

DID YOU KNOW BY DEACON AL

NEW YEAR, NEW CHOICES

In our culture it seems that January 1st is the time to make new choices in our lives. We may choose to lose weight, or get our bodies in shape, or maybe we choose to focus on repairing or improving a relationship. I heard on the news that if your mental state is healthy, your physical health will follow. How many times are we bogged down mentally from the things of this world? If you are looking to repair or improve your relationship with the Lord, you don't have to wait for the new year to start. Start now! In following the Lord, you will know what is right and true, your mind can be clearer, and the world will be a better place. What choices did you make in your life? Are you working on improving your relationship with God?