

God's love knows no barriers. St. Pascal's...where all people matter.

Welcome! We hope you enjoy your time with us. Whether you are just visiting or looking for a parish home, it's great to have you with us. Whatever your life circumstances, wherever you have been or whatever has happened in your life, you are welcome here.

OCTOBER 9, 2022 | TWENTY-EIGHTH SUNDAY IN ORDINARY TIME

OUR STAFF

Pastor

Fr. John Mitchell | ext 125 john.mitchell@stpascals.org

Deacon

Rev. Mr. Richard Moore richard.moore@stpascals.org

Business Administrator

Theresa Ruttger | ext 130 theresa.ruttger@stpascals.org

Director of Facilities and Maintenance

Mike Kelleher | ext 134 mike.kelleher@stpascals.org

Pastoral Associate for Music

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Pastoral Associate for Faith Formation

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Pastoral Associate for Pastoral Care

Barb Uschold Anderson I ext 129 barb.ua@stpascals.org

Liturgy Assistant

Keri Mader | ext 127 keri.mader@stpascals.org

Communications & Office Manager

Thea Munoz | ext 133 thea.munoz@stpascals.org

Welcome Desk

Karri Creamer | ext 120 karri.creamer@stpascals.org

PARISH OFFICE HOURS

Monday – Friday from 9:00 AM – 3:00 PM



Mass Times

FROM THE PASTOR'S DESK

Each October the Church in the United States celebrates Respect Life Month. As Catholics, we are called to cherish, defend, and protect all human life from conception until natural death.

Mass Attendance Counts in October. During the first four weeks of October, we are tracking the attendance at our weekend Masses. Here are our totals so far and our averages from past years:

2022 Mass Attendance	Saturday 4:30 PM	Sunday 8:45 AM	Sunday 10:30 AM	Total
October 1-2	136	164	120	420
October 8-9				
October 15-16				
October 22-23				
Average	136	164	120	420

Average Weekend Mass attendance	Saturday 4:30 PM	Sunday 8:45 AM	Sunday 10:30 AM	Total
2018 October	191	175	208	574
2019 October	158	224	201	583
2020 October	76	64	51	191
2021 October	126	149	129	404

Virtual worship and online viewers. Since June 2020, we have utilized our church camera system to record and livestream two weekend Masses (4:30 PM & 10:30 AM), all weekday Masses, parish retreats, prayer services, and weddings and funerals on request.

Average Online Views of Mass	Saturday 4:30 PM	Sunday 10:30 AM	Total
2020 October	157	111	268
2021 October	94	66	160
October 1-2, 2022	45	17	62

Prayer Intention of Pope Francis for October 2022: For a Church open to everyone. We pray for the Church; ever faithful to, and courageous in preaching the Gospel, may the Church be a community of solidarity, fraternity and welcome, always living in an atmosphere of synodality.

God Bless You,

Father John Mitchell

Young At Heart Mass & Luncheon—Thursday October 27 at 11:00 AM

Attention Men and Women 55-plus! Fr. John will celebrate the Eucharist with us at 11:00, followed by a short meeting. For this gathering we will enjoy homemade lasagna with all the trimmings catered by Tinucci's. Our entertainment will be Kent Appeldoorn, solo artist/vocalist—we enjoyed his superb crowd-pleasing personality during several of our Young at Heart gatherings in past years. We ask a \$13.00 donation to help defray expenses, payable on the day of the meeting. We hope you will put this on your schedule. To RSVP, please contact Betty Hensel at bjhensel@comcast.net or 651.714.8958 or call Linda Spence at 651.730.9061. We look forward to being together again!

