

## **Faith Resources Compiled by the Diocese**

### **For Families**

Coronavirus Facts & How to Help

<https://www.crs.org/media-center/current-issues/coronavirus-facts-and-how-help>

What to Do If You Are Sick

[https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fsteps-when-sick.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fsteps-when-sick.html)

Talking to Kids about Coronavirus <https://childmind.org/article/talking-to-kids-about-the-coronavirus/>

7 Ways to Help Kids Cope with Coronavirus

<https://blog.chocchildrens.org/7-ways-to-help-kids-cope-with-coronavirus-covid-19-anxiety/>

A Faith Response to the Coronavirus

<http://products.pastoral.center/pc/pc105/1/download-covi/index.html>

Gaining Peace of heart in a time of high anxiety

<https://detroitcatholic.com/voices/fr-charles-fox/my-peace-i-give-to-you-gaining-peace-of-heart-in-a-time-of-high-anxiety>

How to talk about your kids about Coronavirus

<https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>

Just for Kids: A Comic Exploring the New Coronavirus

<https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus>

Catequize: Test your knowledge of the faith with a weekly quiz!

<https://formationreimagined.org/catequize-home/>

United States Conference of Catholic Bishop's Resources for Prayer and Engagement

<https://catholiccurrent.org/covid19/>

Resource for leaders & families:

<https://catholiccurrent.org/evangelization-and-catechesis/catechetical-corner/>

**FAITH RESOURCES FOR SUPPORTING RELIGIOUS  
EDUCATION IN THE HOME**

*Here are a few shared resources for parents during this Lenten season where we find ourselves amidst a worldwide pandemic. Hopefully these resources will help refocus our minds in a positive way and renew our faith through familial and worldwide spiritual connections.*

[Online Lent and Easter Resources](#)

[Pandemic Novena](#)

[Catholic Diocese of Cleveland Office of Worship Praying at Home when attending Mass isn't possible](#)

[Sunday Mass recording weekly](#)

Many of the Catholic Publishers are moving to online resources and looking to support family conversations, prayer and learning.

- [Pflaum](#) – weekly Sunday readings based on the Liturgical cycle.
- [Sadlier](#) – Free resources to complement their textbook series
- [RCL Benzinger](#)
- [Loyola](#) – They have a series, Growing with God and have a complimentary lesson that could explore the current health crisis from this perspective.
- [Our Sunday Visitor](#)
- [Ascension Press Spiritual Guidance](#)
- [Ascension Press Media](#)

Strong Catholic Family Faith that has been developed as part of the Strong Catholic Families: Strong Catholic Youth initiative that is sponsored by NCEA and other national ministry organizations. <http://www.catholicfamilyfaith.org/>. To complement the Strong Catholic Family Faith site and the resources from Catholic publishers, highlight intentional formation for prayer based on God's Word and the Sacraments.

Within our tradition, we hunger both for God's Word and the Eucharist. The Liturgy of the Word and Eucharist provide us ample opportunity to embrace our call to be the domestic church. Maybe the Holy Spirit will awaken within our community that our faith is lived 24/7 and the holiness found within our families.

Weekly Lectionary Resources for Gospel readings, reflections and discussions.

Third Sunday of Lent featured here: <http://rclblectionary.com/third-sunday-lent-year>

[https://www.youtube.com/playlist?list=PLfPeISQIEQ-CKw1LPiGAz02i\\_j2v5WdNk](https://www.youtube.com/playlist?list=PLfPeISQIEQ-CKw1LPiGAz02i_j2v5WdNk)

Series of four videos (approximately 20 minutes total viewing time) centered on In "Eucharist - One 'Ohana", catechesis and reflections on the sacrament of Eucharist – the central sacrament of our Catholic faith – developed along three themes: We Give Thanks, We Are Nourished, and We Are Sent.

<http://www.usccb.org/prayer-and-worship/the-mass/order-of-mass/liturgy-of-the-eucharist/index.cfm>

USCCB guidance and resources for the Eucharist.

<http://www.catholicfamilyfaith.org/>

Coronavirus response for catholic families on front page along with a link to other family faith resources.

