

DID YOU KNOW BY DEACON AL

FASTING CONTINUED

Humanity's fall away from God and into sin began with eating. God had proclaimed a fast from the fruit of only one tree, the tree of knowledge of good and evil (Gen. 2:17), and Adam and Eve broke it. Fasting here is connected with the very mystery of life and death, of salvation and damnation. Food perpetuates (symbolizes) life in the physical world, which is subject to decay and death. But God "created no death". (Wis. 1:13) Humanity in Adam and Eve, rejected a life dependent on God alone, for one that was dependent rather on "bread alone". (Dt. 8:3, Mt. 4:4, Lk. 4:4) The whole world was given to man as a kind of food as a means to life, but life is meant as communion with God, not as food. (Phil. 3:19) The tragedy is not so much that Adam ate food, but that he ate it for his own sake, apart from God and to be independent of him. Believing that food had life in itself and thus he could be "like God". He put his faith in food. This kind of existence seems to be built on the principle that man does indeed live "by bread alone". To be continued.