



**God's love knows no barriers. St. Pascal's...where all people matter.**

Welcome! We hope you enjoy your time with us. Whether you are just visiting or looking for a parish home, it's great to have you with us. Whatever your life circumstances, wherever you have been or whatever has happened in your life, you are welcome here.

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**MARCH 12, 2023 | THIRD SUNDAY OF LENT**

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## **OUR STAFF**

### **Pastor**

Fr. John Mitchell | ext 125  
john.mitchell@stpascals.org

### **Deacon**

Rev. Mr. Richard Moore  
richard.moore@stpascals.org

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### **Communications & Office Manager**

Thea Munoz | ext 133  
thea.munoz@stpascals.org

### **Welcome Desk**

Karri Creamer | ext 120  
karri.creamer@stpascals.org

### **PARISH OFFICE HOURS**

Monday – Friday from 9:00 AM – 3:00 PM



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## **Mass Times**

Saturday 4:30 PM | Sunday 8:45 & 10:30 AM (ASL) | Tuesday, Thursday, Friday 8:00 AM; Wednesday 9:30 AM

1757 Conway Street | Saint Paul, Minnesota 55106 | 651.774.1585

www.stpascals.org | church@stpascals.org

## FROM THE PASTOR'S DESK

At the February 7, 2023 meeting of the Parish Pastoral Council, the following topics were discussed: Communion from the cup will resume beginning on Holy Thursday; a free jigsaw puzzle exchange organized by the Women's Club will take place on February 19; the Men's Club will offer Fish Fry meals on the Fridays of Lent; a Lenten Parish Mission, "Water, Light and Life" will take place the four Monday evenings of March; continued discussion of the updating of our Parish Council Constitution and Bylaws; discussion of recruiting new members for the Parish Council for 2023-24. If you have questions or a topic for the Parish Council to discuss, please contact Ann Karner, Council Chair, at [akarner24@gmail.com](mailto:akarner24@gmail.com). Updates and minutes from prior meetings can be viewed at [stpascals.org/pastoral-council](http://stpascals.org/pastoral-council).

At the February 23, 2023 meeting of the Parish Finance Council, the following topics were discussed: the Financial Balance Sheet; the Profit and Loss Statement for January 2023; we have decreased the amount of deficit in budgeted income for the fiscal year as compared to December 2022; continued the review of the Finance Council Constitution and Bylaws; no major building maintenance repairs or issues; the replacement of the broken window, now boarded with plywood, at Door 3 will take place when the weather grows warmer (the broken window was accidentally caused by our snow removal company during work after a snowstorm); discussion and a decision about the maintenance project to fund in the 2023 Friends and Family Event, and an announcement will be made soon to the parish about the project; no activity so far on the selling of Ryan Field. Updates and minutes from prior meetings can be viewed at [stpascals.org/finance-council](http://stpascals.org/finance-council).

**Water damage in building.** Unfortunately, on March 4-5 we had water damage on the lower level in the Old Church, Rooms 107 and 108 located in the hallways leading to the Old Church, the school library, and the women's restroom in the hallway between Brioschi Hall and the school building. The damage was caused by a water leak in the breezeway women's restroom. The water leaked overnight from Saturday to Sunday and was discovered on Sunday morning. Cleanup has already started and is coming along well. Our property insurance carrier has been notified, and we are in the process of filing a claim for the damage and repair.

**Prayer Intention of Pope Francis for March 2023: *For victims of abuse.*** We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.

God Bless You,

Father John Mitchell

## Parish Lent Reconciliation—Tuesday, March 14 at 6:30 PM

Plan to join us as we gather to pray and experience God's love and mercy. A number of priests will be present to hear individual confessions.

## Rite of Christian Initiation of Adults (RCIA)

### Sacraments of Healing: Reconciliation and Anointing

Wednesday, March 15, 6:30-8:00 PM in the Founders Room

Jesus' ministry focused on forgiveness and healing. In the sacraments of reconciliation and anointing we are healed by Jesus much as those that encountered Jesus 2000 years ago were healed bodily and spiritually. In reconciliation we have the opportunity to repent and recover the grace of our friendship with God. In the sacrament of Anointing of the Sick, it is Jesus who touches us to heal us from sin and sometimes even from physical ailment. We will discuss these two beautiful and empowering sacraments of healing.

All are welcome to join us for this discussion—Catholics who want a refresher and those curious about the Catholic Church.

