



**God's love knows no barriers. St. Pascal's...where all people matter.**

Welcome! We hope you enjoy your time with us. Whether you are just visiting or looking for a parish home, it's great to have you with us. Whatever your life circumstances, wherever you have been or whatever has happened in your life, you are welcome here.

---

**DECEMBER 18, 2022 | FOURTH SUNDAY OF ADVENT**

---

## OUR STAFF

### **Pastor**

Fr. John Mitchell | ext 125  
john.mitchell@stpascals.org

### **Deacon**

Rev. Mr. Richard Moore  
richard.moore@stpascals.org

### **Business Administrator**

Theresa Ruttger | ext 130  
theresa.ruttger@stpascals.org

### **Director of Facilities and Maintenance**

Mike Kelleher | ext 134  
mike.kelleher@stpascals.org

### **Pastoral Associate for Music**

Sharon Balcom | ext 126  
sharon.balcom@stpascals.org

### **Pastoral Associate for Faith Formation**

Kim Roering | ext 128  
kim.roering@stpascals.org

### **Pastoral Associate for Pastoral Care**

Barb Uschold Anderson | ext 129  
barb.ua@stpascals.org

### **Liturgy Assistant**

Keri Mader | ext 127  
keri.mader@stpascals.org

### **Communications & Office Manager**

Thea Munoz | ext 133  
thea.munoz@stpascals.org

### **Welcome Desk**

Karri Creamer | ext 120  
karri.creamer@stpascals.org

### **PARISH OFFICE HOURS**

Monday – Friday from 9:00 AM – 3:00 PM



---

## Mass Times

Saturday 4:30 PM | Sunday 8:45 & 10:30 AM (ASL) | Tuesday, Thursday, Friday 8:00 AM; Wednesday 9:30 AM  
1757 Conway Street | Saint Paul, Minnesota 55106 | 651.774.1585  
www.stpascals.org | church@stpascals.org

## FROM THE PASTOR'S DESK

### We received a card at the parish office with this message:

*"Sunday, November 27, 2022. To the people of St. Pascal Baylon Catholic Church, I am one of the recipients of the poinsettias that you donated to some of us at Cerenity Marian Senior Care Center. I am an Air Force Veteran, and I sit at a dining room table with five other men: one is an Air Force Veteran, one a Navy Veteran of World War II, and one an Army Veteran. Each of the four of us were honored by being given one poinsettia from Saint Pascal's. We all appreciated the gesture and the plant. Thank you, James Chase."*

People truly appreciate the caring actions and generosity of the parishioners of St. Pascal's. I am grateful to be the pastor of such a caring and generous parish.

**Retired Religious Fund Collection.** Across the United States, hundreds of religious communities lack financial resources sufficient to meet the retirement and health care needs of aging members. Many elder religious worked for years for small stipends which resulted in a large gap in retirement savings. At the same time, fewer religious are able to serve in compensated ministry. Like many Americans, religious communities face the monumental challenge of funding eldercare. I invite you to offer a gift to the retired religious using the Retired Religious Fund donation envelope in your Sunday envelope packet, or else you can give online at: [retiredreligious.org/ways-to-give/donate/](https://retiredreligious.org/ways-to-give/donate/). Or you can give cash or a personal check addressed to St. Pascal Baylon Church, and then write "Retired Religious Fund" in the memo line, and send your gift to the parish office or drop it in the collection basket, and we will make sure your donation is sent to the Retired Religious Fund. Thank you.

### More good news:

*"November 11, 2022. Dear Father Mitchell, The Catholic Services Appeal Foundation is grateful for your parish commitment to the Catholic Services Appeal. We are happy to provide this Parish Sharing check to you as a result of your parish efforts. The enclosed check in the amount of \$294.00 represents your parish's results through October 31, 2022. You are receiving 25% of all dollars collected above your prior year's appeal results. Please share this good news with your parish. Sincerely Yours, Tizoc Rosales, President, Catholic Services Appeal."*

As of October 31, 2022, we raised \$1,176.00 more dollars than the previous year, so 25% of this growth over the prior year was returned to us as a rebate of \$294.00. The Catholic Services Appeal Foundation conducts an annual appeal to fund 20 designated ministries within the Archdiocese of St. Paul and Minneapolis that no one parish can support on its own. Here is an update on our progress towards our parish goal for the Catholic Services Appeal Foundation as of December 2, 2022:

St. Pascal Baylon Parish Goal:	\$ 39,982.00
Total Pledged:	\$ 25,400.00
% of Goal Pledged:	64%
Total Received:	\$ 25,310.00
% of Goal Received:	63%

**Prayer Intention of Pope Francis for December 2022:** We pray that volunteer non-profit organizations committed to human development find people dedicated to the common good and ceaselessly seek out new paths to international cooperation.

