

East Metro Food Resources – December 2023

Open Cupboard

8264 4th Street North, Oakdale, MN 55128

<https://opencupboard.org/>

Fishes & Loaves (Progressive Baptist Church)

1505 Burns Ave., St. Paul, MN 55106

<https://www.progressivebaptistchurchmn.com/>

Merrick Community Services (two locations) - <https://merrickcs.org/community-services/food/>

- 1669 Arcade St., Door 3, St. Paul, MN 55106, (651) 287-2088

How to access the food shelf:

Drive through hours: Monday 3pm-5pm, Tuesday 10am-Noon at Door 2A

In-person shopping: Wednesday and Thursday 10am-Noon at Door 3

- Woodland Hills Food Shelf - <https://merrick-food-shelf-woodland-hills.business.site/>
1740 Van Dyke St. St. Paul, MN 55109, Ph: (651) 287-2088
 - Wed: 10 am - 12 pm
 - Thurs: 10 am - 11 am

Greater East Side Community Council – food resources website

<https://greatereastside.org/food-resources>

Minnesota Food Helpline/Hunger Solutions MN – resources near you (multilingual resources available)

<https://www.hungersolutions.org/find-help>

Salvation Army – East Side

1019 Payne Ave., St. Paul, MN 55130

<https://centralusa.salvationarmy.org/northern/EastStPaul/cure-hunger/>

North St. Paul Food Shelf

2266 2nd St. N, North St. Paul, MN 55109

<https://www.nspafoodshelf.org/visit>

St. Andrew's Community Resource Center

900 Stillwater Road, Mahtomedi, MN 55115

<https://saintandrews.org/community-resource-center>

The Sanneh Foundation – food distribution at Conway Recreation Center (Tuesdays)
2090 Conway St. St. Paul, MN 55119
<https://thesannehfoundation.org/nutritional-services/>

Valley Outreach Food Shelf

1901 Curve Crest Boulevard West, Stillwater, MN 55082
<https://valleyoutreachmn.org/food-shelf/>

Fare for All (pop-up food in the community)

- Oakdale location: Grace of God Lutheran Church, 420 Hayward Ave., Oakdale, MN 55128 (Mondays)
- Maplewood location: Redeeming Love Church, 2425 White Bear Ave., Maplewood, MN 55109 (Mondays)
- Other locations around the area - check the interactive map on the website - <https://www.thefoodgroupmn.org/groceries/fare-for-all/schedule/>

Friends in Need Food Shelf

535 4th Street, St. Paul Park, MN 55071
<https://www.finfood.org/>

Hallie Q. Brown/MLK Center Community Food Shelf

270 North Kent Street, St. Paul, MN 55102
<https://www.hallieqbrown.org/site/index.php/basic-needs/>

Our Redeemer Lutheran Church

1390 Larpenteur Ave E., St Paul, MN 55106
Drive-Thru Meals and Groceries on Wednesdays, 5:30 - 6:30 pm
<https://orlcmn.org/community-sharing/>

[Schedule for Free Meals for St. Paul Youth](#) at these five St. Paul Recreation/Community Centers:

- [Arlington Hills](#) -1200 Payne Ave, Saint Paul, MN 55130, Rec Center Ph: (651) 632-3861
- [El Rio Vista](#) - 179 Robie St. E., Saint Paul, MN 55107, Ph: (651) 789-3692
- [McDonough](#) - 1544 Timberlake Road, Saint Paul, MN 55117, Ph: (651) 558-2171
- [Palace](#) - 781 Palace Avenue, Saint Paul, MN 55102, Ph: 651-298-5677
- [Rice](#) - 1021 Marion Street, Saint Paul, MN 55117, Ph: (651) 558-2392

Facebook Resources

[Twin Cities Free Food Events and Resources](#)
[Free Food and Giveaways from Your Local Communities](#)