During Mass, take notes as you follow along.
On the way home, discuss with your family.
Once home, be creative and have fun coloring!

Sharing the Gospel
Jesus teaches us we are his disciples when we do good deeds.
Jesus says, “Every tree is known by its own fruit.” We know the apple tree was good and strong because the apple is shiny. In the same way, people are known by their deeds. When we do good deeds, we show others that we have the good, loving heart of a disciple. Being a disciple of Jesus means that we show our love for God in what we say and do.

Prayer
Dear God, help me be an example of a good disciple in my daily actions. Amen

Mission for the Week
I will do good deeds for others. I will help my parents and siblings before they ask, a surprise act of kindness!
Ash Wednesday
Attend an Ash Wednesday Mass or prayer service today.

First Sunday of Lent
Attend Mass often. The Eucharist is our greatest communal prayer and a surefire way to encounter Jesus.

Second Sunday of Lent
Go through your closets and donate usable clothing and household goods to a local charity.

Third Sunday of Lent
Pray while you go for a walk.

Fourth Sunday of Lent
During prayer, picture yourself meeting Jesus in a scene from the Gospels. Imagine your reaction and response.

Fifth Sunday of Lent
Pray for the willingness to seek forgiveness from people you have hurt.

Palm Sunday of the Lord’s Passion
Prayerfully read one of the Gospel accounts of Jesus’ Passion, Death, and Resurrection.

Monday of Holy Week
Volunteer for a parish program that helps those in need.

Tuesday of Holy Week
Let a favorite hymn run through your mind as a prayer.

Wednesday of Holy Week
Fast from second helpings at meals.

Thursday of Holy Week
Recognize your own needs and give them their due. Allow others to help you from time to time.

Friday of Holy Week
Fast from taking second helpings at meals.

Saturday of Holy Week
Take over a disliked chore for a family member.

The Resurrection of the Lord
Celebrate Easter!

Saint Pius X
40 Days of Family Time
Phone Stack all devices and be present with your loved ones. Make time this Lenten season to use these daily activities as teaching moments. Become more united as a family and better disciples of Jesus Christ.