God Bless You,

Father John Mitchell

## — JOIN US FOR CHRISTMAS! —

### Christmas Eve

4:00pm Mass (Carols 20 minutes before)

10:00pm Mass (Carols 20 minutes before)

### Christmas Day

10:00am Mass (Carols 15 minutes before)

## — COMING UP AT ST. PASCAL'S —

### Save the Date

Friday, January 27, 2023 from 4:30-8:30 PM

Parish Ice Skating and Game Night at the Roseville Skating Center—more details to come! Sponsored by the Parish Life and Activities Committee.

### Mark Your Calendars!

Saturday, February 18, 2023 after 4:30 PM Mass

### Mardi Gras Care Card Project

Dinner and a Service Project! All ages welcome! We'll share a free dinner, make or write Care Cards and enjoy some Mardi Gras fun! Sign up will begin in the new year. Questions? Contact Barb Uschold Anderson at 651.432.4959.

### 2023 Friends and Family Event

**We have a theme:** The next running of "Off to the Races"—Indoor horse racing down the middle of Brioschi Hall.

**We have a date:** Saturday, April 22, 2023

**We have a location:** Brioschi Hall

Now all we need is YOU! Please save this date on your calendar. We would like everyone there to make this a success.

We need help to run all the games, sell tickets, and help with registration, the dessert auction, and more. If you would like to help plan or help on the day of the event, please let us know.

We are looking for a few people to take over this fun event in future years so please consider this. We are more than willing to work with you while you learn all the things we do to make this event a success.

As you are out Christmas shopping, please consider picking up a gift card or two for this event. We use lots of gift cards for prizes and for the games. Contact us:

Mike Aeling: [mjaeling@gmail.com](mailto:mjaeling@gmail.com)  
(651.307.8237)

Ellen Aeling: [ellenoaeling@gmail.com](mailto:ellenoaeling@gmail.com)  
(651.307.8241)

### Living Faith Booklets

A very limited number of Living Faith booklets for January – March 2023 are available in the parish office. If you would like one mailed to you contact Kim Roering in the parish office.

## — REGIONAL SCHOOL NEWS —

**Our Christmas Angel**

We thank all the donors who bless our school community throughout the year. We want to especially thank a former student of St. Pascal's parish school who has blessed us for the fifth year in a row with his kindness. He remembers the years he spent at St. Pascal's fondly, particularly a Christmas when his parents were struggling financially and the Sisters of St. Joseph (who taught at our school for many years) helped his family during Christmas. He writes, "I want to pass on the kindness that was shown to me." Our alumnus angel has donated gift cards to help three families in our school community celebrate Christmas this year. We feel blessed to have so many people willing to help our students and their families during the holiday season!

**Fourth Sunday of Advent****Opening to New Dreams**

**Daily Practice:** Looking back at the life journey you've travelled so far, write down three ways love has changed your life in unexpected ways. Tuck that list somewhere in your Christmas Tree or crèche.

**Advent Prayer:** *Thank you, O Source of Love, for the unexpected ways you have blessed my life. Please use the love I share to likewise turn others toward unexpected joy.*

**Parish Office Holiday Hours**

The parish office will be closed Friday, December 23 and Monday, December 26 for the Christmas holiday and on Monday, January 2 for New Year's Day. *Have a beautiful and safe holiday season!*

**Grief Tips During the Holidays**

As we immerse ourselves in the Advent season, and with Christmas soon approaching, if you are grieving a loss of a loved one, or grieving a change because of a move, a change in relationship, or some other transition, please take care of yourself during this important season!

Be patient and realistic. Be kind and gentle with yourself. Prioritize things. Decide what is important to you and scratch the rest off the list for this year. Spend some quiet time before the rush of the holidays listening to your heart and acknowledging your limits. Become aware of your needs and express them to those with whom you plan to spend the holidays. Remember that it is okay to say "no." Do what you can this holiday season and let that be sufficient. When loss and grief overwhelm us at the holidays, we are sometimes tempted to scrap the whole thing, to do absolutely nothing. But you can keep traditions alive by adapting them in ways that make sense given the new reality of your life. Make a plan, rather than expecting things to fall into place.

