

Make-Up Work for “Communion Class 1”

for First Confession and First Communion Sacramental Prep

(for Candidates in Grades 2-5 on Thursday evenings)
Revised October 2016

Notes to Parents for Make-Up Work: (1) Please try to remember to begin and end each “make-up class” with a prayer. Although the use of spontaneous prayer is allowed, the children will have to memorize/recite the memorized prayers (Grade 1 and/or Grade 2) from the prayer sheets we’ve provided. Please review/pray those prayers often throughout the year. (2) Please **read and discuss the following information** with your child. If you have questions, please don’t hesitate to call Mrs. Frances at our Church Parish Office (937-6888). (3) Please complete the last page of this make-up packet and **return it to our church parish office** so Mrs. Frances can update the attendance chart.

In case you’ve misplaced your 2017-18 Schedule of Classes:

Most of our Thursday evening classes are held in the Religious Education Classrooms from 6:00 – 7:00 p.m. unless otherwise noted on the schedule below.

This schedule does not include other religious education classes (Sunday Sessions, EDGE sessions, or IGNITE! sessions)! Our full schedule of religious education and Sacramental prep classes may be found on our website’s Current Events page.

Description of Class	Date
Meeting #1 for parents of all First Communion Candidates and “Welcome to Sacramental Prep” Class for candidates	October 12 Parents <u>and</u> candidates will gather in the Church Parish Hall at 6:30 p.m.
Confession Class 1	October 26
Confession Class 2	November 9
Confession Class 3	November 30
Confession Class 4	December 14
First Confession Retreat <i>(NOTE: This class will end at 7:30 p.m.)</i>	January 11; 6:00 – 7:30 p.m. Rel. Educ. Classrooms and Church
First Holy Confessions (The Sacrament of Reconciliation)	January 25 6:30 p.m. in church
Meeting #2 for parents of all First Communion Candidates and Communion Class 1 for candidates	February 8 Parents <u>and</u> candidates will gather in the Church Parish Hall at 6:30 p.m.
Communion Class 2	February 22
Communion Class 3	March 8
Communion Class 4	March 22
First Communion Retreat <i>(NOTE: A parent must attend the rehearsal at 9:15 a.m.)</i>	Sunday, April 8 8:00 a.m. – Noon (includes a rehearsal for Mass)
First Communion Mass (and Cake/Punch Reception)	(same day as the First Communion Retreat) Sunday, April 8 5:00 p.m. Mass followed by reception

Communion Class 1

Please review this information with your Candidate in Grades 2-5:

- Review **Commandment #3**: “Keep holy the Sabbath Day.” Along with enjoying some family time and rest on Sundays, Catholic families must attend a Sunday Mass every weekend. Our current schedule of **Sunday Masses** is as follows:
 - Saturday afternoon “anticipated” Mass at 4:00 p.m.
 - Sunday morning Masses at 7:00, 8:30, and 11:00 a.m.
 - Sunday afternoon Mass at 5:00 p.m.
- Mrs. Frances reminded the children that we are now going to begin preparing to receive Holy Communion. She reminded the children that every time we receive Holy Communion, Jesus comes to live in our souls. Our body becomes a “living tabernacle” for Him, and at first, we’re usually very careful not to “dirty” His new home in our soul. After a while, though, our “living tabernacle” becomes cluttered (or, perhaps, filthy) with our sins. Jesus needs some “elbow room” to do His work in our lives! We need to keep our “living Tabernacle” clean for Him! REMINDER: Regardless of our age, all Catholics should make good use of the Sacrament of Confession often! We need to clean out our “living Tabernacle.”
- What is your favorite food? Imagine eating the “best ever” version of your favorite food. How often do you eat this food? Where do you find this food? Who prepares it for you? How would you feel if, for some reason, you would never eat this food again?
- The **Body of Christ** (also known as the **Blessed Sacrament**) is the absolute best food for our soul! Jesus Christ comes to live in our souls every time we receive Holy Communion. He fills us with His Grace (His life within our soul. The only place we can receive this special meal is at a Catholic **Mass**! We can’t receive the Body of Christ at a football game, the movies, the grocery store, the mall, or at a church of a different denomination. The Body of Christ gives us the strength and desire to follow God’s Ten Commandments, but when our soul “runs out of” the Body of Christ, our Free Will takes over and causes trouble in our lives. Remember: If/When we get too busy in life to go to Confession regularly, our “living Tabernacle” will be too cluttered with **venial sins** (or, perhaps, filthy with serious **mortal sins**) to receive Communion. There will be no room for Jesus! We must go back to Confession before we can receive Communion again!
- Please call the church parish office (937-6888) to borrow the **DVD** entitled “Understanding the Sunday Mass: A Kid’s Point of View.” We watched **Part A** of the

DVD during Communion Class #1. This portion of the DVD reviews the **Liturgy of the Word**.

