

Confirmation Reflection #4 - DUE Session 5

Practice makes perfect and we definitely practice our habits! Virtues are a strong habit of doing what is good and Vices are a strong habit of doing what is not Good. Saints lived lives of heroic virtue!

Part 1 - Reflect on the following questions

Part 2 - Pick 3 Virtues off the diagram and complete the chart.

When asked “How” or for an example - USE A SPECIFIC EXAMPLE!!

Do not say: “I can be nice to people.” That is too vague.

Instead say: “I can remember to hold the door for people everyday.” That is specific.

How am I a saint? How do I point to Christ?

Who do I look towards for help and guidance?

How can practicing virtues help me prepare for Confirmation and beyond?

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Part 2 - Pick 3 Virtues off the diagram and complete the chart. USE A SPECIFIC EXAMPLE!!

“I can be nice” is not specific, “I can help my neighbor weed their flower bed” is specific.

| VIRTUE and DEFINITION (Dictionary and YouCat) | HOW WILL THIS HELP YOU WITH CONFIRMATION? | HOW DID YOU USE THE VIRTUE? (1) | HOW DID YOU USE THE VIRTUE? (1) | WHAT GETS IN THE WAY? |
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