## WOMEN'S CLUB

### Do You Want Flowers for Mother's Day?

Then check out the beautiful hanging baskets at our Gertens Spring Plant sale! The St. Pascal's Women's Club is selling Gertens plants and plant cards online. Go to [gertensfundraising.com](http://gertensfundraising.com) and enter the Women's Club store number 447. Over 80 fantastic items are available: Gertens plant cards, hanging flower baskets, patio containers, bedding flowers, vegetables, and perennials. Order from the comfort of your own home. If you need help ordering, Women's Club members will be available after all Masses on April 1 & 2. **Sale ends on Thursday, April 6.** Your orders will be available for pick up after all Masses on May 13 & 14. Just in time for Mother's Day!

This is a major fundraiser for the St. Pascal's Women's Club—please support us! If you have any questions or need help ordering, please contact Ellen Aeling at 651.307.8241 or [ellenoaeling@gmail.com](mailto:ellenoaeling@gmail.com).

### Friday Night Fish Fry Bake Sales

March 17 and 31

Could you bake a treat for either of these dates? Drop off your items at the parish office on Thursday or Friday before the bake sale or in Brioschi Hall the night of the bake sale. Proceeds will go to international concerns including Earthquake Relief for Syria and Turkey through Catholic Relief Services and Mater Dei Africa in Tanzania. Thank you!

Questions? Please contact Cindy Reisdorf at 651.734.8937 or [jjreisdorf00@msn.com](mailto:jjreisdorf00@msn.com).

### CRS Rice Bowls: 3rd Sunday of Lent From Farming to Fishing

Raul and Rhodora were coconut farmers in their town in the Philippines, but it took a lot of work before they made money. They participated in a Catholic Relief Services program that helped them build their own fishpond to raise and sell fish. The fish provide nutritious food for their family and more accessible income, enabling Raul and Rhodora's granddaughters to attend school. What changes have you made in your professional, personal or spiritual life that have benefited others? Visit [crsricebowl.org](http://crsricebowl.org) to learn more.

## In Christ We Live Forever

Please remember in your prayers...

Michael Sullivan

who was recently buried from our church. We extend our sincere sympathy to his family and friends, and pray for his soul's eternal peace.

## — REGIONAL SCHOOL NEWS —

At St. Pascal Regional, we BELIEVE, LEARN, LOVE, and CONNECT! Here are just a few ways this is happening during March.

**BELIEVE:** During this Lenten season, students strengthen their relationships with Christ by committing to acts of prayer, fasting, and almsgiving.

**LEARN:** Students work hard to LEARN in class in order to meet their Individualized Learning Plan (ILP) goals in reading and math. ILPs were recently sent home to families and will be discussed at conferences at the end of March.

**LOVE:** Teachers integrate social-emotional learning into all aspects of the school day so that students have the skills to be not only great students but also loving and respectful people.

**CONNECT:** We love having the many volunteers come to support our teachers and students throughout the school day. The 7th and 8th grade students connect with the parish community at the Fish Fry each Friday during Lent.

### **Young at Heart Mass and Luncheon: Thursday March 23 at 11:00 AM**

We will celebrate the Eucharist with Father John in the church and our meal to follow is a warm turkey dinner from Little Oven. Afterwards, try your luck at Shamrock Bingo. We hope your response will be as enthusiastic as always. *Please register by Friday, March 17.* Contact Betty Hensel at 651.714.8958 or bjhensel@comcast.com or call Linda Spence at 651.730.9061. We ask a \$13.00 donation to help defray expenses, payable on the day of the meeting.

### **Water, Light, and Life: A Lenten Parish Mission**

**Session 2: March 13 from 6:30-8:00 PM in Brioschi Hall**

**The Woman at the Well: Give Us Living Water**

For those of us who are baptized, Lent is a time to examine our lives for evidence of our ongoing conversion and turning toward God. How have we lived out the promises of our baptism? We who have gone through the font must continue our journey toward the source of living water, the Son of God. Session 2 is based on the story of the woman at the well from John's Gospel. This familiar story illustrates one coming to faith and realizing that Jesus is the one who gives life. If you find yourself thirsting for more, then come join us! Pre-registration is preferred, but walk-ins are welcome. For more information, contact Kim Roering in the parish office.

Water, Light, and Life: A Lenten Parish Mission © 2022 Archdiocese of Chicago: Liturgy Training Publications. www.LTP.org. All rights reserved. Used with permission.

### **Parking for Fish Fry**

We ask that guests coming for the fish fry on Friday afternoon do not park in the spots marked "Extended Day Parking" or "Preschool Parking" along Third Street on the north side of the building. Thank you for your cooperation.