In the Christian tradition, Advent can be a time of quiet reflection and spiritual preparation. May this season of hopeful anticipation touch the yearning within you with healing care and love. Reach out if you would like some prayer support or a listening ear to a friend, family member, or Barb Uschold Anderson, Pastoral Associate for Pastoral Care at [barb.ua@stpascals.org](mailto:barb.ua@stpascals.org) (651.432.4959).

Visit the Pastoral Care page at [stpascals.org](http://stpascals.org) to see and download the PDF.

## — SOCIAL JUSTICE &amp; CARING —

**Faith In Action: A Thank You**

*I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me. Lord, when did we see you...* (Matthew 25:35-36)

While you may not have openly recognized Jesus in the people you encountered during acts of service this year or saw His face in the recipients of your charitable donations, know that He was there. As this year begins to wind down, thank you for the many ways you put your faith into action. Stay tuned for many new ideas in the new year.

**Plastic and Reusable Bags Needed**

We are very thankful for the donated grocery bags, used by both the Merrick team at St. Pascal's and the team serving at Progressive Baptist Church food shelf. We are still in need of many PLASTIC grocery bags for both sites, and also appreciate donations of reusable bags.

**Catholic Charities Giving Tree*****There is still time to donate items!***

Catholic Charities Annual Giving Tree is a program that provides essential items such as clothing, housewares and self-care items to children and adults. Folded flyers are available on a Christmas tree in the Gathering Space which list the items being collected. Simply take a flyer, purchase your gift(s) and then place the UNWRAPPED gifts in the bin located in the Gathering Space by December 25th.

*Thank you for your continued care and generosity towards the people of this parish community and beyond.*

## CONTACT US

**Parish Office**

Phone 651.774.1585  
Email [church@stpascals.org](mailto:church@stpascals.org)  
For after-hours pastoral emergency (death, dying or anointing), call 651.774.1585 and dial 1.

**Parish Office Hours**

Mon-Fri 9:00 AM - 3:00 PM  
*Holidays as announced*

**St. Pascal Regional Catholic School**

Phone 651.776.0092  
Email [icollierpaske@stpascalschool.org](mailto:icollierpaske@stpascalschool.org)

**School Office Hours**

Mon-Fri 7:00 AM - 3:00 PM

**Parish Councils****Parish Pastoral Council**

Meetings 1st Tuesday at 6:30 PM  
*Ann Karner, Chair*

**Parish Finance Council**

Meetings 4th Thursday at 5:30 PM  
*Mike Aeling, Chair*

**Sacramental Information****Reconciliation**

Saturday from 3:45-4:15 PM  
or contact Fr. John in the parish office  
*Communal celebrations as announced*

**Baptism**

One pre-baptismal session is required.  
To register for a pre-baptismal session or to schedule a celebration, call the parish office.

**Marriage**

Arrangements must be made with the pastor at least six months in advance of the desired date.

**Parish Prayer Line**

8:00 - 10:00 AM 651.735.0004  
Mary Butler-Levine

4:00 - 6:00 PM 651.342.8879  
Pat Kackman (*new phone number*)

**Parish Communication****Bulletin Notices**

Due 5:00 PM Monday  
[thea.munoz@stpascals.org](mailto:thea.munoz@stpascals.org)

**Mass Announcements**

Due 12:00 PM Tuesday  
[keri.mader@stpascals.org](mailto:keri.mader@stpascals.org)

Like, follow & share us on Facebook:  
*St. Pascal Baylon Catholic Church*





# FOURTH SUNDAY OF ADVENT



## Anticipating Emmanuel

Loving Father and King of Glory,  
you accept us with all of our flaws.  
As we anticipate the nativity of our Lord,  
we are reminded that we should  
seek to model the humility  
of Mary and Joseph  
and obey God's will.  
Help us find the serenity  
to ready our hearts to welcome others,  
as Mary and Joseph welcomed Jesus.  
Through Christ our Lord. Amen.

**Sunday, December 18, 2022**  
**Submitting to God's Will**



*Today's readings: Isaiah 7:10–14; Psalm 24:1–2, 3–4, 5–6; Romans 1:1–7; Matthew 1:18–24.* In the second reading, St. Paul is referred to as “a slave of Christ Jesus.” The word *slave* to Paul means “one who is devoted to the service of another.” The apostle emulates what we are called to do and to become as Christians. In serving God, we submit to a duty that stems from our baptism.

