

Why Choose a Confirmation Name?

My Confirmation Name – Sharing the Story of Your Saint

Your name gives you an identity; it tells others who you are. When you were baptized, your parents chose your name. If you do not know your parents' reason for choosing your name, ask them about it. Now that you are about to be confirmed, it is time to choose the name you will take as a sign of your growth in Christ in your Catholic Faith.

The tradition of taking on a new name to show a new role can be traced back to the Old Testament. When Abram was called to lead his people to believe in the one true God, his name was changed from Abram to Abraham meaning "the father of many nations." Again in the New Testament we find Simon's name changed from Simon to Peter, meaning "Rock" because he was to become the rock upon which Jesus founded His Church.

Your Confirmation Name should reflect the role, the NEW role you will undertake as a more mature Catholic. Perhaps you would like to take the saint name of a person whom you admire. Many of the Confirmation Candidates, recognizing the growing bond of love with their parents, take a parent's saint name or the saint name of their sponsor. Your choice is that it must be a Saint's name. It cannot be a variation of that name. You may also choose your Baptismal Saint name since Confirmation is the completion of the Baptism experience.

"I believe in the Holy Catholic Church, the Communion of saints..."

After you decide on a name, you must research your saint and using the following questions/statements, complete and write or type in your own words an essay. You may add pictures if you choose. The essay must be at least 2 pages typed and double spaced. And include/answer all of the following.

1. The saint I chose to pray and imitate in my preparation for Confirmation is:
2. The reason I chose this Confirmation name is:
3. What are some facts about your saint. (ex.: when & where born, patron of who or what, when is feast day.) At least 2 paragraphs.
4. What event in the life of this saint most impressed you? Why? Tell of the event in detail.
5. Every Saint is known for a particular quality or virtue. What special virtues did this saint have?
6. How could you imitate this saint today? Be specific!
7. Explain why your Confirmation name is meaningful to you.

Saint Papers are to be turned in on October 19/20, 2025