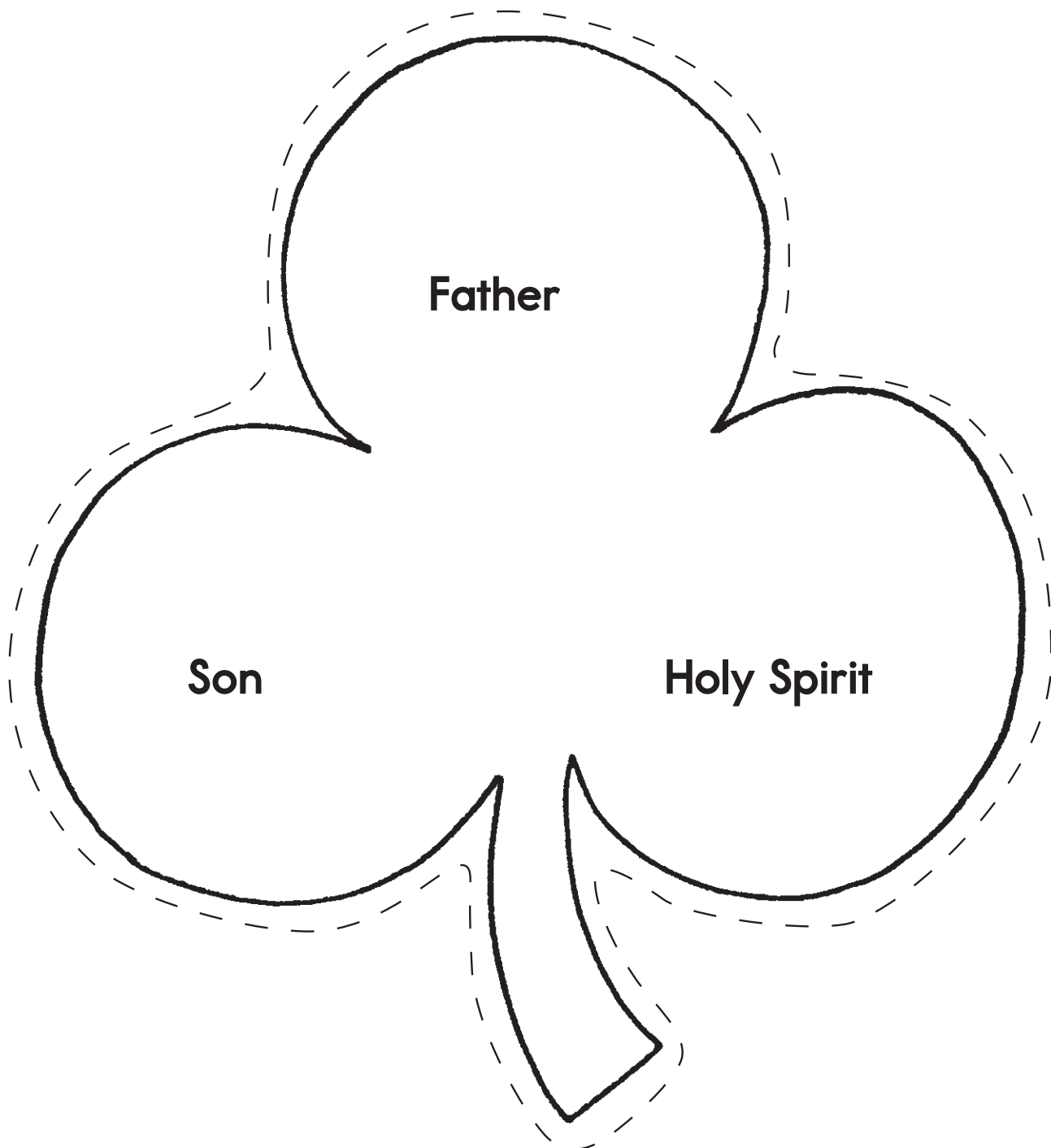
Invite the children to respond to the questions. Ask what else they might wonder about the importance of their names.

Name _____

Date _____

The Holy Trinity

Some people use a three-leaf clover to represent the Holy Trinity. Color and cut out the clover to remind you of the three Divine Persons of the Holy Trinity.



