

Lesson Plan

Objectives

Invite, 10 minutes

The Mystery of the Trinity Page 87

Process

-  **Proverbs 30:4** Pray the opening prayer.
-  **Mark 1:9–11** Reflect prayerfully on the Word.
 - Discuss What Do You Wonder questions.

Materials

-  **Optional Activity**
Chapter Poem:
“Guidance on the Journey”

Discover, 35 minutes

More Than Can Be Known

Pages 88–89

- Appreciate the hardships our ancestors endured to help us to know about the mystery of the one God in three Divine Persons

One God in Three Divine Persons

Pages 90–91

- Recognize that Jesus invites us into a deeper understanding of the mystery of God, whom we cannot see except through him
- Recall that those who are baptized enter into the very life of the Holy Trinity, who is love
- Understand that the Theological Virtues help us obey the First Commandment and live in relationship with the Trinity

- **Catholic Faith Words** mystery
- Discuss blessings in the form of hardships.
- Clarify the meaning of mystery.
- Share the story of Saint Patrick.
- **Share Your Faith Activity** Reflect on life experiences.
- **Catholic Faith Words** Holy Trinity, virtues
-  **John 1:32–34** Proclaim “John the Baptist’s Testimony to Jesus.”
- ★ Indicate how God the Father made himself known during Jesus’ baptism.
- Review the Theological Virtues.
- **Connect Your Faith Activity** Draw images of the Trinity.

- ☐ pencils or pens
- ☐ board or chart paper
- ☐ pencils or pens
- ☐ board or chart paper
- ☐ colored pencils or markers
- **Optional Activity**
Trinity Puzzles
- ☐ Activity Master 4 (Page 87E)

Live, 15 minutes

Our Catholic Life Pages 92–93

The Apostles’ Creed Page 94

- Explain various examples of virtue.
- ★ Share ways to respond to God in faith, hope, and charity.
- **People of Faith** Learn about Saint Athanasius.
- **Live Your Faith Activity** Name one way to live each Theological Virtue.
- Appoint four readers.
-  Rehearse “Holy, Holy, Holy.”
- Follow the order of prayer.

- ☐ pencils or pens
- ☐ board or chart paper
-  Download “Holy, Holy, Holy.”

Family + Faith Page 95

Point out that the Catholic Families page provides chapter highlights, information on how fifth graders understand faith concepts, and family prayer.

Chapter Review Page 96

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- Customize and Download Assessments
- Email Links to eAssessments
- Interactive Student Reviews

Lesson Plan, Grade 5 - Chapter 4

October 08 2025

Preparation

- Lesson Plan
- Activity Master

Discover

- Catechist Edition Instruction

Preparation

Lesson Plan

File: G5_C4_LP.pdf

Activity Master

File: G5_C4_AM.pdf

Discover

Catechist Edition Instruction

Discover (1)

Objectives

- Appreciate the hardships our ancestors endured to help us to know about the mystery of the one God in three Divine Persons.

More Than Can Be Known

Ask: What gift did Saint Patrick bring to the Irish people?

- List the children's responses on the board or on chart paper.

Invite a volunteer to read aloud the first paragraph.

- Share with the children how things that seem bad at first sometimes turn out to be for the best.

Work With Words

Ask the children what the word *mystery* means to them (many will probably have a secular understanding of the word).

- Use the definition in the Catholic Faith Words box to explain the meaning of the word as it relates to the Church.

Saint Patrick

Ask the children to explain what the illustrations on pages 88 and 89 depict.
Read aloud the story with enthusiasm to help the children grasp Patrick's plight.
Have the children discuss the question at the bottom of the page.

The Mystery Unfolds

Read aloud the rest of the story.

- Have pairs of children retell the story to each other.
- Instruct the children to reread and underline the last sentence in the story, as it is a good point to remember.
- Ask: What did you learn from hearing about Saint Patrick's life? Do you think it might make a difference in the way you view the not so pleasant things that happen in your life?

Activity

Read the Reflect question aloud.

- Allow time for the children to think of answers and write them down.
- Music Option: While the children complete the activity, play "Love Which Never Ends," downloaded from **aliveinchrist.osv.com**.
- Have the children share some of their thoughts with a partner.