### **The St. Pascal's Men's Club Lenten Fish Fry—All Fridays of Lent 4:30 - 7:00 PM in Brioschi Hall (Please use the Flandrau Street entrance.)**

The "All-You-Care-To-Eat" buffet will offer fried and baked cod, coleslaw, mixed steamed vegetables, au gratin and seasoned fried potatoes, mac-n-cheese, dinner roll, and coffee/water. Milk, bottled water, and pop are available for purchase.

Adults (12 and up): \$16.00 | Children (6-11): \$8.00 | 5 and under: Free

Cash, check, or card accepted. Takeout is available if the hall is full or the wait is too long.

*All proceeds benefit St. Pascal Regional Catholic School's K-8 PhyEd program and other parish/school needs.*

## — SOCIAL JUSTICE & CARING —

### **Faith in Action**

#### **What Are We Willing to Sacrifice For?**

What difference it would it make if each of us voluntarily sacrificed a little of our time, talent or treasure, perhaps even to the level of small sacrifice, to help those economically less fortunate? People living in poverty do not always have a choice. We have a choice. During this season of Lent, let us each consider a sacrifice of our time or a sacrifice of our treasure to help a group or organization whose mission attracts our interest. We are fortunate to have a choice. In solidarity with those who have limited choices, what will we choose to do?

### **Thank You!**

Thank you to all who donated items for Listening House during February. The donation closet was overflowing! The staff at Listening House expressed immense gratitude as the items were in great demand. Your generosity is appreciated.

## C O N T A C T U S

### **Parish Office**

Phone 651.774.1585  
Email church@stpascals.org

*For after-hours pastoral emergency (death, dying or anointing), call 651.774.1585 and dial 1.*

### **Parish Office Hours**

Mon-Fri 9:00 AM - 3:00 PM  
*Holidays as announced*

### **St. Pascal Regional Catholic School**

Phone 651.776.0092  
Email icollierpaske@stpascalschool.org

### **School Office Hours**

Mon-Fri 7:00 AM - 3:00 PM

### **Parish Councils**

#### **Parish Pastoral Council**

Meetings 1st Tuesday at 6:30 PM  
Ann Karner, Chair (akarner24@gmail.com)

#### **Parish Finance Council**

Meetings 4th Thursday at 5:30 PM  
Mike Aeling, Chair

### **Sacramental Information**

#### **Reconciliation**

Saturday from 3:45-4:15 PM  
or contact Fr. John in the parish office  
*Communal celebrations as announced*

#### **Baptism**

One pre-baptismal session is required.  
To register for a pre-baptismal session or to schedule a celebration, call the parish office.

#### **Marriage**

Arrangements must be made with the pastor at least six months in advance of the desired date.

### **Parish Prayer Line**

8:00 - 10:00 AM 651.735.0004  
Mary Butler-Levine

4:00 - 6:00 PM 651.342.8879  
Pat Kackman

### **Parish Communication**

#### **Bulletin Notices**

Due 5:00 PM Monday  
thea.munoz@stpascals.org

#### **Mass Announcements**

Due 12:00 PM Tuesday  
keri.mader@stpascals.org

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*St. Pascal Baylon Catholic Church*