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Lesson Plan

Objectives	Process	Materials
 Invite, 10 minutes The Holy Family Page 91	 Psalm 133:1 Pray the opening prayer.  Matthew 2:19–23 Reflect prayerfully on the Word. • Discuss What Do You Wonder questions.	 Optional Activity Chapter Poem: “My Family”
 Discover, 35 minutes Family Love Pages 92–93 • Identify signs of love expressed in families Jesus’ Family Pages 94–95 • Recognize Jesus as the Son of God and a human being • Define the Holy Family as the human family of Jesus, Mary, and Joseph • Appreciate that Jesus grew up with Mary and Joseph in Nazareth, praying and learning	• Explain that God loves all families. • Read “Tyler’s Family,” “Lainey’s Family,” and “David’s Family.” • Share Your Faith Activity Draw one way families show love. • Catholic Faith Words Mary, Holy Family • Explain that Jesus is the Son of God and human.  Luke 2:51–52 Proclaim “The Boy Jesus.” ☆ Identify things the Holy Family did that you do with your family. • Connect Your Faith Activity Act out what families can do to show God’s love.	☐ pencils ☐ crayons or markers ☐ pencils ☐ index cards ☐ crayons or markers • Optional Activity Hand Puppets ☐ Activity Master 5 (Page 91E)
 Live, 15 minutes Our Catholic Life Pages 96–97 Pray with God’s Word Page 98	• Explain Jesus grew up in a family much like any family. ☆ Match the pictures with the correct actions. • People of Faith Learn about Zechariah, Elizabeth, and John. • Live Your Faith Activity Draw a family picture. • Review the Mass response.  Rehearse “Joseph was a Good Man.” • Follow the order of prayer.	☐ pencils ☐ crayons or markers  Download “Joseph was a Good Man.”

Family + Faith Page 99

Point out that the Catholic Families page provides chapter highlights, information on how first graders understand faith concepts, and family prayer.

Chapter Review Page 100

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Lesson Plan, Grade 1 - Chapter 5

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Preparation

- Lesson Plan
- Activity Master

Invite

- Catechist Edition Instruction

Preparation

Lesson Plan

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Activity Master

File: G1_C5_AM.pdf

Invite

Catechist Edition Instruction

Invite

Let Us Pray

Invite the children to gather in the prayer space and make the Sign of the Cross. Choose a child to be the leader. Read aloud the Psalm verse from a Bible. Prompt the children's response.

Have the children move out of the prayer space and back to their seats.

Explain that our families are a gift from God.

Say: Jesus had a family like we do and lived with his family in Nazareth. Let's listen to a reading from the Gospel of Matthew.

God's Word

Guide the children through the process of Scripture reflection.

- Invite them to close their eyes, be still and open their minds and hearts to what God is saying to them in this passage.
- Proclaim the Scripture.
- Maintain several moments of silence.
- Ask: What did you hear God say to you today?

- Invite volunteers to share.

What Do You Wonder?

Say: Our families are all different. We may have many brothers and sisters, others have none. Some live in a big city, others in the country on a farm.

Invite the children to respond to the questions. Ask what else they might wonder about Jesus' life as a child or his family.

Name _____

Date _____

Hand Puppets

Color the figures of the Holy Family. Then cut the figures out. Fold back the tabs and tape them together. Now you have three hand puppets! Tell stories about the Holy Family.



Mary



Jesus



Joseph

Lesson Plan

Objectives

Invite, 10 minutes

About the Bible Page 101

Process

-  **Psalm 23:1** Pray the opening prayer.
-  **Matthew 13:34–35** Reflect prayerfully on the Word.
- Discuss What Do You Wonder questions.

Materials

-  **Optional Activity**
Chapter Story:
“A True Friend”

Discover, 35 minutes

We Learn from Stories

Pages 102–103

- Recognize that Jesus told stories like the Lost Sheep to show us how God watches over and guides us, always welcoming us back

Stories About God

- Describe a parable as a short story that Jesus told about everyday life to teach something about God
- Identify the Bible as the Church’s holy book
- Name two parts of the Bible as the Old Testament and the New Testament

- Explain that Jesus told stories about God’s love.
-  **Luke 15:3–6** Proclaim “The Parable of the Lost Sheep.”
- ★ Underline what went wrong in the story and what the shepherd did.
- Explain that God always wants us to come back to him.
- **Share Your Faith Activity** Identify the roles in the story.
- **Catholic Faith Words** parable, Old Testament, New Testament
- Explain that Jesus is like a shepherd
-  **John 10:14–15** Proclaim “The Good Shepherd.”
- ★ Have the children underline the ways that Jesus is like a shepherd.
- Explain that the Bible is God’s Word written down by humans.
- **Connect Your Faith Activity** Write the first books of the Old Testament and the New Testament.

- ☐ pencils
- **Optional Activity**
A Story About God
- ☐ Activity Master 6
(Page 101E)
- ☐ pencils
- ☐ Bible
- **Optional Activity**
The Good Shepherd

Live, 15 minutes

Our Catholic Life Pages 106–107

Prayer of Thanks Page 108

- Explain the two parts of the Bible.
- **People of Faith** Learn about Saint Paul of the Cross.
- **Live Your Faith Activity** Find the lost sheep.
- Review the response with the children.
-  Rehearse “The Good Shepherd.”
- Follow the order of prayer.

- ☐ pencils
- ☐ crayons or markers
-  Download “The Good Shepherd.”

Family + Faith

Page 109
Point out that the Catholic Families page provides chapter highlights, information on how first graders understand faith concepts, and family prayer.

Chapter Review

Page 110
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Lesson Plan, Grade 1 - Chapter 6

October 02 2025

Preparation

- Lesson Plan
- Activity Master

Invite

- Catechist Edition Instruction

Preparation

Lesson Plan

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Activity Master

File: G1_C6_AM.pdf

Invite

Catechist Edition Instruction

Invite

Let Us Pray

Invite the children to gather in the prayer space and make the Sign of the Cross. Choose a child to read aloud the Psalm verse from a Bible. Prompt the children's response.