Quick Review

Christians are called to lives of trust. The Holy Trinity is with us even when our lives take an unexpected turn.

Discover (2)

Objectives

- Recognize that Jesus invites us into a deeper understanding of the mystery of God, whom we cannot see except through him.
- Recall that those who are baptized enter into the very life of the Holy Trinity, who is love.
- Understand that the Theological Virtues help us obey the First Commandment and live in relationship with the Trinity.

One God in Three Divine Persons

Ask the children what they know about the Holy Trinity.

- List their responses on the board or on chart paper.
- Draw an equilateral triangle on the board or on chart paper.
- Write the words *Holy Trinity* in the center and *Father*, *Son*, and *Holy Spirit* on the sides.
- Summarize the text, pointing to the graphic as you discuss the Holy Trinity.

Scripture

Ask a volunteer to proclaim the Scripture passage.

- ★ Have the children underline how God the Father made himself known.

Read aloud the last paragraph.

- Ask: What are some ways in which you experience the love of the Holy Trinity in your life?
- Encourage the children to discuss the question in small groups.

Living Your Faith

Organize the children into groups.

- Assign each group a paragraph.
- Tell them to discuss what the paragraph means to a fifth grader.
- Have each group report on their discussion.
- Elicit responses to the question at the end of the text.

The Theological Virtues

Review the chart with the children.

- Have three volunteers each read aloud one of the virtue names and its description.

Activity

Read aloud the directions.

- Invite the children to draw their own images.
- Have volunteers explain what they drew.

The Nicene Creed is a summary of basic beliefs about the Trinity, the Church, and other teachings. Have the children turn to page 308 of the Our Catholic Tradition section in the Student Book to silently read over the words of this prayer.

► Music Option: In the background, play "The Trinity," downloaded from **aliveinchrist.osv.com**.

Quick Review

Jesus revealed the fullness of the mystery of God in the Holy Trinity. Jesus' baptism expresses the triune presence of God in the Seven Sacraments.

Chapter 4 Activity Master

Name _____

Date _____

Trinity Puzzles

Unscramble the Scripture verses below. Each verse comes with a hint regarding its content. Read the Trinity facts on this page, too. Use a Bible to check your work.



1. one Father I are and the

HINT: Jesus said this about his relationship with God. John 10:30

2. Father promise he of from the
received the holy the Spirit

HINT: This is the promise Jesus received from God. Acts 2:33

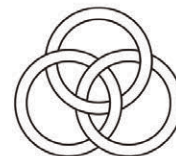
3. Jesus grace of Christ of Lord the of
love the the and fellowship Spirit of the
and holy you with be all the God

HINT: This blessing is used in worship. 2 Corinthians 13:13

4. therefore make go nations disciples and
all of name Father the them of in the
holy of the and of the and Spirit
Son baptizing

HINT: This Scripture verse contains the words of the Sign of the Cross. Matthew 28:19

- The word *Trinity* is not found in the Bible.
- The word *Trinity* comes from the Latin word *trinitas*, meaning “three.”



Lesson Plan, Grade 5 - Chapter 5

October 08 2025

Preparation

- Lesson Plan
- Activity Master

Discover

- Catechist Edition Instruction

Preparation

Lesson Plan

File: G5_C5_LP.pdf

Activity Master

File: G5_C5_AM.pdf

Discover

Catechist Edition Instruction

Discover (1)

Objectives

- Discover ways to show thankfulness and reverence to God and respond to his goodness and love.
- Examine worship as a natural response to God, as we adore and praise him, especially in prayer and in the liturgy of the Church.

God with Us

Have the children silently read the text.

- Ask volunteers to note David's main achievements.
- Explain that the ark of the covenant was a lavishly decorated portable chest that contained the Ten Commandments. It was very important to the people of Israel.

Scripture

Proclaim the Scripture.

- Ask: What do you think was in David's heart as he danced before the ark? Have you ever felt so

happy that you wanted to dance?

- Discuss the questions with the children.
- Using the information from both the first paragraph and the Scripture passage, encourage the children to discuss possible answers to the question at the top of the page.

Responding to God's Love

Read aloud the first paragraph.

