



## A FUTURE FULL OF HOPE

Please make a personal commitment to pray regularly. During this **STEWARDSHIP OF PRAYER**, we encourage others, especially members of your family, to do so as well. Check the options that best represent your prayer intentions, or use the added space to write out your commitment in your own words.

- Parish Wide Advent Program/Discussion Group  
Join us on [FORMED.org](http://FORMED.org). Not a member? Join through our parish web site: [nvrldcat.org](http://nvrldcat.org)
- Read and Appreciate Printed Prayers
- Five Minutes a Day Commitment to Prayer
- Attend Sunday Mass Regularly
- Attend Daily Mass
- Daily Rosary
- Shared Prayer with Family
- Morning/Night Prayer
- Scripture Readings
- Way of the Cross
- Prayer Before and After Meals
- Meditation
- Novena
- Attend a Spiritual Retreat This Year
- Reconciliation (Confession)

**CHOOSE YOUR OWN METHOD OF PRAYER.**

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“I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope.”

**JEREMIAH 29:11**