



God's love knows no barriers. St. Pascal's...where all people matter.

Welcome! We hope you enjoy your time with us. Whether you are just visiting or looking for a parish home, it's great to have you with us. Whatever your life circumstances, wherever you have been or whatever has happened in your life, you are welcome here.

JULY 5, 2020 | FOURTEENTH SUNDAY IN ORDINARY TIME

OUR STAFF

Pastor

Fr. John Mitchell | ext 125
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Deacon

Rev. Mr. Richard Moore
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Business Administrator

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Director of Facilities and Maintenance

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Pastoral Associate for Music

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Pastoral Associate for Faith Formation

Kim Roering | ext 128
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Communications & Office Manager

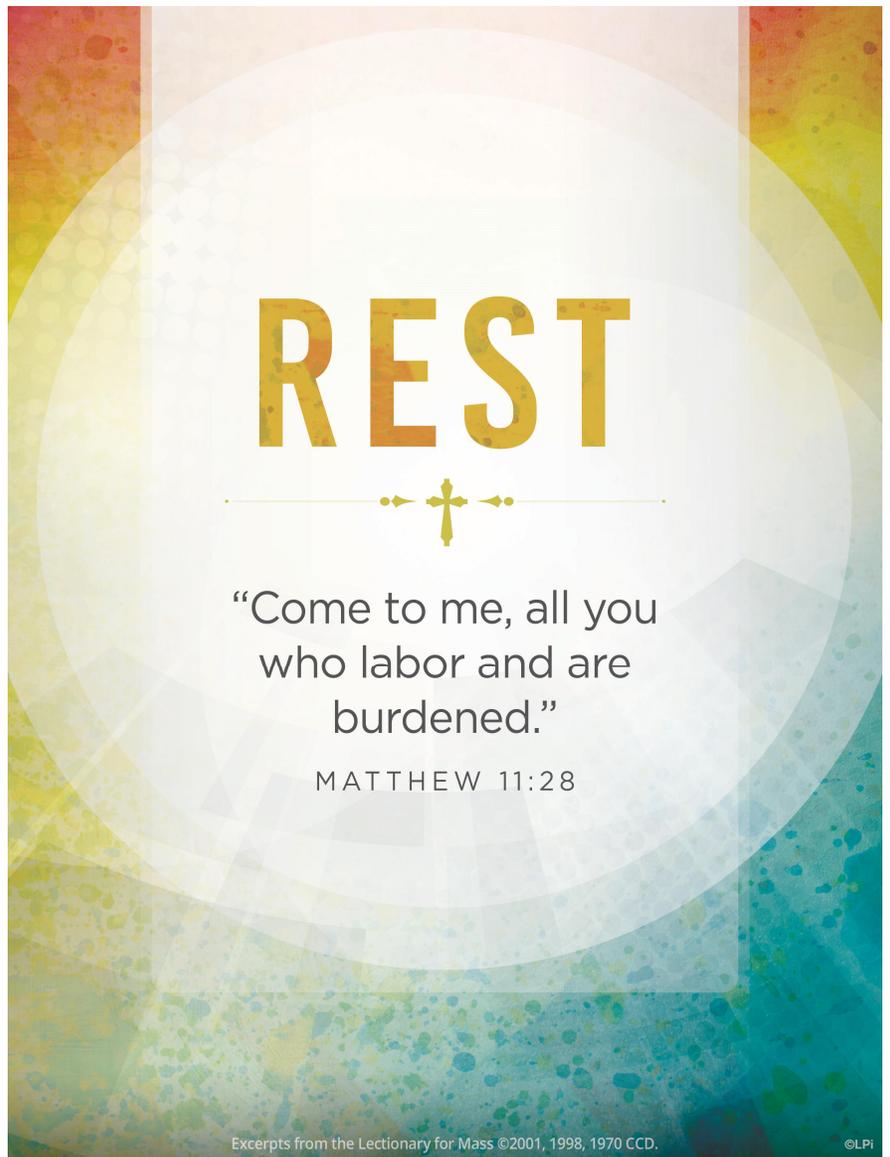
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Administrative Assistant

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Welcome Desk

Karri Creamer | ext 120
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Mass Times

Saturday 4:30 PM | Sunday 8:45 & 10:30 AM (ASL) | Tuesday - Friday 8:00 AM

1757 Conway Street | Saint Paul, Minnesota 55106 | 651.774.1585

website: www.stpascals.org | email: church@stpascals.org

FROM THE PASTOR'S DESK

Schedule of Limited Public Masses

July 4-5 Weekend Masses: 50 person capacity per Mass

July 11-12 Weekend Masses: 50 person capacity per Mass

To reserve a spot for a weekend Mass, please call the parish office.