Scripture

Have a volunteer proclaim the Scripture.

- Ask: What does this passage show or tell you about the early Church community?

Allow time for the children to silently read the rest of the text. Ask volunteers to summarize what they read.

Work With Words

Point out the Catholic Faith Words feature on the page.

- Have a volunteer read aloud the definition for reverence.
- Ask the children to give examples of reverence.

Activity

Read aloud the Reflect and Share copy for the Share Your Faith activity.

- Have the children complete the first part of the activity.
- Allow time for them to share their thoughts with a partner. with a

Quick Review

David worshipped God with music, singing, and dancing. Worship is a natural response to God's goodness.

Discover (2)

Objectives

- Recognize that in the liturgy, we participate in the saving work accomplished through Jesus' life, Death, Resurrection, and Ascension.
- Identify the ways in which we experience the Holy Trinity in the celebration of the liturgy.

The Work of God and His People

Ask: What is liturgy? ***the official public prayer of the Church***

- List the children's responses on the board or on chart paper.

Have the children silently read the text.

★ Direct the children to underline what it means to say that the liturgy is a form of work.

- Ask: When is your work (as a student and family member) most meaningful for you?

The Catholic Church's Liturgy

Review the material in the chart by having three volunteers each read aloud one of the rows.

- For an extended review, send the children to page 323 in the Our Catholic Tradition section of the Student Book to read a couple of prayers from the liturgy. If time allows, encourage volunteers to share some of their favorite lines from these prayers.

The Role of the Trinity

Ask the children to silently read the text.

Read aloud this line from the text: From the Sign of the Cross at the beginning of Mass until the final blessing, the entire liturgy is a celebration of the saving love of the Holy Trinity poured out to all the world.

Distribute drawing materials (paper, colored pencils or markers). Invite the children to design a wordless diagram showing one way the Holy Trinity is at work in the liturgy.

► Music Option: While the children draw, play "For the Fruits of This Creation," downloaded from **aliveinchrist.osv.com**.

- Display the diagrams around the room.

Activity

Read aloud the directions for the Connect Your Faith activity.

- Allow several minutes for the children to complete the activity.
- Invite volunteers to share their responses.

Quick Review

The liturgy is the Church's public, communal worship. Liturgy celebrates the love that the Holy Trinity has poured out on the world.

Lesson Plan

Objectives

Process

Materials

Invite, 10 minutes

Prayer and Worship Page 97

- 🔗 **Psalm 141:1–2** Pray the opening prayer.
- 🔗 **Philippians 4:4–7** Reflect prayerfully on the Word.
- Discuss What Do You Wonder questions.

🔗 **Optional Activity**
Chapter Story:
“Give Thanks”

Discover, 35 minutes

God with Us Pages 98–99

- Discover ways to show thankfulness and reverence to God and respond to his goodness and love
- Examine worship as a natural response to God, as we adore and praise him, especially in prayer and in the liturgy of the Church

The Work of God and His People Pages 100–101

- Recognize that in the liturgy, we participate in the saving work accomplished through Jesus’ life, Death, Resurrection, and Ascension
- Identify the ways in which we experience the Holy Trinity in the celebration of the liturgy

- **Catholic Faith Words** reverence
- 🔗 **2 Samuel 6:1–15** Proclaim “The Ark Brought to Jerusalem.”
- Share ways to praise and honor God.
- 🔗 **Acts 2:46–47a** Proclaim “The Early Church Gathers.”
- **Share Your Faith Activity** Elicit words and actions that show reverence for God.

☐ pencils or pens

- **Catholic Faith Words** worship, liturgy
- Discuss the meaning of the word *liturgy*.
- ★ Underline the explanation of liturgy as a “form of work.”
- Design a diagram showing the Trinity at work.
- **Connect Your Faith Activity** Explain how the Holy Trinity is at the core of the liturgy.

☐ pencils or pens
☐ board or chart paper
☐ drawing paper
☐ colored pencils or markers

Live, 15 minutes

Our Catholic Life Pages 102–103

- Talk about using body language for prayer.
- ★ Circle preferred positions for prayer.
- **People of Faith** Learn about Saint Cecilia.
- **Live Your Faith Activity** Write lyrics to praise and honor God.

