





## The Sacred Paschal Triduum 2024

Saint Francis of Assisi, The Cathedral of the Immaculate Conception & Historic Saint Mary

The Apostle Paul writes, "We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered" [Galatians 6:14]. At the heart of the Christian Passover is the CROSS and the person of JESUS CHRIST. The Liturgies of these three days are not "reenactments" of events that happened to Jesus but are expressions of our present participation in his life. Through signs, rituals, symbols, music, silences, and sacred texts, the past collides, dialogues, and speaks with the present inviting us into a future with the Living God. Below are the times of liturgical services for the Sacred Paschal [Passover] Triduum among the Churches.

	The Cathedral of the Immaculate Conception		Historic Saint Mary's on Capitol Hill		The Church of Saint Francis of Assisi
28 March 2024	5:00pm		5:30pm		6:00pm [South End]
Holy Thursday of the Lord's Supper					7:00pm [Spanish – Delaware]
29 March 2024	5:00pm		3:00pm		5:00pm [Spanish – Delaware]
Good Friday of the Passion of the Lord					6:00pm {South End]
30 March 2024 Holy Saturday	To honour the suffering and death of the Lord Jesus, his descent into the realms of the dead and to enter more deeply into his resurrection, the Paschal Fast begun the evening of Holy Thursday through Good Friday, continues where possible, Holy Saturday until the Great Vigil of Easter.				
The Great Vigil of Easter in the Holy Night	8:00pm		8:00pm		8:00pm [Delaware]
31 March 2024	11:00am		8:00am		9:00am [Delaware}
Easter Sunday of the Resurrection of the Lord	There is NO 5:00pm		10:30am		10:30am [Spanish – Delaware]