— SOCIAL JUSTICE & CARING —

October Collection:

Merrick Community Services

Merrick Community Services supports individuals and families to navigate life transitions, find health and stability, and promotes independence. The items that they are needing are:

- Bath soap
- Shampoo/Conditioner
- Body soap
- Lotion
- Hand Sanitizers
- Masks
- Tissues
- Paper towels
- Sponges/Wash clothes
- Dish detergent
- Laundry soap
- Household cleaning items
- Disinfectant spray
- Oyster sauce
- Sweet chili sauce
- Rambutan
- Rice noodles
- Pink net bean thread noodles

Faith In Action: The Dignity of Work and the Rights of Workers

"The economy must serve people, not the other way around. Work is more than a way to make a living, it is a form of continuing participation in God's creation. If the dignity of work is to be protected, then the basic rights of workers must be respected—the right to productive work, to decent and fair wages, to the organization and joining of unions, to private property, and to economic initiative." (USCCB)

What does this mean for us? In our personal lives, do we consider purchasing fair trade items, even if they are a bit more expensive? If we engage people to provide services for us or our homes, do we pay a fair wage? Do we have any idea about the employment practices of companies in which we invest or from which we purchase goods?

Baptized in Christ —

We welcome into our community of faith...

Theodore Sol Armando Yarbrough child of Kale and Bernadette

and

James Neville Jean V child of James and Kate

who were recently baptized in our church. May God bless these households of faith.

REGIONAL SCHOOL NEWS

Social Emotional Learning at St. Pascal Regional

St. Pascal Regional is now one of 21 local Catholic schools in the three-year Peace of Mind initiative that will help us meet our school community's social and emotional needs through support from CSCOE's partner, Dr. Jules Nolan, and her team at Phoenix School Counseling.

As a Peace of Mind school, we benefit from:

- Support from Phoenix School counselors
- Specialized training for staff
- A grant to host a middle school experience that grows connections between students and parents
- Family resources such as webinars, hand-outs, and recommended digital apps

St. Pascal Regional is also a part of the City Connects program through Boston College. This program helps connect teachers, students, and their families to the support and resources they need to ensure everyone can succeed at school. We are excited to announce that Heather Petersen has joined our staff as the City Connects counselor. Ms. Petersen has over 20 years of experience working as a counselor, and we are excited to have her in the building five days a week—a three-day increase from last year.

St. Pascal's Women's Book Club

Monday, October 10 at 7:00 PM

We meet in the Staff Lounge on the 2nd Monday of each month. This month we will share thoughts on Minnesota author Wendy Webb's *The Haunting of Brynn Wilder*. Next month, November 14, we'll share thoughts about Jon Krakauer's *Under the Banner of Heaven*, a history of Mormonism.

AROUND THE PARISH -

St. Pascal's Women's Club 2022 Poinsettias (and more) Fundraiser Our store is open! Now through 10:00 PM on October 20. Check out the poinsettias, cyclamens, succulents and centerpieces. And remember Gerten Plant Cards make great Christmas gifts!

To place your online order, go to gertensfundraising.com and enter our Store ID #447. If you want to order a poinsettia or two for the residents of the Marian center—please order online then send an email to ellenoaeling@gmail.com saying that you want your order (or part of your order) to go to the Marian Center. Place your order early for best selection! Some items have limited quantities and do sell out. No orders can be accepted after the site has closed.

Buying online is convenient—but if you want assistance with your order, Women's Club members will be available to help after all Masses on *October 15-16*. Orders will be available for pick up at all Masses on *November 19-20*. For questions or assistance, please contact Ellen Aeling at 651.307.8241.

Share Your Talent! Knit or Crochet a Prayer Shawl

Do you knit or crochet? Perhaps you'd like to make a blanket of prayer for someone in need? Contact Barb Uschold Anderson, Pastoral Care Associate if you need a prayer shawl pattern. If you would like to pick up a prayer shawl for a loved one or would like to schedule a visit for them, please contact Barb Uschold Anderson, Pastoral Associate for Pastoral Care at 651.432.4959 or barb.ua@stpascals.org.

Weekly Rosary

Join us every Wednesday at 9:00 AM in the church to pray the Rosary together. All are welcome!

Men's Club Fall Booya—Sunday, October 16 from 10:00 AM until gone. Come early, it goes fast! <u>Drive-thru sales only</u> at the Conway Street horseshoe.

