10 Commandments during Coronavirus Crisis

I. Thou Shalt Not Worship False Gods

We are emptying ourselves of the false security of might, wealth, and allure of glamor to turn to the true God who loves us perfectly, completely and eternally.

II. Keep Holy the Lord's Name

Don't curse God or feel sorry for yourself. Rather pray and offer all fears before God.

III. Keep Holy the Sabbath

Holiness is putting God and others first by Praying at home with Mass on TV or website and making Spiritual Communion.

IV. Honor Your Father and Mother

Bring them food and needed supplies, phone calls and love but keep the virus away from them.

V. You Shall Not Kill

Think of others first. Don't risk the health of others. Practice social distancing, wear a mask in public. Wipe surfaces with sanitizers.

VI. You Shall Not Commit Adultery

Isolation is not a prison sentence but a time for renewal of vocations and commitments to each other.

VII. You Shall Not Steal

These days of sacrifice test us not to take advantage of others during a crisis.

VIII. You Shall Not Bear False Witness

Lift others up with the truth about God's Love. Give good example and teach children what is important and why to sacrifice for others and the Lord.

IX. You Shall Not Covet Your Neighbor's Wife

You will know quarantine on the couch for many months.

X. You Shall Not Covet Your Neighbor's Goods

Live simply, don't hoard to excess while others do without.

Our Special Prayers are needed for the following intentions and the need for Works of Charity (make a meal, provide babysitting, call to say thanks, cut their lawn, ...)

- For the deceased and their families
- For the sick and dying from coronavirus
- For the researchers to find a vaccine and treatment plans
- For doctors, nurses and health care personnel placing their health at risk to care for others
- For police, fire, EMT and First Responders
- For clerks at grocery stores and pharmacies and essential services
- For truck drivers, delivery workers and the movers of needed goods
- For farmers, ranchers and restaurateurs who provide for our tables
- For the lonely and depressed in isolation

Parish Needs and Requests

- Meals for Aid for Friends
- Canned goods for food banks
- Let us know of neighbors in need of meals, groceries or assistance to doctor visits
- Support parish financially via mail or drop off of envelopes or through the WeShare On-Line Giving on parish website

<u>Parish Office Hours (as per 3/31/20)</u>: Monday, Tuesday and Wednesday 8:30am to 12 Noon Other times, please call (610-485-0441) or email (<u>contact@sjf71.org</u>)

Blessings,

Fr. Robert McDermott