

# First Communion Prayers

Our Lady of Lourdes Roman Catholic Church (Erath, Louisiana) *(Revised October 2014)*

**NOTE 1:** Regardless of their current grade level, all First Communion candidates must be able to recite **prayers for Grades 1-2**. The prayers marked with an **asterisk (\*)** should be memorized/recited before the Sacrament of Reconciliation (Confession) is administered (usually in January). The rest of the prayers must be recited before the Sacrament of Eucharist (Communion) is administered (usually in April). Grade 2 Prayers may be found on the other side of this sheet. **NOTE 2:** The prayers marked with an **(M)** should be recited every morning. The prayers marked with an **(N)** should be recited every night to help us reflect on the sins we've committed during the day.

## Grade 1 Prayers

### **The Sign of the Cross\* (M,N)**

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

### **The Lord's Prayer\* (M)**

Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy Will be done on earth as it is in Heaven. Give us, this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

### **Hail Mary\* (M)**

Hail Mary, full of Grace, the Lord is with Thee. Blessed art Thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### **Glory Be\* (M)**

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

### **Angel of God (M)**

Angel of God, my guardian dear, to whom God's love entrusts me here. Ever this day be at my side, to light and guard, to rule and guide. Amen.

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## Grade 2 Prayers

### **The Ten Commandments\*** *(review often)*

1. I am the Lord, your God. You shall not have any other gods before me.
2. You shall not take the Name of the Lord, your God, in vain.
3. Remember to keep holy the Sabbath Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

### **Act of Contrition\*(N)**

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishment, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy Grace, to sin no more and to avoid the near occasion of sin. Amen.

### **Brief Examination of Conscience\*(N)**

What sins have I committed of thought, word, deed, or omission, against Almighty God, neighbor, and self?

### **Prayer before Meals (daily)**

Bless us, O Lord, and these, Thy gifts, which we are about to receive from Thy bounty, through Christ, our Lord. Amen.

### **The Apostle's Creed (pray often)**

I believe in God, the Father Almighty, creator of Heaven and earth, and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell, and on the third day, He arose from the dead. He ascended into Heaven and sits at the right hand of God, the Father Almighty, from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **"Conversation" during Confession\***

Bless me, Father, for I have sinned. This is my first Confession.\* I have *(tell your sins to the priest)*. For these and any other sins I may have forgotten, I am truly sorry.

**\*NOTE:** Upon our return to the Confessional, we can no longer say "This is my first Confession." Instead, we say, "It has been \_\_\_\_ weeks (or months or years) since my last Confession."