No personal containers. A 48 oz. container is \$18.00. Cash, check or card. Proceeds go towards requested K-8 phy-ed equipment/supplies for St. Pascal Regional Catholic School and other school/parish items.

Booya Pre-Sale: Buy your tickets on the weekend of October 8-9 in the Gathering Space To help ease the crowd at the drive-thru, this year we will be PRE-SELLING tickets to parishioners for the 48 oz. containers of booya—so you don't need to wait in line or worry about the booya running out.

You may pick up your booya after 10:00 AM on October 16, near the Founders Room, without having to wait in the line outside. *If you want to pick up inside, you must pre-order*. The drive-thru is open to the public and anyone who does not pre-order their Booya.

CONTACT US

Parish Office

Phone 651.774.1585 Email church@stpascals.org For after-hours pastoral emergency (death, dying or anointing), call 651.774.1585 and dial 1.

Parish Office Hours

Mon-Fri 9:00 AM - 3:00 PM Holidays as announced

St. Pascal Regional Catholic School

Phone 651.776.0092 Email icollierpaske@stpascalschool.org

School Office Hours

Mon-Fri 7:00 AM - 3:00 PM

Parish Councils

Parish Pastoral Council

Meetings 1st Tuesday at 6:30 PM Ann Karner, Chair

Parish Finance Council

Meetings 4th Thursday at 6:30 PM *Mike Aeling, Chair*

Sacramental Information

Reconciliation

Saturday from 3:45-4:15 PM or contact Fr. John in the parish office *Communal celebrations as announced*

Baptism

One pre-baptismal session is required. To register for a pre-baptismal session or to schedule a celebration, call the parish office.

Marriage

Arrangements must be made with the pastor at least six months in advance of the desired date.

Parish Prayer Line

8:00 - 10:00 AM 651.735.0004 Mary Butler-Levine

4:00 - 6:00 PM Pat Kackman 651.774.3248

Parish Communication

Bulletin Notices

Due 5:00 PM Monday thea.munoz@stpascals.org

Mass Announcements Due 12:00 PM Tuesday keri.mader@stpascals.org

Like, follow & share us on Facebook: St. Pascal Baylon Catholic Church

Readings October 9, 2022

THE WEEKS AHEAD -

Tuesday, October 11

8:00 AM + Gerry Kilroy

Wednesday, October 12

9:30 AM Women's Club

Thursday, October 13

8:00 AM + Joel Monpetit

Friday, October 14

8:00 AM + Br. James Ebner

Saturday, October 15

4:30 PM + Catherine Stuhl

Sunday, October 16

The people of the parish 8:45 AM

10:30 AM + Bob & Lorraine Winkel

Use Your Smartphone to Make a Donation to St. Pascal's!

- Scan this QR code with your phone.
- Open the secure link. 2.
- Follow the prompts.
- Thank you!



Sunday:

2 Kgs 5:14-17 Ps 98:1-4 2 Tm 2:8-13 Lk 17:11-19

Monday:

Gal 4:22-24, 26-27, 31-5:1 Ps 113:1b-5a, 6-7

Lk 11:29-32 Tuesday:

Gal 5:1-6

Ps 119:41, 43-45, 47-48 Lk 11:37-41

Wednesday: Gal 5:18-25 Ps 1:1-4, 6 Lk 11:42-46

Thursday:

Eph 1:1-10 Ps 98:1-6 Lk 11:47-54

Friday:

Eph 1:11-14 Ps 33:1-2, 4-5, 12-13 Lk 12:1-7

Saturday:

Eph 1:15-23 Ps 8:2-3b, 4-7 Lk 12:8-12

Next Sunday:

Ex 17:8-13 Ps 121:1-8 2 Tm 3:14—4:2 Lk 18:1-8

Stewardship of Giving

Financials for the Fiscal Year July 1, 2022-June 30, 2023

August 2022

Sunday Giving

Giving \$ 42,200.88 YTD Giving \$ 95,647.73 Budgeted \$ 69,458.30 YTD Budgeted \$ 138,916.64 \$ -27,257.42 YTD Deficit \$ -43,268.91 Deficit

Mortgage Reduction (as of 08.31.2022)

Loan Balance: \$ 2,982,378,11 Principal: \$ 12,248.02 \$ Interest: 10,213.03 Monthly Payment \$ 22,461.05 \$ YTD Collected Donations 36,284.07 YTD Payment: 44,922.10 Deficit -8,638.03 Reserve Account Balance: \$ 214,196.02

of payments from Reserve: 10

Thank you for your support!

