God’s love knows no barriers. St. Pascal’s...where all people matter.
Welcome! We hope you enjoy your time with us. Whether you are just visiting or looking for a parish home, it’s great to have you with us. Whatever your life circumstances, wherever you have been or whatever has happened in your life, you are welcome here.

OUR STAFF

Pastor
Fr. John Mitchell  I  ext 125
john.mitchell@stpascals.org

Deacon
Rev. Mr. Richard Moore
richard.moore@stpascals.org

Business Administrator
Theresa Ruttger  I  ext 130
theresa.ruttger@stpascals.org

Director of Facilities and Maintenance
Mike Kelleher  I  ext 134
mike.kelleher@stpascals.org

Pastoral Associate for Liturgy
Keri Mader  I  ext 127
keri.mader@stpascals.org

Pastoral Associate for Music
Sharon Balcom  I  ext 126
sharon.balcom@stpascals.org

Pastoral Associate for Faith Formation
Kim Roering  I  ext 128
kim.roering@stpascals.org

Communications & Office Manager
Thea Munoz  I  ext 133
thea.munoz@stpascals.org

Administrative Assistant
Marla Eberhardt  I  ext 132
marla.eberhardt@stpascals.org

Welcome Desk
Karri Creamer  I  ext 120
karri.creamer@stpascals.org

PARISH OFFICE HOURS
Monday – Friday from 9:00 AM – 3:00 PM

Teach me YOUR WAYS

Mass Times
Saturday  4:30 PM  I  Sunday  8:45 & 10:30 AM (ASL)  I  Tuesday - Friday  8:00 AM
1757 Conway Street  I  Saint Paul, Minnesota 55106  I  651.774.1585
website: www.stpascals.org  I  email: church@stpascals.org
FROM THE PASTOR’S DESK
For over twenty years in a row, I have been blessed to take a vacation in mid-January with two of my priest friends. We travel well together, and we know each other’s habits, likes and dislikes. For the past ten years, we have travelled to Fort Myers, Florida. My familiarity with this location and my close friendship with my travelling companions allow me to relax quickly. This relaxation helps me experience “being” on vacation rather than focusing on “doing” things on vacation. I meditated last week about God’s love for us and how we do not have to do anything to earn God’s love. Rather, we can allow ourselves to be loved by God. Sometimes we might feel uneasy about the past, present and future. Or we may feel anxious about the tasks we have not yet done. Feeling anxious is a natural part of life, and when I feel that way, it helps me to slow down and allow myself to be loved by God. In the First Letter of St. John, chapter 4, verse 10, we read, “In this is love: not that we have loved God, but that he loved us and sent his Son as expiation for our sins.” Receiving God’s love is a life-changing gift, and we read in the next verse: “Beloved, if God so loved us, we also must love one another” (1 Jn 4:11). How do we love one another? We love one another by being patient, merciful and generous. Also, we love another person when we will (desire) the good of that person (Catechism of the Catholic Church, paragraph 1766). The more we desire the good of other people and act for their good, the more we become a conduit of God’s love in this world. We receive God’s love, and then we share that love with other people. I realize that loving other people is not always easy or simple, and loving is a lifetime journey. Yet, we are not alone because God never stops loving us. Therefore, if you sometimes feel alone, worried or overwhelmed, then I encourage you to slow down and allow yourself to be loved by God.

God Bless You,

Father John Mitchell

FREE Virtual Picture Trivia Night!—Celebrate the Winter Carnival
Friday, January 29 from 7:00 - 8:00 PM via Zoom
Add fun to your winter evening by joining us for five games of Picture Trivia via Zoom, free of charge. Register with a convenient link on the Parish News page at stpascals.org. You can also register by calling our parish office at 651.774.1585 by January 28. Maximum number of players is 100. Detailed instructions will be given on the night of the game. You do need a computer, tablet or smart phone.

All ages can play. Win a fun prize and see your parish friends on the Zoom screen. Prizes include gift cards, beverages and more! Call the parish office for more details. Registration closes THURSDAY January 28.