Numerous works of art beautifully reflect Mary's yes at the annunciation. Today, we hear of St. Joseph's yes. When an angel appears to Joseph in a dream, telling him not to be afraid “to take Mary your wife into your home,” Joseph responds with action. “When Joseph awoke,” the

Gospel tells us, “he did as the angel of the Lord commanded him and took his wife into his home.” As another account of the nativity, this is a wonderful story to share with children and teenagers. Becoming the foster father of Jesus was not something that was done to Joseph; he accepted his role with eyes of faith.

This week pray for stronger faith to continue to ponder the mystery that is God-among-us. The Lord is here, and he is yet to come. Salvation is promised, and it is near. Joyful expectation, indeed. The second “O” antiphon is prayed today, moving us closer to Christmas: “O sacred Lord . . . Come . . . to set us free.”



## THIS WEEK AT HOME

### Monday, December 19

#### O Flower of Jesse's Stem

In today's Gospel, we hear the angel tell Zechariah that his barren wife, Elizabeth, will give birth to the child John, who "will be great in the sight of the Lord." Take a moment today to ask God's blessing on all women who struggle to become pregnant, all who have difficult pregnancies, and those who will deliver a child this day. At a family meal, pray for parents, grandparents, foster parents, and all who work tirelessly to raise children. *Today's readings: Judges 13:2–7, 24–25a; Psalm 71:3–4a, 5–6ab; 16–17; Luke 1:5–25.*

### Tuesday, December 20

#### O Key of David

Consider the "O" antiphon reference to Jesus as the key of David as the key to unlock our heavenly home. Today's Gospel reveals how Mary's words, "May it be done to me according to your word," gave her a role in salvation history. Before going to bed, read aloud the story of the annunciation from Luke as a way to joyfully anticipate Christmas. *Today's readings: Isaiah 7:10–14; Psalm 24:1–2, 3–4ab, 5–6; Luke 1:26–38.*

### Wednesday, December 21

#### St. Peter Canisius

Today's "O" antiphon prays: "O Radiant Dawn, / splendor of eternal light, sun of justice: / Come, shine on those who dwell in darkness / and the shadow of death." The life work of St. Peter Canisius, a sixteenth-century German Jesuit priest and educator, was much like the "radiant dawn." He was dedicated to leading people from the "darkness" of distorted Catholic beliefs to the "radiant light" of correct information and right practice. He created several catechisms, helping adults and children know the true faith. Read St. Paul's letter to Timothy from your Bible. The letter models the work of St. Peter Canisius and gives guidance for our lives. *Today's*

*readings: Song of Songs 2:8–14 or Zephaniah 3:14–18a; Psalm 33:2–3, 11–12, 20–21; Luke 1:39–45.*

### Thursday, December 22

#### O King of All Nations

Jesus came as the Son of God so that we would know God the divine Father. Begin the day by reading the Magnificat from today's Gospel from Luke. Let Mary's praise of God seep into your heart. Praise God in what you plan and do today as you finish your preparations for Christmas. *Today's readings: Samuel 1:24–28; 1 Samuel 2:1, 4–5, 6–7, 8abcd; Luke 1:46–56.*

### Friday, December 23

#### St. John of Kanty

Today's "O" antiphon asks Emmanuel to "come and set us free." If possible, as a final preparation for Christmas, attend Mass. After receiving Communion, pray that you may become what you have received. Like St. John of Kanty, we are sometimes misunderstood, and are victims of injustice. But like St. John, we are so loved by God that we should trust in God's unconditional love. *Today's readings: Malachi 3:1–4, 23–24; Psalm 25:4–5ab, 8–9, 10 and 14; Luke 1:57–66.*

### Saturday, December 24

#### Daybreak

In a Christmas Eve homily, St. Oscar Romero focused on the poverty of spirit needed for a true celebration of Christmas: "No one can celebrate a genuine Christmas without being truly poor. The self-sufficient, the proud, those who, because they have everything, look down on others, those who have no need even of God—for them there will be no Christmas. Only . . . those who need someone to come on their behalf, will have that someone. That someone is God, Emmanuel, God-with-us. Without poverty of spirit there can be no abundance of God" (published in *An Advent Sourcebook* [Chicago: Liturgy Training Publications, 1988]). *Today's readings: 2 Samuel 7:1–5, 8b–12, 14a, 16; Psalm 89:2–3, 4–5, 27 and 29; Luke 1:67–79.*