Sunday, October 9—Fall Festival!

After Masses Boova Pre-Sale

After Masses Veteran's Dinner Ticket Sales 11:30am Festival dinner & activities

Monday, October 10

6:30pm JustFaith: Zoom

Women's Book Club: Staff Lounge 7:00pm

Boy Scouts: Brioschi Hall 7:00pm

Tuesday, October 11

8:45am Bible Study: Parish Conference Room Bible Study: Parish Conference Room 6:30pm

Wednesday, October 12

Rosarv: Church 9:00am School Mass: Church 9:30am 6:30pm Choir: Church

Faith Formation: Campus 6:30pm

Thursday, October 13

Bible Study: Parish Conference Room 9:30am

Spirit Song: Church 6:00pm

Men's Club Membership Meeting: Brioschi Hall 7:00pm

Friday, October 14

No scheduled events

Saturday, October 15

Men's Club Booya Setup: Cafeteria, Founders Room 8:00am 9:00am Men's Club Booya Prep: Cafeteria, Founders Room Veteran's Dinner Ticket Sales: Gathering Space After Mass Women's Club Poinsettia Order asst.: Brioschi Hall After Mass

Sunday, October 16

After Masses Veteran's Dinner Ticket Sales: Gathering Space After Masses Women's Club Poinsettia Order asst.: Brioschi Hall 10:00am Men's Club Booya: Founders Room, Horseshoe

12:00pm Men's Club Booya cleanup: Campus Confirmation II: Staff Lounge 12:00pm

Monday, October 17

JustFaith: Zoom 6:30pm

7:00pm Boy Scouts: Brioschi Hall

Tuesday, October 18

Bible Study: Parish Conference Room 8:45am Bible Study: Parish Conference Room 6:30pm

6:30pm Beacon Team Meeting: Zoom

Wednesday, October 19

9:00am Rosary: Church 9:30am School Mass: Church 6:30pm Choir: Church

6:30pm **RCIA: Founders Room**

Thursday, October 20

Bible Study: Parish Conference Room 9:30am

6:00pm Spirit Song: Church Cub Scouts: Old Church 6:00pm

Friday, October 21

Pumpkin Bingo: Brioschi Hall 6:30pm

Saturday, October 22—Anointing Weekend

Veteran's Dinner Ticket Sales: Gathering Space After Mass

Sunday, October 23—Anointing Weekend

After Masses Veteran's Dinner Ticket Sales: Gathering Space



OCTOBER 21, 2022 6:30-8:30 PM

BRIOSCHI HALL

FREE EVENING OF FUN!

COME IN A FAMILY-FRIENDLY COSTUME FOR CONTEST WITH CHILD AND ADVLT WINNERS!

WALK-INS WELCOME, BUT RESERVATIONS PREFERRED USING SIGN UP GENIUS LINK AT STPASCALS.ORG OR CALLING THE PARISH OFFICE AT 651.774.1585.



A Road Map for 2024: Strategic Plan for the Church of St. Pascal Baylon, St. Paul, MN

Background: During 2021-22, the Parish Pastoral Council updated the Strategic Plan that was created by the Parish Council in 2016 and then updated in 2020. The title of the updated Strategic Plan is "A Road Map for 2024".

What's next? In the coming weeks, a series of bulletin inserts will present the focus areas of the Strategic Plan. The full 10-page document can be found the kiosk in the Gathering Space and also on the Parish website at stpascals.org/parish-news.

What are we asking you to do? Please read the Strategic Plan and discuss it with other parishioners and the committees where you serve in our parish. We ask our parish committees and staff members to read the Plan and discuss ways it can be incorporated into their ministry areas.