Hope in the Cross—A Retreat To Boost Your Mind and Spirit For Lent
Monday, February 8 and Tuesday, February 9 from 6:30-8:00 PM via ZOOM
Join us for a pre-Lent retreat focusing on the virtue of hope, the way that hope makes us more resilient, compassionate, and faithful, and how the Cross is a symbol of hope for us. Hope is something we can actively exercise to be happier, grounded and successful people. It is the one virtue that both faith and scientific research agree is key to overcoming life’s challenges. There is a reason hope is called the anchor for the soul. We’ll explore this together in the context of preparing for the Lenten season.

NOTE: This is a retreat in 2 parts, with the first being on Monday and the second on Tuesday. Participants are encouraged to attend both evenings if possible but can opt to do one or the other.

Erin O’Leary, MEd, EdS, will facilitate these evenings. Erin is a Hope-filled Catholic who has worked in the Archdiocese of St. Paul/Minneapolis for 30+ years as a Director of Faith Formation, Catholic school teacher and administrator and curriculum developer. She currently serves as Director of Faith Formation at the Church of the Holy Name in Minneapolis.

The link to sign up for this retreat can be found at www.stpascals.org/parish-news.
For more information, contact Kim Roering in the parish office at 651.432.4958 or kim.roering@stpascals.org.

FOR APRIL—A Mindful Reflection on Motherhood
Tuesday, April 6 from 6:30-8:00 PM via ZOOM
Join us for a pre-Lent retreat focusing on the virtue of hope, the way that hope makes us more resilient, compassionate, and faithful, and how the Cross is a symbol of hope for us. Hope is something we can actively exercise to be happier, grounded and successful people. It is the one virtue that both faith and scientific research agree is key to overcoming life’s challenges. There is a reason hope is called the anchor for the soul. We’ll explore this together in the context of preparing for the Lenten season.

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Mass Times & Intentions

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Group</th>
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</thead>
<tbody>
<tr>
<td>Tuesday, January 26</td>
<td>8:00 AM</td>
<td>Women's Club</td>
</tr>
<tr>
<td>Wednesday, January 27</td>
<td>8:00 AM</td>
<td>+ Tom Bertini</td>
</tr>
<tr>
<td>Thursday, January 28</td>
<td>8:00 AM</td>
<td>+ Ernest Mondry</td>
</tr>
<tr>
<td>Friday, January 29</td>
<td>8:00 AM</td>
<td>+ Don Hensel</td>
</tr>
<tr>
<td>Saturday, January 30</td>
<td>4:30 PM</td>
<td>+ Georgine Misukanis</td>
</tr>
<tr>
<td>Sunday, January 31</td>
<td>8:45 AM</td>
<td>The people of the parish</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>+ Bob &amp; Lorraine Winkel</td>
</tr>
</tbody>
</table>

**In Christ We Live Forever**

Please remember in your prayers…

**Bob Wind**

who was recently buried from our church. We extend our sincere sympathy to his family and friends, and pray for his soul’s eternal peace.

**Food For the Poor**

Fr. Scott Steinkerchner spoke with us about Food for the Poor last weekend. Brochures with donation envelopes are available in the gathering space and at the parish office. Donations can also be made online at: foodforthepoor.org.

To hear Fr. Scott’s full homily, visit stpascals.org/homilies.

**Freedom House Donations Needed**

296 7th Street W, St. Paul (at the corner of Ramsey Street and West 7th, near Irvine Park), phone: 651.789.8875

Freedom House, an expansion of Listening House, is in need of twin sheets, pillows and blankets in new or good condition. Freedom House has semi-private sleeping alcoves where people can rest the entire day if needed. It offers similar services to Listening House with the addition of laundry, showers, and the sleeping alcoves. Donations are accepted during their operating hours of 8:00 AM – 8:00 PM, 7 days a week. Please do not drop off items at St. Pascal’s.

**Young at Heart—Pray the Rosary!**

On Thursday, January 28 and on the 4th Thursday of the coming months, we encourage you to pray the rosary at noon wherever you are. This will unite us in spirit. With Our Blessed Mother on our side, we will eventually meet in person for our Young at Heart meetings. Until then, let us be united in prayer on the 4th Thursday in the coming months. For more information, please contact Betty Hensel at bjhensel@comcast.net or 651.714.8958.

**THE WEEK AHEAD**

St. Pascal’s is committed to help you to navigate through the upcoming weeks of COVID-19 safety measures. We have cutback programs and community gatherings in an effort to keep all in our community healthy and safe. Visit www.stpascals.org for more information and for the status of upcoming parish meetings and events.