IMPORTANT:

- ✓ Because several families may need to view this DVD, please view it on the night you borrow it and **return it the next day**. (If necessary, please put it in the locked mailbox near the bottom of the front porch steps leading into the church office.)
- ✓ **Because the candidates will view Part B of this DVD during Communion Class 2, the DVD must be back in the Mrs. Frances' office before the date of Communion Class 2!**

- Mrs. Frances paused the DVD often to ask questions and to offer explanations. If you or your child have any questions, please don't hesitate to call or email Mrs. Frances or ask one of our office employees when you return the DVD.
- Please help your child get into the habit of using appropriate **gestures** and **postures** before/during/after Mass:
 - We focus our attention on the Blessed Sacrament in the sacred tabernacle and **bless ourselves with Holy Water** to remind ourselves of our baptism as we enter/exit the church. We again focus our attention on the Blessed Sacrament in the sacred tabernacle and **genuflect** as we enter/exit a pew. Both of those gestures pay respect to Jesus in the Body of Christ in the Blessed Sacrament in the tabernacle.
 - We begin and end Mass with **the Sign of the Cross**. The Mass is one long prayer! It's the best prayer we can pray as Catholic Christians!
 - We **gently thump on our chest three times** to show how sincerely sorry we are for committing sins that hurt Jesus in The Body of Christ.
 - In the **Confiteor** at the beginning of Mass, we pray “. . . through my fault, through my fault, through my most grievous fault . . .”
 - In the **Lamb of God** before Communion, we pray, “Lamb of God, You take away the sins of the world, have mercy on us. Lamb of God, You take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.”
 - We listen to Bible stories during the **Liturgy of the Word**. We **sit** and **pay attention** while a **lector** reads the **First Reading** and the **Second Reading**. We **sing** the Responsorial Psalm with the cantor and choir. We **stand** and **pay attention** while the **priest** reads the **Gospel**.
 - What happens right before the priest reads the Gospel? *The priest invites us to listen to the Gospel when he says, “A reading from the Holy Gospel according to (Matthew, Mark, Luke, or John).” We make small **Signs of the Cross** on our **forehead, our lips, and our chest** as we say, “Glory to you, O Lord.” By doing this, we remind ourselves that we should always give glory to God in all of our thoughts*

(forehead), in our words (lips), and in our deeds (chest—where we usually think our soul is located, along with our heart).

- Read and discuss the Bible story of **Martha and Mary**. (See attached sheets)

(Parent's Copy)

Martha and Mary

(A children's version of Luke 10:38-42)

While Jesus and His friends were on a journey, they entered a village. A woman named Martha welcomed Him to their home. Martha had a sister named Mary. While Jesus was speaking, Mary paid close attention as she sat on the floor near His feet. Martha stayed busy preparing a meal for her visitors. After a while, Martha became upset that Mary wasn't helping her, so Martha went to Jesus and said, "Lord, do you not care that my sister has left me by myself to do the serving? Tell her to help me." The Lord said to her in reply, "Martha, Martha, you are worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her."

Questions/Answers:

1. What are the names of the two sisters in this Bible story? *Martha and Mary*
2. Who welcomed Jesus to their home? *Martha*
3. Which sister stayed busy preparing the meal for her visitor(s)? *Martha*
4. What did Mary do while Martha was busy preparing the meal? *Mary sat near the feet of Jesus while He spoke to them.*
5. Was Martha pleased that Mary was learning so much from Jesus? *No. Martha thought that Mary should help her prepare the meal.*
6. What did Martha do in an attempt to get Mary to help her prepare the meal? *Martha asked Jesus to tell Mary to help her.*
7. How did Jesus respond? *Jesus told Martha that she seemed to be worried about many things, but only one thing was important, and Mary had chosen to do the important thing.*
8. What is "the important thing"? *Jesus wants us to listen to Him when He speaks to us. He wants to teach us many things, but if we're too busy, we won't be able to pay attention to Him when He speaks to us.*
9. Does Jesus still speak to us? *Yes! Jesus speaks to us when the priest reads the Gospel at every Mass! He also sent the Holy Spirit to help each one of us know the difference between right and wrong.*
10. Do we sit still and listen to Jesus' words during the Mass? *We should!*

Activity: If time permits, allow the children to draw a picture of Jesus with Mary (preparing the meal) and Mary (sitting at His feet).

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7. How did Jesus respond?
8. What is "the important thing"?
9. Does Jesus still speak to us?
10. Do we sit still and listen to Jesus' words during the Mass?

Dear Parent/Guardian:

Please complete this page and return it to our Church Parish Office as soon as possible so Mrs. Frances can update our attendance records to indicate that you have helped your child make up the work that was missed during the class identified below.

My child, _____, and I have viewed **Part A** of the DVD entitled "Understanding the Sunday Mass: A Kid's Point of View." We have also read and discussed all information included in this make-up packet for the First Communion Prep "**Communion Class #1.**"

Parent/Guardian's Printed Name

Parent/Guardian's Signature

Current Date