**Living in Love: 1 Corinthians 13:1-8a**

Points to Stress:

1. How well do you let the Holy Spirit live in you?

2. How well do you let the Holy Spirit work through you?

If I speak in human and angelic tongues[\*](https://bible.usccb.org/bible/1corinthians/13#54013001-2) but do not have love, I am a resounding gong or a clashing cymbal.[a](https://bible.usccb.org/bible/1corinthians/13#54013001-a)

And if I have the gift of prophecy and comprehend all mysteries and all knowledge; if I have all faith so as to move mountains but do not have love, I am nothing.[b](https://bible.usccb.org/bible/1corinthians/13#54013002-b)

If I give away everything I own, and if I hand my body over so that I may boast but do not have love, I gain nothing.[c](https://bible.usccb.org/bible/1corinthians/13#54013003-c)

[\*](https://bible.usccb.org/bible/1corinthians/13" \l "54013004-1) Love is patient, love is kind. It is not jealous, [love] is not pompous, it is not inflated,[d](https://bible.usccb.org/bible/1corinthians/13#54013004-d)

it is not rude, it does not seek its own interests, it is not quick-tempered, it does not brood over injury,[e](https://bible.usccb.org/bible/1corinthians/13#54013005-e)

it does not rejoice over wrongdoing but rejoices with the truth.

It bears all things, believes all things, hopes all things, endures all things.[f](https://bible.usccb.org/bible/1corinthians/13#54013007-f)

[\*](https://bible.usccb.org/bible/1corinthians/13" \l "54013008-1) Love never fails.

Example:

We will be doing an exercise with this very familiar passage. We were all baptized, so the Holy Spirit is within us. But how well do we let the Holy Spirit actually work in us?

Read the passage once normal.

Next, since God is love, read it with God replacing the word love:

God is patient, God is kind. God is not jealous, God is not pompous, God is not inflated,[d](https://bible.usccb.org/bible/1corinthians/13#54013004-d)

God is not rude, God does not seek his own interests, God is not quick-tempered, God does not brood over injury,[e](https://bible.usccb.org/bible/1corinthians/13#54013005-e)

God does not rejoice over wrongdoing but rejoices with the truth.

God bears all things, believes all things, hopes all things, endures all things.[f](https://bible.usccb.org/bible/1corinthians/13#54013007-f)

God never fails.

Finally, since God is within you, read it with you replacing the word love:

You are patient, you are kind. You are not jealous, you are not pompous, you are not inflated, you are not rude, you do not seek your own interests, you are not quick-tempered, you do not brood over injury, you do not rejoice over wrongdoing but rejoice with the truth. You bear all things, believe all things, hope all things, endure all things. You never fail. Are these statements true of you? What do you have to work on to allow the Holy Spirit to live more fully in your life?