**Sunday, January 24**

12:00 pm Confirmation I: Brioschi Hall

**Monday, January 25**

6:00 pm Bell rehearsal: Choir Room, Church

**Tuesday, January 26**

No scheduled events

**Wednesday, January 27**

11:15 am Rosary

6:30 pm RCIA: Founders Room

6:30 pm Faith Formation at-home session

**Thursday, January 28**

6:30 pm Finance Council-Zoom

**Friday, January 29**

7:00 pm Virtual Picture Trivia Night-Zoom

**Saturday, January 30**

10:00 am First Reconciliation: St. John’s Chapel

**Sunday, January 31**

6:30 pm First Eucharist Parent Meeting-Zoom

**Stewardship of Giving**

Financials for the Fiscal Year July 1, 2020-June 30, 2021

<table>
<thead>
<tr>
<th>December</th>
<th>Year to Date</th>
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<tbody>
<tr>
<td>Sunday Giving</td>
<td>$100,827.03, $385,437.87</td>
</tr>
<tr>
<td>Budget</td>
<td>$65,697.92, $394,187.48</td>
</tr>
<tr>
<td>Shortfall</td>
<td>$35,129.11, $8,749.61</td>
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**Mortgage Reduction**

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<tr>
<th>Mortgage Balance (as of January 7)</th>
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<tbody>
<tr>
<td>Year to Date</td>
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<tr>
<td>Collected Donations</td>
<td>$123,258.92</td>
</tr>
<tr>
<td>Payment</td>
<td>$146,339.04</td>
</tr>
<tr>
<td>Shortfall</td>
<td>$23,080.12</td>
</tr>
</tbody>
</table>

*(taken from Mortgage Reserve)*

Thank you for your generosity!

**St. Pascal Regional Catholic School News**

*Preschool-8 Enrollment is open for the 2021-2022 school year!*

At St. Pascal Regional we believe in…

- A high-quality education with a mind, heart, and body connection
- Christ-centered learning
- Opportunities for hands-on learning
- Strong student-teacher relationships
- Creating friendships for life

Enrollment grants to kindergarten students starting next fall are for $150 off of tuition for any NEW kindergarteners who register by **January 31, 2021** for the next school year. No other necessary steps are required to receive this grant. Tuition assistance is also available for all grades. Applications for tuition assistance are due by February 20, 2021.

For more information on the enrollment process, please call 651.776.0092, email advancement@stpascalschool.org, or stop by the school office.

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**Heb 10:11-18**

**Heb 10:32-39**

**Ps 37:3-6, 23-24, 39-40**

**Mk 4:26-34**

**Heb 11:1-2, 8-19**

**Ps 95:1-2, 6-9**

**1 Cor 7:32-35**

**Mk 1:14-20**

**Ps 117:1bc, 2**

**Mk 16:15-18**

**Ps 96:1-3, 7-8a, 10**

**Mk 3:31-35**

**Ps 110:1-4**

**Mk 4:1-20**

**Heb 10:11-18**

**Ps 24:1-6**

**Mk 4:21-25**

**Ps 3:25-4-9**

**1 Cor 7:29-31**

**Mk 1:14-20**

**Heb 10:11-18**

**Ps 117:1bc, 2**

**Mk 16:15-18**

**Ps 96:1-3, 7-8a, 10**

**Mk 3:31-35**

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**Mk 4:1-20**

**Heb 10:19-25**

**Ps 24:1-6**

**Mk 4:21-25**

**Heb 10:32-39**

**Ps 37:3-6, 23-24, 39-40**

**Mk 4:26-34**

**Heb 11:1-2, 8-19**

**Ps 1:69-75**

**Mk 4:35-41**

**Dt 18:15-20**

**Ps 95:1-2, 6-9**

**1 Cor 7:32-35**

**Mk 1:21-2**

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**Monday, January 26**

6:00 pm Finance Council-Zoom

**Friday, January 29**

7:00 pm Virtual Picture Trivia Night-Zoom

**Saturday, January 30**

10:00 am First Reconciliation: St. John’s Chapel

**Sunday, January 31**

6:30 pm First Eucharist Parent Meeting-Zoom
Racial Economic Inequality

In the November 2018 Pastoral Letter Against Racism, *Open Wide Our Hearts*, the Catholic bishops of the United States urge all Catholics to acknowledge “the scourge of racism” that still exists in our hearts, words, actions, and institutions. Racism can be individual, when persons fail to recognize certain groups as created in the image of God and equal in dignity, or it can be systemic, where practices or policies treat certain groups of people unjustly. One important systemic issue is race-based economic inequality.

