



September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		Sept. 1 Cheeseburger on a Bun Mac & Cheese Celery Fruit	Sept. 2 Cold Ham, Cheese & Lettuce Wrap Cucumbers Fruit	Sept. 3 Cheerios Cereal Fun Lunch (Cheerios, Yogurt, String Cheese & Crackers) Fresh Broccoli Fruit
Sept. 6 NO SCHOOL	Sept. 7 Chicken Hard Shell Tacos Salad Fruit	Sept. 8 Hot Dog on Buns Baked Beans Fruit	Sept. 9 Pizza Dippers with Sauce Fresh Carrots Fruit	Sept. 10 Egg and Cheese Biscuit Tater Tots Fruit
Sept. 13 Scalloped Potatoes & Ham Green Beans Fruit	Sept. 14 Pork Taco Filling Nachos Refried Beans Fruit	Sept. 15 Rotini Noodles with Meat and Spaghetti Sauce Side salad Fruit	Sept 16 Chicken & Gravy Mashed Potatoes Carrots Fruit	Sept. 17 Pancakes Sausage Patties Snow Peas Juice
Sept. 20 Ravioli Peas Fruit	Sept. 21 Chicken Fajita Wrap Salsa Chips Fruit	Sept. 22 Mini Corn Dogs Fresh Cucumber Fruit	Sept. 23 French bread Pizza Carrots Fruit	Sept. 24 Scrambled Eggs w/ Diced Ham & Cheese Wrap Hash Brown Patties Fruit
Sept. 27 Chicken Nuggets Carrots Dinner Roll Fruit	Sept. 28 Beefy Mac and Cheese Green Beans Fruit	Sept. 29 Grilled Cheese with Tomato Soup Fresh Sugar Snap Peas Fruit	Sept. 30 Teriyaki chicken with Rice Fresh Broccoli Fruit	

NOTE: You may apply for Free & Reduced meals anytime during the school year. "USDA is an equal opportunity provider and employer."

MENU SUBJECT TO CHANGE

Checks payable to SICS and note Hot Lunch with name on envelope.

Sandwiches served if you do not want the entrée: Peanut Butter and/or Jelly

Students: FREE (add \$1.75 for 2nd Hot entrée) Adults: \$4.00 per day for 1 entrée (add \$1.75 for 2 entrees)

Cold lunch milk: 40¢ **All meals include one milk choice.**