## Mass Times & Intentions

## Readings

March 12, 2023

### Tuesday, March 14

8:00 AM The people of the parish

### Wednesday, March 15

9:30 AM The people of the parish

### Thursday, March 16

8:00 AM The people of the parish

### Friday, March 17

8:00 AM + Fr. Mike Byron

### Saturday, March 18

4:30 PM + Gloria O'Connell

### Sunday, March 19

4th Sunday of Lent

8:45 AM The people of the parish

10:30 AM + Scott LeBarre

### Use Your Smartphone to Make a Donation to St. Pascal's!

1. Scan this QR code with your phone.
2. Open the secure link and follow the prompts.
3. Thank you!



### Sunday:

Third Sunday of Lent

Ex 17:3-7

Ps 95:1-2, 6-9

Rom 5:1-2, 5-8

Jn 4:5-42

### Monday:

2 Kgs 5:1-15b

Ps 42:2-3; 43:3-4

Lk 4:24-30

### Tuesday:

Dn 3:25, 34-43

Ps 25:4-9

Mt 18:21-35

### Wednesday:

Dt 4:1, 5-9

Ps 147:12-13, 15-16, 19-20

Mt 5:17-19

### Thursday:

Jer 7:23-28

Ps 95:1-2, 6-9

Lk 11:14-23

### Friday:

Hos 14:2-10

Ps 81:6c-11b, 14, 17

Mk 12:28-34

### Saturday:

Hos 6:1-6

Ps 51:3-4, 18-21ab

Lk 18:9-14

### Next Sunday:

Fourth Sunday of Lent

1 Sm 16:1b, 6-7, 10-13a

Ps 23:1-6

Eph 5:8-14

Jn 9:1-41

## THE WEEK AHEAD

### Sunday, March 12—Lent 3

No scheduled events

### Monday, March 13

6:30pm Boy Scouts: Staff Lounge

6:30pm Lent Reflection Series: Church

5:30pm Women's Book Club: Founders Room

### Tuesday, March 14

8:45am Bible Study: Conference Room

6:30pm Parish Lent Reconciliation

### Wednesday, March 15

8:45am Rosary: Church

9:30am School Mass: Church

6:30pm Choir: Church

6:30pm RCIA: Founders Room

6:30pm Faith Formation: Campus

### Thursday, March 16

9:30am Bible Study: Conference Room

6:00pm Spirit Song: Church

6:00pm Cub Scouts: Brioschi Hall

### Friday, March 17

9:00am Men's Club Fish Fry Setup: Brioschi Hall, Kitchen

4:30pm Men's Club Fish Fry: Brioschi Hall, Kitchen

7:00pm Stations of the Cross: Church

### Saturday, March 18

After Mass Fellowship: Brioschi Hall

### Sunday, March 19—Lent 4

After Masses Fellowship: Brioschi Hall, Kitchen

11:30am Confirmation I: Staff Lounge

### St. Pascal's Women's Book Club—NEW TIME for March!

#### Monday, March 13 at 5:30 PM in the Founders Room

This month we are meeting early in the Founders Room so you can also attend the Parish Mission if you wish. If you ever thought about joining the Women's Book Club, we meet monthly on the second Monday—all parish women are invited! You can join us as often as your schedule allows. This month we will discuss *The Paris Library* by Janet Skelien Charles. In April, we will share thoughts on *The Last Thing He Told Me* by Laura Dave.

## EASTER FLOWERS

You may purchase a plant or make a donation (any amount) in honor of a family member, loved one or someone who is ill or homebound. Please complete the form below and return it to the parish office or place it in the collection basket at Mass. Suggested donation is \$10. Thank you for your gift!

I would like to purchase an Easter plant in (circle one)

Honor of / Memory of:

Donated by:

Please make checks payable to St. Pascal's.

### Bowl Tenders Needed for Holy Thursday

Foot Washing in the assembly is back! Can you help with this ritual on Holy Thursday, April 6 at 7:00 PM? This is one of the most prominent and important ritual actions for this liturgy, as it helps to demonstrate what it means for us to serve one another. As in pre-COVID years, everyone in the pews will be invited to participate, and 8 individuals are needed to assist those who take part. A rehearsal will be held on Saturday, April 1, at 9:00 AM.

### Water Bearers Needed for Easter Vigil

Can you help with our Blessing of the Water at the Easter Vigil on Saturday, April 8, 8:00 pm? At this liturgy we bless the water in our font, renew our baptismal promises, and come to the font to be blessed with this new water. Three people are needed to carry water to the font in procession for this ritual. A rehearsal will be held on Saturday, April 1, at 9:00 AM.

If you are willing to help at either of these liturgies, please contact Keri Mader at 651.432.4957 or [keri.mader@stpascals.org](mailto:keri.mader@stpascals.org).

*"Love is the outbound movement that trains people to heal injustice and kindly embrace the world."*

—Norman Wirzba, *Way of Love: Recovering the Heart of Christianity*



# THIRD SUNDAY OF LENT



## Look Deep

All-knowing God,  
you see deep into our hearts  
and understand all that we need.  
Thank you for meeting us  
in the everyday messiness of our lives.  
Look upon us with compassion  
and mercy.

Free us from anything that blocks  
a true relationship with you  
and quench the spiritual thirst  
we carry today.

Pour your love into our hearts anew  
and guide our paths to eternal life,  
through Christ our Lord. Amen.

**Sunday, March 12, 2023**  
**God Sees Our Hearts**



*Today's readings: Exodus 17:3–7; Psalm 95:1–2, 6–7, 8–9; Romans 5:1–2, 5–8; John 4:5–42.* The Third Sunday of Lent marks the midpoint on our journey from Ash Wednesday to Holy Week. Day by day the invitations to turn our hearts toward God and receive his gifts of mercy and love intensify. The midday encounter between Jesus and the woman of Samaria at Jacob's well amplifies the invitation extended on Ash Wednesday to "return to me with your whole heart" (Joel 2:12).