☐ pencils or pens
☐ board or chart paper
• **Optional Activity**
Prayer and Worship
☐ Activity Master 5 (Page 97E)

Prayer of Thanks and Petition
Page 104

- Appoint four readers.
- 🔗 Rehearse “Praise the Lord.”
- Follow the order of prayer.

🔗 Download “Praise the Lord.”

Family + Faith Page 105

Point out that the Catholic Families page provides chapter highlights, information on how fifth graders understand faith concepts, and family prayer.

Chapter Review Page 106

🔗 aliveinchrist.osv.com

- Customize and Download Assessments
- Email Links to eAssessments
- Interactive Student Reviews

Chapter 5 Activity Master

Name _____

Date _____

Prayer and Worship

Reflect on prayer and worship in your life by responding to the statements below.

I pray the following prayers:

Because

I offer thanksgiving to God in the following ways:

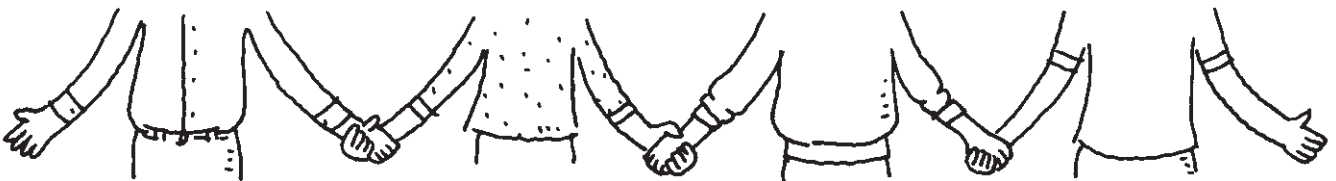
Because

I participate at Mass in the following ways:

Because

© Our Sunday Visitor

On the lines below, explain what you would like to improve about the way you worship and pray to God.



Lesson Plan

Objectives

Process

Materials

Invite, 10 minutes

A Life of Virtue Page 107

- **Job 34:4** Pray the opening prayer.
- **Micah 6:8** Reflect prayerfully on the Word.
 - Discuss What Do You Wonder questions.

Optional Activity
Chapter Story:
"Act with Love"

Discover, 35 minutes

The Way to Goodness

Pages 108–109

- Discern that showing love for God and neighbor is an act of worship
- Recognize that the Cardinal Virtues help us honor God and live as his children

Living the Cardinal Virtues

Pages 110–111

- Appreciate how virtues strengthen our ability to know right from wrong and help us become the person God made us to be
- Realize that living a morally good life is a way to praise God

- **Catholic Faith Words** Cardinal Virtues
- Discuss what Jesus teaches about following God's Commandments.
- **Mark 12:28–34** Proclaim "The Greatest Commandment."
 - Work with the Cardinal Virtues chart.
 - ★ Indicate the virtues you practice and those you need help with.
- **Share Your Faith Activity** Illustrate one way to practice a Cardinal Virtue.
- Discuss how living the Cardinal Virtues shows love for God and others.
- Work with the four scenarios and respond to the questions.
- **Connect Your Faith Activity** Outline a story in which someone practices a Cardinal Virtue.

- ☐ pencils or pens
- ☐ board or chart paper
- **Optional Activity**
The Cardinal Virtues
- ☐ Activity Master 6 (Page 107E)

- ☐ pencils or pens
- ☐ board or chart paper

Live, 15 minutes

Our Catholic Life Pages 112–113

- Talk about right and wrong.
- Review decision-making tips.
- ★ Indicate bad decisions and good decisions.
- **People of Faith** Learn about Saint Thomas More.
- **Live Your Faith Activity** Come up with ways to follow a chosen virtue.

- ☐ pencils or pens
- ☐ board or chart paper

Psalm of Praise Page 114

- Select a reader and assign Side 1 and Side 2.
- **Rehearse** "May God Bless and Keep You."
- Follow the order of prayer.

Download "May God Bless and Keep You."

Family + Faith Page 115

Point out that the Catholic Families page provides chapter highlights, information on how fifth graders understand faith concepts, and family prayer.