<http://www.catholicfamilyfaith.org/massunday-worship--lectionary-resources.html>

Mass and Sunday worship aids for parents

<https://www.elphindioocese.ie/wp-content/uploads/2020/03/Prayers-At-Home-When-Gathering-for-Mass-is-Not-Possible.pdf>

List of 'Prayers at Home for When Gathering at Mass is Not Possible' In these extraordinary times, you are encouraged to pray the following prayers at the normal time for the celebration of Mass on Sunday or a Weekday or at any other suitable time. These prayers can be prayed alone or with your family. If possible, prepare a suitable prayer space with a crucifix, holy picture or even a simple candle.

Join online, by phone or in spirit to pray the Rosary every night at 8 PM until the Solemnity of the Annunciation. We will ask the miraculous intercession of the Blessed Virgin Mary to put an end to the coronavirus. This online Nightly Rosary by the Archdiocese of Philadelphia runs through Tuesday, March 24<sup>th</sup>. The Rosary begins at 8:00pm, but allow approximately 5-10 minutes beforehand for your device to download necessary software. <https://zoom.us/j/494480541>

<https://www.osvnews.com/2020/03/13/hey-alexa-pray-with-mom-and-dad-how-one-family-is-dealing-with-the-coronavirus/> 'Hey Alexa! Pray with Mom and Dad': How one family is dealing with the coronavirus by Our Sunday Visitor

A Faith Response to the Coronavirus by Paul Canavese. Published by The Pastoral Center / PastoralCenter.com.

<http://products.pastoral.center/pc/pc105/1/download-covi/Coronavirus.pdf>

The author of this article helps us to reflect on the question, "How can our faith tradition guide and comfort us through this troubling time?" A good starting point is to remember that the most repeated phrase in the Bible is "Do not be afraid!" or "Have no fear!" Reflect on these words and how you can be a positive influence using Catholic Social Teaching principles during this time.

[Faith-fully](#) Navigating Coronavirus with your kids

Online Eucharistic Adoration from the Tyburn Convent in London.

<https://www.ewtn.co.uk/live/adoration>

Unite yourself in prayer with the Benedictine nuns of Perpetual Adoration at Tyburn Convent, London - from whose chapel this live video is transmitted.

A Convert's Guide to Adoration *Or, Everything I know about Adoration I learned from my 2-year-old* by Busted Halo

<https://bustedhalo.com/ministry-resources/a-converts-guide-to-adoration>

A simple guide to use with the online tool above on the spiritual practice of adoration. Learn through the eyes of a parent and their child the beauty of the solidarity with the world through Eucharistic Adoration.

Pope's Prayer to Mary during coronavirus pandemic. Join in solidarity with the Pope and Catholics across the globe with this daily prayer to Mary, our Holy Mother of God.

<https://www.catholicnews.com/services/englishnews/2020/text-of-popes-prayer-to-mary-during-coronavirus-pandemic.cfm>

Magnificat is honored to provide complimentary access to an online version of daily Mass readings to help people pray from home. <https://us.magnificat.net/free>

[Formed](#)- Many parishes have subscriptions for FORMED. Formation resource for Catholics of all ages. [Directions](#) for accessing FORMED

[Faith at Home](#) for Diocese of Cleveland Parishioners by FORMED

[Dynamic Catholic](#) – Free App based confirmation program from Dynamic Catholic

[Illustrated Ministry](#) - Free online faith formation resources for all ages. This company serves multiple faith denominations so make sure you are choosing the Catholic resources.

*With many religious education and faith formation coming to a halt because of Covid19, here are some shareable resources for parents, as the primary teachers in the ways of faith to use in teaching their children about Lent during this time.*

## **RESOURCES TO SHARE FAITH AT HOME WITH YOUR ELEMENTARY SCHOOL AGE CHILD**

[Resources for Catholic Educators](#)

[The Religion Teacher](#) from Jared Drees

[Catholic Media Kids YouTube](#) provides short videos based on the weekly readings.

[Catholic Mom](#)

[Plaum Gospels Weeklies](#) - digital versions of the Unit 4 student lessons (English and Spanish) to all *Pflaum Gospel Weeklies* customers.