Walk-ins welcome until we reach our 50 person capacity.

Weekday Mass, 8:00am Tuesday-Friday: 50 person capacity per Mass

No reservations required.

Walk-ins welcome until we reach our 50 person capacity.

We are continuing the video recording of weekday and weekend Masses from St. Pascal's. See the videos on our parish YouTube channel—a convenient link is on the parish website at www.stpascals.org under the "About" tab.

For those who choose not to attend Sunday Mass in person, know that you are still dispensed by the Archbishop from your Sunday Mass obligation. Please continue to be attentive to your spiritual and physical health by watching Mass online and making a Spiritual Communion. *See the next page for a copy of this prayer.*

Did you know that we have a free weekly email newsletter called "Pascal's Pulse"? Subscribe and get the Pulse delivered every Friday to your inbox. Read about parish news, event reminders and also enjoy some fun and exclusive content such as Trivia Questions. We will also send you important, off-schedule announcements such as unexpected building closures. There are also free Funeral Notifications and Funeral Help Notifications. We will never share your email address and you may unsubscribe at any time. To subscribe to the Pulse or other email notifications, please go to www.stpascals.org/in-the-loop, email us at church@stpascals.org or call the parish office at 651.774.1585.

God Bless You,

Father John Mitchell

Friends & Family Update—"Off to the Races!"

A St. Pascal's Facebook Live Fundraiser

The track will be ready on **Saturday, July 18 at 6:00 PM** for our Friends & Family Facebook Live Fundraising Event. We are planning this fun virtual event to bring our parish community together and to raise \$15,000 to pay off the remaining balance for the fire and smoke detection system we installed in August 2019. Enjoy an evening "at the races," help support St. Pascal's and maybe win a prize!

Watch for updates in Pascal's Pulse, the bulletin and a special mailing that will explain more in this week.

More Ushers Needed!

As we continue to expand our Mass sizes, we are in need of additional ushers 65 and under to host these liturgies. Thank you to those who have already come forward! They have allowed us to cover the first few weeks of our re-opening when only one usher per Mass has been necessary. However, as our numbers grow, the number of ushers per Mass must also grow. If you can help, please contact Keri Mader at keri.mader@stpascals.org or 651.432.4957.

St. Pascal's Women's Book Club—We Read and ZOOM

Have you ever thought about coming to the St. Pascal's Women's Book Club? We normally meet at St. Pascal's on the 2nd Monday of each month at 6:30 PM—but you can join us this month via ZOOM from the comfort of your own home! As always, you can come as often as your schedule allows. On July 13, we will discuss Kristin Hannah's *The Great Alone* and on August 10 we'll share Lisa Wingate's *Before We Were Yours*.

For information about the St. Pascal's Women's Book Club or for the list of books for the year, please contact Toni Baker at toni@bakers.us.

Please contact Wendy Boppert at wendy19730@aol.com or 612.802.1656 for information about the ZOOM connection.

FAITH FORMATION

Baptism Preparation

Parents planning to have a child baptized at St. Pascal's are required to attend a pre-baptism session. Our next session will be on Monday, July 20 from 6:30-8:00 PM. Participation will be capped at 3 couples (or 6 individuals). To register for this session, or for more information, contact Kim Roering in the parish office.

Faith Formation Registration for 2020-2021 is Opening Soon!

While there is still some uncertainty as to what our faith formation process for the coming year will look like, registration for 2020-2021 faith formation for grades 1-8 is anticipated to open the week of July 13. Wednesday evening faith formation is open to all of children of St. Pascal's who attend public schools. Registration will also open for children in grades 2 and older to prepare for the sacraments of Reconciliation and Eucharist. Please contact Kim Roering in the parish office with any questions.

REGIONAL SCHOOL

Registration for Preschool - 8th Grade for the Fall 2020-2021 school year is open!

What a time to be part of a Catholic school faith community!

Other schools and systems are offering many classes to their students, our Catholic school is offering faith. St. Pascal Regional is not only teaching English and Math but we are also teaching Religion; prayer services and morning prayer is the norm; Catholic values are being reinforced, and now—more than ever—the three dimensions of Catholic education (student-teacher-parents) are alive and connected like never before.

What makes us unique?

- The faith difference: Children are taught to treat each other with love and respect.
- A place for your family: Parents say their entire family feels supported by the sense of community.
- Personal care for each child: Our teachers treat each child as their own.

Emergency Food Help

*Progressive Baptist Church Parking Lot—
1505 Burns Avenue*

If you, your family, or neighbors you know are in need of emergency food items, all are welcome to visit the food shelf curbside drive-up every Saturday from 10:30 AM – noon.