“As Pope Francis wrote in his Apostolic Exhortation *Evangelii Gaudium*, “Inequality is the root of social ills.” In his 2015 *Congressional address*, the Pope spoke of the economic inequality in the U.S., challenging leaders and all Americans to work for the common good so that every individual, created in God’s image, can flourish. The U.S. bishops have long advocated for economic justice so that all persons may thrive.

To understand how racism works today, we must recognize that generations of African Americans were disadvantaged by slavery, wage theft, ‘Jim Crow’ laws, and by the systematic denial of access to numerous wealth building opportunities reserved for others. This has left many African Americans without hope, discouraged, disheartened, and feeling unloved. While it is true that some individuals and families have thrived, significant numbers of African Americans are born into economic and social disparity.”

– U.S. bishops, Open Wide Our Hearts

In the United States, median wealth for white households is ten times greater than for black households, and eight times greater than for Hispanic households. This is a significantly larger gap than many Americans perceive. Currently, Native Americans, blacks, and Hispanics also experience poverty at roughly twice or more than twice the rate of whites.

For the typical household, two-thirds of wealth comes from housing equity, such that the wealth gap between white and black households is largely the story of work and housing policies that have created obstacles for African Americans to achieve home and
land ownership for generations. Despite the gains of the Civil Rights Movement, barriers in education, in employment, and in housing still exist today and all contribute to racial economic inequality. For Native Americans, colonial and later U.S. policies led to the loss of land, restrictions in self-governance, and economic devastation that left a legacy of low educational attainment and unemployment rates that remain among the highest in the country.

Income gaps across racial and ethnic groups have narrowed only slightly in the last few decades. For example, lower-income African Americans made 47% as much as low-income whites in 1970 and in 2016, they made 54% as much as white counterparts. Hispanics of all income categories actually fell further behind during this same period.

In 2017, The Harvard University Business School Review documented that hiring discrimination against African Americans has not declined in the past 25 years.

The 2018 annual report of the Joint Center for Housing Studies at Harvard University found a widening gap in homeownership in recent decades, with current rates at 72% for whites and 43% for blacks. It is evident that many minority families still face challenges in achieving homeownership and economic equality.

Pray with St. John Paul II

“Lord God, our Father, you created the human being, man and woman, in your image and likeness, and you willed the diversity of peoples within the unity of the human family. At times, however, the equality of your sons and daughters has not been acknowledged, and Christians have been guilty of attitudes of rejection and exclusion, consenting to acts of discrimination on the basis of racial and ethnic difference. Forgive us and grant us the grace to heal the wounds still present in your community on account of sin, so that we will all feel ourselves to be your sons and daughters.” ( )
2021-2022
Accepting Applications Now

$150 off Kindergarten~Register by January 31, 2021
Tuition Assistance Available~Apply by February 20, 2021

At the center of our success is our greatest asset – our teachers.

FOCUSED SOLUTIONS CAN PRODUCE BIG SMILES!

KINDERGARTEN-8TH GRADE
1757 Conway Street
Saint Paul, MN 55106
651-776-0092
advancement@stpascalschool.org

stpascalschool.org  facebook  stpascals  instagram
Helping our littlest ones learn and grow!

A child’s first five years are a developmentally important time, laying the foundation for future success. St. Pascal Regional Catholic School teaching staff creates inviting and engaging classroom spaces where students are excited to learn each day.

We understand that learning is a social process; our teachers develop meaningful relationships with each student and work to help them explore positive relationships with their peers. Through this learning environment that encourages natural curiosity and creativeness, our young learners discover how the world works, they develop a joy of lifelong learning, and they learn to speak and think articulately.

We Believe
• Imaginative Play is Powerful
• Socio-Emotional Learning Starts in Preschool
• It is Never Too Early to Learn About God
• Individual Learning Goals are Important

We Offer
• Before and After School Care Options
• City Connect Counselor Services
• Spanish and PhyEd
• Faithful Beginnings Standards