

ST. THOMAS AQUINAS

AND

St. Patrick Parish

PRESENT:

**DRAMA  
FREE**

*Relationships*

**Sarah  
SWAFFORD**

WWW.EMOTIONALVIRTUE.COM



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Sarah Swafford is the founder of Emotional Virtue Ministries. Sarah speaks nationally to people of all ages on a variety of topics such as: Emotional Virtue, Dating and Relationships, Modesty of Intentions, and Interior Confidence. She is a graduate of Benedictine College and has been involved in ministry for over ten years. Sarah shares her message at school assemblies, retreats, rallies, and conferences across the country!

In this talk, Sarah takes the audience through what she calls "The Natural Progression of a Relationship". How does someone navigate the rocky waters of twenty-first century dating? Going from "Hey" to "I do"? Sorting out the "gray areas" of talking, texting and hanging out? Sarah lays out a roadmap for relationships, always beginning with the end in mind.

**ST. PATRICK CATHOLIC CHURCH**  
Whitewater, WI | 5:00 p.m.

**ST. THOMAS AQUINAS PARISH**  
Waterford, WI | 7:30 p.m.

*Emotional Virtue*



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