Chapter Review Page 116

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- Interactive Student Reviews

Lesson Plan, Grade 5 - Chapter 6

October 08 2025

Preparation

- Lesson Plan
- Activity Master

Discover

- Catechist Edition Instruction

Preparation

Lesson Plan

File: G5_C6_LP.pdf

Activity Master

File: G5_C6_AM.pdf

Discover

Catechist Edition Instruction

Discover (1)

Objective

- Discern that showing love for God and neighbor is an act of worship.
- Recognize that the Cardinal Virtues help us honor God and live as his children.

The Way to Goodness

Ask: What does Jesus teach about following God's Commandments?

- List the children's responses on the board or on chart paper.

Summarize the text for the children.

- Ask the children to whom they turn when they need advice about doing the right thing.

Scripture

Invite the children to stand while you proclaim the Scripture passage.

- Ask: How do you keep these two Commandments in your own life?
- Encourage discussion among the group.

- Share some of the ways you try to keep these Commandments.
- Music Option: Invite the group to sing "Loving God," downloaded from aliveinchrist.osv.com.

Worship That Pleases God

Have three volunteers read aloud the text.

- Have the children underline "the exercise of doing good builds virtue."

The Cardinal Virtues

Point out the Cardinal Virtues chart.

- Have four volunteers each read aloud one of the virtues.
- Ask the children to suggest ways that they can exhibit or live these virtues.
- ★ Tell the children to write a *P* next to each virtue they already practice, and an *R* next to one they would like to work on.
- Music Option: As children work on the chart, play "Choices," downloaded from aliveinchrist.osv.com.

Activity

Read aloud the directions.

- Give the children time to draw their illustrations.
- When they are done, have them explain their illustrations to a partner.

Quick Review

Jesus teaches that following God's Commandments is a matter of loving God and neighbor through a life of doing good. Practicing the Cardinal Virtues is a way of loving and worshipping God.

Discover (2)

Objectives

- Appreciate how virtues strengthen our ability to know right from wrong and help us become the person God made us to be.
- Realize that living a morally good life is a way to praise God.

Living the Cardinal Virtues

Ask: How does living the Cardinal Virtues show love for God and others?

- List the children's responses on the board or on chart paper.

Summarize the first two paragraphs.

Explain to the children that the term *cardinal* comes from a Latin word meaning "hinge."

- Say: These virtues can be considered "hinge" virtues because all of the good done in life hinges on them.

Organize the children into four groups. Assign each group a scenario from the four shown on pages 110 and 111.

- Invite the children to silently read their assigned scenario and then discuss it within their groups.
- Encourage them to refer to the artwork in their discussion of what is taking place in each situation.
- Have group members work together to answer the question at the end of their story.

Ask each group to develop a role-play of their scenario and add to it by having one person take the part of the virtue.

- Have the child playing this role offer advice to the other children in the scenario to help them practice the virtue.

Activity

Ask a volunteer to read aloud the directions for the activity.

- Provide the children with enough time to come up with outlines for their own stories.
- Allow several children to share what they wrote with the group and pose a question for discussion.
- If time allows, send the children to page 318 in the Our Catholic Tradition section of the Student Book and initiate a deeper discussion on grace and virtues.

Quick Review

Emphasize that by allowing God's grace to help us live out the four Cardinal Virtues, we become the people God created us to be.

Name _____

Date _____

The Cardinal Virtues

In each of the situations below, someone could have displayed virtue but chose not to do so. Use the lines below each situation to describe what a virtuous response might have been.

1. Ramón's brother told him that it was time they went home for dinner. Ramón was having so much fun shooting hoops that he ignored his brother and kept on playing.

2. Jimmy and Allison didn't think about how dangerous it could be to ignore the warnings when using Allison's home chemistry set.

3. Amy had promised to go to the park with Colleen, but Amanda persuaded Amy to go skating instead. Amy felt bad about deserting Colleen, but she knew that Amanda would be angry if she mentioned her promise.

4. Jen and Miguel loved pizza so much that they each ate six slices. As a result, they both got stomachaches and couldn't sleep all night.

5. Chris wanted to make friends with Sandy, but he decided not to do so because his other friends called Sandy a "nerd."

