



October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				Oct. 1 Muffin Fun Lunch (muffin, String Cheese, Yogurt, Crackers) Cucumbers Fruit
Oct. 4 Ham, Cheese, Lettuce & Ranch Wrap Corn Fruit	Oct. 5 Chicken Hard Shell Tacos Refried Beans Fruit	Oct. 6 Homemade Cheese Pizza on an English Muffin Fresh Carrots Fruit	Oct. 7 Hot Dog on a Bun Salad Fruit	Oct. 8 No School
Oct 11 Chicken Patty on a Bun Criss Cut Fries Fruit	Oct 12 Cheese Quesadilla Salsa and Chips Fruit	Oct 13 Pepperoni Pizza Pasta Bake Fresh Broccoli Fruit	Oct 14 Pretzel w/ Cheese Sauce Pinto Beans Fruit	Oct. 15 French Toast Sausage Links Sugar Snap Peas Fruit
Oct. 18 Chicken Alfredo Spaghetti Noodles Green Beans Fruit	Oct. 19 Soft Shell Pork Taco Refried Beans Fruit	Oct. 20 Cheese Pizza Salad with Cheese Fruit	Oct. 21 Cheese Burger on a Bun Potato Wedges Fruit	Oct. 22 Chicken Nuggets Cilantro Lime Rice Celery and Peanut Butter Fruit
Oct. 25 Breakfast pizza (English muffin, ham, scrambled eggs, mozzarella cheese) Hash Brown Fruit	Oct. 26 Chicken Nachos Carrots Fruit	Oct. 27 Mummy Dogs Baked Beans Fruit	Oct . 28 No School	Oct. 29 No School

NOTE: You may apply for Free & Reduced meals anytime during the school year. "USDA is an equal opportunity provider and employer."

MENU SUBJECT TO CHANGE

Checks payable to SICS and note Hot Lunch with name on envelope.

Sandwiches served if you do not want the entrée: Peanut Butter and/or Jelly

Students: FREE (add \$1.75 for 2nd Hot entrée) Adults: \$4.00 per day for 1 entrée (add \$1.75 for 2 entrees)

Cold lunch milk: 40¢ **All meals include one milk choice.**