Mass Times & Intentions

Tuesday, July 07

8:00 AM The People of the Parish

Wednesday, July 08

8:00 AM Women's Club

Thursday, July 09

8:00 AM + Betty Worner

Friday, July 10

8:00 AM + Ramona Greavu

Saturday, July 11

4:30 PM The People of the Parish

Sunday, July 12

8:45 AM The People of the Parish

10:30 AM The People of the Parish

Heart Questions

Laying Down Your Burdens

Jesus said " - Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls."

Matthew 11:28-29

Adults: When has Jesus refreshed you when you felt burdened?

Kids: What burden do you need Jesus to help you carry?

Act of Spiritual Communion

My Jesus,
I believe that You
are present in the Most Holy
Sacrament.

I love You above all things,
and I desire to receive You into
my soul.

Since I cannot at this moment
receive You sacramentally,
come at least spiritually into
my heart.

I embrace You as if You were
already there
and unite myself wholly to You.

Never permit me to be
separated from You.

Amen.

Readings

July 5, 2020

Sunday:

Zec 9:9-10
Ps 145:1-2, 8-11, 13-14
Rom 8:9, 11-13
Mt 11:25-30

Monday:

Hos 2:16, 17b-18, 21-22
Ps 145:2-9
Mt 9:18-26

Tuesday:

Hos 8:4-7, 11-13
Ps 115:3-10
Mt 9:32-38

Wednesday:

Hos 10:1-3, 7-8, 12
Ps 105:2-7
Mt 10:1-7

Thursday:

Hos 11:1-4, 8e-9
Ps 80:2ac, 3b, 15-16
Mt 10:7-15

Friday:

Hos 14:2-10
Ps 51:3-4, 8-9, 12-14, 17
Mt 10:16-23

Saturday:

Is 6:1-8
Ps 93:1ab, 1cd-2, 5
Mt 10:24-33

Next Sunday:

Is 55:10-11
Ps 65:10-14
Rom 8:18-23
Mt 13:1-23

Stay Connected

- Daily Mass videos are on the parish Facebook page and YouTube channel.
- Updates on the parish response to COVID-19 are on the parish website and Facebook.
- Subscribe to *Pascal's Pulse* weekly e-newsletter online at www.stpascals.org/in-the-loop.
- Would you like a copy of the bulletin mailed to your home? Please contact the parish office!

THE WEEK AHEAD

St. Pascal's is committed to help you to navigate through the upcoming weeks of COVID-19 safety measures. We have cutback programs and community gatherings in an effort to keep all in our community healthy and safe. Visit www.stpascals.org for more information and for the status of upcoming parish meetings and events.

Sunday, July 5

No scheduled events

Monday, July 6

No scheduled events

Tuesday, July 7

No scheduled events

Wednesday, July 8

7:30pm Men's Club Softball-TBD

Thursday, July 9

6:30pm SJCC-REMOTE

Friday, July 10

No scheduled events

Saturday, July 11

No scheduled events

Sunday, July 12

No scheduled events

Ramsey County Mental Health Resources

Times like these can be difficult for adults, children and families. Help is available for those struggling with the stressors of COVID-19: Ramsey County's mental health crisis lines continue to be staffed 24 hours a day, seven days a week.

When you find yourself or a loved one in the midst of a crisis, call:

Adult Mental Health Crisis Line: 651.266.7900

Children's Mental Health Crisis Line: 651.266.7878

Stewardship of Giving

Financials for the Fiscal Year

July 1, 2019-June 30, 2020

May

Sunday Giving	\$ 51,885.50
Budget	\$ <u>68,337.51</u>
Deficit	(\$ 16,452.01)

Year to Date

Sunday Giving	\$739,023.60
Budget	\$ <u>751,712.49</u>
Deficit	(\$ 12,688.89)

Thank you for your support!

Mortgage Balance as of June 7, 2020: \$3,385,176.35

We continue to be thankful for your generosity during this time of great change. Parish staff is making every effort to trim costs where possible. Many thanks to our Finance Council and Trustees for their wonderful guidance and support. Giving online is a popular option while you are away. Check it out on the website at www.stpascals.org.

—Theresa Ruttger, Business Administrator

"God is all over the place. God is up there, down here, inside my skin and out. God is the web, the energy, the space, the light—not captured in them, as if any of those concepts were more real than what unites them—but revealed in that singular, vast net of relationship that animates everything that is.

At this point in my thinking, it is not enough for me to proclaim that God is responsible for all this unity. Instead, I want to proclaim that God is the unity—the very energy, the very intelligence, the very elegance and passion that make it all go. This is the God who is not somewhere but everywhere, the God who may be prayed to in all directions at once. This is also the God beyond all directions, who will still be here (wherever "here" means) when the universe either dissipates into dust or swallows itself up again."

—Barbara Brown Taylor