We can imagine Jesus approaching each new encounter seeking to intuit, "What does their heart need from me?" Jesus immediately perceived the deepest needs of the woman's heart and pivoted the conversation from physical thirst to spiritual thirst. His willingness to ignore the social norms

of the time and speak to her with frank familiarity reminds us that God's invitation to relationship is for everyone, no matter our past, our gender, our ancestry, our place in life.

Jesus reveals his divine purpose to this outcast woman and offers her the hope of eternal life. Our second reading, from the Letter of St. Paul to the Romans, echoes this remarkable promise, "Hope does not disappoint, because the love of God has been poured out into our hearts through the holy Spirit that has been given to us" (5:5).

Throughout Lent, God summons us unceasingly. The woman at Jacob's well represents every one of us. When God looks deeply into your heart today, what spiritual thirst needs to be quenched?



## THIS WEEK AT HOME

### Monday, March 13

#### Look for the Prophets

Prophets are people specially chosen to be messengers of God's Word in their time and place. Our Scriptures tell story after story about the persistence of prophets and resistance to their message. Prophets often surprise us in their simplicity and ordinariness. Take a moment today to look for the prophets God has sent in the here and now. Open your heart to the message they offer. *Today's readings: 2 Kings 5:1–15b; Psalm 42:2, 3; 43:3, 4; Luke 4:24–30.*

### Tuesday, March 14

#### 70 × 7

Today's message cuts right to the heart. Forgiveness is hard. But it is a requirement of discipleship. Jesus calls us to forgive and forgive and forgive again. Take this command to prayer today. Whom do you still need to forgive? It might even be yourself. Write a letter to Jesus specifically naming whom you need to forgive, the reason, and ask for help to take the next step. *Today's readings: Deuteronomy 3:25, 34–43; Psalm 25:4–5ab, 6 and 7bc, 8 and 9; Matthew 18:21–35.*

### Wednesday, March 15

#### Living Witnesses

Pope Francis reminds us that “all of us are called to offer others an explicit witness to the saving love of the Lord” (*The Joy of the Gospel*, 121). No matter our occupation or place in life, we are first and foremost teachers of our faith. We teach with our words, but even more through our actions, gestures, and choices. Our ultimate purpose is to allow our life to speak the faith we carry within. This is how we give glory to God. *Today's readings: Deuteronomy 4:1, 5–9; Psalm 147:12–13, 15–16, 19–20; Matthew 5:17–19.*

### Thursday, March 16

#### Listen to My Voice

The Lord commands, “Listen to my voice” (Jeremiah 7:23). The psalmist echoes, “If today you hear his voice, harden not your hearts” (Psalm 95:7–8). The voice of the Lord that comes to us daily through the season requires our openness. While serious, challenging, and straightforward, our Lord clearly speaks the path of life for us. He tells us how to live, how to love, how to pray, how to give, how to forgive. Do you allow his voice to guide your life? Take these thoughts to prayer. *Today's readings: Jeremiah 7:23–28; Psalm 95:1–2, 6–7, 8–9; Luke 11:14–23.*

### Friday, March 17

#### St. Patrick

Patrick and his monks ministered to the people of Ireland in the early fifth century. The monks based their spirituality on that of St. Jerome and St. Augustine, who affirmed that no person can walk without a guide. The monks practiced an early form of confessional counseling, inviting people to acknowledge their sins and repair the conduct of their Christian lives. This week marks the midpoint of Lent. How are you doing toward creating a clean heart? There is still plenty of time before Easter to seek the sacrament of reconciliation and make needed adjustments in daily choices. *Today's readings: Hosea 14:2–10; Psalm 81:6c–8a, 8bc–9, 10–11ab, 14 and 17; Mark 12:28–34.*

### Saturday, March 18

#### Cultivate Humility

Humility is a virtue that exudes from our very being. The virtue is conveyed with our eyes, with our demeanor, and with our spirit, even before words reveal our true selves. A spirit of humility is cultivated through a life of gratitude for the blessings we have received and with sincere awareness of our dependence upon the generous giver of those blessings. There is always room to grow so we call upon the words of the psalmist in our daily prayer and ask for a humble spirit. *Today's readings: Hosea 6:1–6; Psalm 51:3–4, 18–19, 20–21ab; Luke 18:9–14.*

