

## DID YOU KNOW BY DEACON AL

### **JESUS ON THE CROSS**

One morning before Mass I was reflecting on the crucifix and something I have always seen stood out. I saw the blood on Jesus' knees in a different way. Have you ever noticed the bloody knees of Jesus on the cross in our church? Jesus fell down three times just carrying that cross with the weight of our sins. This made me think, how many times have we fallen down in life, or fallen away from God. Our knees are bloody from running away from something good or from falling while trying to do the right thing. Jesus fell and got up again for our good. He helps us get back up when we fall or get knocked down. Like Jesus, the Father gives us the strength and the courage to get up again and move forward. If we have fallen away from God, he waits for us with open arms. What do you see in those bloody knees? Have you ever fallen?