Have the children move out of the prayer space and back to their seats.

Explain that Jesus told stories to teach about God's love.

Say: Jesus loved to tell stories about God the Father and his Kingdom. He used stories to teach us.

Let's listen to the Gospel of Matthew to learn more about this.

God's Word

Guide the children through the process of Scripture reflection.

- Invite them to close their eyes, be still and open their minds and hearts to what God is saying to them in this passage.
- Proclaim the Scripture.
- Maintain several moments of silence.
- Ask: What did you hear God say to you today?

- Invite volunteers to share.

What Do You Wonder?

Say: The stories of Jesus help us to learn how to follow him. Your life tells a story about another person who follows Jesus—You!

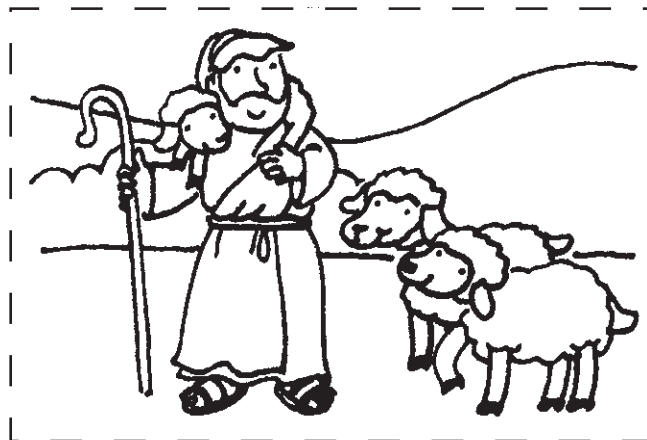
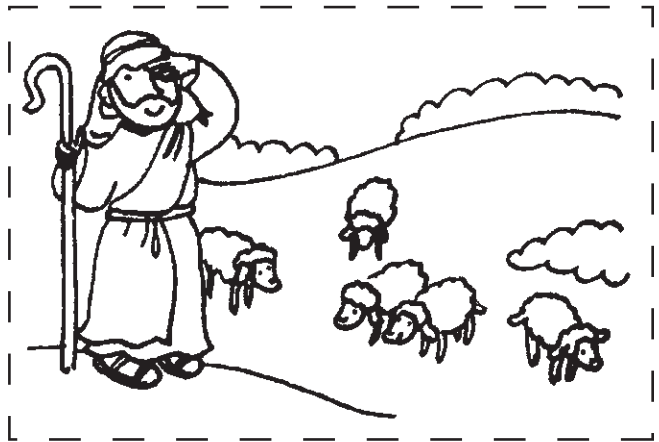
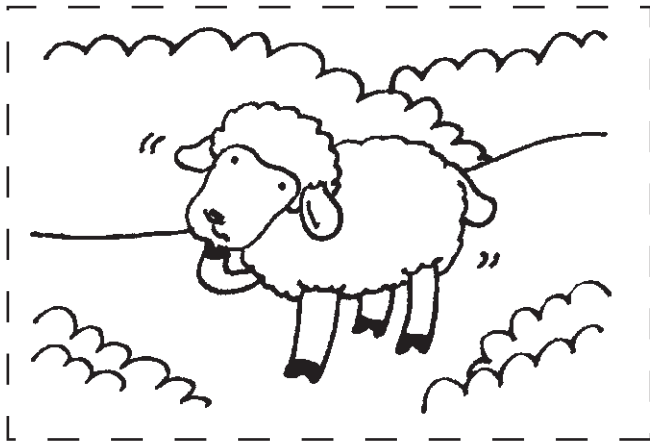
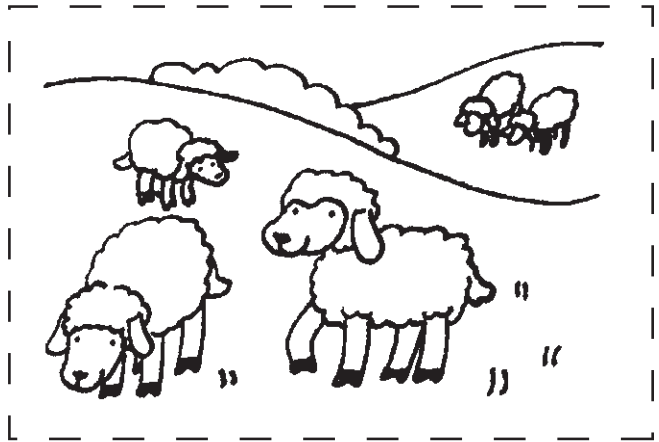
Invite the children to respond to the questions. Ask what else they might wonder about Jesus and the stories he told.

Name _____

Date _____

A Story About God

Color the pictures below. Then cut them out. Use the pictures to tell the story of the Good Shepherd.



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