

<u>Family and/or Individual Spiritual Suggestions</u>	<u>Date</u>	<u># of hours possible</u>
Rosary/Benediction Students attending Summer PSR will attend <i>with their class</i>	June 13 th 11:00-Sacred Heart Church	1 hour of Individual Spiritual A sticker will be given to put on form.
Closing Mass for PSR students Students attending Summer PSR will attend <i>with their class</i>	June 20 th 11:00- Sacred Heart Church	1 hour of Individual Spiritual A sticker will be given to put on form.
<u>Catholic Boot Camp Volunteer</u> —(7 th –11 th graders only)	July 14-18 9:00-12:00 (7th—11th grade only)	3 individual spiritual OR 3 service hours per day.
Attend Mass for the Sacred Heart of Jesus Feast Day	June 27 th 6:00 pm Sacred Heart Church	1 hour of individual spiritual or family spiritual
Attend Mass for the Immaculate Heart of Mary	June 28 th 8:00 am Lutchter Chapel	
<i>America Needs Fatima Rosary (Public Square Rosary)</i>	October 11, 2025 12:00 Noon St. Michael Church & the K.C. Home	
<i>The Living Rosary (Patriotic Rosary)</i>	October 19, 2025 6:30 St. Michael Hall	
<i>The Live Nativity</i>	Date to be announced	
Attend the <i>Parish Mission.</i>	Date to be announced. A sticker will be given to put on form.	2 individual spiritual or 2 family spiritual hours per day you attend
Attend Stations of the Cross during Lent.	Fridays during Lent	30 minutes of individual spiritual or 30 family spiritual
Divine Mercy Sunday Prayer Service	April 12, 2026 St. Michael Church	1 hour of individual spiritual or family spiritual
<i>Adoration Chapel</i> (Lutchter Chapel) (parents/grandparents cannot sign the form)	Any time day or night. The Adoration Chapel is open 24/7.	1 hour of individual spiritual or family spiritual Get someone in attendance there to sign your sheet; not a parent or grandparent.
Attend <i>Rosary Walk</i> With River Road Catholics Young Adults 6:30 p.m.	usually 3 rd Wednesday of the month St. Joseph Church, prayer garden, or cemetery	30 minutes of individual spiritual or family spiritual
Attend <i>Mass</i> <u>other than</u> Sundays or Holy days of obligation. (Examples: weekday Mass; Feast of St. Michael; Feast of St. Joseph; Feast of the Sacred Heart; Ash Wednesday Mass; Thanksgiving Day Mass; etc.)	Wednesdays 5:30 p.m Mass Lutchter Chapel M,T, Th, F: 7:00 a.m Mass Lutchter Chapel Feast Day Masses: Refer to church bulletin	Weekday Mass = 30 minutes Feast Day Mass= 1 hour
Attend <i>Tuesday devotions</i> at St. Michael	4:00 pm Rosary; 4:30 pm Novena	30 minutes of individual spiritual or 30 minutes of family spiritual for each
Volunteer as an <i>Altar Server.</i> (counts for only <u>one hour</u>)	For any of the churches/Masses	1 hour of Individual Spiritual
Watch <i>videos on Formed</i> & write a paper on it. (Grades 7-8 only)	The paper MUST be HANDWRITTEN & at least a full page in length.	1 hour of Individual Spiritual

Spiritual & Service hours need to come from a **variety** of sources; therefore, **only 2 hours can come from the same source.** (Ex. Only 2 hours may come from the Adoration Chapel).

- Please Note Changes:**
1. All hours **MUST** come from a **church related ministry** such as the KC; Embrace Grace; Catholic Daughters; etc.
 - 2, **NON-CHURCH** related ministries will **NOT** count as hours; such as VFW; Boy/Girl Scouts; etc.
 3. Corporal works of Mercy are **no longer accepted as hours.**

Service Enrichment Suggestions (7th-8th Grade Only)			
Catholic Boot Camp <u>Volunteer</u> (7 th -11 th graders only)	July 14-18	9:00-12:00	3 Individual <u>or</u> 3 Service hours can be earned per day.
Volunteer at St. Vincent de Paul Store in Lutch: This ONLY counts as a Service Hour even if done as a Family			
Volunteer as an Altar Server. (counts for only <u>one hour</u> if serving when <u>not</u> scheduled) Counts as 1 hour of Service or Individual			
Volunteer at the St. Peter Chanel Fall Festival (Setting up and cleaning up only)			
Volunteer at the St. Michael Church Bingo			
Volunteer at the St. Peter Chanel Spring Festival			
Volunteer to help clean one of the churches.			
Volunteer to clean up/weed out/plant flowers <u>at one of the churches.</u>			
Volunteer to <i>help decorate the churches</i> for different seasons. See contact information below:			
St. Michael Church - Carol Rome St. Joseph Church - Charmaine Ordeneaux Sacred Heart Church -Vanessa Louque Lutch Chapel - Danielle Berthelot			
Volunteer as a helper for the following: (Please email me ahead of time if you plan to help with these.)			
<i>First Reconciliation Retreat for 2nd graders</i> <i>Chalice Painting for 2nd graders</i> <i>First Eucharist Retreat for 2nd graders</i>			
Working with a CHURCH organization such as the KC (Knights of Columbus); the Knights of Peter Claver; the Catholic Daughters; Embrace Grace; etc.			

If in doubt about something counting as hours, please ask. You can email Liz Petit (DRE) at liz.petit5@gmail.com or call the Sacred Heart PSR building at (225)-258-4407. Someone is usually there on Mondays and Wednesdays only.