[Loyola Press](#) Coronavirus Response Lesson

## [NFCYM](#)

Features many printable Catholic craft projects for students, including Lent and Holy Week ideas. <https://www.catholicicing.com/category/first-communion/>

Giving up things during lent doesn't always mean food. Here is a great Berenstain Bear video on thinking of those in need. [https://www.youtube.com/watch?v=r\\_6TJ1lqPIY](https://www.youtube.com/watch?v=r_6TJ1lqPIY)

Stay up to date while you are away from Mass by using these Sunday gospels coloring sheets and talking points.

<http://catholicmom.com/kids/catholic-gospel-coloring-worksheets-sunday-mass/>

Catholicicing.com is your go to for everything catholic home school activities. Check out the link below to continue your Lenten observances at home.

<https://www.catholicicing.com/lenten-activities-for-children/>

When anxiety gets high, take 2 minutes with your young ones and sit through this guided prayer meditation on the 23<sup>rd</sup> Psalm. <https://www.youtube.com/watch?v=-NuUo-igXDU>

For Palm Sunday, take some time during your morning prayer or after TV Mass to walk your kids through the Palm Sunday gospel with this great 5-minute video.

<https://www.youtube.com/watch?v=1s8gKEadTL8>

This great guided prayer written by Pope Francis is a good resource for praying for this sick. Mary, Health of the Sick by Pope Francis <https://www.youtube.com/watch?v=Mdccc1gJl7mA>

BrotherFrancis.com is a great resource from Franciscan Media. Here is an amazing link for parents to teach their children the importance of prayer (with links to examples),

<https://brotherfrancis.com/faith-corner/>

EWTN Kids City for all kinds of fun and faith learning (maybe even light a virtual candle for the sick). <https://www.ewtn.com/ewtnkids/>

The lives of the Saints are our go to role models. Here is a great video about Saint Catherine of Sienna and Saint Teresa of Calcutta.

<https://www.youtube.com/watch?v=8UvUznbZt4>

<https://www.youtube.com/watch?v=teQb8eubFzg>

Forgiveness – Lent is a time of Reconciliation. Here is a great Veggie Tale resource on forgiveness. <https://www.youtube.com/watch?v=rtBjdIO4AnI>

[Lenten Video Series by The Religion Teacher](#)

[Catholic Gospel Coloring & Worksheets for Sunday Mass by Catholic Mom](#)

[Lenten Lessons and Printables by Catholic Icing](#)

[Catholic Videos by EWTN Kids](#)

[Psalm 23](#)

[Catholic Kids Homilies for Lent](#)

[Guided Prayer! Mary, Health of the Sick by Pope Francis](#)

[Catholic Homeschooling by Seton Home Study School](#)

### **TEN VIDEOS TO SHARE FAITH AT HOME WITH YOUR MIDDLE AND HIGH SCHOOL TEEN**

[VCat](#) (Materials for parents to discuss with their teens)

[Ascension Press](#)

[Dynamic Catholic](#)

[The Center for Parent & Youth Understanding](#) Christian Organization – many useful tools for parents, educators, and beyond.

[Parent Cue](#)

[Search Institute](#)

[Webinar from the National Federation for Catholic Youth Ministry](#)

**Chaos and Anxiety:** Mark Hart - ["When God Draws Near: Finding Christ in the Chaos"](#)

Fr. Josh Johnson - [Make Time for Adoration](#)

[Go Live to adoration at home](#)

**Lent:** [Busted Halo - Lent in 3 Minutes](#)

[Virtual Stations of the Cross](#)

3 Minute Catechism - [What is Holy Mass?](#)

3 Minute Catechism - [What are the Parts of the Mass?](#)

[Go to Mass Everyday](#)

Catholicism in Focus - [How to become a Saint?](#)

RomeReports.com: [5 New Saints](#)

[What does it mean to be Catholic?](#) By Fr. Rob Galea

[I Surrender](#) by Fr. Rob Galea

Catholic Minute - [Divine Mercy Sunday](#)

[Divine Mercy Chaplet](#) by Matt Maher

Catholicism in Focus - [Praying the Liturgy of the Hours Benedictine Monks: Evening Prayer](#)

[Ways to read the Bible](#) by Fr. Mike Schmitz

[Catholic Bible Online](#)

uCatholic - [Why do Catholics worship Mary?](#)

uCatholic - [Why do Catholics worship Mary? Part II](#)

[St. Mary's Press](#) – an excellent resource for high school texts, many free resources are available.

[Grotto](#)