The 8 Focus Areas of A Road Map for 2024

- 1. Worship and Spirituality; 2. Hospitality and Community-Building; 3. Faith Formation; 4. Pastoral Care;
- 5. Stewardship; 6. Social Justice and Caring; 7. Communication; 8. Facilities and Maintenance

Pastoral Care: To provide caring ministries and services to those in need (e.g., those who are ill, hospitalized, grieving, or experiencing family crises) and to assist in long-term situations, especially in which parishioners are no longer able to attend, worship, and pray with the church community on a regular basis.

Goals:

- Assign responsibility for pastoral care to a staff person or trained volunteers.
 - Define ministry.
 - Assess practices to maintain parishioner confidentiality.
 - Develop a network of community resources to which parishioners may be referred for professional help.
 - Establish a communication system that helps identify and connect with those in need.
- Communicate information about pastoral care to the parish at large; raise consciousness of the needs of fellow parishioners.
- Develop recruitment and training programs for volunteer ministers; conduct initial and periodic training, to include:
 - o expectations of volunteer pastoral ministers, including recordkeeping
 - o need for confidentiality
 - o protection of vulnerable individuals (children and adults)
 - legal reporting obligations.

Leadership: Pastor; Pastoral Associate for Pastoral Care; trained volunteer minister; trained volunteers.

Next week's bulletin insert: Focus Area 5—Stewardship

10 WAYS TO SUPPORT HER WHEN SHE IS UNEXPECTEDLY EXPECTING

I had been brought up to believe that life is always a gift, but it certainly didn't feel like one when I gazed in shock at a positive pregnancy test. As a mom who had my first baby in college, I know that an unexpected pregnancy can sometimes bring fear, shame, and doubt.

However, I also know that an unexpected pregnancy can bring joy, excitement, awe, gratitude, and deeper love than I knew was possible—not to mention the little bundle who inspires these sentiments! About nine months after looking at that pregnancy test, I received the very best gift I have ever been given: my daughter, Maria*.

An unexpected pregnancy might be confusing along the way, but life—though at times difficult—is ultimately beautiful. Perhaps one of your friends has become pregnant unexpectedly. As someone who has been there, I encourage you to support your friend in her new journey of being a mother.

Not sure how to help or what to say? Here are ten tips:

1. Be available.

An unexpected pregnancy can send a woman into crisis mode. If your friend just found out she is pregnant, she may not be thinking clearly, and she may feel she has no control over anything at the moment.

Be aware of how she is responding to you. Listen to her and let her know you love her and are there for her any time she needs you. Don't pass judgment on her either interiorly or through words or body language.

2. Respond positively.

When a woman experiencing challenging clrcumstances confides she is pregnant, the reaction of the first person she tells tends to set the tone for her decision-making. Avoid responding with shock or alarm, and be calm and understanding. Let her know you're there for her and that it's going to be okay. Pay close attention to her emotional state, and act accordingly.

Depending on where she is emotionally, it may or may not be helpful to congratulate her at that time. However, it is always important to affirm that every person's life—including her child's and her own—is precious and beautiful no matter the circumstances.

3. Be honest.

The journey through an unexpected pregnancy is not easy, and it's okay if you don't know the perfect words to say. Just be honest. Let her know you are there for her, and ask her how she is feeling and how you can support her.

It's a good way to open the door to communicate, and she may be grateful for the opportunity to talk freely with someone. She might become emotional at times, but be patient—let's not forget hormones; the struggle is real.

4. Offer specific help.

Don't be afraid to ask her if she needs help with anything or to make specific offers to help. For example, you might offer to help with cleaning, finding a good doctor, or running to the store to pick up the one food that won't make her feel sick. But remember to read her cues, and make sure you're not being overbearing.

