

**Lunch Includes:**

- \*Main Item
- \*Vegetable Side
- \*Fruit Side
- \*1/2 Pint Milk



**Lunch Menu**

Correspond the cycle week to the color-coordinated calendar below.

January-May 2021

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<b>Riblets with a Roll</b>  <b>Seasoned Potato Wedges</b>  <b>Seasonal Fresh Fruit</b>	<b>Chicken Patty on a Bun</b>  <b>Baked Beans and Tossed Garden Salad</b>  <b>Applesauce Cup</b>	<b>Hamburger / Cheeseburger on a Bun</b>  <b>French Fries</b>  <b>Mixed Fruit</b>	<b>Chicken Tenders</b>  <b>Broccoli and Tossed Garden Salad</b>  <b>Fruit Cup</b>	<b>Cheese Stuffed Breadsticks with Dipping Sauce</b>  <b>Carrots</b>  <b>Seasonal Fresh Fruit</b>
<b>2</b>	<b>Chicken Nuggets with a Roll</b>  <b>Mixed Veggies</b>  <b>Fruit Yogurt Parfait</b>	<b>Mini Corn Dogs</b>  <b>Green Beans and Tossed Garden Salad</b>  <b>Seasonal Fresh Fruit</b>	<b>French Toast Sticks with Syrup</b>  <b>Tater Tots</b>  <b>Strawberry Cup</b>	<b>Chicken Patty on a Bun</b>  <b>Baked Beans and Tossed Garden Salad</b>  <b>Seasonal Fresh Fruit</b>	<b>Stuffed Crust Cheese Pizza</b>  <b>Carrot Sticks with Dip</b>  <b>Fruit Cup</b>
<b>3</b>	<b>Personal Pepperoni Pizza</b>  <b>Carrots Sticks with Dip</b>  <b>Seasonal Fresh Fruit</b>	<b>Popcorn Chicken and a Breadstick</b>  <b>Corn and Tossed Garden Salad</b>  <b>Pears</b>	<b>Hot Dog on a Bun</b>  <b>Baked Beans</b>  <b>Applesauce</b>	<b>Chicken Tenders</b>  <b>Potato Smiles and Tossed Garden Salad</b>  <b>Peaches</b>	<b>Mozzarella Sticks with Dipping Sauce</b>  <b>Green Beans</b>  <b>Seasonal Fresh Fruit</b>
<b>4</b>	<b>Riblets with a Roll</b>  <b>French Fries</b>  <b>Seasonal Fresh Fruit</b>	<b>Fiestada Pizza</b>  <b>Carrots and Tossed Garden Salad</b>  <b>Mixed Fruit</b>	<b>Popcorn Chicken with a Breadstick</b>  <b>Baked Beans</b>  <b>Applesauce Cup</b>	<b>Hamburger / Cheeseburger on a Bun</b>  <b>Broccoli and Tossed Garden Salad</b>  <b>Peaches</b>	<b>Mac &amp; Cheese with a Pretzel Rod</b>  <b>Mixed Veggies</b>  <b>Seasonal Fresh Fruit</b>

Substitutions of items may be necessary.

This institution is an equal opportunity provider.

January 2021

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

February 2021

S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March 2021

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2021

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

May 2021

S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Week 1 Meal Plan
  Week 2 Meal Plan
  Week 3 Meal Plan
  Week 4 Meal Plan