

# Food Insecurity Around Us

St. Pascal's Social Justice & Caring Committee  
March 2024

**Did you know?**

**St. Pascal's partners with Progressive Baptist Church and Merrick Community Services to address food insecurity on St. Paul's East Side**



Volunteers packing food on Wednesday morning at Progressive



Arrival of the food at St. Pascal's on Monday, February 26

**St. Pascal's has partnered with Progressive Baptist Church since 2021. At that time we served about 25 families. Now weekly shifts coordinate the pre-boxing and distribution of food for 110-120 families per week.**











St. Pascal's formed its partnership with Merrick Community Services in April 2022 with the goal of a monthly food distribution serving 20 families from Door 4 in Brioschi Hall. As of February 2024, over 60 households were served with an addition of fresh produce from a local grocery store.













## Who Is The Face of Hunger?

Too many of our neighbors are one flat tire or medical bill away from an empty fridge. Parents skip meals so their kids can eat; seniors choose medications over food. Others work full-time yet can't stretch their paycheck to cover all their household expenses, or qualify for food assistance benefits. The face of hunger looks like all of us.



### 1 IN 6 NEIGHBORS

In Minnesota experienced food insecurity in 2021. That's 483,000 people.



### 1 IN 11 KIDS

Didn't have regular access to the nutrition needed to thrive.



### 25% OF BLACK HOUSEHOLDS

In Minnesota experienced food insecurity compared to 4% of White households in 2020.



### SENIORS

Are the fastest-growing group of food pantry visitors.



### 53 MILLION PEOPLE

Across the U.S. turned to the emergency food system in 2021.



### ALL 50 STATES

Are home to people facing hunger.

## For more information....



Use this code to visit the St. Pascal's Social Justice & Caring Committee webpage -

<https://www.stpascals.org/social-justice-and-caring-committee>

To learn more or to volunteer, contact:

- Ann Karner, Progressive Food contact, [akarner24@gmail.com](mailto:akarner24@gmail.com)
- Mary Weyandt, Merrick/St. Pascal contact, [mlweyandt@mac.com](mailto:mlweyandt@mac.com)

Join the Social Justice and Caring Committee when they meet on the first Thursday of each month at 6:30 pm via Zoom. Contact [kim.roering@stpascals.org](mailto:kim.roering@stpascals.org) for more information or the Zoom link.