5. Set up a support system.

In addition to the standard baby registry, you can help her get other kinds of support by lining up much-needed, practical help. Think outside the box. Food = love, so take advantage of websites that allow friends and family to sign up to make meals, send food deliveries, or simply donate money. Some websites can even help organize other assistance like rides to the doctor, babysitting other children she may have, or help around the house. You can also look into what programs and assistance may be sponsored by your local diocesan pastoral care or Respect Life offices.

6. Tell her she is beautiful.

She may be feeling physically, spiritually, and emotionally drained with this pregnancy. Take the time to reassure her of her beauty, both inside and out, especially when morning sickness might make her feel otherwise.

7. Help her recharge and relax.

First-time mothers may have difficulty crossing that threshold into their new life as a mother. Your friend may be fearful that her life is "over," so help her see it's okay—good, actually—to still focus on herself sometimes. Even though she is a mother, she will still continue to be a woman, so affirm that it's healthy and important to take care of herself—not only physically, but emotionally, as well. Help her to do things she really enjoys. Take her out for a nice meal, a movie, or a day of pampering.

8. Reassure her it's okay (and good) to be happy.

It can be hard to be happy about a pregnancy that many people see as unfortunate timing at best and totally irresponsible at worst. Even if your friend wants to be happy about her bundle of joy, she may not feel she "deserves" to show that happiness. Get excited about her pregnancy in front of her, and she may just feel comfortable enough to share her own excitement with you.

Also, continue to show your interest and excitement throughout her pregnancy. Ask questions about her developing child. What is she learning at her doctor appointments? What names is she considering? Ask her what she thinks her baby looks like. Does she think they will have her eyes?

9. Encourage her.

Society tends to focus on ways that an unexpected pregnancy can be challenging. Help your friend to think of the benefits. Remind her of the fluttering kicks, somersaults, and maybe even dance moves her son or daughter will be rocking once they grow a little more. With moms' groups and opportunities for play dates, there's a whole new social world to explore. And there are plenty of benefits to being a young mom—like having more energy to chase her kids around.

10. Point out some real-life role models.

Many amazing young mothers and birthmothers have experienced unexpected pregnancies and still followed their dreams. Other women have discovered that, even when unable to follow their lives as planned, something beautiful and good came out of the twists in the road, bringing opportunities, growth, and joy they hadn't imagined.

Point your friend to some of the many websites, blogs, and social media accounts dedicated to supporting young mothers. And let's not forget Mary, whose "yes" to bearing Jesus affected the course of history. The Blessed Mother is a great person to pour her heart out to, and she's a powerhouse of intercessory prayer.

An unexpected pregnancy can be a difficult and frightening time, and it's important that your friend knows you are thinking of her and supporting her. Although the tips mentioned can be helpful, don't forget the most important thing is to pray. Even if it's just a quick two-second prayer, prayer is the most effective way we can help. Pray for her, for her child, and for guidance in how you can give her the best possible support.

Also, pay attention to how your friend feels most loved. One person might appreciate encouraging words, while another might feel more supported if you wash the dishes. Simple things—letting her know that you care and are always ready to listen, that you are available to help her, that you are praying for her—can give hope and courage when she might otherwise feel alone. Your support might be the only support she receives. Even if we never know how, the smallest things we do can change someone's life. You can make a difference in her life. Will you?

The author is now a married mother of four who works as an advocate for young mothers facing unexpected pregnancies. She had her first baby in college and is a proud Catholic who supports life in every circumstance and at every stage.

Heartbeat International provides a directory of pregnancy services, which is accessible at www.heartbeatinternational.org/worldwide-directory. You can learn about setting up parish-based support for women who are pregnant and need assistance by visiting the websites for The Gabriel Project (www.gabrielproject.us) and Elizabeth Ministry (www.elizabethministry.com), which have chapters across the country. For more information about how you can help, or for information about help hat may be available, such as pregnancy care centers, maternity homes, and other assistance, contact your local diocesan Respect Life office. A list of diocesan Respect Life Ministry offices can be found at www.usccb.org/about/pro-life-activities/diocesan-pro-life-offices.cfm.

*Name changed for privacy.



Find this article and many other materials at www.usccb.org/respectlife!

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